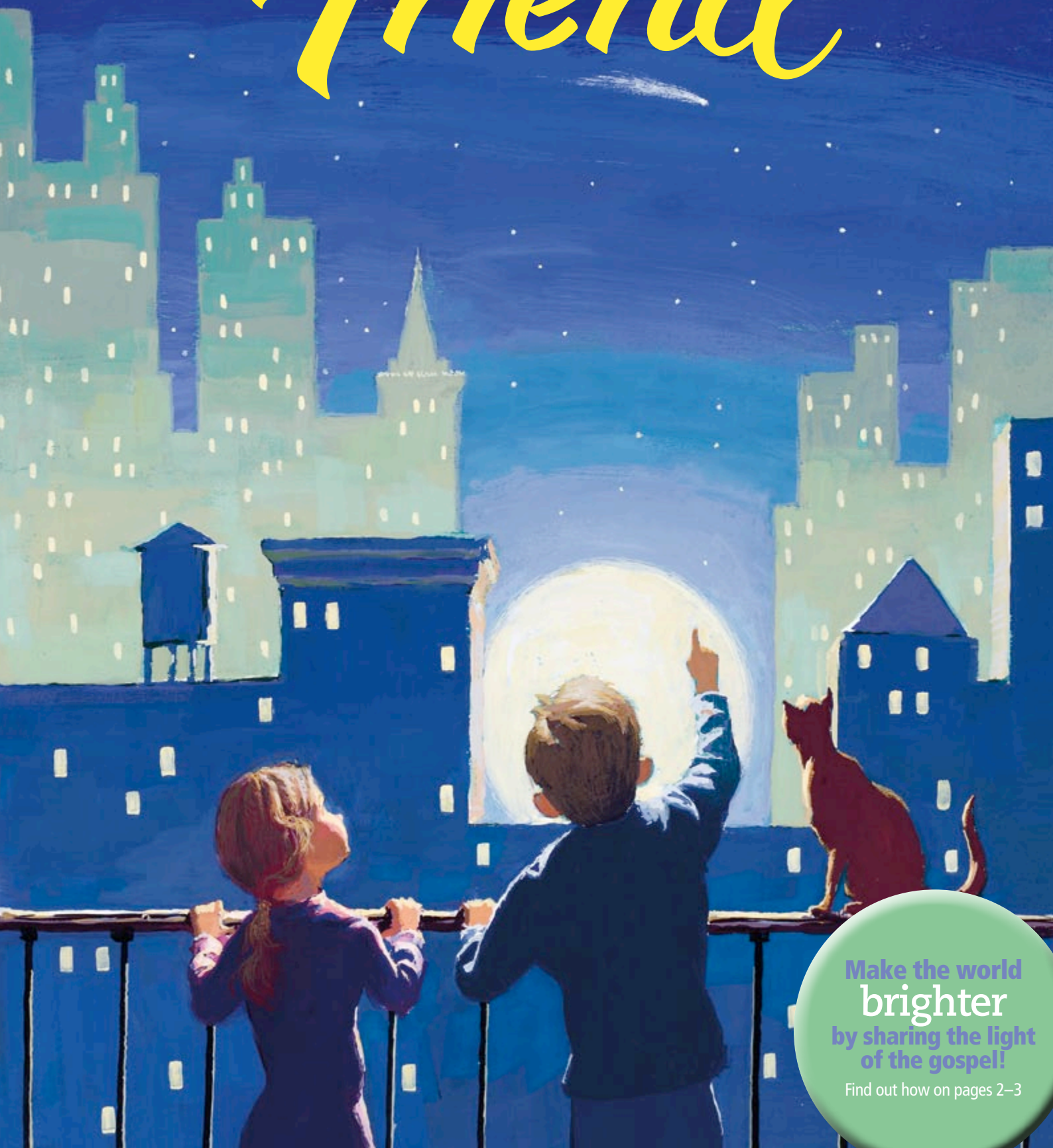


THE *Friend*



Make the world
brighter
by sharing the light
of the gospel!

Find out how on pages 2-3



FRIENDS

by Mail

Going Bananas



Daniel loves the *Friend* and always wants to try out the recipes. One night while his dad and older siblings were at church activities, he made chocolate-dipped bananas (from the July 2012 issue) with his mom.

Daniel J., age 7, Illinois, USA

Loving My Dad



When I read “Glad You’re My Dad” (Feb. 2013), I felt really happy. My dad doesn’t go to church with the rest of my family. Like Mark, I still love going to church too, even though my dad doesn’t go with my family. But I know he will someday.

Naomi M., age 10, California, USA

How We Read the *Friend*

We like pretending to be missionaries!

Kyle, Matthew, Seth, and Jed O., ages 5, 8, 9 months, and 3, Virginia, USA



ILLUSTRATION BY THOMAS S. CHILD

Excited for the *Friend*



My stepmom says, “Rosemary, will you please go check the mail?” I do, and when I find that the *Ensign*, *New Era*, and *Friend* are in the mailbox, I rush home, set the mail on the counter, grab the *Friend*,

and read it in my bedroom immediately. I love the *Friend*! And I am so thankful to have it!

Rosemary A., age 11, Arizona, USA



Dear Friends,

Each month as we plan the *Friend*, we think a lot about you. We also think about many other children—those who don’t know about the gospel. This month’s *Friend* is all about making the world better and brighter by sharing the light of the gospel. Look for a candle on each special story or activity about sharing the light. Then color a candle on the “Share the Light” coloring page (page 3).

Keep sharing!

The *Friend*

Was there a letter or a story in this month’s issue that helped you? Tell us about it. Turn to page 48 to find out how.

Volume 43 Number 10
October 2013

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THE *Friend*

See the Guide to
the *Friend*
on page 48 for
family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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Learn to play the
Primary song "We'll
Bring the World His
Truth" on page 16.



Are you courageous?

Cover by G. Allen Garns

SHARE *the* LIGHT



My light
is but a little one,
My light of faith
and prayer;

But lo! it glows like
God's great sun,
For it was
lighted there.

Shine on, shine on,
shine on bright and clear;
Shine on, shine on now
the day is here.*

How many different ways can YOU find to share the light of the gospel?

The pictures below are from this month's magazine. Read each story, and then decide which word describes the way that story shows how to share the light. Write the number next to the picture and color the candle.

1. FUN AND FRIENDSHIP

2. KINDNESS

3. FAMILIES

5. TEMPLES

4. COURAGE

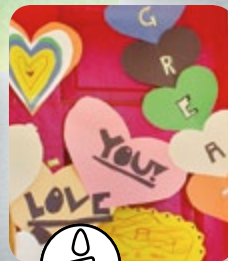
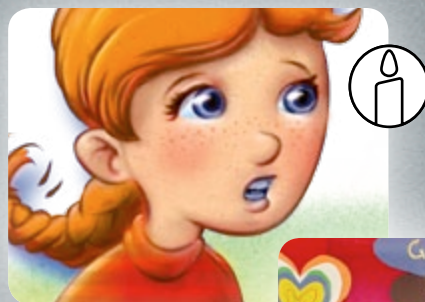
6. SMILES

8. THE BOOK OF MORMON

7. THE FRIEND

9. PREPARING TO BE A MISSIONARY

10. EXAMPLE





By President Thomas S. Monson

Dare to Stand Alone

I served in the United States Navy near the end of World War II. Navy boot camp was not an easy experience for me or for anyone who endured it.

When Sunday rolled around after the first week, we received welcome news from the chief petty officer. Standing at attention on the drill ground in a brisk California breeze, we heard his command: “Today everybody goes to church—everybody, that is, except for

me. I am going to relax!” Then he shouted, “All of you Catholics, you meet in Camp Decatur—and don’t come back until three o’clock. Forward, march!” A rather large group moved out. Then he barked out his next command: “Those of you who are Jewish, you meet in Camp Henry—and don’t come back until three o’clock. Forward, march!” A smaller group marched out. Then he said, “The rest of you Protestants, you meet in the theaters at Camp Farragut—and don’t come back until three o’clock. Forward, march!”

Instantly there flashed through my mind the thought, “Monson, you are not a Catholic; you are not a Jew; you are not a Protestant. You are a Mormon, so you just stand here!” I felt completely alone.

Then the chief petty officer looked in my direction and asked, “And just what do you guys call yourselves?” I had not realized that anyone was standing beside me or behind me. Almost in unison, each of us replied, “Mormons!” Joy filled my heart as I turned around and saw a handful of other sailors.

The chief petty officer thought for a moment and finally said, “Well, you guys go find somewhere to meet. And don’t come back until three o’clock. Forward, march!”

As we marched away, I thought of the words of a rhyme I had learned in Primary years before:

- Dare to be a Mormon;*
- Dare to stand alone.*
- Dare to have a purpose firm;*
- Dare to make it known.*

How grateful I am that I made the decision long ago to remain strong and true, always prepared and ready to defend my religion. ♦

Adapted from an October 2011 general conference address.

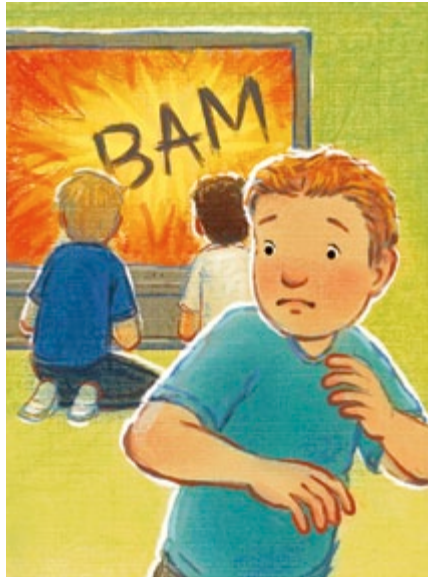
Go to lds.org/friend to watch a video of President Monson’s experience.





STANDING AS AN EXAMPLE

How is each of these children standing as an example of the gospel?



