Heavenly Father and Jesus want us to be HAPPY. The best way to be happy is to CHOOSE THE RIGHT!

CHOOSE THE RIGHT
By Lisa Harrow

To truly be happy, we must choose the right.
That means in the morning, by day, and by ____________.
Choose to wake up with a purpose and smile.
Choose to do good when faced with a ____________.
Choose to share with our sisters and brothers.
Choose to be polite and not argue with ____________.
Choose to be on task with homework or chores.
Choose not to complain when asked to do ____________.

Choose not to get angry when losing a game.
Choose not to hurt others or call them mean ____________.
Choose to speak kindly and not say bad words.
Choose not to gossip about what we have ____________.

Choose to be near what’s good, and away from what’s not.
Choose to tell the truth—before getting ____________.
Choose to live all your life with goodness and love.
Choose to follow the example of our Savior ____________.

Choose to be like Jesus and live in His light.
Choose to be happy by choosing the ____________!
**COOK THIS RECIPE**

Use biscuit or bread dough to shape the letters CTR. Then bake it for 8–10 minutes at 450°F (230°C) or until golden brown. Be sure to get an adult’s help. What else could you use to make CTR? Maybe carrots and celery? Send us a picture of what you come up with!

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**CONNECT THE RINGS**

Can you guess which “CTR” ring goes with which language? Check your answers on page 39.

1.  
2.  
3.  
4.  
5.  
6.  
7.  
8.  

A. Finnish  ____  
B. Greek  ____  
C. Korean  ____  
D. Mongolian  ____  
E. Thai  ____  
F. Bulgarian  ____  
G. Danish  ____  
H. French  ____  

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**CONSIDER THE REASON**

Sometimes we see people making bad choices. Instead of judging them, we can choose to be kind and think about why they act that way. Are they struggling with something we can help them with?