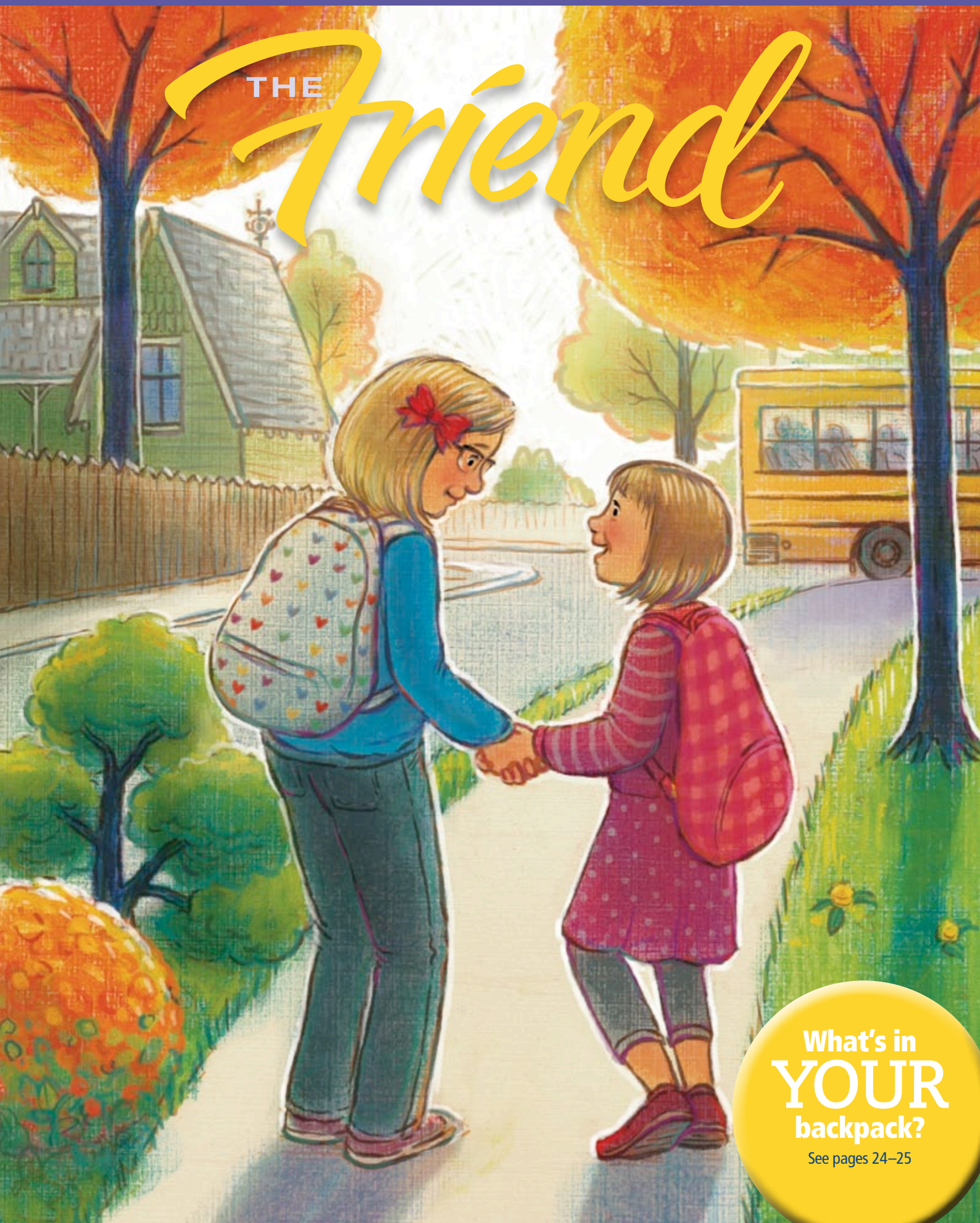


THE *Friend*



What's in
YOUR
backpack?

See pages 24–25

The Sabbath Day Is a Special Day



As sisters, we love to keep the Sabbath day holy together. We watch family videos instead of watching other movies. We read the *Friend* and play games together. We have family council as a family, where we gather at the table and go through the calendar for the week, have a solo, tell a scripture story, and do other fun things. We know we are blessed when we keep the Sabbath day holy.

Kathryn, Charity, and Allie M., ages 9, 5, and 10, Idaho, USA

How I Read the *Friend*

I really like the *Friend* magazine. I especially like to listen to it. Every month my dad downloads the magazine and burns it to a CD so that I can listen to it being read to me as I fall asleep at night.

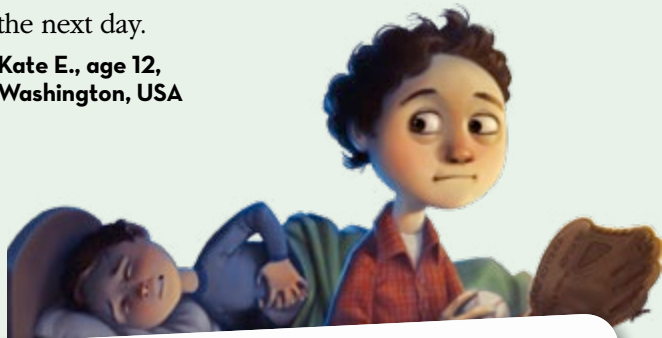
Jordan N., age 9, Utah, USA

Praying for My Brother



In the September 2012 *Friend*, my favorite article was “All-Star Brother” by John P. Buentello. I can kind of relate to that particular story. My brother (who is four) often talks and sounds frightened in his sleep, so I pray for him. Most of the time he stops talking in his sleep, so I can get to sleep and be well rested for school the next day.

Kate E., age 12, Washington, USA



Dear Friends,

When you think of someone who is brave, you might think of a firefighter or an explorer. But children are also very brave in doing what they know is right. Turn to page 21 to read the amazing story of a boy from Nigeria who had to show great bravery to obey the Word of Wisdom. How many other stories about bravery can you find in this issue?

Write and tell us about a time when you showed bravery in choosing the right.

Be brave!

The *Friend*

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.



Volume 43 Number 9
September 2013

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THE *Friend*

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

See the Guide to
the *Friend*
on page 48 for
family home
evening ideas.



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Cover by Apryl Stott



Learn to
play the
Primary song
"Jesus Is My
Shepherd" on
page 17.



**Hidden
CTR
Ring**

Look for
man's best friend.



By President Dieter F. Uchtdorf
 Second Counselor in the First Presidency

There Is Work to Do!

How I admire men, women, and children who know how to work! How the Lord loves the **laborer!** He said, “The laborer is worthy of his hire” (D&C 84:79). Those who are unafraid to roll up their sleeves and lose themselves in the pursuit of worthwhile goals are a blessing to their families, communities, nations, and to the Church.

The Lord doesn’t expect us to work harder than we are able. He doesn’t (nor should we) compare our efforts to those of others. Our Heavenly Father asks only that we do the best we can—that we work according to our full **capacity,** however great or small that may be.

Work is a doorway to possibility. Whatever our circumstances, let us do the best we can and cultivate a reputation for excellence in all that we do. Let us set our minds and bodies to the glorious opportunity for work that each new day presents.

President Thomas S. Monson put it this way:

“It’s in the *doing*, not just the *thinking*, that we accomplish our goals.”

There is work to do! ♦

From an October 2009 general conference address.

laborer:
 someone who works

capacity:
 ability



A NEW LIFE

When President Uchtdorf was 11, his family moved from East to West Germany. Although his new life was difficult, working helped him adjust. He said, “That’s the thing about work. If we simply keep at it—steady and constant—things certainly will improve.”



vacuum dust mop clean sinks dust chalkboards

CLEANING THE CHURCH

Working blesses the Church. Five friends helped clean the church building on Saturday morning. Use the clues below to figure out what each one did! See answers on page 48.

1. Both girls are allergic to dust and chalk dust.
2. Aaron came home with wet shoes.
3. Michael came home covered in white dust.
4. Alexis wore gloves to keep her hands dry.

Brooklyn

Jacob

Aaron

Alexis

Michael

WORD fun

President Uchtdorf taught that the Lord loves the laborer. Look closely at the 15 letters in the phrase “loves the laborer.” What other words can you make from these 15 letters? Here’s one to start you off: *brave*. On page 48 you’ll find five more. What words did you find?

loves the laborer

KEEP AT IT

How could work help in these situations?

1. Claire can never find her shoes because her room is messy.
.....
2. Diego wants to do better on spelling tests.
.....
3. Erik wishes he could dribble a basketball better.
.....
4. Reading the Book of Mormon is difficult because Elena doesn’t know all of the words.
.....
5. Aiden feels shy when he meets new people.
.....
6. Lena’s mom is tired, and the baby starts crying.



Pick something that you could work on, and set a goal to accomplish it!

*Cara knew the truth.
But could she be brave
enough to write about it?*



Writing It RIGHT

By Jan Pinborough

Church Magazines
(Based on a true story)

I am not ashamed of the gospel of Christ (Romans 1:16).

Cara put down her pencil and stared at the piece of paper on her desk. It was blank except for her name and a big eraser smudge. *What should I write?* she thought.

Across the aisle her friend Lily was writing busily. Cara put her head down and rested it on her arm.

Cara really liked her new school. It was in a church building of another religion, and her new class was small enough that her teacher, Mrs. Schmidt, had time to help her with math. Every day after math, Mrs. Schmidt taught a lesson from the Bible. Usually the Bible lessons were a lot like what Cara had learned at home and in Primary.

But a few weeks ago, during a lesson about baptism, Mrs. Schmidt had told the class that babies who died before they were baptized couldn't go to heaven. Then she said that one of her own children died right after he was born. When she said that, Mrs. Schmidt looked like she was going to cry.

"But babies who die *do* go to heaven," Cara wanted to say. If only Mrs. Schmidt knew that, maybe she wouldn't be so sad anymore. But Cara felt too shy to say anything.

After school Cara told Mom about what Mrs. Schmidt said. "Knowing that babies go to heaven is one of the blessings we have because of the Book of Mormon," Mom said. Cara hoped that Mrs. Schmidt would read the Book of Mormon someday. She wished she had the courage to tell her about it.

Now in today's lesson, Mrs. Schmidt had told the class that God, Jesus, and the Holy Ghost are all one person. Cara thought about how Heavenly Father and Jesus Christ

appeared to Joseph Smith in the Sacred Grove. She *knew* that They were two separate people and that each of Them had a body. She was glad she knew that for sure, even before talking to Mom or Dad about it.

But then Mrs. Schmidt had said, "Class, please take out a piece of paper and write about what we have been talking about."

That's when Cara got a worried feeling in her stomach. She wanted to do the assignment the way her teacher wanted her to. Could she be brave enough to write what she knew was true?

With her head down on her desk, Cara began to say a silent prayer. *Please, dear Heavenly Father, what should I do?*

Almost at once Cara began to feel calm and peaceful inside. The Holy Ghost whispered that if she wrote what was in her heart, everything would be OK.

Cara lifted her head, picked up her pencil, and began to write:

Heavenly Father and Jesus are two separate people. They have bodies of flesh and bone like we do. The Holy Ghost is a Spirit who can speak to us in our hearts.

After writing a few more sentences, Cara put her pencil down. She didn't know what Mrs. Schmidt would think of what she had written, but she felt happy that she had been able to tell her teacher something important and true. ♦



"In your own way . . . you can share the restored gospel of Jesus Christ."¹

Elder Neil L. Andersen of the Quorum of the Twelve Apostles



SPECIAL WITNESS

Why is it important to have both the Bible and the Book of Mormon?

By Elder L. Tom Perry

Of the Quorum of the Twelve Apostles

The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.



THAT YE MAY KNOW, BY GARY L. KAPP, MAY NOT BE COPIED

Both the Bible and the Book of Mormon are necessary for our salvation.

What a blessing it is to have the account of the mission of our Lord and Savior declared in the Book of Mormon to add a second witness to the doctrine declared in the Bible.

Both are necessary for us to teach and learn about the full and complete doctrine of Christ.

“I love
everything
about you.”

—Sister Rosemary M. Wixom
Primary General President

From an April 2013 general conference address.

Bobby's Birthday



By Charlotte Cantwell and
Charlotte Mae Sheppard

(Based on a true story)

By love serve one another (Galatians 5:13).

Bobby bounded down the stairs to his toy chest full of building blocks. It was Friday. That meant there was only one day left of freedom before Saturday.

Bobby didn't like Saturday mornings. Every Saturday his family had to do their chores. There was mopping and dusting, vacuuming and scrubbing. They even had to clean their bedrooms!

Bobby sat down beside his block chest and started building The Tallest Block Tower in the Universe. He knew it was important to get the house ready for Sunday, but what was the point of a weekend if you spent so much time working?

As Bobby continued building, he heard someone talking in the kitchen.

"But, Mom," his older sister Charlotte said, "my birthday is on Saturday. Working tomorrow morning will ruin the whole day! Can I do my chores today instead?"

"That sounds like a great idea," Mom said.



thday Surprise

The Tallest Block Tower in the Universe would have to wait!

Charlotte left the kitchen and walked upstairs. Bobby stopped building to watch her go. Tomorrow was Charlotte's birthday. Good thing she could get her chores over with now.