COURAGE CROSSWORD

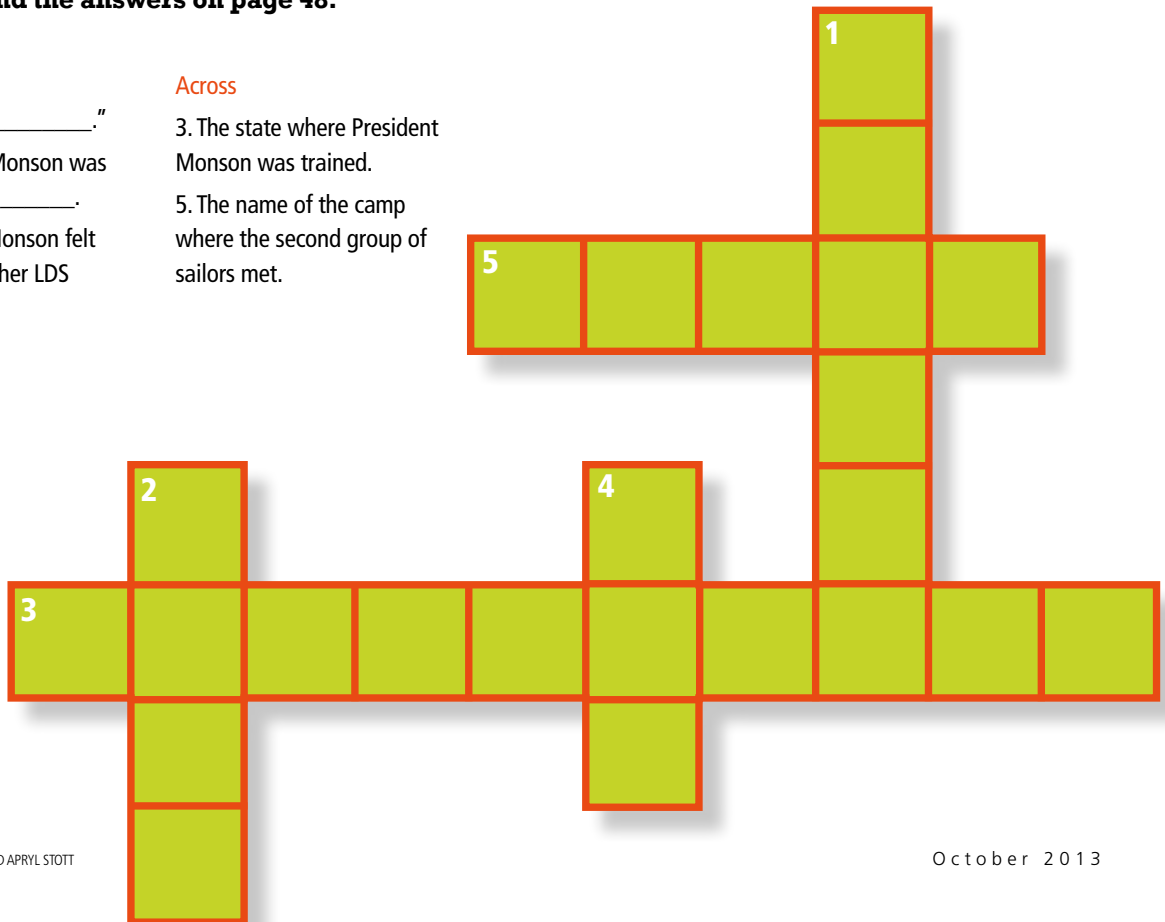
Try filling in this crossword without looking back at the story. If you need help, read the story again for some hints! Find the answers on page 48.

Down

1. "Dare to be a _____."
2. When President Monson was 18, he joined the _____.
4. What President Monson felt when he saw the other LDS sailors.

Across

3. The state where President Monson was trained.
5. The name of the camp where the second group of sailors met.



Pumpkin Pancakes

- 2 cups dry pancake mix**
- 1 1/2 cups water**
- 3/4 cup canned pumpkin**
- 1/2 teaspoon cinnamon**

1. Spray a frying pan with nonstick cooking spray. Preheat it on the stove on medium.
2. Combine the pancake mix and water in a large bowl. Add pumpkin and cinnamon and stir well. If the batter is too thick, add a little water. If the batter is too thin, add a little pancake mix.
3. Pour a scoop (about 1/4 cup) of batter into the hot frying pan. When the pancake bubbles on top, it's time to flip it over. Cook until both sides are golden brown.
4. Serve with bananas, applesauce, or another favorite topping, and enjoy!

Tip: If you don't have dry pancake mix, you can make your own! Stir together these ingredients in place of the pancake mix in the recipe:

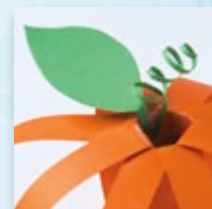
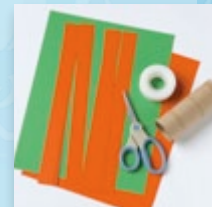
- 1 1/2 cups flour**
- 1/4 cup powdered milk**
- 2 tablespoons sugar**
- 2 teaspoons baking powder**
- 1/2 teaspoon baking soda**
- 1/2 teaspoon salt**

Paper Pumpkin

You will need:

- orange and green construction paper**
- 1 cardboard paper towel or toilet paper roll**
- clear tape**
- scissors**
- a pencil**

1. Have an adult help you cut the cardboard roll as tall as you'd like your pumpkin to be. (The shorter the roll, the wider the pumpkin.) Cover the roll with a strip of orange paper and tape it in place.
2. Cut the orange paper into long strips that are about 1 inch (2.5 cm) wide. You will need 8–10 strips.
3. Tape one end of the strips around the inside of one end of the roll.
4. Tape the other end of the strips inside the other end of the roll.
5. Cut a leaf out of green paper and tape it into the hole at the top of the pumpkin. Wrap a strip of green paper around a pencil and hold it for 20 seconds, or until it holds a curl. Tape it next to the leaf.



You could make an extra paper pumpkin and give it to a friend!



Remember to get an adult's help when cooking.

“This is missionary FUN.”

Elder Neil L. Andersen
Of the Quorum of the Twelve Apostles



From an April 2013
general conference
address.

ILLUSTRATION BY ELISE BLACK

Friends, HEARTS, & Invitations

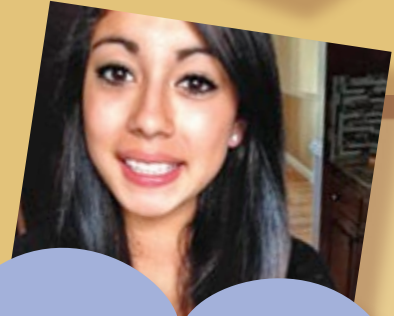
By Olivia Corey

The girls in the Holladay Stake First Ward in Utah, USA, know their activity day plans are much more fun when more girls are involved. That's why they made a special effort to get every girl in their neighborhood to come to the activities. The group was praying for more members when they realized that there were many girls nearby they could invite to attend. With the help of their leaders, they decided to reach out to their friends from school and in their neighborhood.

At first the girls were nervous to knock on doors and talk to others, but their leaders encouraged them and let them do all the talking. Soon they had many new friends! When they started their project, only four girls were coming regularly. Now the group has more than 20 girls who participate every week! ♦



"It was exciting because we were doing missionary work. We helped the other girls feel special and cared about. That is what Heavenly Father wants."
—Beth V., age 11



"I remember getting a phone call every time for the activities. It was nice to be reminded, but mostly it felt like they really wanted me to be there."
—Arianna M., age 12



"I felt good inside that I helped someone."
—Eleanore P., age 10





"The first time standing on the doorstep, I felt uncertain. But after a couple of times, it was no big deal. I just thought, let's go get another girl to come and join us and make it more fun!"

—Erin P., age 11

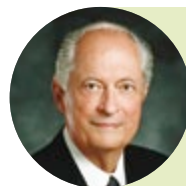


After Santina B., age 11, was invited to activity days, she started coming to church too. Eventually her mom started attending with her. "Activity days helped us know more people and feel comfortable. We belonged there and were included," Santina said.

One of the girls' favorite activities is called a "heart attack." They cut out paper hearts and write messages on them. After quietly taping the notes to a neighbor's door, the girls ring the doorbell and hide where they can watch their neighbor's reaction as she sees all the hearts. The girls are happy they can serve and have a special place to belong in their activity day group.

HOW CAN YOU INVITE AND INCLUDE OTHERS?

- Be a friend to people at school or in your neighborhood. Say hello when you see them, and help them feel included.
- If you want to knock on doors and invite people to activities, get a leader and a friend to go with you.
- Make a list of activities, times, and phone numbers to give to those you are inviting.
- Have a plan before you get to the door. Decide who will talk, and think about what you will say.
- Pray for courage and for the Holy Ghost to help you. He will help those you are inviting to feel your friendship.



"As we follow [the Savior], He blesses us with gifts, talents, and the strength to do His will, allowing us to go beyond our comfort zones and do things we've never before thought possible."¹

Elder Robert D. Hales of the Quorum of the Twelve Apostles

Prayers

on the Pitcher's Mound

By Jane Hales and Mindy Raye Friedman
(Based on a true story)

We will be the Lord's missionaries to bring the world His truth (Children's Songbook, 172).

Marshall was so excited to be in Nebraska. His baseball team, the Aces, had traveled from Utah to play in a tournament. So far it had been an awesome adventure.

"We're going to win!" Marshall said to his friend Mason as they got ready for the championship game. The Aces were in the lead. All they had to do to win the tournament was beat the Mustangs from Mississippi. If they lost they would have to play a second game against the Mustangs to decide the champion.

Marshall and his teammates played the best they could, but the Aces lost the game. Marshall was disappointed. He was slowly walking

back to the dugout when he heard the Mustangs' coach call, "Hey, boys, come over here!"

"I wonder what he wants," Marshall complained as he headed to the center of the field. He didn't feel like being a good sport.

As boys from both teams gathered on the pitcher's mound, the Mustangs' coach congratulated them.

"That was a really good game, and you all played really well. We're excited to play you again tonight. We hope that game will be good too. Now, Tyler," he said to a boy on his team, "will you please offer a prayer for us?"

Marshall was surprised. He did not expect to be praying in the middle of a baseball field. He forgot about losing as he bowed his head and listened. He left feeling a lot better.

After the game Marshall and his teammates went to visit the nearby Mormon Trail Center at Historic Winter Quarters. As they walked around with their missionary

I've never prayed on a baseball field!

We can pray anywhere. Heavenly Father always hears!

When another team offered a prayer at the game, what could the Aces give in return?



guide, the boys told her about praying with the other team. Then suddenly Mason said, “Hey, I have an idea! If the Mustangs had enough courage to pray on the field, we should have enough courage to give them copies of the Book of Mormon!”

That sounded like a great idea to Marshall and the other Aces. They asked the missionaries if they could get 15 copies of the Book of Mormon to give to the Mustangs and their coaches.

Before the game all the Aces were excited about playing, but they were even more excited about sharing the gospel. “I hope they’ll read it,” Marshall said as he finished writing his testimony in a Book of Mormon.

