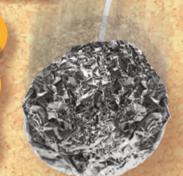
## Bulletin Board





On page 14 Bárbara tells us about her life in Chile. Here are some fun facts about this country.

- Penguins live in the most southern part of Chile, near Antarctica.
- Most of Chile is covered in mountains.
- Easter Island, off the western coast of Chile, has famous statues that were carved almost a thousand years ago or more.
- The Atacama Desert in northern Chile is the driest place on earth. In some places, no rainfall has ever been recorded!

### El Emboque

The name for this Chilean toy comes from the Spanish word boca, or "mouth." The idea of the game is to try to fling the ball into the cup. Here's one way to make your own emboque toy. Be sure to get an adult's help.

#### You will need:

a plastic cup 16-inch (40-cm) string aluminum foil scissors

- 1. Poke a small hole in the bottom of the cup.
- 2. Thread the string through the hole and tie a knot at the end that is inside the cup.
- 3. Cut a large square of aluminum foil and poke a small hole in the middle of the sheet.
- 4. Thread the string through the hole in the foil and tie a knot. Scrunch the foil into a ball around the knot.
- 5. See how many times you can get the ball into the cup in one minute! You could make two emboque toys and share one with a friend.









"I am a child of God"
in Spanish:
Soy UN hijo de Dios
Pronunciation: Sor

Pronunciation: soy oon ee-ho deh dee-os

#### **Stuffed Tomatoes**

Bárbara's family eats tomatoes stuffed with tuna salad every Christmas. Maybe this recipe can become a tradition for your family too! Be sure to get an adult's help. (Serves 4.)

2 tablespoons finely chopped onions

1 teaspoon salt

2 cans of tuna, drained

1/8 teaspoon pepper

2 tablespoons chopped cilantro

4 tomatoes

2 tablespoons lemon juice

- 1. Soak the chopped onions in a bowl of water for 10 minutes to soften the taste. Drain off the water.
- 2. Mix all of the ingredients except the tomatoes together.
- 3. Cut a circle in the tops of the tomatoes and scoop out some of the inside.
- 4. Fill the tomatoes with the tuna salad. Enjoy!

## Family History: I Am Doing It! Ask your mom dad



Ask your mom, dad, grandma, or grandpa to pull out their old photos of family members. Look at the pictures together and ask them to tell you about the people in the photos. Are there any people you can't name? Who might know the names of those people? Help scan these photos at home or at a family history center. Then you can upload the pictures to **FamilySearch.org/tree** and share them with others.

# What If you saw a what if you saw a classmate being mean to another kid at school? What could you do?



#### Conference Time!

General conference is on
October 4th and 5th. What
is your favorite thing about
conference? Tell us about
your conference traditions
by emailing your quote
and picture to **friend@**Idschurch.org. Don't forget
to include a statement of
permission from a parent.