He turned back to his tower, then stopped. He set his blocks down. *Maybe she doesn't have to do her chores at all*, he thought.

Bobby raced up the stairs to see Charlotte wheeling the vacuum cleaner down the hall.

Before she could plug it in, he ran over to her.

"Stop! Don't do your chores!" Bobby cried out.

Charlotte shook her head. "I can't stop," she said. "If I don't do them today, then I'll have to do them on my birthday, and that's no fun."

She started to plug in the vacuum cleaner, but Bobby stepped in front of her. "But I want to do them for you!" he said. "I'll do both of our chores. You don't have to do any of them."

Charlotte looked up, surprised. "You would do that for me?"

Bobby winced a little inside. He knew it was going to be a lot of work. There would be two bathrooms to scrub and two rooms to clean. He looked over at The Tallest Block Tower in the Universe. There might not be time this weekend to finish it after all.

But he looked back at his sister and smiled. "Yes. Happy birthday!"

A huge smile spread across Charlotte's face. She gave Bobby a big hug. "Thank you!" she said as she ran happily down the hall.

Bobby looked over at the vacuum. Plugging it in, he started working on the first of Charlotte's Saturday chores. His sister was worth it. The tower would have to wait. ♦



"The needs of others are ever present, and each of us can do something to help someone."²

President Thomas S. Monson

ILLUSTRATION BY MARK ROBISON

You know, my birthday is coming up . . .

That doesn't mean I have to wait until then to do something nice!



QUESTION CORNER

My big sister used to be my best friend. But now she's too busy with her school friends, and she doesn't want to play with me anymore. How can we be friends again?



Our advice is to sit down and talk to your sister. Let her know you're feeling left out, and maybe you could set a day once a week where you do something together, and that's your special time.

Cody, Jaden, Patrick, and Jason B., ages 9, 9, 8, and 8, Ireland



Don't turn down opportunities to talk or be with her. Folding the laundry, washing the dishes, or setting the table would all be good ways to communicate or spend time together. Have fun!

Jacey W., age 9, Oregon, USA



You can tell your sister how much you miss playing with her, and ask her nicely to play with you.

Gabi G., age 6, Indiana, USA



My sister is a busy teenager, and we used to have so much fun. I find if I keep asking her nicely, she will find time for me.

Benjamin N., age 9, Colorado, USA



You can kneel down and pray and ask Heavenly Father if He would help you and your sister be friends again.

Milika L., age 9, Hawaii, USA



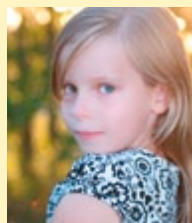
First, I would find her when she's not busy and ask her if she wants to play right then. Second, I would let her have time with her friends and homework. Last, I would write nice notes to her. I am an older sister. Those are some things my sister did.

Anna-Claire K., age 12, Utah, USA



One way you could try to be friends again with your big sister is by loving her even more. You can show that love by praying for her and serving her often.

Ralayna A., age 8, Utah, USA



If she was my big sister, I'd talk to my sister about it with my mom.

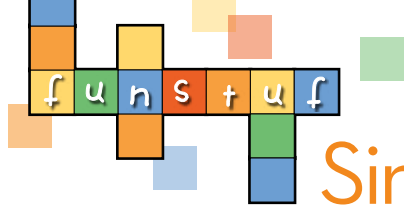
Layla D., age 8, Alberta, Canada

Responses are intended for help and perspective, not as pronouncements of Church doctrine.

NEXT QUESTION

I get really nervous whenever it's my turn to give a talk in Church. What are some things I can do to not feel so scared next time?

Do you have some advice about this? Send us your answer and photo by September 30, 2013. Find our address on page 48 or email us at friend@ldschurch.org. (Put "Question Corner" in the subject line.) Remember to include a parent's permission!



Singing Service

These children are serving by singing for others. Match the notes with the correct letters and fill in the blanks to find what the Apostle James said in the Bible about this type of service (see James 1:27). Find the answer on page 48. Then see if you can find the hidden letters in the picture that spell *JAMES*.

At the top of the illustration, there are two lines of musical notation. The first line contains: a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp), a quarter note with a flat (B-flat), a quarter note with a sharp (F-sharp).

At the bottom of the illustration, there are ten musical notes, each with a letter underneath it: E, G, I, L, N, O, P, R, U.

Bulletin Board

COMFY

CONFERENCE

DESK

General conference is October 5th and 6th. You can make a lap desk to use while taking notes or drawing pictures of your favorite conference moments. Be sure to ask a parent for help.



I LOVE TO SEEthe..... TEMPLE



Have you met Emeri yet? On pages 18-19 she tells about life in Australia. Use the table of contents at the front of this magazine to solve the puzzle below and discover how many temples there are in the "land down under."



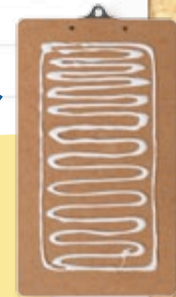
What is the page number of this month's Matt and Mandy cartoon?
Take that number and subtract the page number of this month's "I Hope They Call Me on a Mission."
Add 1.
(Check your answer on page 48!)

YOU WILL NEED:

One regular or legal-size clipboard, tacky or bonding craft glue, a small pillow (about the size of your clipboard), yarn or ribbon, and a pen or pencil.

WHAT TO DO:

1. Cover the bottom of the clipboard with glue, leaving a 1-inch (2.5-cm) margin around the edges (see example).
2. Lay the clipboard glue-side down onto the pillow and put heavy books on the clipboard to help the glue set.
3. Tie one end of the yarn to the metal ring or clip at the top of your clipboard and the other end around your pen or pencil.
4. When the glue dries, you're ready to write or draw!



ASK Yourself...

How can I be a good sport while playing with others?



My dad coaches a high school baseball team. I am the batboy. I travel with the team on their baseball trips. Sometimes when our team players struck out or didn't play well, they would swear. This made me feel bad inside. I told them not to swear. They stopped swearing. Even though I am young, I was able to be an example to others who are big. I know this makes my Savior happy.

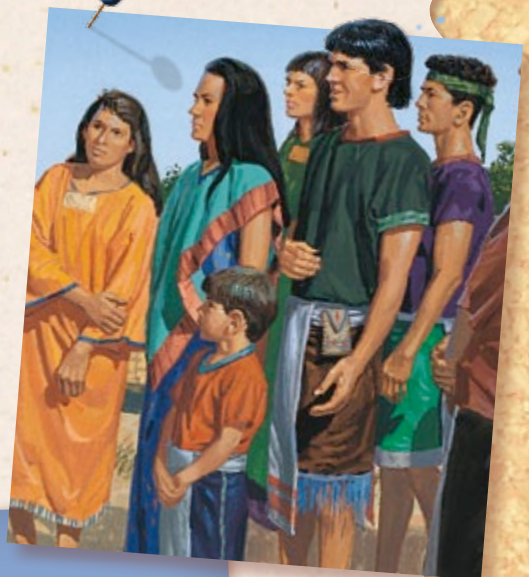
Toby S., age 8, Utah, USA

FOLLOWING JESUS

BE PATIENT



Jesus Christ said, "In your patience possess ye your souls" (Luke 21:19). Jesus was never impatient with those who didn't understand His teachings. Instead, He loved them and helped them learn. For example, the Nephites didn't understand His teachings all at once, so Jesus visited them several times. Instead of being angry or frustrated, He said: "Prepare your minds for the morrow, and I come unto you again" (3 Nephi 17:3).



THIS MONTH'S CHALLENGES:

- Challenge 1:** When you notice someone patiently helping you, say thank you.
- Challenge 2:** The next time you start to feel impatient with someone, pray for help to act how Jesus would act.
- Challenge 3:** Be patient with yourself the next time you make a mistake while trying to learn something new.

The NAUVOO TEMPLE and CARTHAGE JAIL

Come along to explore these important places in Church history!

By Jennifer Maddy

In 1841 many of the Saints in Nauvoo were poor. But they knew they needed to build a temple, as the Lord had told them. More than 1,000 men worked to build the temple. Women sewed shirts and cooked for the workers. Many people sacrificed to build the temple. They looked forward to the blessings they would receive there.

Carthage Jail

Work on the temple stopped in June 1844, when the Prophet Joseph Smith was killed. Joseph and several other men had been taken to Carthage Jail. On June 27 a mob stormed the jail. They shot and killed Joseph and his brother Hyrum.

Finishing the Temple

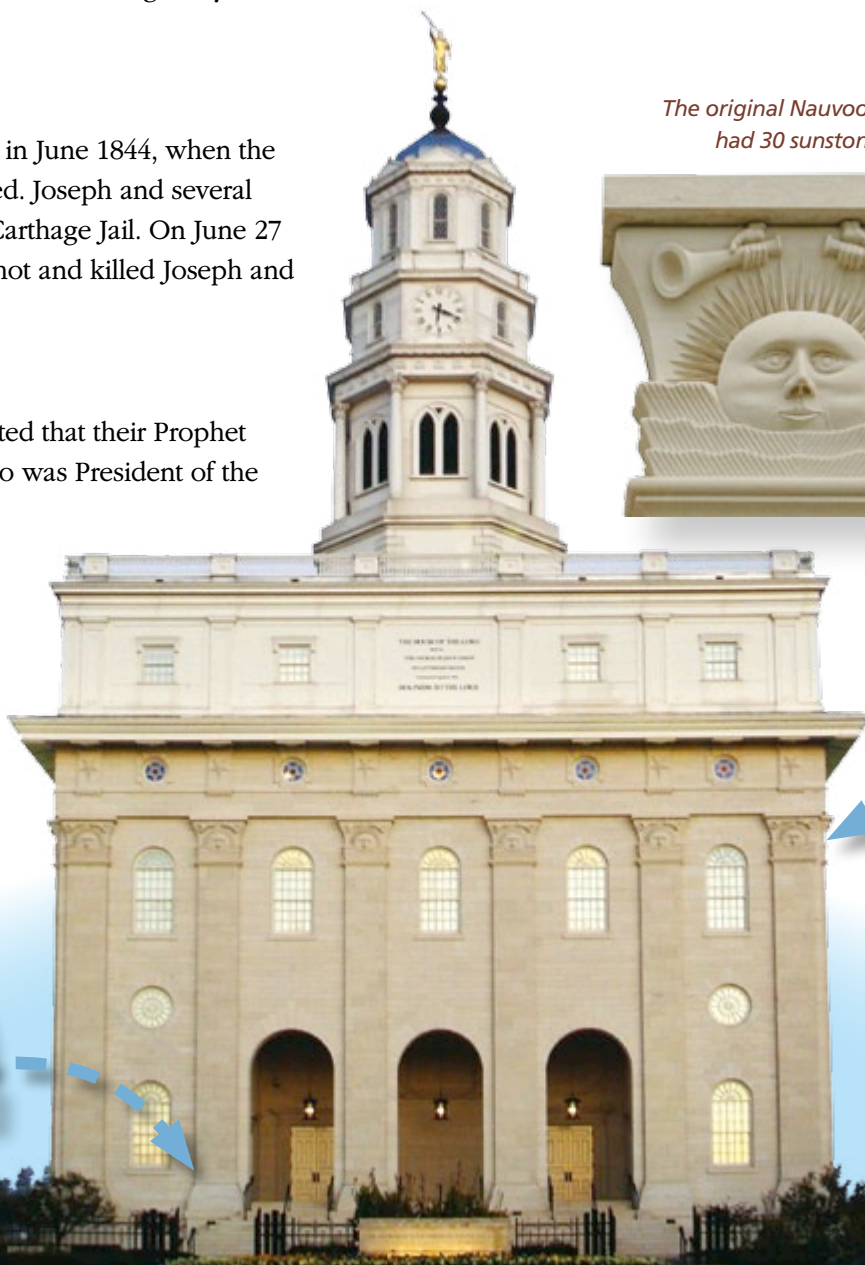
The Saints were brokenhearted that their Prophet was gone. Brigham Young, who was President of the

Quorum of the Twelve Apostles, knew the Lord's work would continue. The Saints finally finished the temple. Church leaders worked in the temple day and night so the Saints could be baptized for their ancestors and be sealed as eternal families.

The original Nauvoo Temple had 30 sunstones.



A crescent moon carved on the outside wall of the temple.





Cut out and paste to the "On the Trail" map in the July issue.

Statues of Joseph and Hyrum stand in front of Carthage Jail. "In life they were not divided, and in death they were not separated!" (D&C 135:3).



The mob ran up this stairway in Carthage Jail to get to Joseph and his companions.

Joseph and the other men were in this upstairs room at the jail.