The Aces all played hard that night, but they lost again. Marshall didn’t mind as much this time, though, because he was so excited to share his gift. After the game both teams gathered to shake hands and give congratulations. But this time the surprise was for the

Mustangs. Marshall handed his book to one of the other boys. “I wanted you to have this. Thanks for playing and praying with us.”

“Thanks,” the boy said.

After the Aces passed out their books, the two teams bowed their heads for another prayer. Marshall was also silently thanking Heavenly Father for giving him the chance to be a missionary. ♦



How could
Emma be nice
when Violet was
so mean?

Helping

By Charlotte Mae Sheppard
(Based on a true story)

Thou shalt love thy neighbour as thyself (Mark 12:31).

Emma tightened her grip on her backpack as she walked into her new classroom. It was the first day of school. She had her favorite dress on, and Mom had packed a special treat with lunch—animal crackers.

Today is going to be great, Emma thought to herself. *As long as—*

Emma stopped and stared across the classroom. There she was. *Violet*.

Last year Violet had hogged the monkey bars every recess. She had called Emma names. She had even stolen Emma's best friend!

Violet saw Emma and stuck out her tongue. Emma glared back, gripping her backpack even harder. Violet had been mean all last year, and it seemed this year wouldn't be any different.

"Welcome to a new year, class!" Miss Caldwell said from the front of the room. "Let's assign seats."

The desks were lined up in twos across the classroom. Miss Caldwell ran her finger down the roll, then she pointed at a pair of desks in the back. "Emma. You will sit back there."

Emma sat down in one of the back desks. She hoped Liselle would sit next to her. Or Jaime. Or—

"Violet."

Emma's head jerked up. Did she hear that right?

Yes. Miss Caldwell was still pointing at the desk beside hers. "You will be Emma's neighbor, Violet," she said.

Violet trudged toward Emma with a frown. Emma put her head on her desk and stared at the wall. It was going to be a long year.

At math time Miss Caldwell wrote some problems on the board for the class to solve. "You may work alone or

with your neighbor," she said.

Emma quickly hunched over her paper, pretending like she was busy. The problems were pretty easy. She was just trying to avoid Violet. She hadn't looked at her once all morning.

Something poked her shoulder. It felt like a pencil. Emma ignored it.

Another poke. Violet was poking her! Emma kept working stubbornly.

Violet's third poke was hard enough to hurt. Emma could feel herself boiling up inside. Was the whole year going to be like this? She thought about raising her hand to tell Miss Caldwell. Or maybe she'd just give Violet another glare.

Then Emma heard a sniffle. Was someone crying?

The pencil poked her again. She looked over and saw Violet staring at her. Her pencil was in her hand, and there were tears in



Violet



her eyes. Her paper was covered in eraser smudges.

Violet twisted the pencil in her hands. “Can you help me?” she asked quietly.

Emma looked at her for a minute, shocked. Violet wanted her to help? After how mean she had always been? Emma turned back to her own paper. Violet could work alone. She didn’t deserve Emma’s help, even if she was her neighbor!

Emma silently faced forward. She could hear Violet crying softly next to her. The scriptures always said to love her neighbor—but Violet was different! Emma was only sitting next to her in class!

Emma went back to her own work. Then she stopped. Maybe Violet wasn’t different. Maybe when the scriptures said to love your neighbor, they meant everyone. Even the mean ones. Even if it was hard.

Emma sighed and slowly put her pencil down. She turned to Violet and tried her best to smile. “Can I help?” she asked.

Violet nodded, wiping her tears away with her hand.

Emma leaned over Violet’s paper and started helping with the first problem. She already had a warm feeling inside her. She wondered if Violet liked animal crackers. ◆



FOLLOWING JESUS

Jesus wants us to love everyone. In the scriptures, He teaches us to love our family and friends and treat them kindly. Jesus also taught, “Love your enemies, bless them that curse you, do good to them that hate you” (Matthew 5:44). This means that even when someone is not nice to you, you can follow Jesus by being kind and trying to be a friend.

f u n s t u f

Junior Missionary



By Tonya Hamill

Kaleo lives in Hawaii. He wants to take his friends Toshi and Jade to some of his favorite places—the beach, the market, and the Laie Hawaii Temple.

Kaleo's friends are not members of The Church of Jesus Christ of Latter-day Saints. They have some questions about his beliefs. This is a great chance for Kaleo to teach them about the gospel.

Can you help Kaleo find his friends and answer their questions?

Does God know who I am?

(See Alma 18:32.)

How can I talk with Him?

(See 2 Nephi 32:9.)

Why is the temple such an important place to Kaleo?

(See D&C 132:19.)





Can you find two of each item?

We'll Bring the World

I Can
PLAY
It!

(Simplified)

Words and music by
Janice Kapp Perry

Fervently ♩ = 116-126

1. We have been born, as Ne - phi of old, To good - ly
2. We have been saved for these lat - ter days To build the
3. We know His plan, and we will pre - pare, In - crease our

par - ents who love the Lord. We have been taught, and
king - dom in righ - teous ways. We hear the words our
knowl - edge through stud - y and prayer. Dai - ly we'll learn un -

we un - der - stand, That we must do as the Lord com -
proph - et de - clares: "Let each who's wor - thy go forth and
til we are called To take the gos - pel to all the

Chorus

mands. share." We are as the ar - my of Hel - a - man.
world.

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His Truth



5 We have been taught in our youth. _____ And we will

2 1 3 be the Lord's mis - sion - ar - ies To bring the world _____ His

1. 2. 3. truth. _____ truth. _____ To bring the

2 1 3 world _____ His truth. _____



Practice tip: Practice the three measures before the chorus a few times before playing the whole song. Pay close attention to the fingering.

You can print out or listen to this song at lds.org/friend.



By Heidi Poelman

(Based on a true story)

I will use the names of Heavenly Father and Jesus Christ reverently. I will not swear or use crude words (My Gospel Standards).

Zach knew he wasn't supposed to use that word. But so many boys at school said it that he had started using it too. At first he felt guilty, but after a while it started to feel normal. He got so used to saying the word that one day he said it at home.

"What was that?" his dad said after the word slipped out. Zach and Dad had been playing basketball in the driveway, but suddenly Dad was holding the ball and looking at Zach.

"Oh, nothing, Dad," Zach said. "It's just something the kids at school say sometimes. It's not a big deal."

"Hmm . . ." Dad wasn't convinced. He shook his head and passed the ball to Zach.

"But everyone says it!" Zach said. "And other words are a lot worse!"

"I'm sure that's true," Dad said. "But just because a whole bunch of people say or do something, does that make it right?"

"Well, no," Zach answered, looking down at the ball.

"Here's a question that might help you decide if using that word is right," Dad said. "Do you feel like you have the Holy Ghost with you when you say it?"



Zach's family often talked about living so they could have the Holy Ghost to help them. Zach knew that when he made good choices, the Holy Ghost would guide him and he would feel good about his choices. But when he made bad choices, the Holy Ghost could not stay with him.

"Not really," Zach said. "When I first said it, I felt guilty, but that feeling went away after a while."

"That feeling was the Holy Ghost speaking to you," Dad said. "When we don't listen, we are tuning Him out."



Can words drive the Spirit away?

wasn't a good word. All the other boys laughed, but Zach didn't.

"What's wrong?" Bryan asked.

"Nothing," Zach said as Bryan passed the ball to him. He hoped Bryan and the others wouldn't make fun of him. "I've just decided I'm not going to talk like that any more." Then he shot the basketball right through the hoop.

"What did you say?" Jeremy asked as he walked over.

"I just think I've been talking in a way that isn't right," Zach said. "I know better. So I decided last night that I'm only going to use words that make me feel good inside."

The boys looked at each other. "OK, that's cool," Bryan said. Then the bell rang to go inside.

As they headed into class, Jeremy said to Zach, "You know, I've been thinking the same thing, but I didn't want to say anything. Thanks for bringing it up."

Zach nodded and smiled. He felt good, and he knew that feeling was from the Holy Ghost. He was glad he'd had the courage to choose the right. ◆

"I'll try to do better," Zach said.

"I think that's a good decision, buddy," Dad said as he took the ball and tossed it into the hoop. "What do you say we go inside for some ice cream? I'm beat!"

"OK!" Zach said as he scooped up the ball and took one last shot.

The next day at school, Zach was on the basketball court with his friends. They were running down the court when Zach's friend Bryan used a word Zach knew



At school I overheard two girls from my class talking and using the name of God in vain. I knew this is something we've been commanded not to do. I told them it makes Heavenly Father and Jesus sad if we use Their names in an unkind way. The girls looked a little surprised, but I had a very warm feeling in my heart after I shared my testimony with them. After this I never heard them say God's name in vain again.

Alana C., age 6, Indiana, USA

Camille from New York City

Nine-year-old Camille has lots of friends. “The thing I really like about my friends is that they are all different,” she says. “They come from different places, and they have different ways of doing things.” Camille loves to learn good things from her friends, and she likes to share things with them. The best thing she’s ever shared with a friend is the gospel. After sharing the first article of faith with her friend Yailin, Camille invited her friend’s family to meet the missionaries. Camille also taught Yailin how to pray. Now Yailin and her mother are members of the Church.

My friend Yailin got baptized in 2011. I love that we can go to church together. I am helping her memorize the Articles of Faith. We’re working on the ninth article of faith.

