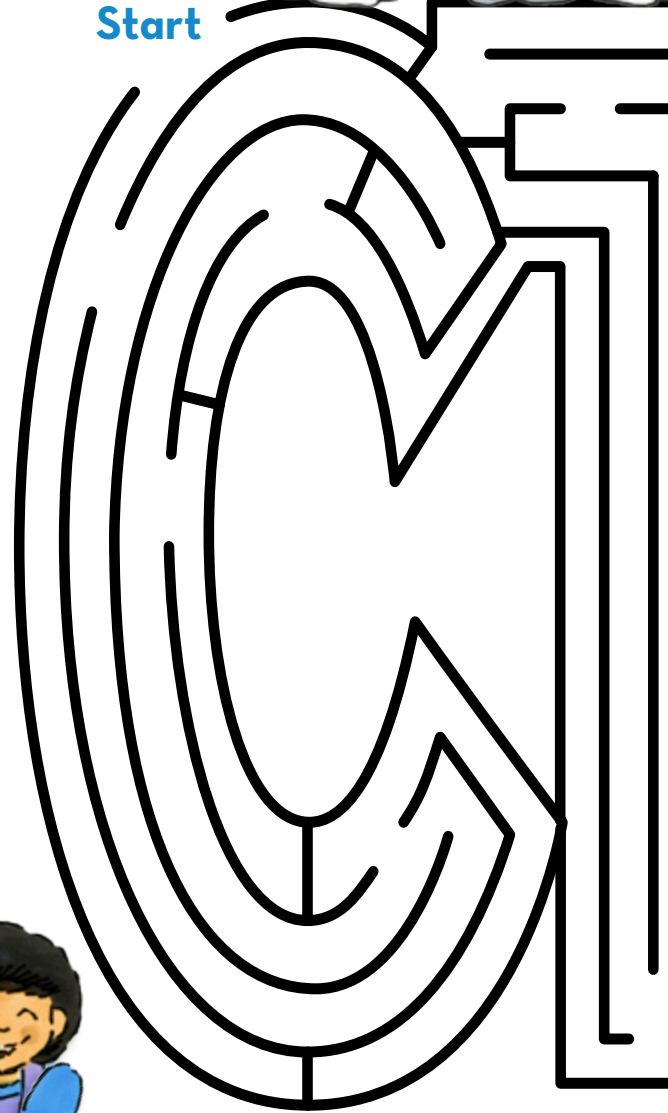


Heavenly Father and
Jesus want us
to be **HAPPY**. The best
way to be happy
is to **CHOOSE
THE RIGHT!**



Start



CHOOSE THE RIGHT

By Lisa Harrow

To truly be happy, we must choose the right.
That means in the morning, by day, and by _____.
Choose to wake up with a purpose and smile.
Choose to do good when faced with a _____.

Choose to share with our sisters and brothers.
Choose to be polite and not argue with _____.
Choose to be on task with homework or chores.
Choose not to complain when asked to do _____.

Choose not to get angry when losing a game.
Choose not to hurt others or call them mean

Choose to speak kindly and not say bad words.
Choose not to gossip about what we have _____.

Choose to be near what's good, and away from what's not.
Choose to tell the truth—before getting _____.
Choose to live all your life with goodness and love.
Choose to follow the example of our Savior _____.

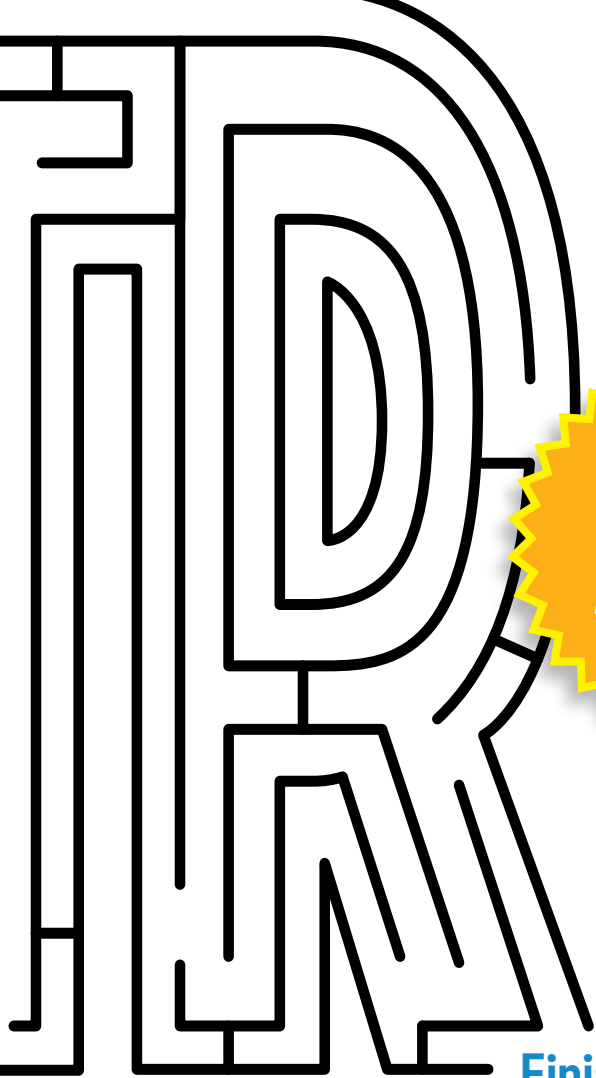
Choose to be like Jesus and live in His light.
Choose to be happy by choosing the _____!



CHOOSE THE RHYME!

Use these words to fill in the blanks in the poem.

above	names	more
heard	others	trial
right	night	caught



fun

Finish

CONNECT THE RINGS

Can you guess which "CTR" ring goes with which language? Check your answers on page 39.



- A. Finnish _____
- B. Greek _____
- C. Korean _____
- D. Mongolian _____
- E. Thai _____
- F. Bulgarian _____
- G. Danish _____
- H. French _____

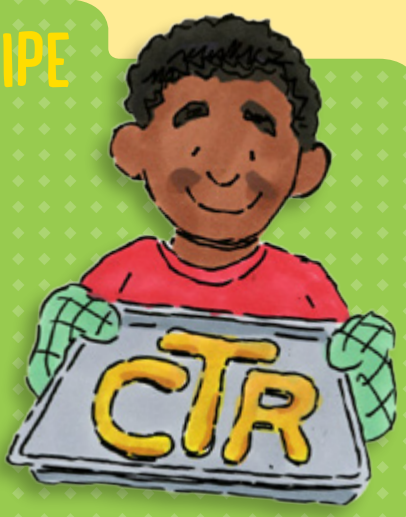
COMPLETE THE REST

What else can *CTR* stand for? Maybe a good reminder, like "current temple recommend" or "choose to (be) reverent." How many others can you come up with?

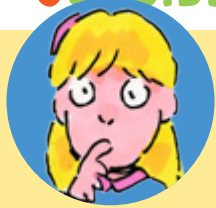


COOK THIS RECIPE

Use biscuit or bread dough to shape the letters *CTR*. Then bake it for 8–10 minutes at 450°F (230°C) or until golden brown. Be sure to get an adult's help. What else could you use to make *CTR*? Maybe carrots and celery? Send us a picture of what you come up with!



CONSIDER THE REASON



Sometimes we see people making bad choices. Instead of judging them, we can choose to be kind and think about why they act that way. Are

they struggling with something we can help them with?