Rebuilding the Temple

After the Saints left Nauvoo, the temple was destroyed by fire and a tornado. In 1999 President Gordon B. Hinckley (1910–2008) announced that the Nauvoo Temple would be built again in the same place. Today you can see this beautiful temple just as it looked back in the 1840s. ♦

Jesus Christ Teaches about the Temple



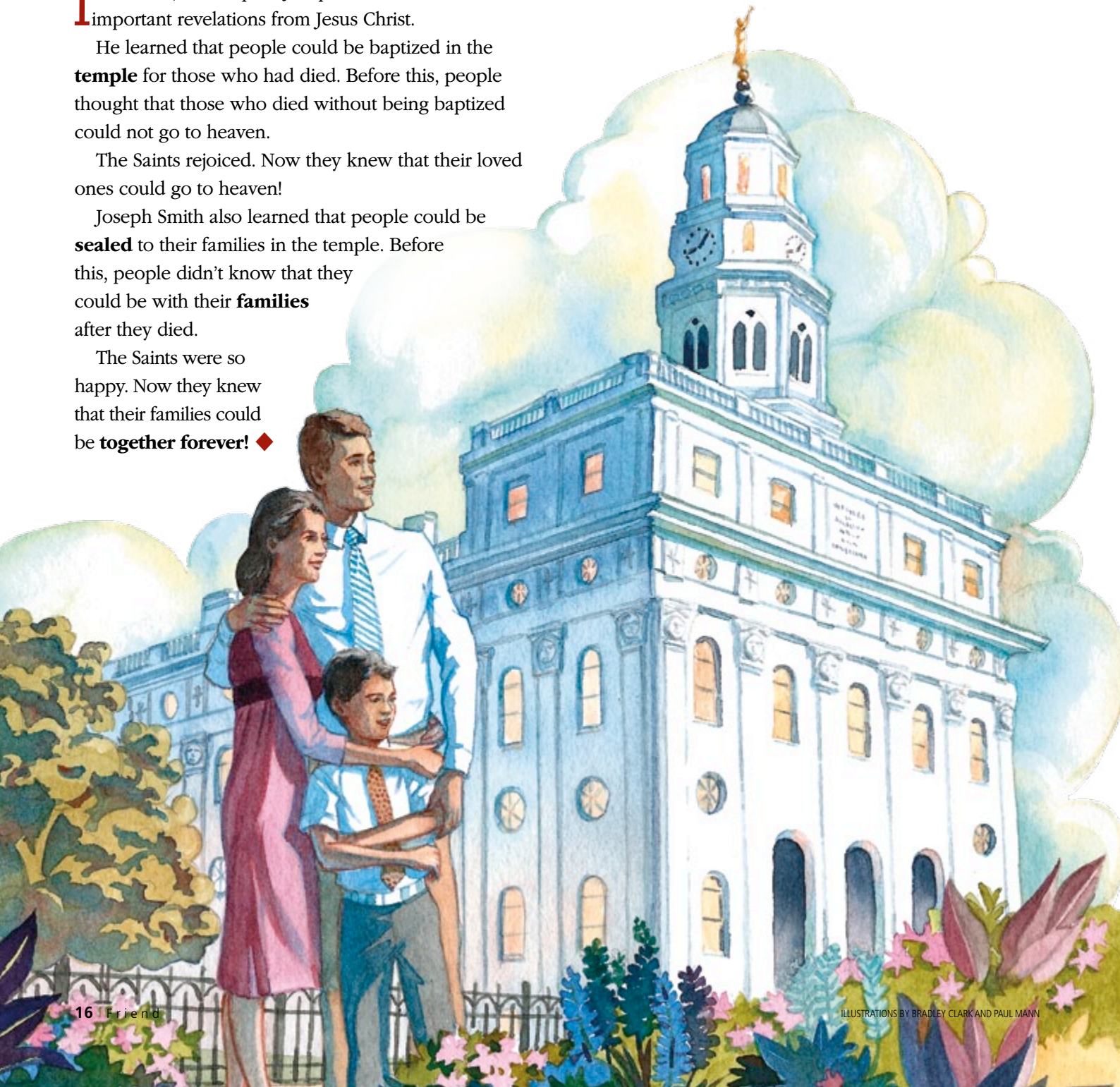
In Nauvoo, the Prophet Joseph Smith received important revelations from Jesus Christ.

He learned that people could be baptized in the **temple** for those who had died. Before this, people thought that those who died without being baptized could not go to heaven.

The Saints rejoiced. Now they knew that their loved ones could go to heaven!

Joseph Smith also learned that people could be **sealed** to their families in the temple. Before this, people didn't know that they could be with their **families** after they died.

The Saints were so happy. Now they knew that their families could be **together forever!** ♦



Jesus Is My Shepherd

I Can
PLAY
It!

Sweetly ♩ = 86-98

(Simplified)

Words and music by Tammy Simister Robinson
a tempo

mp 1. Je - sus is my
rit. 2. Je - sus is my

Shep - herd. I'm His pre - cious lamb. Ten - der - ly He guides me
Shep - herd. Je - sus knows my name. For His sheep are num - bered;

with His gen - tle hand. Calm are wa - ters where He leads. Green are pas - tures
each He loves the same. If my ti - ny feet should roam, He would seek to

rit. *a tempo* 1.
where He feeds me. Je - sus is my Shep - herd. He loves me.
bring me home. —

2. *rit.*
He loves me. *p* He loves me.

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September 2013

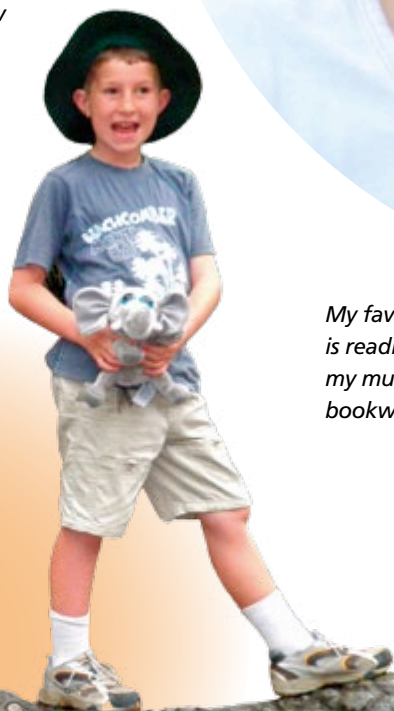
Emeri from AUSTRALIA

My name is Emeri B. I'm nine years old, and I'm from Australia. I live in one of the driest continents in the world, but I love where I live. Australia is in the southern hemisphere. That means that when many people in the northern hemisphere are celebrating Christmas in the cold and snow, everyone in Australia is enjoying warm weather and sunny beaches.

Australia is home to the world's largest species of crocodile, the salt-water crocodile, which can grow to be up to 20 feet (6 m) long.



My favorite pastime is reading. That's why my mum calls me a bookworm.



Hear Emeri's testimony on "One in a Million" at lds.org/friend.

One of my favorite desserts is a meringue cake filled with whipped cream and fruit. It's named after a famous ballerina named Anna Pavlova.

Pavlova

Be sure to ask an adult for help when you make this recipe.

- 3 egg whites
- 3 tablespoons cold water
- 1 tablespoon cornstarch
- 3/4 cup sugar
- 1/4 teaspoon salt
- 1 teaspoon vinegar
- 1 teaspoon vanilla

Beat egg whites until very stiff. Add water and beat again. Thoroughly mix cornstarch, sugar, and salt, and add it gradually to the egg whites, beating well. Fold in vinegar and vanilla. Pile the mixture onto greased wax paper on a cooking sheet or in a well-greased deep round cake pan. Bake at 325°F (160°C) for 15 minutes. Then turn off the heat and leave it in the closed oven for one hour. Serve with whipped cream and strawberries or kiwi fruit.



LET'S EXPLORE!

Australia is the world's biggest island, the world's smallest continent, and the world's sixth-largest country.

The first time Church missionaries came to Australia was in 1840, just 10 years after the Church was officially organized.

In Australia you just might see a koala bear in a eucalyptus tree, a hopping kangaroo in the outback, and a crocodile in the rivers. The kookaburra birds actually sound like people laughing.



Because of President Monson's example of service, our family was inspired to get a small puppy. We will raise her until she's ready to be trained. After she's trained, someday she will help someone with a disability have an easier life.



My neighborhood is in between the hills and beaches, so there are many things for my family and me to do, from climbing mountains to swimming in the ocean.



By Sister Jean A. Stevens

First Counselor in the
Primary General Presidency

Faithful Examples

And a little child shall lead them (2 Nephi 21:6).

As a member of the Primary general presidency, I love meeting children all over the world. Everywhere I go, I meet wonderful children who are following Jesus Christ and faithfully living the gospel. Often they are leading their families and others in keeping the commandments.

Once a General Authority visited a ward in Hong Kong where people were struggling to support their families. He told the bishop that the members should pay their tithing.

The bishop was worried. The people barely had enough food and money to meet their needs.

“If they will pay their tithing, the Lord will bless them,” the General Authority said.

The bishop thought for a moment. Then he said, “I will talk to some of the most faithful members of our ward—the Primary children!”

The next Sunday, the bishop visited the Primary. He taught the children about the law of tithing. He asked them to pay tithing on the money they earned. The children promised they would—and they did!

Several months later, the bishop had a meeting with the grown-ups in the ward. He told them that their children had been paying tithing.

“Would you be willing to pay tithing too?” he asked.

The grown-ups were touched by the children’s faithful examples. They said that they would pay their tithing too. Because the children set an example, their families received the blessings they needed (see Malachi

3:8–10). Everyone’s faith and testimonies grew.

Wherever you live, you can lead others with your good example. Keep the commandments and follow Jesus Christ. Then you will be a blessing to your family and others.

We pray for you. And we know that, just like the children in Hong Kong, your example can make a difference for good! ♦

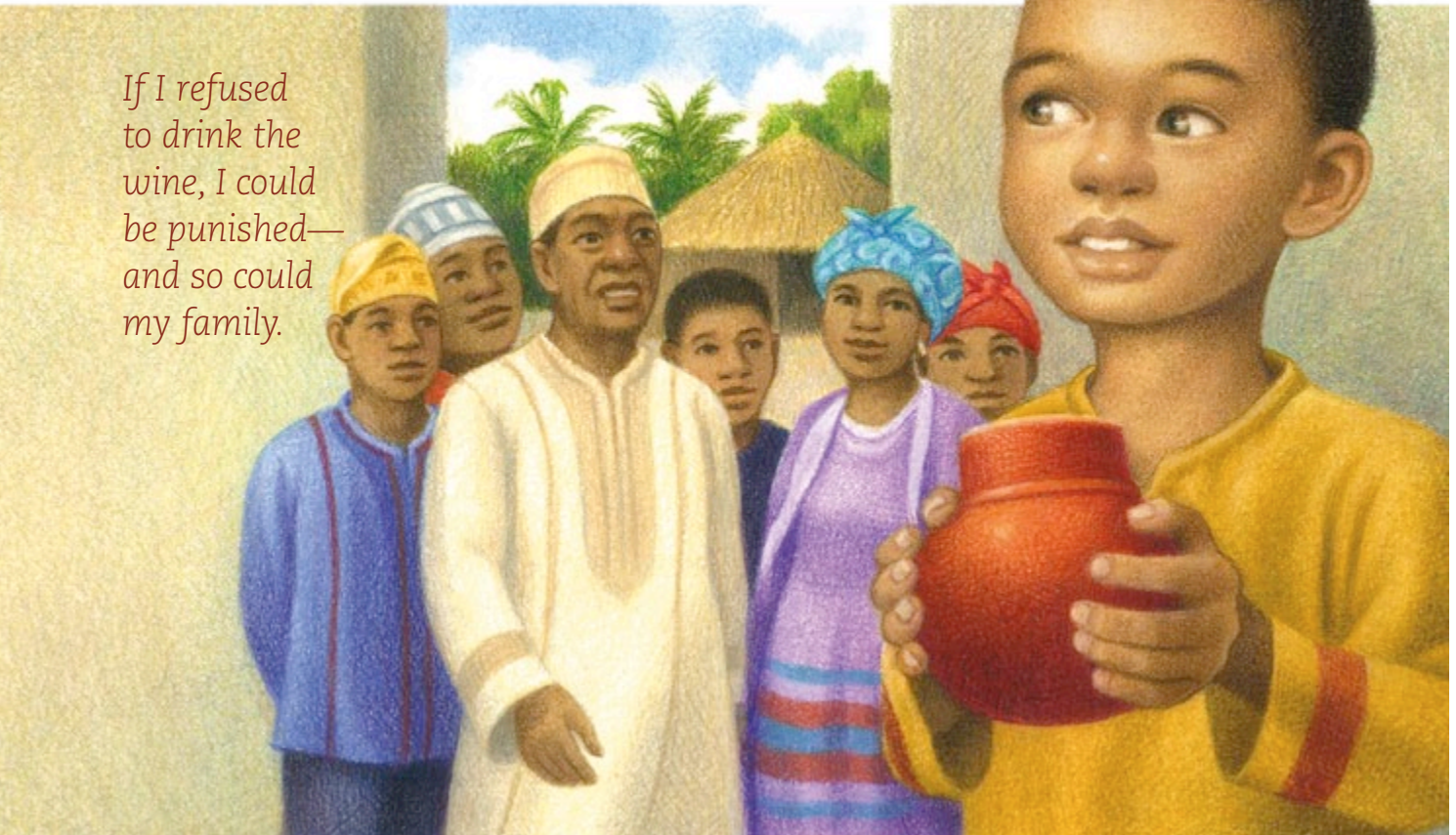


PHOTOGRAPH © BUSATH PHOTOGRAPHY;
ILLUSTRATION BY MAREN J. SCOTT

I Chose the **RIGHT**

By Ekene B., age 7, Nigeria

If I refused to drink the wine, I could be punished—and so could my family.