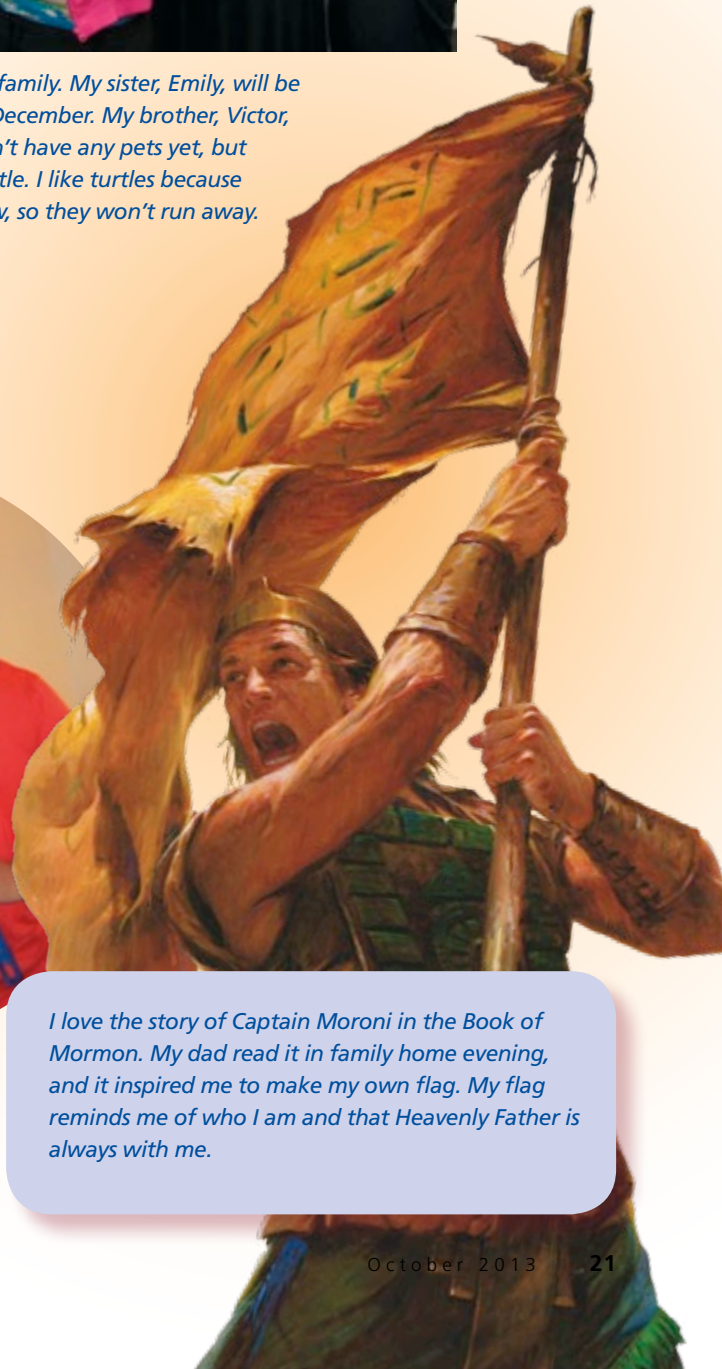
My favorite songs are “I Am a Child of God” and “Families Can Be Together Forever.” My favorite scripture is Doctrine and Covenants 19:23: “Learn of me, and listen to my words; walk in the meekness of my Spirit, and you shall have peace in me.” This scripture always cheers me up when I’m sad.



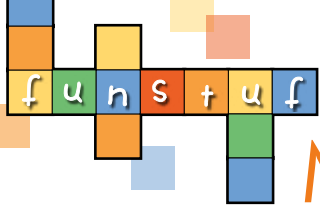
My mom and dad are from the Dominican Republic. That's probably why my favorite dish is rice and beans and chicken. It reminds me of where my family comes from.



There are five people in my family. My sister, Emily, will be baptized and confirmed in December. My brother, Victor, is named after my dad. I don't have any pets yet, but I'm thinking of getting a turtle. I like turtles because they're cute and they're slow, so they won't run away.



I love the story of Captain Moroni in the Book of Mormon. My dad read it in family home evening, and it inspired me to make my own flag. My flag reminds me of who I am and that Heavenly Father is always with me.



Make Someone Smile

Has anyone seen my basketball?



Did this cartoon make you smile? If so, tag, you're it! Now see if you can make somebody else smile. In fact, see if you can do it for 10 days in a row (maybe even for a different person each day)!

Helping somebody else smile not only makes that person feel happy but also makes you feel happy too. It's like giving a piece of candy to a friend and then getting two pieces back immediately. Plus, spreading smiles around is easier than you might think.

Usually, just smiling at somebody is enough for him or her to smile back. You can also do something nice, like open a door for someone or make your sibling's bed in the morning. Keep track of all those smiles you spread, and then see if you can keep on going!

	Who did you make smile?	How did you do it?
Day 1		
Day 2		
Day 3		
Day 4		
Day 5		
Day 6		
Day 7		
Day 8		
Day 9		
Day 10		



By Elder O. Vincent Haleck
Of the Seventy

Inviting the Savior In

Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him (Revelation 3:20).

When I was a boy, at Christmastime my mother put out a picture of the Savior knocking at a door. We weren't members of the Church yet, and I always asked myself, "Why is Jesus knocking on the door? Who is on the other side?"

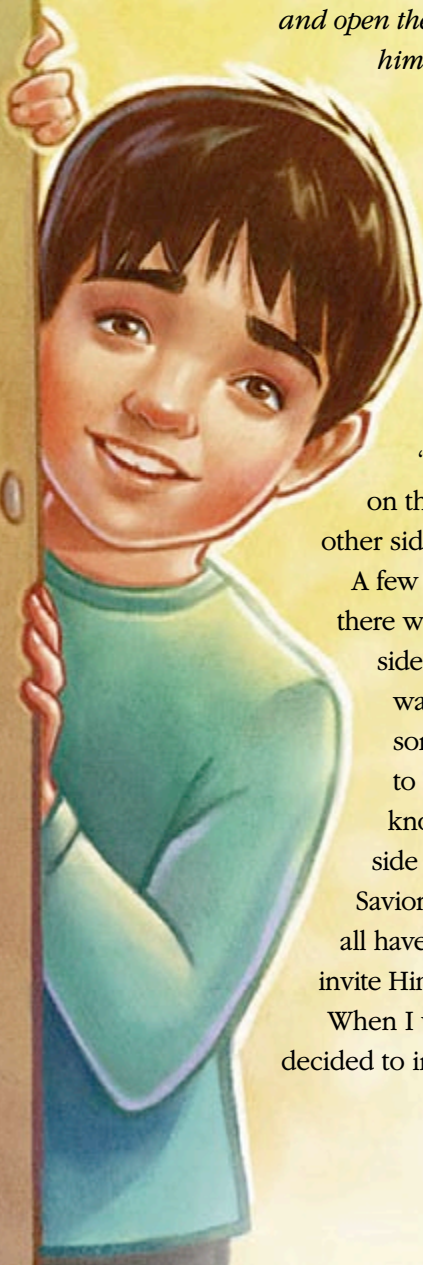
A few years later I discovered there was no handle on the outside of the door the Savior was knocking on. The person on the inside needed to open the door. Now I know who is on the other side of the door. We are! The Savior is knocking, and we all have to open the door and invite Him to come into our lives. When I was a teenager, I decided to invite the Savior into my

life by being baptized and becoming a member of the Church. My friends were good examples to me. So was my grandmother. She was a temple worker in the Los Angeles California Temple. She would leave our house at 4:00 in the morning to serve the Lord in the temple.

Just two years after I was baptized, I decided I wanted to serve the Lord as a full-time missionary. On my mission I helped many people learn about the Savior so that they could invite Him into their lives.

Later I served as a mission president in Samoa. I always asked new missionaries when they decided to serve a mission. Many said they were in Primary when they decided to serve!

Primary will help you prepare for missionary service. Learn as much as you can. Set a goal to serve a mission. Then you too will be able to help people invite the Savior into their lives. Being a missionary will change your life—it changed mine. ♦



I Can Be a MISSIONARY Now



I have a friend who used to go to church, but now he doesn't. I go over almost every Saturday and knock on his door and ask if he wants to go to Primary. He usually can't come, but I always feel the Holy Ghost when I ask. Every once in a while he does come, and I'm pretty excited because I like to see him at church.

Joey B., age 7, Utah, USA



In school the fifth graders were going to have a talent show. I really wanted to do something, but I couldn't think of anything. Then one day I thought, Why not do the Primary song "When I Am Baptized"? I asked my friend Rachel if she would sing it with me, and I would play the piano. She said yes, and at the talent show we got the biggest applause.

Abigail P., age 10, with Rachel M., age 11, Oregon, USA

You don't have to wear a nametag to be a missionary now. Whether you are sharing a Book of Mormon or telling your friends an experience you had at church, you're being a missionary! Read about how others your age are sharing the gospel.



I was saving up for a toy I really wanted. One of the Faith in God activities suggested that I start a savings account to save for my mission. I took my money to the bank and started my mission savings account. I will start saving for my toy again while adding to my missionary fund. I'm excited to go on a mission.

Michael O., age 8, Washington USA



One day when I was eating lunch with my friend Alaina, she asked me what the letters CTR stood for on my ring. I told her they stood for choosing the right. The ring helps me remember to "choose the right," I told her. After lunch I felt the Holy

Ghost because I was a missionary.

Alexis R., age 9, Arizona, USA



I am trying to be like Jesus by inviting my friend Bryson to church and reading Book of Mormon and Doctrine and Covenants stories.

Isaac M., age 6, Illinois, USA



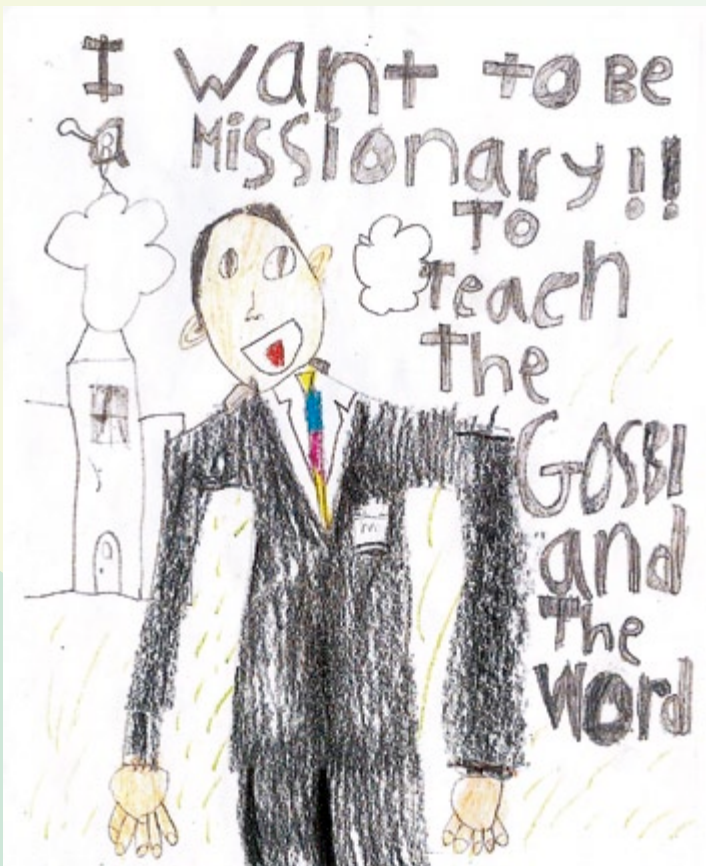
Our Primary presidency gave each of us a scripture bag with a set of scriptures inside. Since I already have my own set, I asked my mom if I could give the Book of Mormon to my best friend, who isn't LDS. I feel good when I read the scriptures, and I want her to feel good too.

