

## The Sabbath Day Is a Special Day



As sisters, we love to keep the Sabbath day holy together. We watch family videos instead of watching other movies. We read the *Friend* and play games together. We have family council as a family, where we gather at the table and go through the calendar for the week, have a solo, tell a scripture story, and do other fun things. We know we are blessed when we keep the Sabbath day holy.

**Kathryn, Charity, and Allie M., ages 9, 5, and 10, Idaho, USA**

## How I Read the *Friend*

I really like the *Friend* magazine. I especially like to listen to it. Every month my dad downloads the magazine and burns it to a CD so that I can listen to it being read to me as I fall asleep at night.

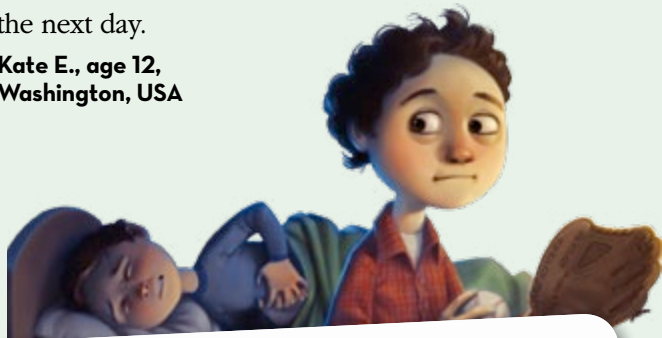
**Jordan N., age 9, Utah, USA**

## Praying for My Brother



In the September 2012 *Friend*, my favorite article was “All-Star Brother” by John P. Buentello. I can kind of relate to that particular story. My brother (who is four) often talks and sounds frightened in his sleep, so I pray for him. Most of the time he stops talking in his sleep, so I can get to sleep and be well rested for school the next day.

**Kate E., age 12, Washington, USA**



Dear Friends,

When you think of someone who is brave, you might think of a firefighter or an explorer. But children are also very brave in doing what they know is right. Turn to page 21 to read the amazing story of a boy from Nigeria who had to show great bravery to obey the Word of Wisdom. How many other stories about bravery can you find in this issue?

Write and tell us about a time when you showed bravery in choosing the right.

Be brave!

The *Friend*

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