Learn in thy youth to keep the commandments of God (Alma 37:35).

I went with my family to visit my parents' village for a New Year's celebration. It had been three years since we had visited last, and we were looking forward to seeing friends and family members again. When we arrived we were happily welcomed.

When New Year's Eve came, we gathered with others for a traditional ceremony to wish protection, long life, and prosperity to the oldest son of each family. I am the oldest son in my family. I learned that all those taking part would be expected to drink wine as part of the ceremony.

I was very worried. I knew that drinking the wine would be breaking the Word of Wisdom. But I also knew that if I did not drink the wine, I might be punished for being disrespectful—and my family might be

punished too. Then I remembered what my mother had taught me: when you find yourself in a situation you cannot control, you should pray to Heavenly Father and ask Him to help you.

I prayed silently, *Heavenly Father, let Thy Spirit guide me and help me to do what is right.*

When it was my turn to drink the wine, I was nervous, but I spoke loudly and clearly. "My body is a temple. I will not break the Word of Wisdom," I said.

The village elder was very surprised. He turned to me and said, "You seem very sure of what you are doing. Please, we would like to hear more of your views."

My family and I were not punished, and our faith was strengthened. I know Heavenly Father helped me have the courage to choose the right. ♦

Cleaning Up

By Elyssa J. Kirkham

(Based on a true story)

Help me, dear Father, to truly repent, making things right, and changing my ways (Children's Songbook, 99).

Gabi and her friend Milo were playing in the dirt in her yard.

"Hey, look at this," Milo said. He had what looked like a rock in his hand, but when he squished it, it turned into powdery dirt.

"Whoa!" Gabi said. "Are there more of those?"

They dug through the dirt and found several more clods.

"Watch this," Gabi said, and she threw a dirt clod high up in the air. It sailed over the chain link fence and landed on the neighbor's driveway, breaking in a big smear of dust.

"Awesome!" Milo said, and they took turns throwing the clods and watching them explode.

Suddenly Gabi heard a car driving up.

"Oh no," she said. "Someone's coming. Hide!"

They ducked around the edge of Gabi's house just as the car pulled over the driveway and into the garage. They giggled nervously. They heard the car door open and shut.

"Who threw dirt in my driveway?" they heard a voice say. Gabi knew that must be Mrs. Fietzer, her elderly neighbor. "How am I going to clean this up?"

Milo laughed quietly, but Gabi didn't feel like laughing.

After Milo went home, Gabi went inside and tried to play

with her dolls, but she couldn't get Mrs. Fietzer's sad voice out of her head. Mrs. Fietzer lived alone, and old age made it hard for her to do many things, including cleaning up her driveway.

Gabi hadn't meant to be rude to Mrs. Fietzer, but now she realized that throwing the dirt had been mean. She felt sad and sorry for what she had done.

Then Gabi remembered a lesson she had had in Primary about repentance.

"When you do something wrong," her teacher had said, "you need to first feel sorry about it. Then you apologize and ask for forgiveness and make it better if you can. Then you promise not to make the mistake again."

I can make this right! Gabi thought.

Gabi went to the garage and grabbed a big push broom. Then she got to work sweeping the dirt off the driveway. It took a long time, but finally the driveway was clean again.



Dirt Clods

Then Gabi rang Mrs. Fietzer's doorbell. When Mrs. Fietzer opened the door, she seemed surprised to see Gabi.

"Well, hello there," she said.

"Hi, Mrs. Fietzer," Gabi said. She felt scared, but she prayed for courage. "I was the one who threw dirt onto your driveway earlier today."

"Oh, was that you?" Mrs. Fietzer asked. She looked a little sad.

"But I cleaned it up!" Gabi said, lifting the broom in her hand. "I'm very sorry, Mrs. Fietzer. I promise I won't ever do it again. Will you forgive me?"

A smile spread across Mrs. Fietzer's face. "Yes, of

course I forgive you," she said. "Thank you for cleaning it up."

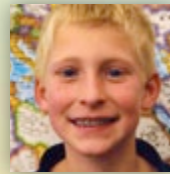
Gabi looked at Mrs. Fietzer's big mulberry trees and had an idea.

"Can I help you rake your leaves in the fall too?" Gabi asked.

"That's very sweet of you," Mrs. Fietzer said. "But you don't have to. You already made up for what you did."

"But I want to. Please?" Gabi asked.

Mrs. Fietzer agreed. Gabi said goodbye and skipped all the way back to her house. She was glad that when she did something wrong, she could make it right again. ♦



Once I was trading cards with my friend at his house. I saw one I loved and wished to get, but he never traded it. I was tempted to take it, so I did. But when I got home, I felt bad, so the next day I went back over to his house and told him. I gave it back and asked for forgiveness. He said he forgave me and thanked me for returning it. When I went home I felt a warm feeling, and I was happy.

Josh S., age 10, Utah, USA

Gabi couldn't get Mrs. Fietzer's sad voice out of her head.

Do you have everything you need for school?

Ready-for-School Backpack

CLEAN TALK

By Jocelyn Christensen

Certain kinds of words invite the Holy Ghost to be with us, and others do not. Here's a fun reminder to help you keep your language CLEAN:

- C—Choose your words carefully.
- L—Learn the meanings of words before using them.
- E—Encourage others with the words you say.
- A—Avoid slang or “replacement” words.
- N—Never use hurtful or vulgar language.

Study Tips

Learning is a big part of following Christ (see D&C 88:118). Here are some tips to help you learn the best you can:

1. Before you start your homework, do 10 jumping jacks or another exercise to help your body feel awake.
2. Study in a quiet, clean place. You could set up a study desk in your room or make a clipboard desk to use anywhere (see page 12).
3. Decide what you will study and for how long. Plan what treat or activity will be your reward for working hard.
4. Take breaks for exercise and water.
5. Say a prayer. Heavenly Father can help you when you are having a hard time.

Here are three tips for making good friends:

1. Try to be friends with others, even if they're different from you. Smile and introduce yourself to those you don't know.
2. Choose good friends who will help you live the gospel.
3. Be a good friend by treating others as Christ would treat them.



Prayer

Making Friends



FRUIT BUG SNACKS

Make these buggy treats for a fun after-school snack. Be sure to ask an adult for help.

- 1 apple
- 1 small orange
- 1 strawberry
- 2 blueberries
- 1 chewy chocolate candy or caramel
- 8 crackers



Apple Butterfly

1. Core the apple and cut it in half.
2. Place the apple peel-side up on a plate.
3. Microwave the chewy candy for 5 seconds or until soft.
4. Mold the candy into a butterfly body.
5. Press two crackers into the body for wings, and set the butterfly on the apple.

Orange Bumblebees

1. Peel the orange.
2. Split the orange in half for two bee bodies.
3. Partially separate the outside wedges from the middle wedges to make gaps for wings.
4. Stick a cracker in each gap to make wings.

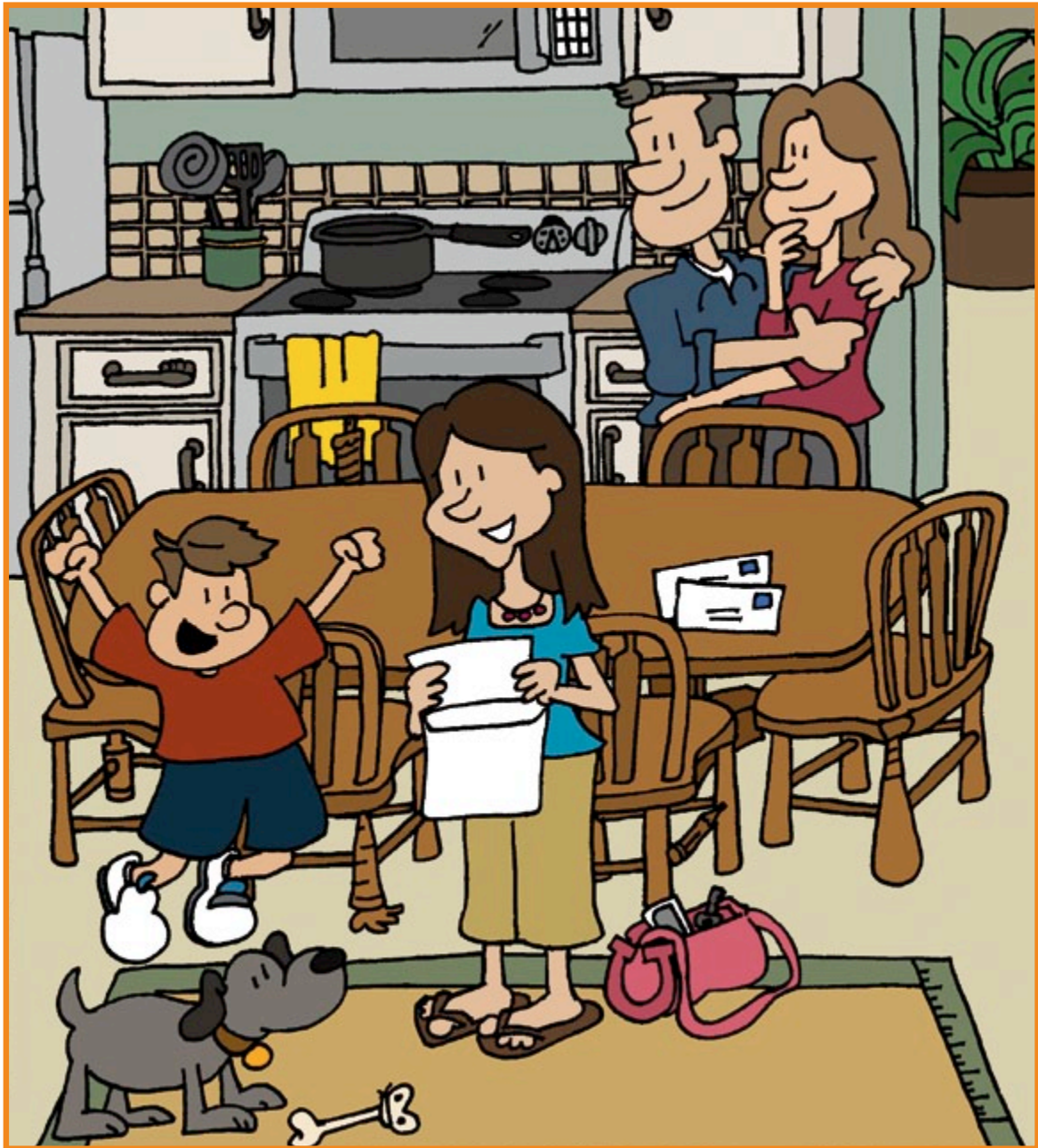
Strawberry Fly




1. Place crackers on a plate for wings.
2. Slice the strawberry and place the largest slice on top of the crackers for the body.
3. Cut little strips of strawberry to create antennae.
4. Place blueberries on the strawberry slice for eyes.



Mission Call

This young woman just received her mission call. Can you find the hidden objects in the picture?



- | | | | | | | | |
|---|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| BANANA | BASEBALL BAT | BUTTERFLY | CANDLE | CARROT | CRAYON | HORSESHOE | LADYBUG |
|  |  |  |  |  |  |  |  |
| LEAF | LOLLIPOP | PAINTBRUSH | PEAR | PENCIL | RULER | SCREWDRIVER | TOOTHBRUSH |



I Hope They Call Me on a Mission

Be better prepared for tomorrow by learning these skills today.



Dress for Success

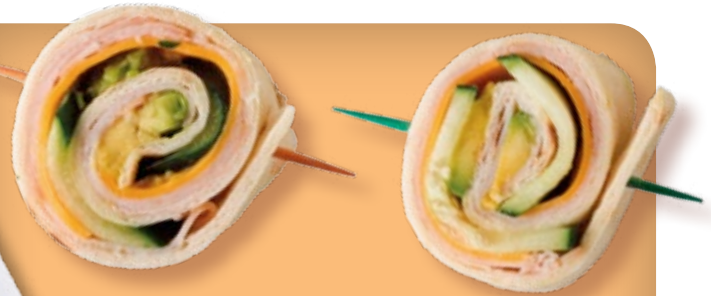
Missionaries dress modestly and neatly. They also take care of the clothes they wear. Ask a parent to help you learn these skills:

Mending—Sew a button on a shirt, repair a simple tear or hem, shine scuffs on shoes.

Laundering—Separate clothes into similar colors, set the dials on the washer and dryer, add detergent or dryer sheets.

Ironing—Carefully select the right iron temperature, use the ironing board.

Storing—Hang clothes up or fold them, organize your closet.



Mix-n-Match Deli Rolls

- 1 flour tortilla
- 3 slices of deli meat, such as turkey or chicken
- 2 slices of cheese, such as mozzarella or cheddar
- 4 thin slices of cucumber
- 4 thin slices of avocado

1. Layer the ingredients on the tortilla.
2. Roll the tortilla up and slice it into pieces. Skewer each roll with a toothpick to hold it together.
3. Try mixing different combinations of meat and cheese and pick which is your favorite.

Hello readers,

Dressing appropriately is an important part of being a missionary. President Boyd K. Packer once said that when you dress modestly and nicely, you "show the Lord that you know how precious your body is."^{*} You're lookin' good!