Olivia B., age 6, Ontario, Canada



I had just turned eight, and it was getting close to my baptism date. I asked my mom if I could invite my second-grade teacher to my baptism. My mom said, "Of course." I wrote my teacher an invitation and gave it to her. She said she would love to come but had a family commitment on the same day. Even though she wasn't there for my baptism, I felt happy that I had invited her. Maybe it would make her curious about my beliefs.

Paige G., age 9, Texas, USA



Dallin M., age 6, Washington, USA



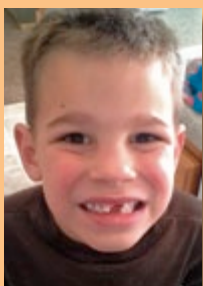
Last week our family talked about the gospel and the Book of Mormon with a technician who was at our house to make a repair. Before he left I gave him a Church DVD to take home and watch with his family. He seemed happy to learn more about the Church. The Spirit was very strong! I like being a missionary!

Amanda M., age 5, Arizona, USA



When I was eight I invited a friend in my class at school to a Cub Scouts activity. He is still coming now that we're in Boy Scouts. He has been to church a few times now too. When I invited him, I didn't know that his grandparents are members of the Church and in our ward. They had been praying a lot that he would be able to have some connection to the Church, and my invitation came as an answer to their prayer.

Michael M., age 12, California, USA



When I pay my tithing, I donate to the General Missionary Fund. I feel good donating to help the missionaries. It helps them go all over the world on their missions. I'm going to be a missionary someday.

Damon B., age 5, Utah, USA

Turn to page 2 for more ideas on how you can share the light of the gospel.

Anyone can be a missionary!



Family MTC



By David Dickson

(Based on a true story)

I hope they call me on a mission when I have grown a foot or two (Children's Songbook, 169).

Dear Journal, Jarom wrote as he sat at the kitchen table, *I'm getting really excited about going on a mission. Did you know I can now go when I turn 18? That's only eight years away! I can't wait!*

Jarom kept writing about how much he looked forward to his mission. His younger sister Taran was also writing in her journal. Kelcey, Ben, and Alyssa drew pictures in their journals instead. They were still too young to write.



"Start now to prepare yourself for the glorious service which is ahead of you as a missionary of the Lord Jesus Christ."²

Elder L. Tom Perry of the Quorum of the Twelve Apostles

I used to be kind of nervous about the idea of leaving home to go on a mission, Jarom wrote. But now I know better. A mission is going to be great. I wonder where I'll go.

He kept writing about his future mission. Every Sunday his whole family wrote in their journals for 15 minutes as part of Family MTC—their family's own "missionary training center."

They'd already done their 15 minutes of personal scripture study. Jarom knew that was important too, even if it wasn't always easy. Sometimes the scriptures confused him. But he kept doing his very best. And Mom and Dad could always answer questions when he got really stuck.

Journal time, though, was always one of his favorite activities. He especially liked when they shared journal entries with each other.

"OK," Dad said. "Time's up. Ready for class time?"

Everybody cheered. Class time was fun. They each

picked favorite articles from the *Friend* to teach the rest of the family. Jarom chose a baseball story he found—he loved baseball, after all. And his younger brother, Ben, couldn't wait to tell about a boy who tried building the biggest block tower in the universe. Everybody had something to share.

The 15 minutes zoomed by with favorite stories. That meant only one thing was left.

"It's time for family devotional," Mom said.

Jarom grinned. Family devotional usually meant watching Church videos on the computer. The whole family *loved* those videos. They sometimes couldn't decide which videos to watch for the 15 minutes. There were so many to choose from.

"Can we watch the one about the scorpion again?" Jarom asked before they even made it to the computer. "Please?" The video about the scorpion showed how Elder Patrick Kearon of the Seventy learned to obey his parents and avoid dangerous things.

"We just watched that last week," Dad said with a laugh.

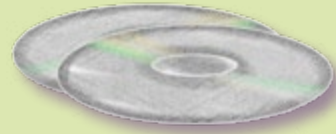
"I know, but it's awesome!"

"I want to watch 'The Coat,'" Kelcey said.

In no time at all, it seemed, Family MTC was over for another week. And yes, they'd gotten to watch Jarom's favorite video again. *Sooo awesome*, Jarom wrote really fast in his journal.

Then it was time to get ready for church. Jarom grabbed his scriptures and headed for the door.

He remembered a couple months ago when they started Family MTC. At the time he didn't really know what to think of it. Would it feel like one more hour of church? Sometimes



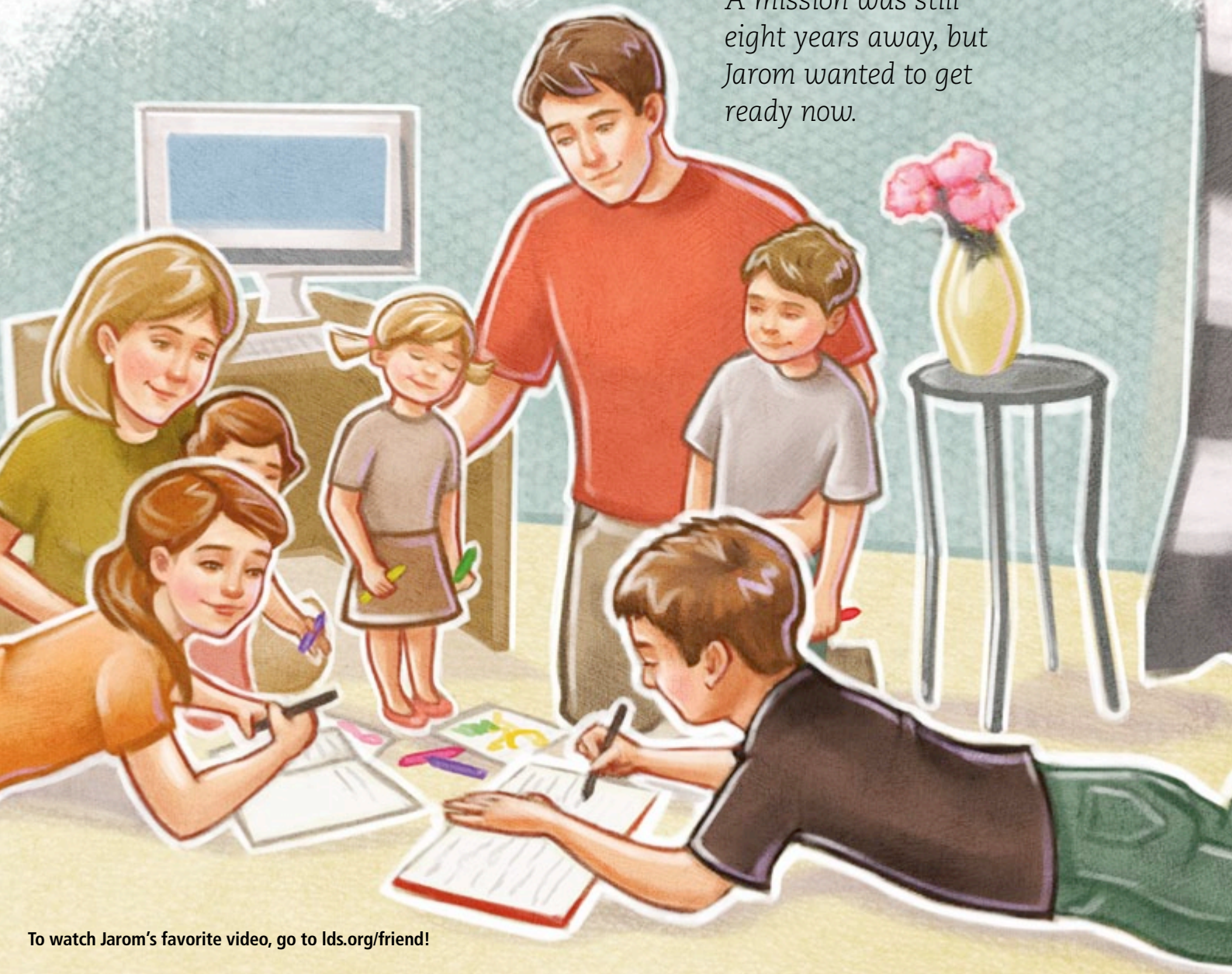
three hours felt like a long time already.

But he was surprised by how much he loved Family MTC. Going on a mission was one of his big goals in life. He knew what he had to do to be ready. Learning as

a family made it that much more fun.

Besides, if it meant he got to watch the scorpion video a few more times along the way, well that was just fine by Jarom. ♦

A mission was still eight years away, but Jarom wanted to get ready now.



To watch Jarom's favorite video, go to lds.org/friend!

I Will Share the Gospel with All of God's Children



Have you ever eaten something that was so good that you wanted to share it? The prophet Lehi once dreamed that he was eating a piece of delicious fruit. It tasted so good that it “filled [his] soul with exceedingly great joy” (1 Nephi 8:12). Lehi wanted his family to taste that delicious fruit too.

The fruit in Lehi’s dream is like Heavenly Father’s love. Lehi wanted his family to feel Heavenly Father’s love. He wanted to share the gospel with them because he knew it would make them happy.

Children are often very good at sharing the gospel with others.

Eight-year-old Maria saw the missionaries on the streets of Ecuador. She asked them if they would teach her the gospel. The missionaries came to Maria’s home to teach her family. Maria was the first in her family to be baptized. She was very happy when her whole family eventually joined the Church too.

Nine-year-old Eric was so excited about the Primary sacrament meeting presentation that he invited his neighbors to come. They did.

Both of these children shared something precious with people they love. As you share the gospel, your testimony will grow. Like Lehi, you will feel “exceedingly great joy.” ♦

CARDS TO SHARE

You can share the gospel by sharing a pass-along card. Just glue the cards on the next page onto heavy paper. Then cut the cards out and write your own message on the back.

SONG AND SCRIPTURE

- “We’ll Bring the World His Truth,”
Children’s Songbook, 172–73
- Matthew 5:16

LET’S TALK

You could have each member of the family draw a picture of his or her favorite fruit. Then on the back of the drawing, each person could write how the gospel blesses his or her life. You could then talk together about ways you could share the gospel with friends and neighbors.

You can find more teaching ideas on missionary work at lessonhelps.lds.org.

“Fear not, for I am
with thee.”

Genesis 26:24



ILLUSTRATION BY JIM MADSEN

“Blessed are the
peacemakers.”

