



STAND AS A WITNESS

When we are baptized, we covenant to “stand as witnesses of God at all times and in all things, and in all places” (Mosiah 18:9).

TO YOUR FAMILY

When Emma Smith's father wanted to know how Emma could believe in the Book of Mormon without seeing the golden plates, Emma bore her testimony.

TO YOUR FRIENDS

Alma and the sons of Mosiah worked together against the Church. After an angel appeared to them, they repented. They served missions together and told everyone who would listen about the scriptures (see Mosiah 27:35).





TO YOUR NEIGHBORS

Abish lived among Lamanites who did not believe in God. When the king and his court were converted by the power of God, Abish told her neighbors about the miracle so that they could believe in God too (see Alma 19:1-17).

TO OTHER MEMBERS OF THE CHURCH

Mary Magdalene was the first person to see Jesus Christ after His Resurrection. When she told the Apostles, at first they didn't believe her, but she knew what she'd seen was true (see Mark 16:9-11).

The Four Bs of Standing as a Witness

1. **Be Brave**—Be brave even when it's scary to stand up for what you believe.
2. **Be Kind**—Always respect people who don't believe what you do.
3. **Be Yourself**—Live your life the best way you know how. Don't hide who you are or what you believe in.
4. **Be Believing**—Trust the Lord. Even when it seems like what you do isn't making a difference, believe everything will work out for the best.

EVEN WHEN YOU DON'T KNOW WHAT TO SAY

Enoch told the Lord he couldn't speak well and that no one would listen to him because he was too young (see Moses 6:31). But with the Lord's help, Enoch was able to teach the people of Zion.