

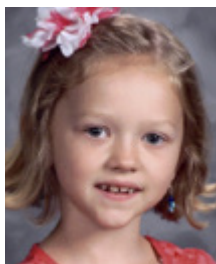
Show and tell

Kindness!



I noticed one kid in my class sitting in the corner of the field at recess. Then I saw someone bullying him. I went to get the safety guard to help. After that I started playing with the boy that got bullied. I knew I did what Heavenly Father wanted me to do.

Conner G., age 7, Utah, USA



I just moved to a new house, a new town, and a new school, and it is hard sometimes.

There are not many members of the Church in my class. Heavenly Father has helped me do what is right so my friends can feel the light of Christ through my example. I know Heavenly Father loves me and helps me be strong.

Madyson D., age 7, Oregon, USA

The ARMOR OF GOD



Samuel S., age 11, Texas, USA

Tabitha S.'s Primary class from the **Middleton Fourth Ward, Idaho, USA**, made a special quilt for her. The quilt is her favorite color and has each class member's name and handprint traced on it. Tabitha feels the love of her Primary class each time she is snuggled up in her quilt.



Sophia H., age 12, New Zealand



Lavona R., age 5, Indonesia, loves to sing, dance, and read the *Friend* with her brother, Jay. She is thankful to Heavenly Father because He gave her a family who loves her.





Once when I was playing soccer goalie at school, I missed the ball. Someone yelled, “You’re such a bad goalie!” I didn’t feel very good after I heard that. I ran into one of the bathroom stalls and started crying. After I said a prayer, I felt much better and went back to playing soccer. I’m glad I can remember that special day when I felt the Holy Ghost help me for the first time.

Alli S., age 6, Lima, Peru



The **Second Ward Primary in the Moses Lake Stake, Washington, USA**, took the challenge from general conference to serve their friends and neighbors—both members of the Church and those of other faiths. They went door-to-door inviting other children to Primary and weekday activities. They know they can serve Christ by loving and serving those around them.

HELPING HANDS

14,027
hands and counting!



I watch my brothers and sister while my mom goes to the temple.
Sadie B., age 6, California, USA



I helped my baby sister to get her teddy.
Jonah M., age 6, Hertfordshire, England



I helped my grandma rake leaves and my grandpa fill the water trough for the horses.
Leanne A., age 5, Washington, USA



I told Grandma that I loved her.
Ezra D., age 4, Florida, USA



I helped stand up for my sisters.
Laura R., age 11, Utah, USA



I tell my mum I love her to make her happy.
Porter C., age 3, Queensland, Australia



I helped my mom with seven chores—and a cheerful attitude.
Lynn N., age 9, California, USA



I gave a talk in primary.
Leo L., age 9, Hawaii, USA



I wiped the table clean for a party.
Adam Z., age 5, Minnesota, USA



On Sundays I usually prepare my sisters and me a snack to eat.
Victoria B., age 10, California, USA

TELL US HOW YOU’VE SERVED!

See page 48 to send us your “helping hand.”