Sincerely,
Elder Trouser



^{*} "Ye Are the Temple of God," *Ensign*, Nov. 2000, 73.

By Weldon Rohner
(Based on a true story)

*Pray to thy Father which is in secret;
and thy Father which seeth in secret shall
reward thee openly* (Matthew 6:6).

Joseph swung at the baseball and missed.
Again.

“Strike three!” the umpire called. “You’re out.”

Joseph trudged back to his team with his shoulders slumped. How would he ever hit a ball this season? They had only one game left.

“Good try,” his coach said. Joseph shrugged and plopped down on the bench. He was so tired of striking out! He’d worked hard all season long, going to every practice and staying late most days. He even practiced at home whenever he could.

His coach once told him he had one of the best swings on the team. So why couldn’t he hit the baseball?

The next batter from his team swung hard and smashed the ball with a loud crack. Up, up, up it went. A home run.

Joseph sighed. He didn’t need to hit a home run. Just a normal hit. He said a silent prayer to Heavenly Father, asking that somehow he’d be able to hit the ball before the season ended. Tomorrow would be his last chance.

Later that night the missionaries visited Joseph’s house. Mom had signed up weeks ago to have them over for dinner. While they ate, Elder Seeley

*Joseph gripped the
bat and took a deep
breath. This was
his last chance.*

started talking about baseball.

Joseph sat up straight and paid very close attention. Apparently Elder Seeley was some kind of a baseball star back home before his mission. Nobody in Joseph’s family had known that before.

Mom seemed very interested too. She turned to Elder Seeley and asked, “Would it be OK if we all went outside so you could give Joseph a few tips on his swing?”

“Absolutely,” Elder Seeley said.

The moment dinner was done, Joseph raced to get his baseball and bat. Joseph couldn’t wait to see what the missionary might teach him.

Outside, Elder Seeley pitched a few balls and watched Joseph swing. “You’re swinging way too fast,” he said. “Slow it down, nice and easy.”

Elder Seeley also taught Joseph how to grip the bat better and the best height to hold his elbow.

“Let’s see that swing again,” Elder Seeley said and pitched one more time. Joseph swung and heard the crack of the ball hitting his bat. The ball flew over the back fence. He’d done it! He’d actually hit the ball!

Mom and the missionaries cheered.

A peaceful feeling came over Joseph. He was going to hit the ball in the game tomorrow. He just knew it.



Hoping for a

The next day Joseph stepped up to the batting plate and took a deep breath. He tried to remember everything Elder Seeley taught him.

The first pitch came. He swung and missed.

“Strike one!” the umpire called out.

Joseph didn’t let it bother him. He still had two more strikes.

The next pitch flew out of the strike zone.

“Ball one!” cried the umpire.

Joseph took another deep breath. He could do this. He still felt that same warm feeling inside.

The pitcher let the ball fly. Joseph focused and swung.

His bat smacked hard against the ball and sent it flying. Joseph stared in wonder for a moment as the baseball soared away. Then he dropped the bat and ran toward first base as fast as he could.

A cheer rose from the crowd.

Joseph skidded to a stop on the base and smiled. Heavenly Father had answered his prayer. The answer hadn’t come in the way he’d expected, but Joseph knew Heavenly Father had sent someone to help him. ♦



Hit



We would like to get to know you better so that we can send you stories and activities that are the best for you. With help from a parent, please fill out this survey and mail it to us. You can find our address on page 48. You can also fill out this survey at lds.org/friend. Thank you, from the *Friend!*

I am a:

- Boy
- Girl

I am _____ years old

I use the Internet:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

If I do use the Internet, I use it for:

(Check all that apply)

- Homework
- Games
- Learning activities
- Videos
- Friend* website
- Other LDS.org sites
- Other: _____

I use an iPad or tablet:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

I use an iPhone or smartphone:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

If I do use a tablet or smartphone, I use it for:

(Check all that apply)

- Homework
- Games
- Learning activities
- Videos
- Friend* website
- Other LDS.org sites
- Other: _____

I play video games:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

I watch television:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

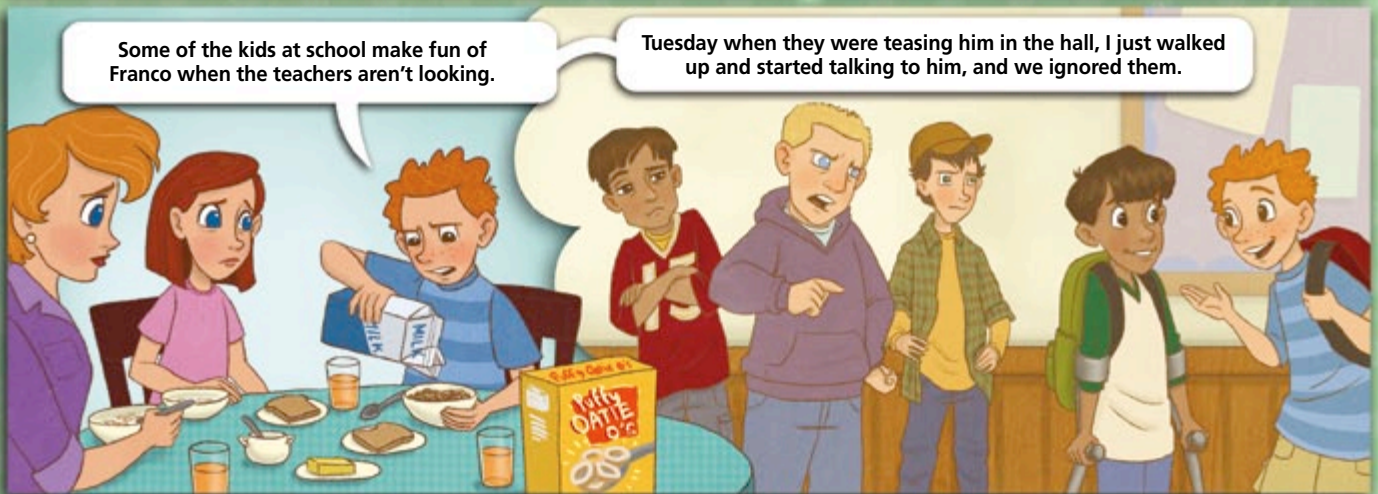
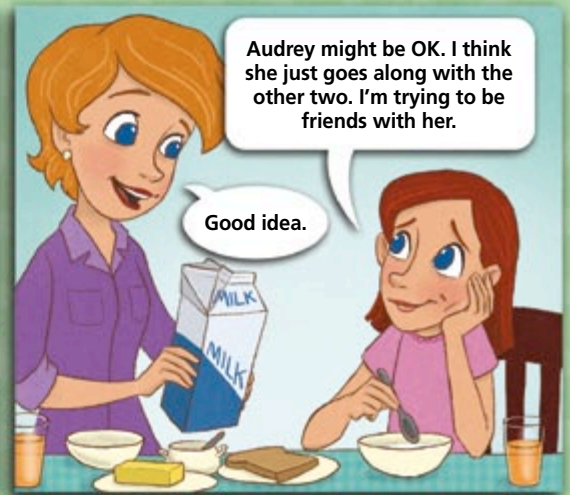
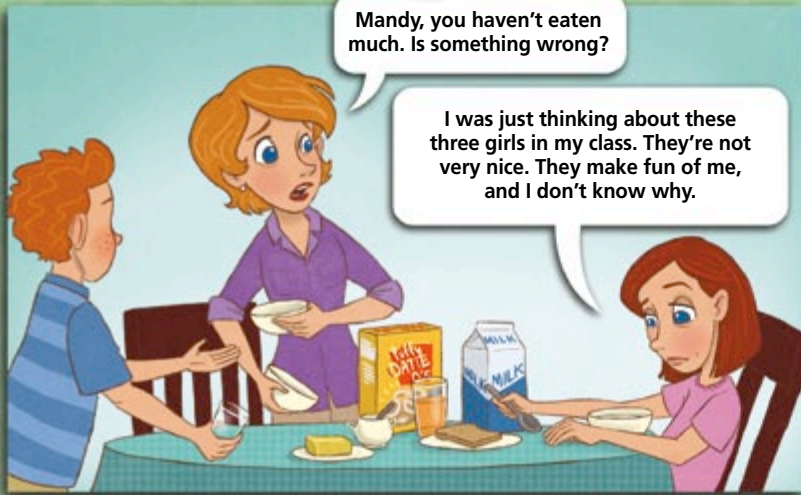
I read for fun:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

I play outside:

- Never
- Once a month
- Once a week
- Once every few days
- Daily, for _____ hours per day

MATT & MANDY

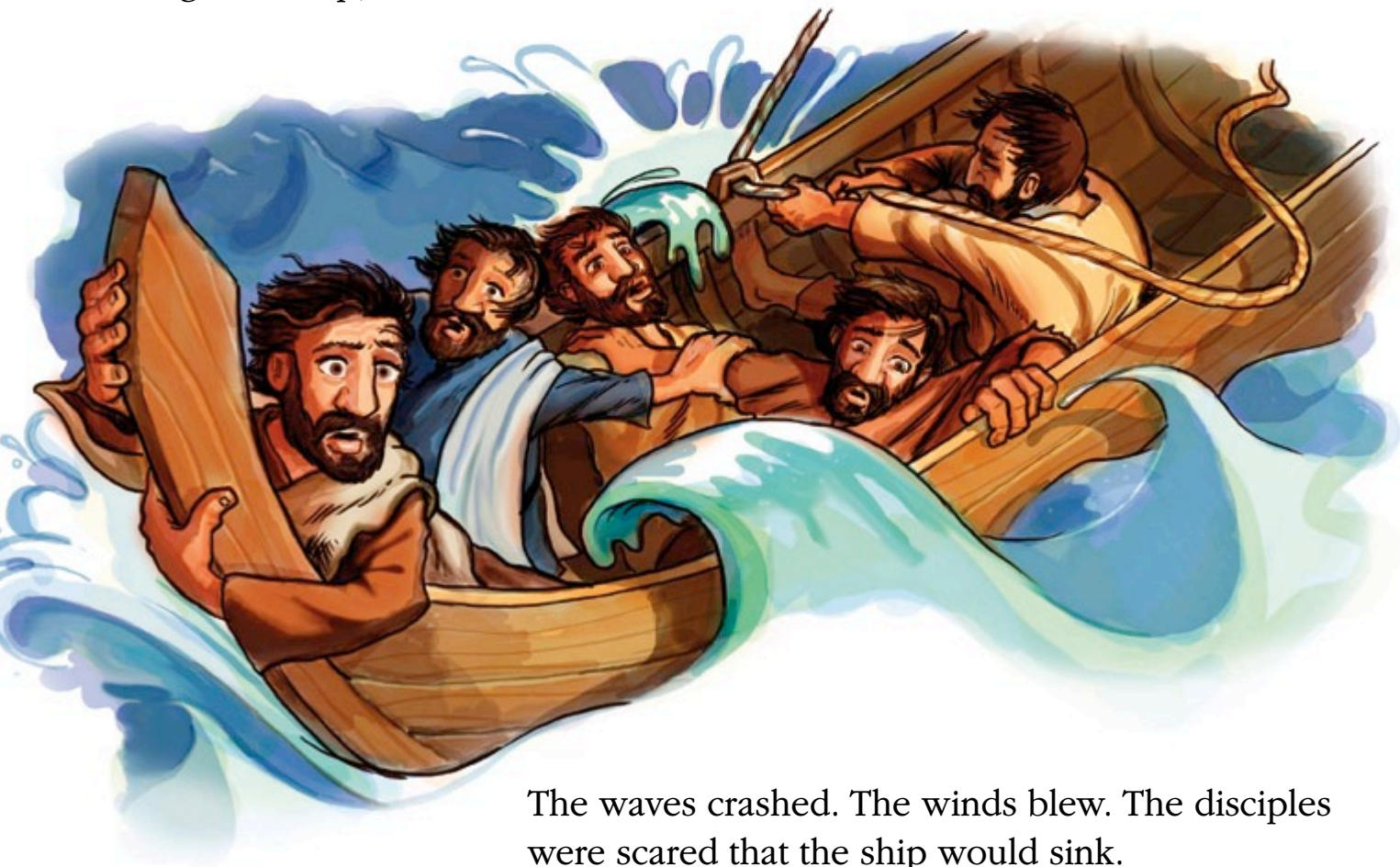


Jesus Calms the Tempest

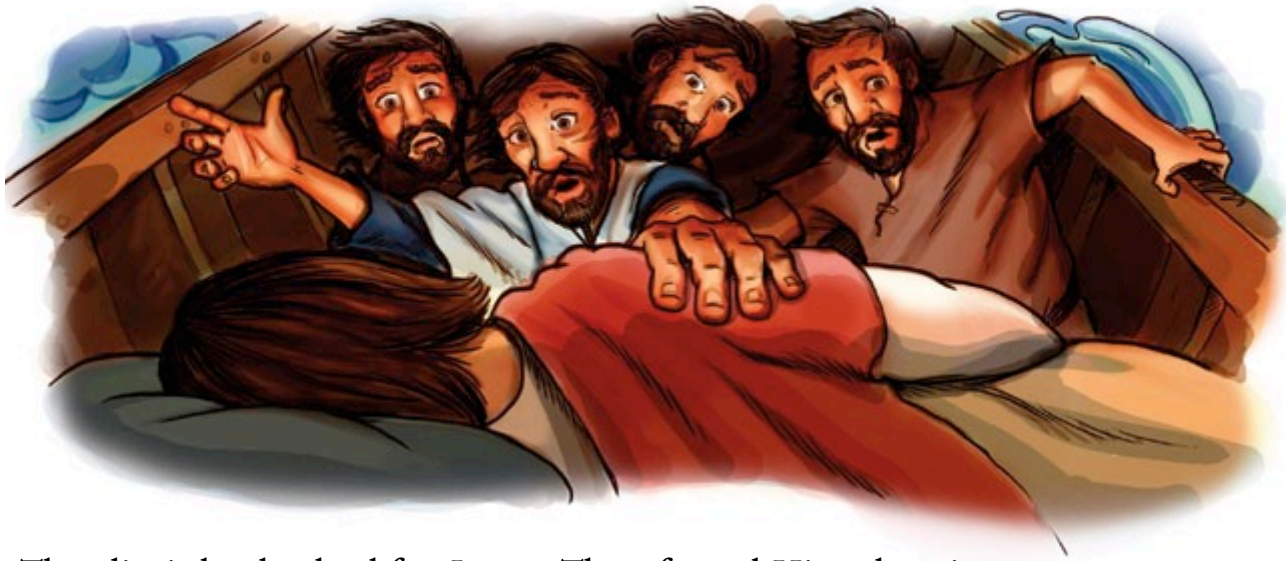
By Margo Mae



One day when Jesus and His disciples were sailing on a ship, there was a terrible storm.