Matthew 5:9



ILLUSTRATION BY JARED BECKSTRAND

“Be ye kind one
to another,
tenderhearted,
forgiving one
another.”

Ephesians 4:32

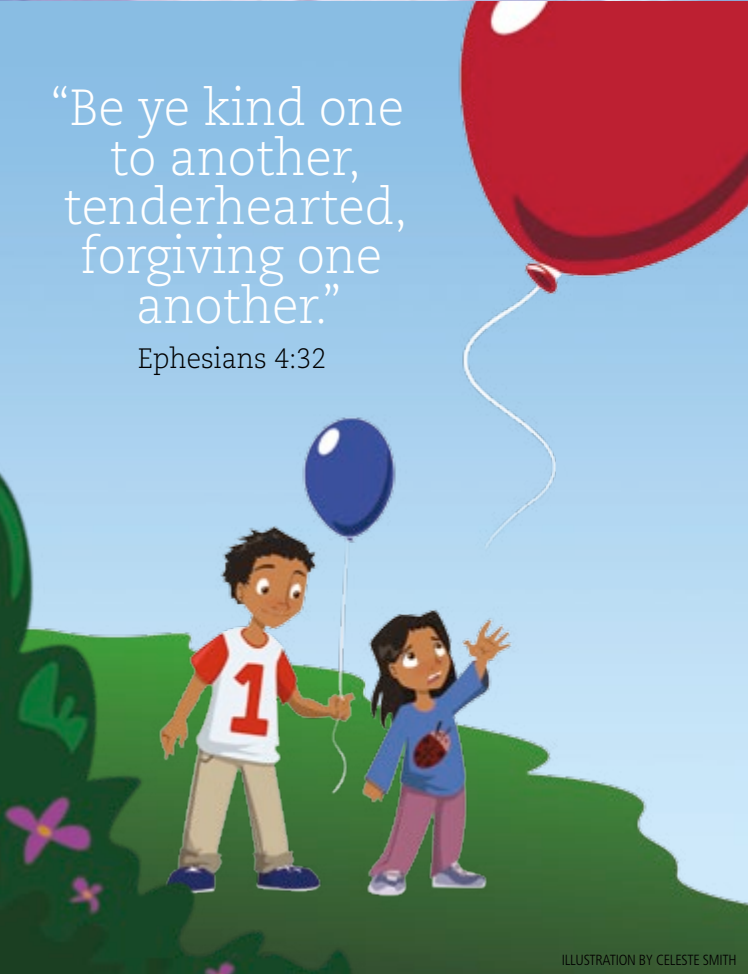


ILLUSTRATION BY CELESTE SMITH

“When thou
risest in the
morning let
thy heart be
full of thanks
unto God.”

Alma 37:37



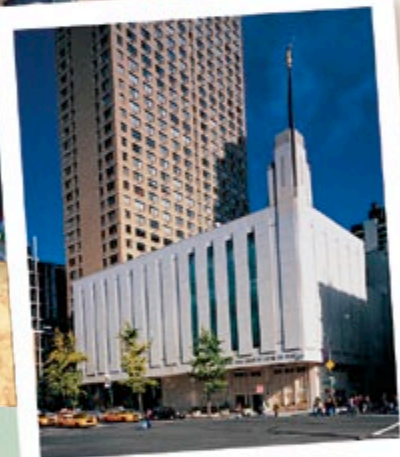
ILLUSTRATION BY ERIC BARCLAY

Bulletin Board



If you turn to pages 20–21, you'll meet Camille from New York City.

Did you know that a nickname for New York City is the "Big Apple"? And guess what—there's a temple right in the middle of it! The Manhattan New York Temple is near other famous buildings downtown, such as an opera house and a music school. The temple takes up four floors, and the other floors of the building are mostly used for church meetings and offices. That means that some people in New York go to church downstairs from the temple each Sunday!



Missionary Stationery

Do you have a brother, sister, aunt, uncle, cousin, or grandparent serving a mission? Or maybe someone from your ward or stake is on a mission right now. They would love to get a letter from you! The next time you write a letter, try decorating the edges of your paper with pictures and designs to make special stationery. Here are some symbols to trace to make a fun border, or color ones of your own.



A Sunshine Sun Sign

What's the weather like right now where you live? In countries in the northern hemisphere, like Canada, the weather is getting colder. But in countries in the southern hemisphere, like Australia, the weather is warming up! Whether it feels like spring or autumn outside, you can brighten someone's day by making this sunshine sun sign.

What you need:

a paper plate
yellow construction paper
markers of different colors
glue or tape

What to do:

1. Color the plate yellow to look like the center of the sun.
2. Cut the yellow construction paper into pointed strips. On each strip, write something you love about the person you're giving the sun sign to.
3. Glue or tape the strips around the outside of the paper plate so they look like sunbeams.
4. Give your sun sign to someone you love!

Following Jesus

Be Loyal

Jesus Christ said, "I will not leave you comfortless: I will come to you" (John 14:18).

Jesus was a good friend and family member. Even when things were hard for Him, He remembered to take care of the people He loved. Before He died, He told one of His disciples to take care of His mother (see John 19:26–27). He also taught His disciples about the Holy Ghost and promised them peace. He said, "Let not your heart be troubled, neither let it be afraid" (John 14:27).



This Month's Challenges:

Challenge 1: Look for chances to show others that you love them, even if you're busy or grumpy.

Challenge 2: When your friends and family members make a mistake, say kind things instead of making them feel bad.

Challenge 3: If you see someone being mean to someone else, stick up for the person being picked on.

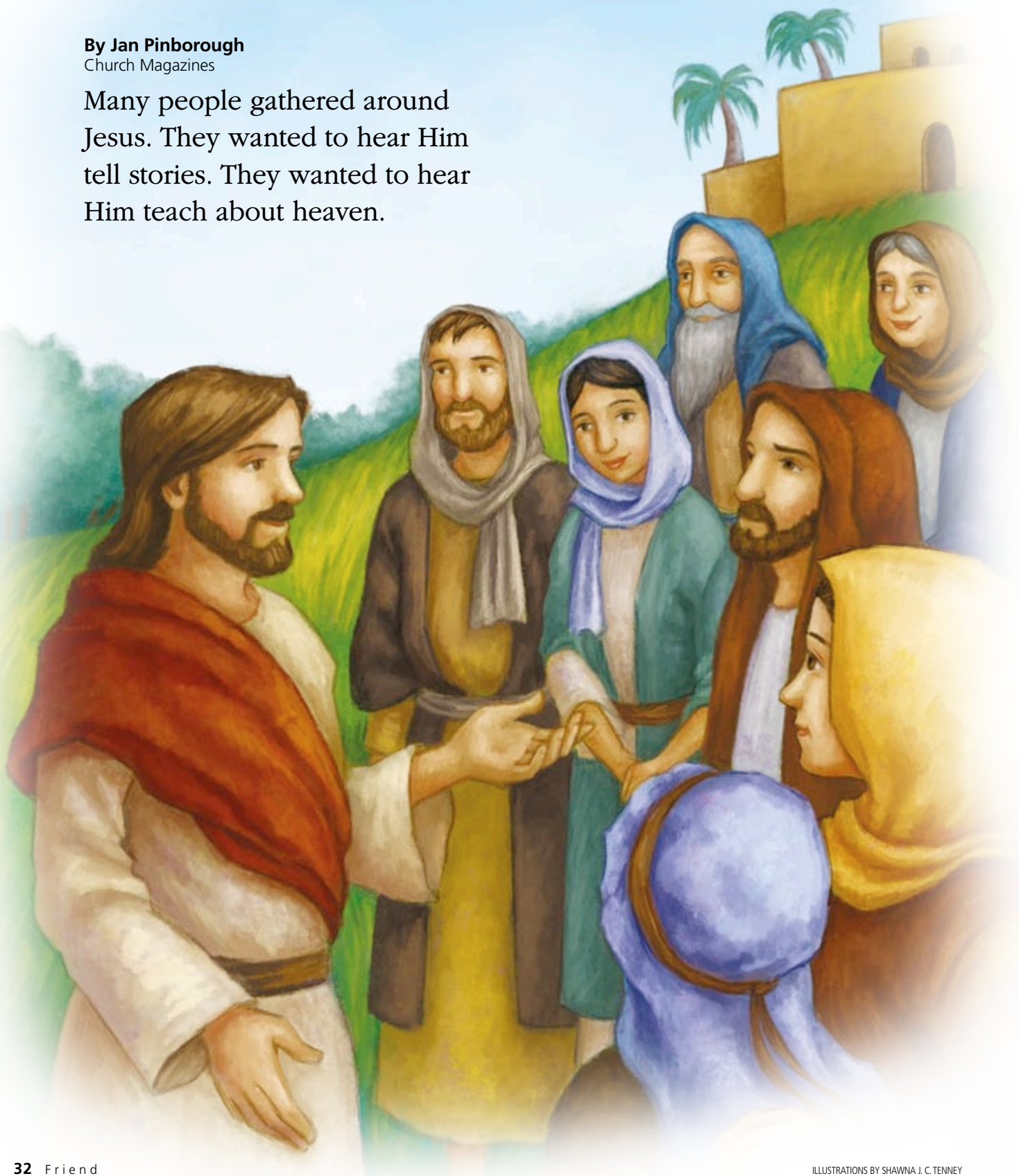
ASK YOURSELF...

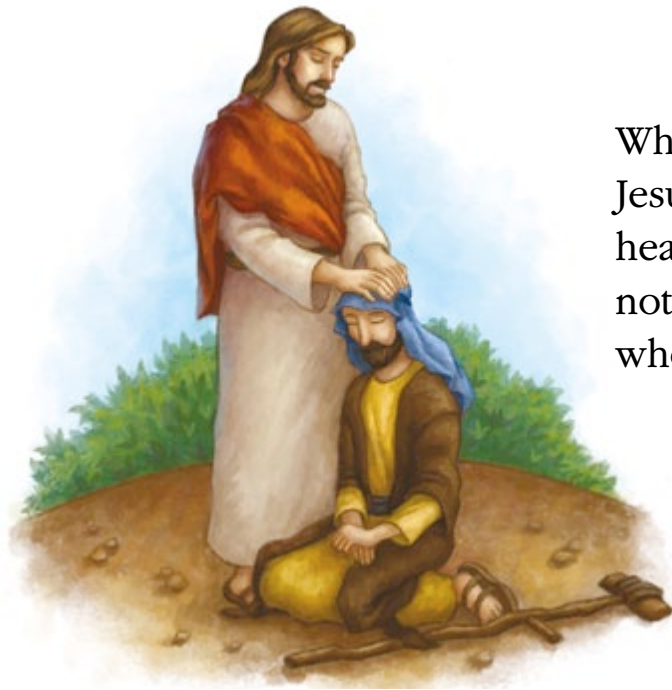
How can I help my school or neighborhood become a better place today?