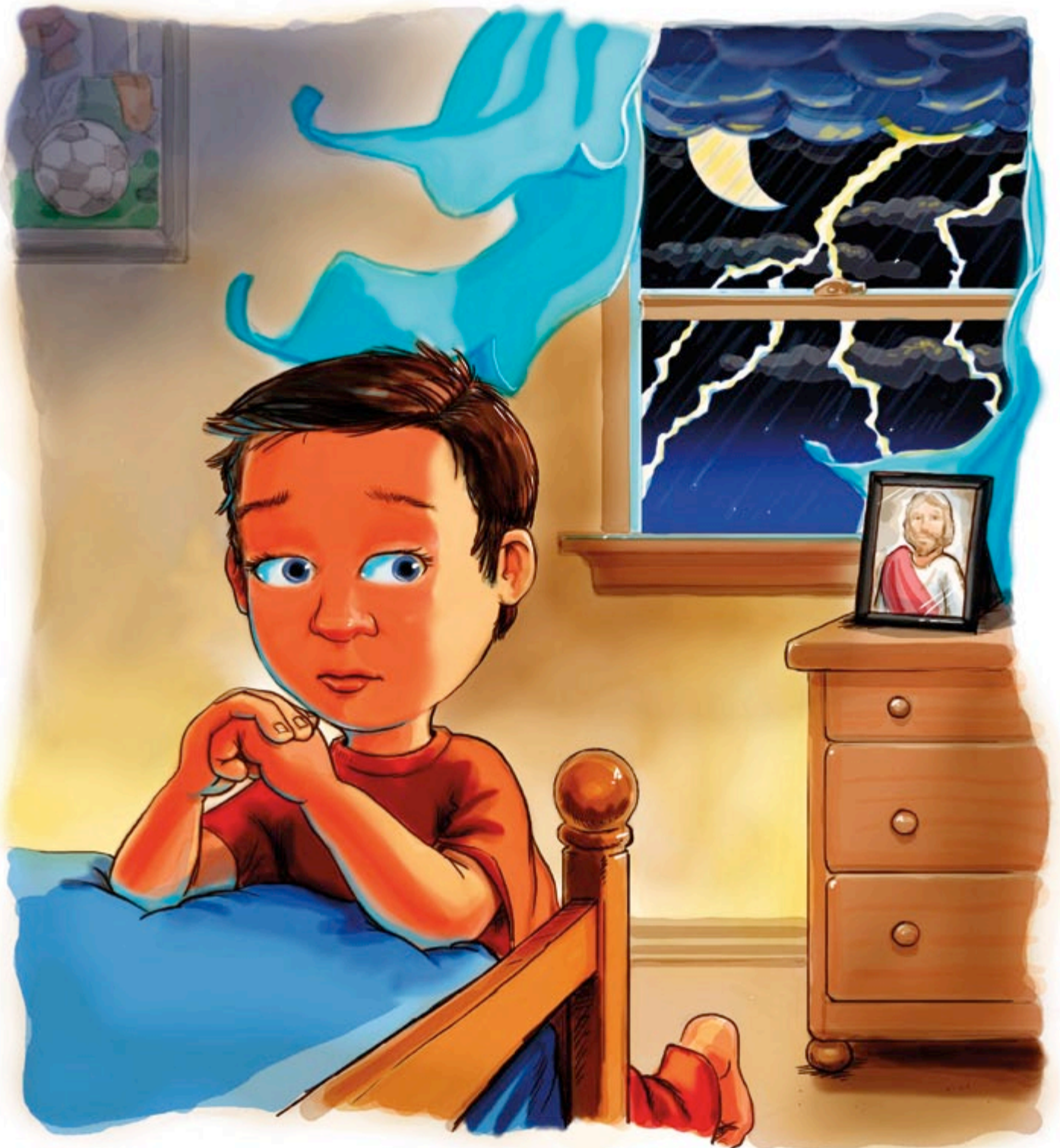
The waves crashed. The winds blew. The disciples were scared that the ship would sink.



The disciples looked for Jesus. They found Him sleeping.
“Save us!” they cried.
“Why are ye fearful?” Jesus asked.

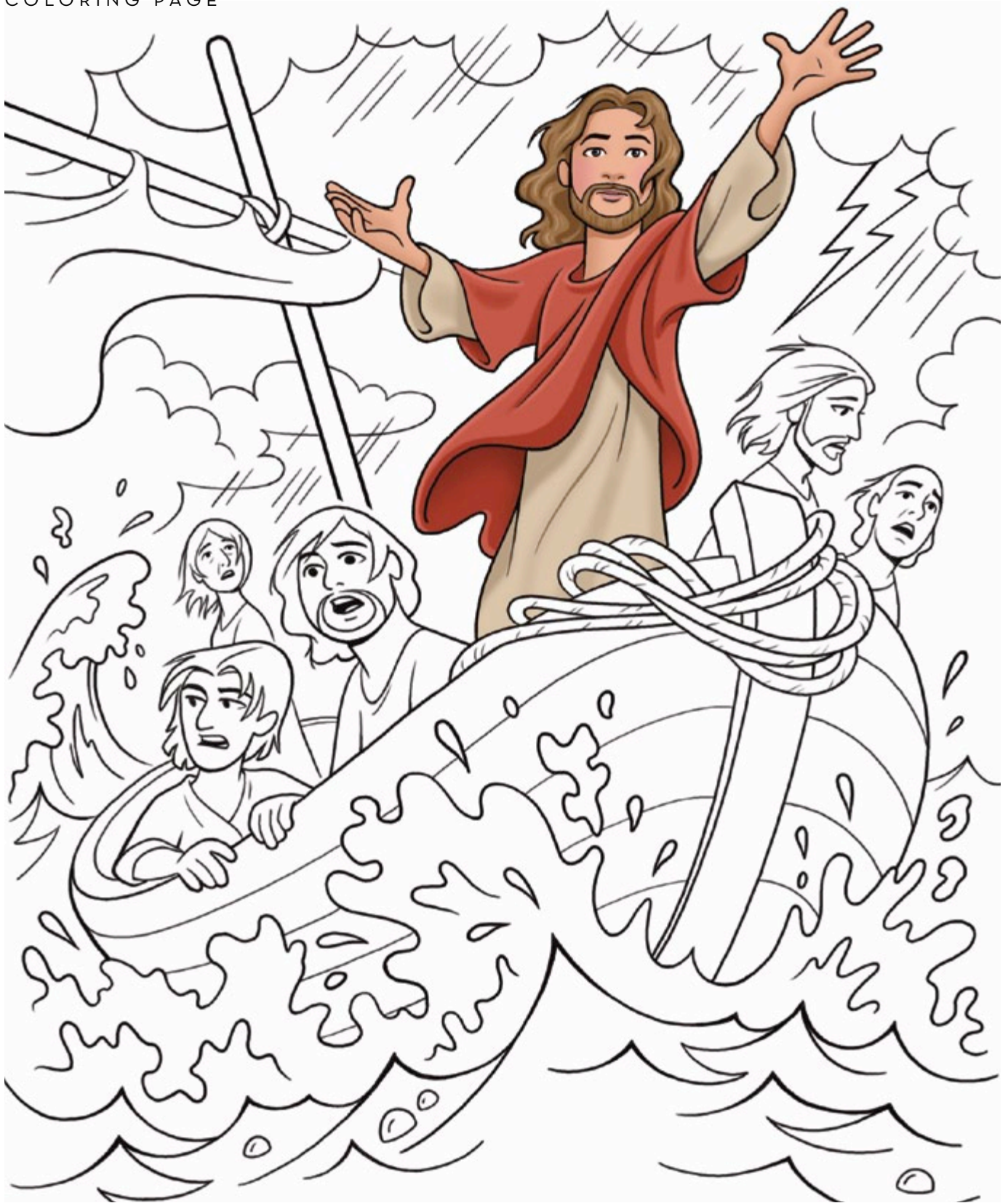


Jesus stood up and commanded the storm to stop. The disciples watched as the waves stopped crashing and the winds stopped blowing. The storm had ended, just as Jesus had commanded it to do.



Sometimes when scary things happen, we feel afraid. But Jesus is near. Thinking about Him can help us feel safe and calm. ◆

From Matthew 8:23–27.



Jesus Calms the Tempest

Then [Jesus] arose, and rebuked the winds and the sea; and there was a great calm (Matthew 8:26).

ILLUSTRATION BY JARED BECKSTRAND

When I Go to Sleep

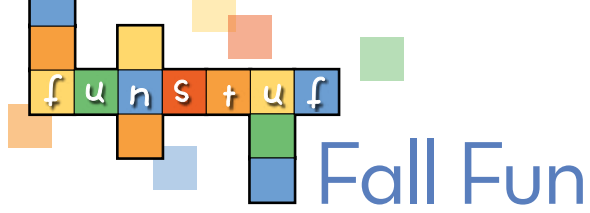
By Shawnee Zelenka

When I go to sleep at night,
I sing a happy song.
I know that day is on its way;
The darkness won't last long.

Jesus made the moon and stars.
He gave us day and night.
I never need to fear the dark,
For Jesus is my light.

I can always feel His love,
The peace His Spirit brings.
Jesus loves me and is near;
I need not fear a thing.

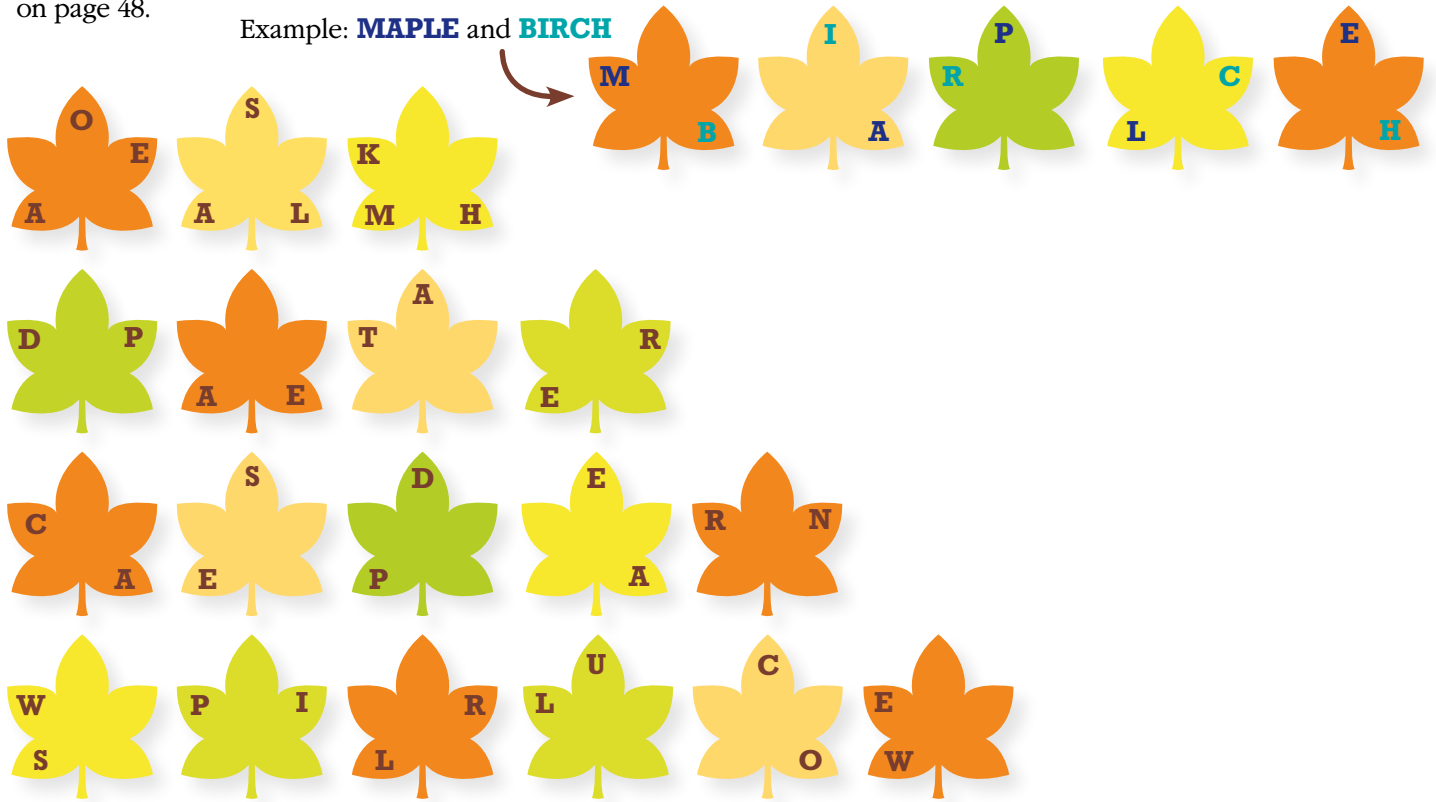




Fall Fun

Fall with all its colorful leaves is right around the corner in the northern hemisphere. Using only one letter at a time from each leaf below, spell out a type of tree. Keep going until you've used all the letters in the puzzle. See the answers on page 48.

Example: **MAPLE** and **BIRCH**



What Happened to Your Arm?

Amy makes a new friend with a question and some crayons.

By Sarah Chow

(Based on a true story)

If you want a friend, you must show that you care (Children's Songbook, 262).

The cast was blue. Amy had seen a cast on Lee's arm at school, but she had never seen a cast on an elderly man's arm. Just before stake conference started, Amy leaned forward and asked the man in the next row what happened to his arm.

The man smiled and turned around. "I have a sore muscle," he said.

"Ouch," said Amy. "My name's Amy. What's yours?"

"I'm Charlie Young," he said and used his other hand to shake her hand. "And this is my wife, Nancy."



Friends come in all shapes, ages, and sizes!

You can turn to page 24 for some tips on making friends.



Amy sat back in her seat. She knew Mom had brought paper and crayons in her bag, so Amy got them out and colored three pictures for Brother Young to make him feel better.

"Your pictures are beautiful," Nancy said when Amy gave them to Brother Young.

"I think I feel a little better already!" Brother Young said. In her prayers that night, Amy prayed that Brother Young's arm would get better.

Six months later it was time for stake conference again.

In the chapel Amy looked all around for Brother and Sister Young.

"There they are!" Mom said, pointing across the room. "Let's go sit by them."

"How's your arm?" Amy asked Brother Young once they sat down.

"All better." Brother Young held up his arm for her to see.

No cast. "I put your pictures on my refrigerator. They helped me feel better. Thank you."

"You're welcome," Amy said.

Mom nodded and leaned forward.

"Brother and Sister Young, we'd like it if you could come to Amy's birthday party in a few weeks."

"How old are you?" Brother Young asked.

"I'm turning eight. How old are you?" Amy asked.

"I'm 83. Say, if you're turning eight, does that mean you're getting baptized soon?"

"Yes!" Amy said. "Can you come to my baptism too? I'd like you to say the closing prayer."

"I would be honored,"

Brother Young said. "And Nancy and I would be happy to come to your party. We'll have to think of a very special present for such a special friend."

A few weeks later, Amy's birthday finally arrived. Charlie and Nancy Young came, and so did lots of Amy's school friends. When it was time to open presents, Mom had Amy cover her eyes while Dad brought something into the room.

"OK, you can look now," Dad said.

Amy opened her eyes and saw that her first present was a brown guinea pig. "Wow, my first pet!" Amy said.



Amy's second present was from Brother and Sister Young. It was a beautiful blanket that was almost as soft as the guinea pig.

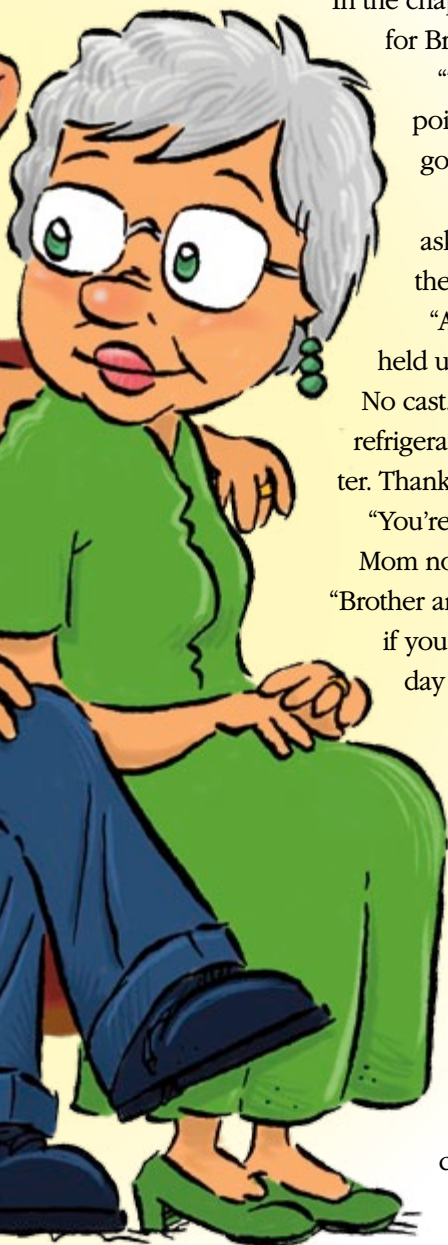
"Yellow, purple, and orange. Those are my favorite colors! How did you know?" Amy asked.

"Your mom told me. I crocheted it myself as a surprise for you," Brother Young said.

"Thank you!" Amy said, hugging Charlie and Nancy. "I have a surprise for you too, Brother Young. I'm going to name my guinea pig Charlie, after you."

Brother and Sister Young laughed. "I'm sure you've found the very best name," Sister Young said.

"And the very best friends," Amy agreed. ♦



Show and Tell

Would you like to send something to Show and Tell? Turn to page 48 to find out how.



When my baptism and confirmation was only a day or two away, I had a fever and was not feeling very well. I did not want to postpone my baptism. I felt I should go ahead on the appointed day. Many relatives and friends, some of whom are not members of the Church, came to my baptism. When I was baptized, my fever went

down right away, and I felt a lot better. That day I felt the Holy Ghost very strongly. I am grateful that I could be baptized and receive the Holy Ghost.

Sara M., age 8, Spain



One winter my mom was sick for four months. One night when my mom was in bed, I prayed that just this one time she would sleep well. The next day she felt really happy because she had slept well that night! Since then she has been feeling better. I'm glad I prayed for my mom.

Sophia L., age 9, Alaska, USA



Michelle D., age 11, Utah, USA



James C., age 5, Peru



Carter M., age 10, Iowa, USA

What do you know about pioneers in your family? Write and tell us about the stories you like from your family history. Turn to page 48 to find out how.



During family home evening, I like to give a scriptural thought and say a prayer. I like my Primary friends, and I like raising and caring for pigeons. I would like to go to the Nauvoo Illinois Temple someday,

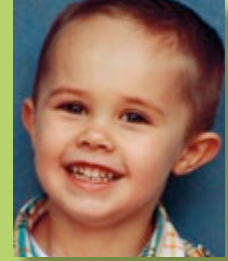
and I want to be a missionary too. I love my family so much! I know the Church is true, and I love the Book of Mormon.

Prince M., age 9, Philippines

I love going to the library to check out books. I especially like to check out books about my favorite superheroes. One time I brought a book home that I was really excited to read, but when I opened it, one of the drawings was a girl who wasn't dressed very modestly. I brought the

book to my mom, and she asked what I thought we should do about it. I said I thought we should take it back to the library and not look at it. I felt happy inside after I made the right choice.

Caleb O., age 4, Utah, USA



Gabriel E., age 3, Florida, USA, loves to say family prayer, learn about the temple, and read the scriptures with his mom before bed. His favorite things are riding his bike, playing superheroes, reading, and singing. Gabriel's favorite songs are "Nephi's Courage" and "Praise to the Man."



The Primary of the **Prospect Ward, Adelaide Australia Firlie Stake** wanted to work on bringing their scriptures to church. They decided to put a "fuzzy" in a jar every time they did, because the scriptures give us a warm, fuzzy feeling inside. At the end of the

year, they joined the fuzzies together. Their fuzzy "snake" was 6 1/2 meters (21 feet) long! All the children enjoyed this activity, and some days every one of them had their scriptures with them at Primary.

I Will Serve God with All My Heart, Might, Mind, and Strength

One day at recess, Isabella saw a girl who was crying because someone had said something mean to her. Isabella felt bad for the girl and walked over to comfort her. “Would you like to play with me?” she asked the girl.

That day Isabella served with her heart. She followed the example of Jesus Christ and showed love to someone in need. We can show our love for Heavenly Father by serving others with our heart, our might, our mind, and our strength. We can serve with our whole selves!

How do we serve with our **heart**? We can serve with our heart by showing

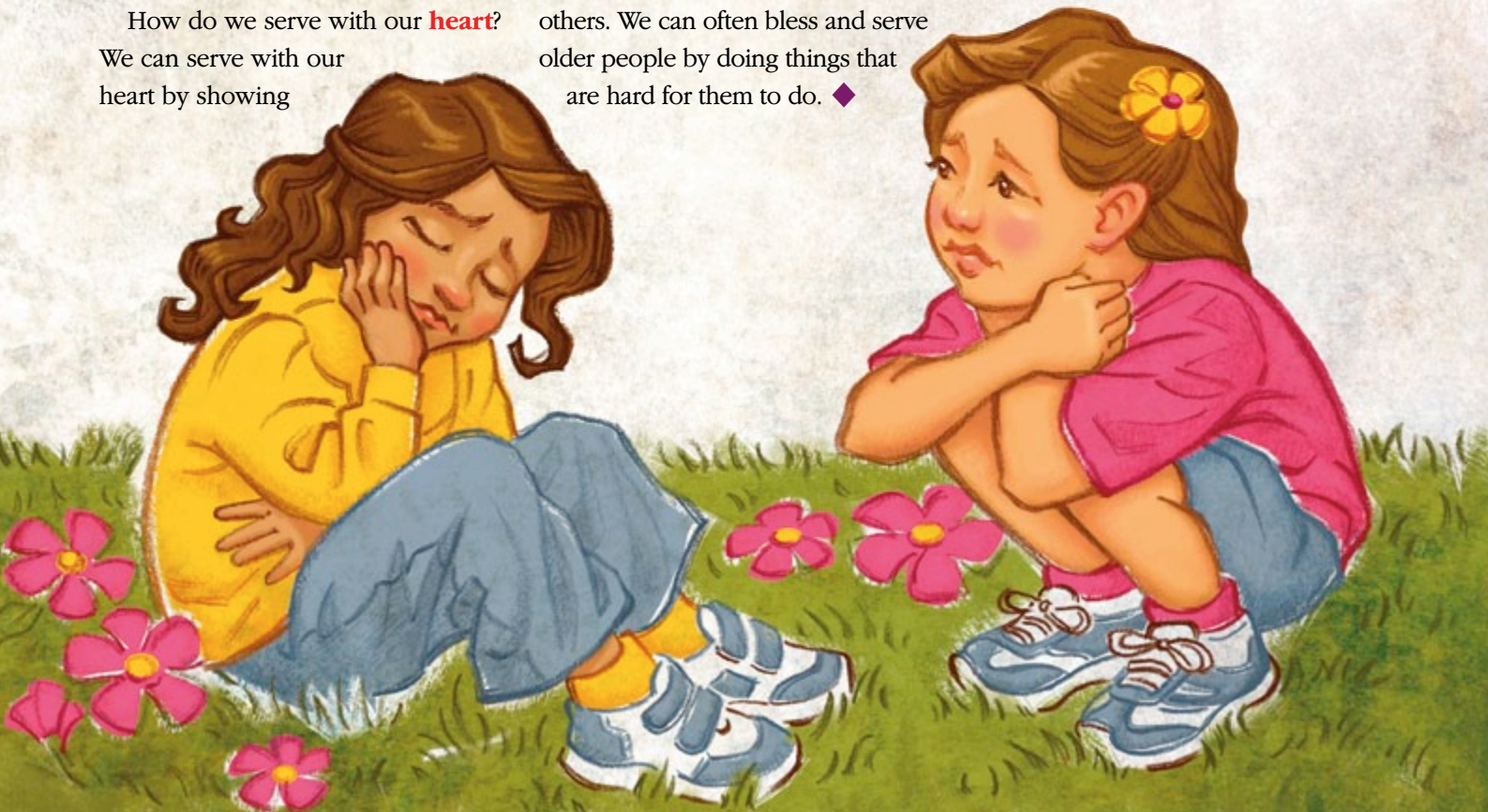
love and kindness to others. We care about what others need. When we serve cheerfully, we are serving with our heart.

How do we serve with our **mind**? We can serve with our mind by thinking of ways to help others. When we see needs of those around us and think about what we could do to help, we are serving with our mind.