Jesus Blesses the Little Children

By Jan Pinborough
Church Magazines

Many people gathered around Jesus. They wanted to hear Him tell stories. They wanted to hear Him teach about heaven.





When people were sick, Jesus healed them. He healed people who could not see. He healed people who could not hear.



One day some people brought their little children to see Jesus. They wanted Him to give their children a blessing. Jesus's disciples told the people not to bother Jesus. They thought He was too busy.

Jesus was not too busy. He told the disciples to let the children come to Him. He said that the kingdom of heaven belongs to people who are like little children.



Jesus loves all children. It doesn't matter who you are, what you look like, or where you live. Jesus loves you! ◆

From Mark 10:13-16.



Jesus Blesses the Little Children

And he took them up in his arms, put his hands upon them, and blessed them (Mark 10:16).

By Annie Beer
(Based on a true story)

Monsters

Fear not, let your hearts be comforted
(D&C 98:1).

Abby loved her house. But not the coat closet. She was afraid a monster would jump out of it. Abby always ran by it as fast as she could.

“Why do we even have a closet, Mommy?” Abby asked one day. “I don’t like being afraid.”

“Sometimes we’re afraid of what we can’t see,” Mommy said. “You can’t see what’s behind the door. Maybe that’s what scares you.”

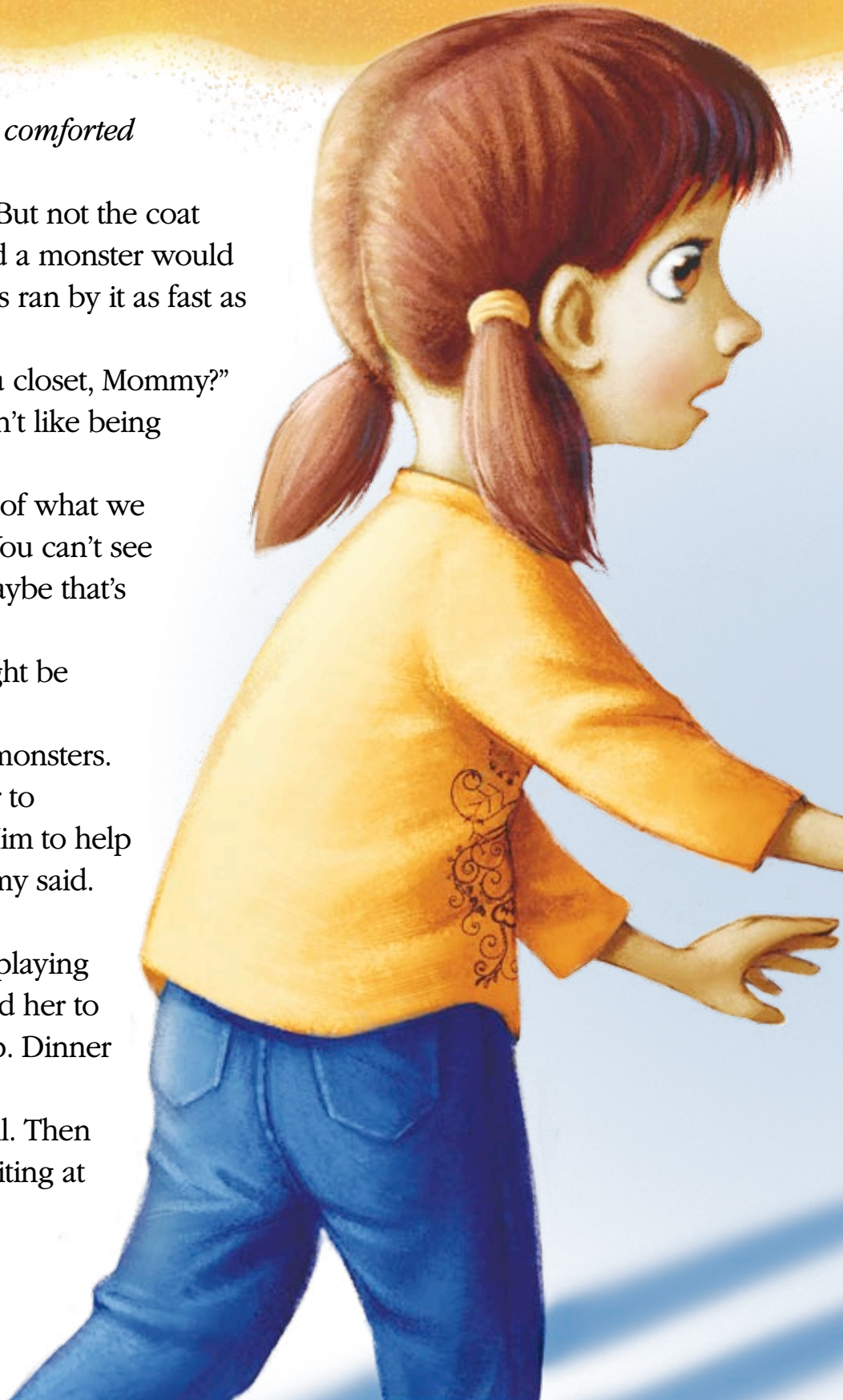
“I always think there might be monsters,” Abby said.

“I promise there are no monsters. But you could say a prayer to Heavenly Father and ask Him to help you not feel scared,” Mommy said.

“OK,” Abby said.

The next day Abby was playing in her room. Mommy called her to come eat. Abby jumped up. Dinner smelled really good.

She started down the hall. Then she saw the coat closet waiting at the end.



in the Closet



Abby's tummy felt tight. She thought about what might be hiding behind the closet door. She wanted to run. Then she thought about what Mommy had said. Abby stopped walking. She folded her arms.

"Please help me to not be so afraid," Annie prayed.

Abby took two slow steps. She didn't feel afraid any more! She felt warm and safe. She felt like she did when Mommy gave her a hug.

This time Abby didn't run past the closet. She stopped right in front of it. She reached out. She touched the handle. Her tummy got tight for a few seconds, but then she remembered her happy feeling. She turned the knob and pulled the door open.

Abby laughed. "Hey! There aren't any monsters in here. Just a bunch of coats."

She folded her arms again. She bowed her head. "Heavenly Father, thank you for helping me not be afraid."

Abby smiled and closed the closet door. She was hungry! ◆

Show and tell



I like going to church with my family and learning about Jesus Christ. At home I like reading and learning scripture stories, singing hymns, and playing games at family home evening. The gospel blesses my family and makes me feel happy. I have already given a Book of Mormon to three schoolteachers and to my best friend, Miguel. My favorite Primary song is “We’ll Bring the World His Truth.”

Martim P., age 6, Portugal



My parents have taught me the gospel and have been good examples to me since I was little. I learned to read the scripture stories for children, and now I love the Book of Mormon. I read it every day, alone and with my family. Ammon is my favorite person in the Book of Mormon. He was a great missionary, which is what I want to be when I am older.

Esteban M., age 8, Colombia



When **Letícia C., age 6, Brazil**, was three years old, the Curitiba Brazil Temple was completed. She loved going to the temple and went there every day of the last week of the open house. She still loves to visit the temple and walk through the beautiful gardens. Letícia also loves to draw and swim.



CJ S., age 10, Utah, USA



One day during my school choir practice, I accidentally embarrassed a boy. He sang a note by himself and went out of tune. People started laughing, and I laughed too. Afterward I felt really bad, so I asked my mom for help. She told me I should tell him I was sorry. I handwrote an apology letter and handed it to him during recess. About a day or so later, when I was walking down the hallway with my friends, the boy stuck his head out of his classroom and yelled, “I forgive you!” I’m glad I had the courage to make the right choice.

Courtney L., age 11, Texas, USA



Bông Khắc
Bông Vàng

N. Thi LinĐa, age 8, Cambodia



Maren P., age 9, Idaho, USA, likes to read and write. She enjoys reading the *Friend* magazine and learning about the Book of Mormon and the prophets. Her favorite Book of Mormon story is when Nephi builds a boat.

Would you like to send something to Show and Tell? Turn to page 48 to find out how.



In art class, we shaped clay into cups. Then we fired and painted the cups and turned some artwork into place-

mats. After the cups were done, our teacher had a tea ceremony, and he served tea. Even though the rest of the class had tea, I didn't have even one tiny drip. The best feeling of all was obeying the Lord.

Rebecca L., age 7, Colorado, USA



Brevin E., age 7, Utah, USA



Pasha Z., age 9, Ukraine

Kimberly, Sean, Paul, and Patrick F., ages 11, 8, 3, and 1, Idaho, USA, like to learn, sing, and play together. They like bouncing on the trampoline and swimming. They just finished reading the Book of Mormon and the Pearl of Great Price and are now reading the Doctrine and Covenants. They also have an older brother who is serving a mission in the Marshall Islands.



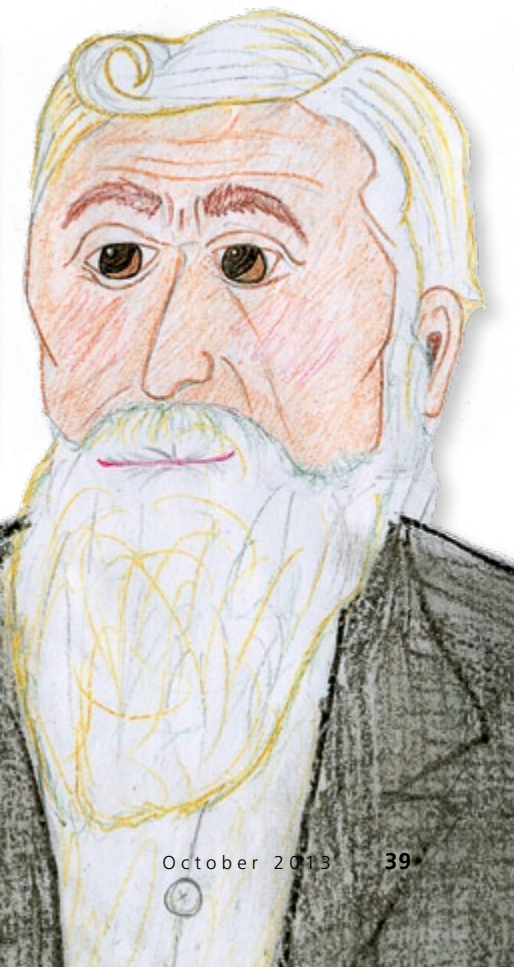
Emma T., age 9, Virginia, USA

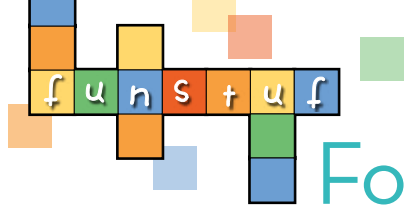
I'll Leave It to Him

Heavenly Father is my Friend.
He will love and help me to the end.
Sometimes I fail to do what's right,
I argue and complain and leave His sight.
Then He picks me up and puts me back
On the path to fix that crack
In my character. Christ is in charge.
I'll leave it to Him 'cause His love is large.