How do we serve with our **might** and **strength**? Serving with our might and strength could be doing chores and working hard to help others. We can often bless and serve older people by doing things that are hard for them to do. ♦

LET'S TALK

As a family, decide on some things you could do together as you serve with your whole self. Explain that whenever we serve others, we are serving Heavenly Father.



SERVING WITH YOUR WHOLE SELF

Choose a way you would like to serve from each of the areas below or think of your own ideas.

After you have finished with one act of service, color in the shape next to the description.

HEART



Tell your parents or siblings that you love them.

MIND



Write a letter to a grandparent or another important person.

MIGHT AND STRENGTH



When your parents ask you to do something, work hard at it.



Do something kind for someone who is alone.



Offer to help a brother or sister with homework.



Help a brother or sister with a chore.

SONG AND SCRIPTURE

- "Called to Serve," *Children's Songbook*, 174
- Doctrine and Covenants 59:5



Help plan a family service project.



Rake leaves, pull weeds, or do something else to help your family.

The lesson wasn't prepared, but Thomas knew what to do.

"I've Got This!"

By David Dickson

(Based on a true story)

We love each other more and more with ev'ry family night
(*Children's Songbook*, 195).

The front door closed behind Thomas with a swoosh and a click as he hurried to check the family calendar.

"I was right!" he called loudly. "It is my turn to teach the lesson in family home evening."

Mom's eyes widened. "Honey, I'm so sorry we didn't plan your lesson last night! I thought it was my turn to teach."

Thomas shook his head. "Don't worry, Mom. I know what to do." Normally she helped him prepare the day before. But he was 10 years old now. He could plan a lesson by himself.

Mom smiled and raised an eyebrow. "You're sure? You don't need any help?"

"Yup, I've got this."

Later that night Thomas pulled out his copy of the *Friend*. He opened it to an article he'd read called "The Ten Commandments Teach Me to

Love God and His Children" (Sept. 2012). As Thomas read it out loud to his family, he noticed Mom looking very proud of him.

After the lesson it was time for the activity on the next page. Thomas had already cut out the labels that read, "Honoring God," "Respecting Parents and Family," and "Respecting Others."

As part of the activity, they took turns sharing examples of how they'd kept commandments the past week.

"I said my prayers last night," said his big sister Ella.

"What group do we think that falls in?" asked Thomas. After discussing, they picked "Honoring God."

After the lesson Ella served some tasty cookies she'd baked. Then they delivered some of the extras to friends.

Thomas felt so happy he could

help out. That was one of his favorite family home evenings ever! ♦



WHERE IS IT IN THE FRIEND?

Would you like to find a story and activity for family home evening like Thomas did? Just look under "Bringing Primary Home" on the contents page of the *Friend*. Of course, you can also use any other story from the *Friend*!

Family Home Evening in Seven Easy Steps

Imagine how hard it would be to reach the second story of a building without stairs or an elevator. Would you try to jump? That's 10 feet or higher! Most professional basketball players can't even jump three feet.

Planning a family home evening lesson may seem intimidating at first—sort of like trying to jump 10 feet straight up in the air. But if you take it one step at a time, like Thomas did, it's a cinch.

2 Choose a topic, and find a scripture or two about that topic.



4 Gather any extra materials for your lesson. Maybe you want to share a picture or bring a small object that relates to your topic.



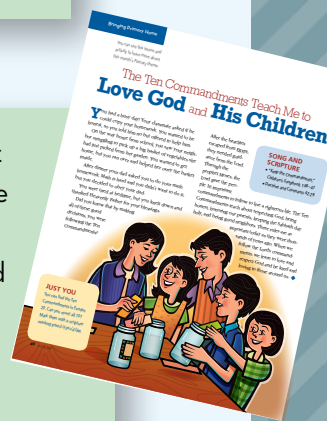
6 Keep it short and simple. Three to five minutes is a good length.

7 At the end of the lesson, bear your testimony about what you've been sharing.

Preparing your lesson

1 Pray to Heavenly Father to help you prepare your lesson.

3 Look for a spiritual story about your topic. Jesus taught people by using stories to help them understand. The scriptures and Church magazines are full of stories. And you can always tell a story from your own life.



Giving your lesson

5 When giving your lesson, ask your family a few questions. Lessons work better when everybody gets a chance to share their thoughts.



Finding Amigos



Spanish was so hard! How would Rachel ever make friends?

By Leslie Albrecht Huber

(Based on a true story)

Search diligently, pray always, and be believing
(D&C 90:24).

Rachel waved goodbye to Mom and walked into the school courtyard. Her heart started to pound.

Only two weeks ago, Rachel's family had moved from Wisconsin to Valencia, Spain. Rachel had been excited. She loved meeting new people and knew she would make friends.

But now she wasn't so sure. Rachel could only say a few things in Spanish, so she hardly understood anything the kids said to her.

"Rachel!" one boy called, running toward her. Rachel's heart sank. "What is your name?" he asked in choppy English. Some other boys and girls joined him, giggling.

Every day the kids asked Rachel the same simple question in English. It didn't matter that they already knew her name. They just wanted to make her try to talk in Spanish. No matter what she said, they all laughed. Then they'd run off, leaving her alone.

"What is your name?" another girl repeated.

Rachel felt her face get hot. She pushed her way through the crowd and ran to her classroom.

When the day ended, she hurried to meet Mom. Rachel felt tears stinging her eyes.

"What's wrong?" Mom asked as they began walking home.

"I don't like school," Rachel blurted out. "Everyone stares at me. I can't understand what they say. I'll never make friends."

"Making new friends can be hard—and it can take a while," Mom agreed. "But do you remember the blessing your dad gave you before we moved?"

Rachel thought for a minute. "He said living in Spain would be good for our whole family—especially me. And he said I would make good friends here." She thought of how Dad's words had given her a calm, peaceful feeling. "But how can I make friends?"

"What do you think you could do?" Mom asked.

"I can pray for help," Rachel said.

"That's a great idea," Mom agreed. "I know Heavenly Father will help you, but you have to do your part too. Maybe we could work harder at speaking Spanish at home so you can learn faster."

Rachel sighed. After a day of trying to understand everyone at school, she just wanted to come home and speak English. But she knew if she wanted Heavenly Father's help, she would have to try her hardest too.

The next week Rachel prayed every night to make friends. And she spoke Spanish as much as possible. She even prayed in Spanish, with Dad's help.

Soon Rachel began to notice small changes. She could understand some of her teacher's instructions. She could pick out more words when her classmates spoke.

Then one day at recess, Rachel felt a tap on her arm.

"*Hola, Rachel,*" said Patricia, a girl from her class. Three other girls stood with her. Rachel cringed. Were they going to laugh at her?

"Would you like to play tag with us?" Patricia asked in Spanish.

Rachel was surprised at how easily she understood her. She waited, but nobody laughed. They seemed to mean it.

"*Sí, I'd love to,*" Rachel said in Spanish, a smile spreading across her face. "*Gracias, Heavenly Father,*" she said in her heart. She had done her part, and Heavenly Father had helped her. ♦

YOU CAN LEARN SPANISH TOO!

Hello! My name is . . .

¡Hola! Me llamo . . . (say it like "yah-mo")

Would you like to be my friend?

¿Quieres (say it like "key-air-es") ser mi amigo?

What is your favorite game?

¿Cuál es tu **juego** (say it like "huego") favorito?

Goodbye! See you later!

¡Adiós! ¡**Hasta** (say it like "aw-sta") luego!

Rachel is on her way to making some *buenos amigos!*

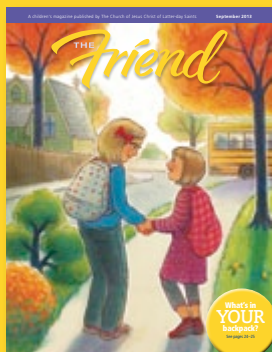


That means "good friends" in Spanish!



Possible Ideas for Family Home Evening

- 1 As a family, read “I Hope They Call Me on a Mission” (page 27). Talk about dress standards, and practice some of the Dress for Success techniques together, like ironing and mending.
- 2 Read “Finding Amigos” (pages 46–47). Make a list of ways you can be a friend to those around you.
- 3 Read President Dieter F. Uchtdorf’s message, “There Is Work to Do!” (page 2). Set goals for how you can work harder and do better



at school. You can use the “Ready-for-School Backpack” on pages 24–25 to help!

- 4 Read the Bringing Primary Home lesson on serving God with all your heart, might, mind, and strength (pages 42–43). Talk about ways you and your family can serve God and serve others.
- 5 Fill out the *Friend* survey (page 30) and send it to us! Talk about how the Church magazines can benefit your family.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity. Children whose work is submitted should be at least three years old.

Please send your submission to: *Friend Magazine*
50 E. North Temple St., Rm. 2432
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

The following information and permission must be included:

First and last name _____

Age _____ State/Province, Country _____

I agree to the terms of the Friend Submission Agreement (lds.org/friend/parentalconsent) and grant permission for the Friend to print my child's submission and photo in print or online.

Signature of parent or legal guardian _____

Email of parent or legal guardian _____



Hidden CTR Ring

Did you find the ring?
Look on page 44!

The *Friend* can be found
on the Internet at
lds.org/friend. To subscribe
online, go to store.lds.org.

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Sidebar References

1. “It’s a Miracle,” *Ensign*, May 2013, 80.
2. “What Have I Done for Someone Today?” *Ensign*, Nov. 2009, 85.

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Funstuf Answers

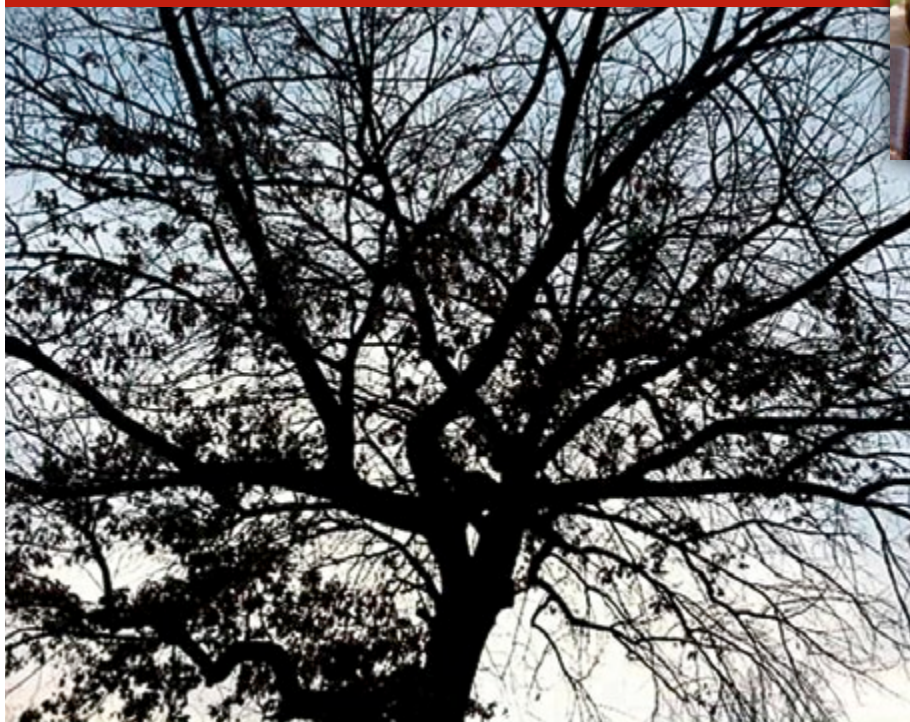
- Page 3: **Cleaning the Church:** Brooklyn vacuumed, Jacob dusted, Alexis cleaned the sinks, Aaron mopped, and Michael dusted the chalkboards. **Word Fun:** breathe, real, bear, shovel, horse
- Page 11: pure religion
Page 12: five temples
Page 37: 1) oak, ash, elm;
2) pear, date; 3) aspen, cedar;
4) willow, spruce



DAVID O. McKAY

David O. McKay grew up on his **family's farm** in Huntsville, Utah. He loved animals and kept **horses** throughout his life. When he served a mission in Great Britain, he discovered a **saying** that became his motto: "What-e'er thou art, act well thy part." He returned to Great Britain many times and dedicated the **London England Temple** in 1958.

Through **Your** Eyes



I like to look at this tree sometimes because it reminds me that Jesus Christ is real, and He made me special, just like this tree. It helps me know that Heavenly Father loves me and has a plan for me.

**Rachel P., age 9,
Texas, USA**

Do you like taking photos? We'd like to see your best shots about how Heavenly Father blesses your life. Email them to friend@ldschurch.org and include your name, age, and where you're from. Please also include a sentence explaining how your picture shows Heavenly Father's blessings in your



life. Remember, we can't publish your submission without a parent's permission in the email. If there are people in the photo, we also need to know that they gave their permission to be photographed. We're looking forward to seeing Heavenly Father's blessings through your eyes!

What's online?



- Conference is coming next month! You can review the First Presidency and Quorum of the Twelve Apostles by playing a matching game. Go to lds.org/friend and click on "Games and Activities" and "Matching."
- The Mormon Tabernacle Choir made some music videos especially for you! Go to lds.org/friend and click on "Videos" to watch these and other music videos.

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