Reese C., age 10, Utah, USA

Davin V., age 9, Idaho, USA

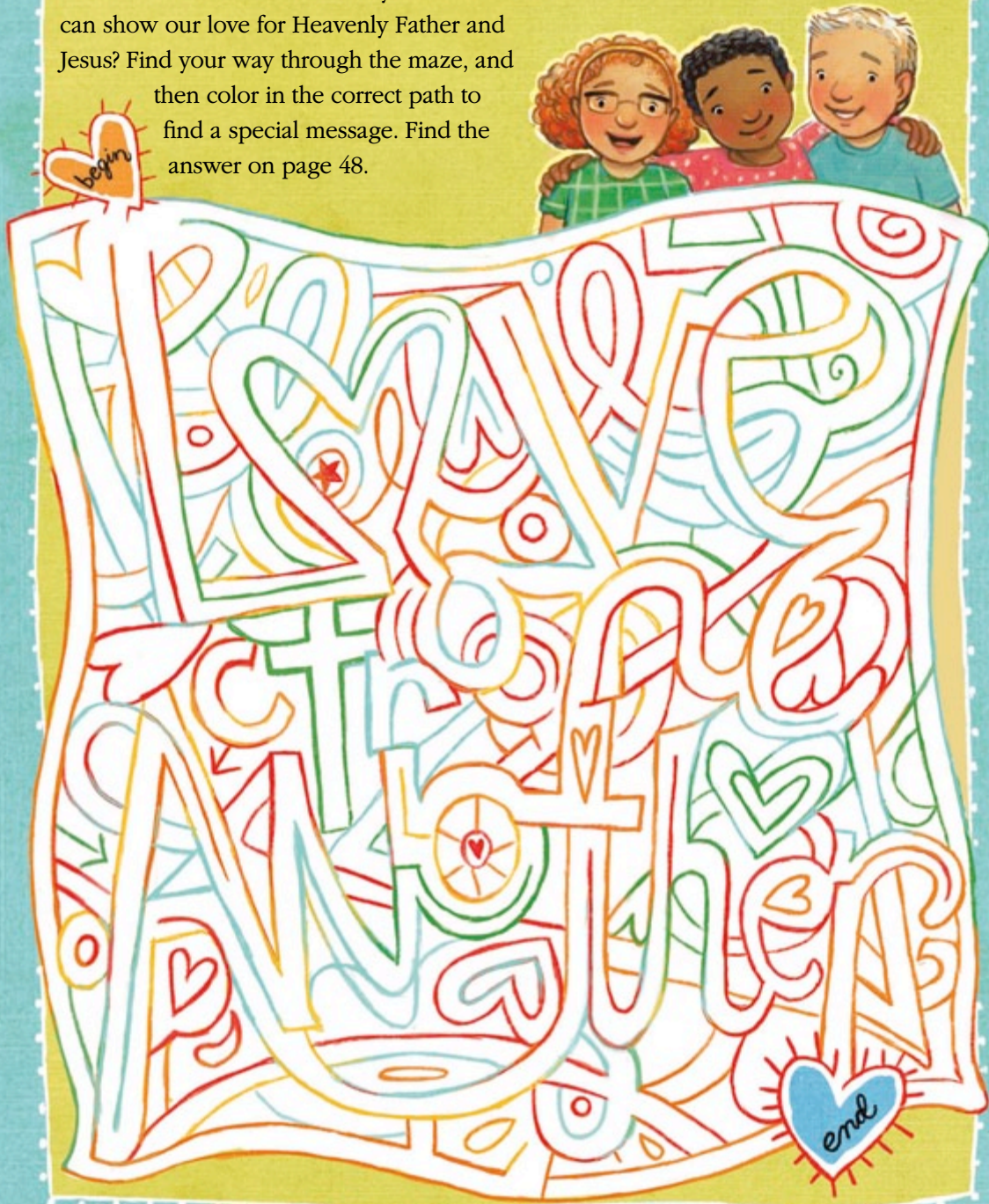




Follow the Savior's Example

By Apryl Stott

Jesus spent time with the little children and showed how much He loved them. Do you know how we can show our love for Heavenly Father and Jesus? Find your way through the maze, and then color in the correct path to find a special message. Find the answer on page 48.



MATT & MANDY



Here's the new *Friend* maga . . .

. . . zine.



Hey, I'll bet my friend Franco would love this magazine. I could give it to him when we're finished reading it.

I think Audrey would love it too. I want to give it to her.

Mommm!

Relax, kids. I'll buy another copy. In the meantime, find a fair way to decide who gets this one.



I guess the question is, who wants it more? I want it so much that I would be willing to . . .

Ewwwww!

Do you want it badly enough that you would wear my stinky old sneakers to school for a day?

. . . let me paint your fingernails?

I'm afraid they'd set off the fire alarm.



Hey, Audrey. Here's a copy of my favorite magazine. I thought you might like it.

Thanks, Mandy. Um, what happened to the cute shoes you usually wear?



Cut out and paste to the "On the Trail" map in the July issue.

Waiting in Winter Quarters

Winter Quarters

THE IOWA TRAIL

IOWA

Nauvoo

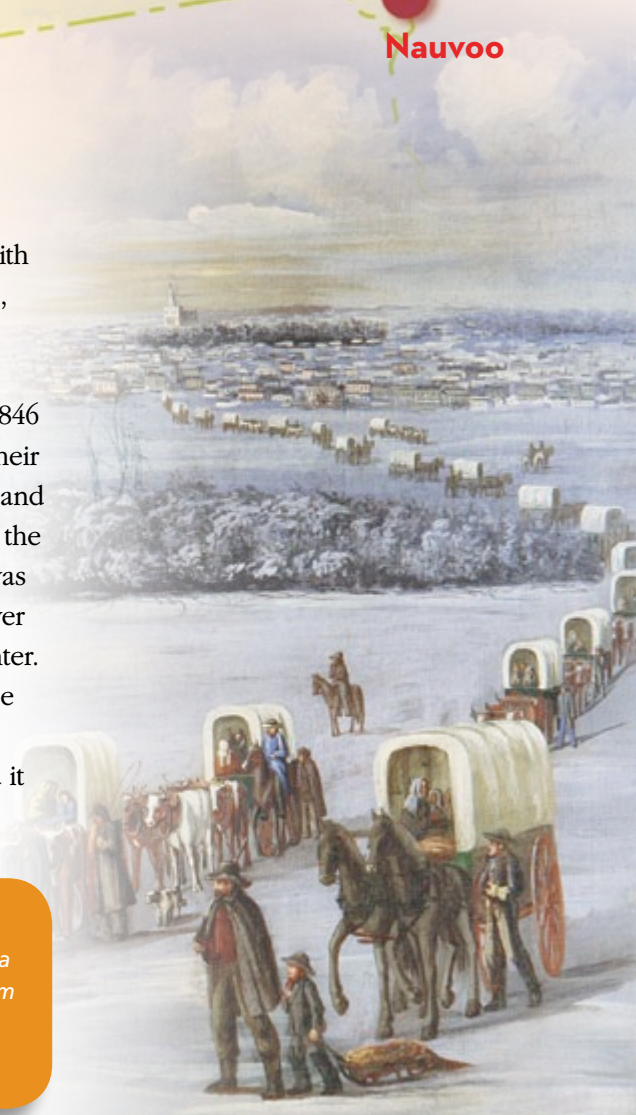
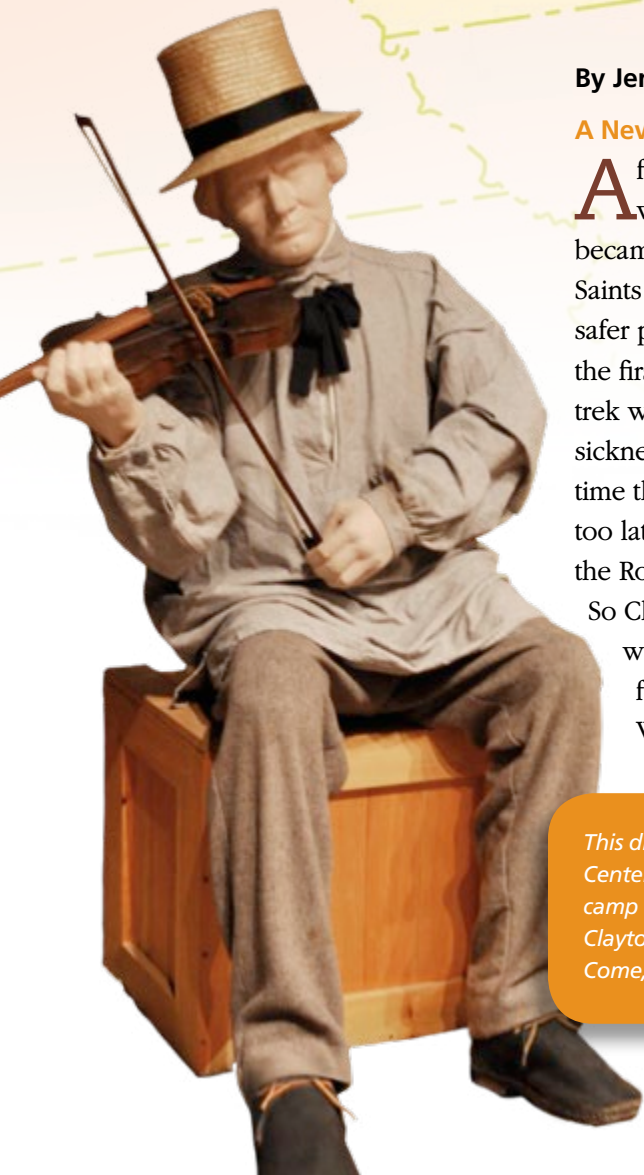
By Jennifer Maddy

A New City

After the Prophet Joseph Smith was killed, Nauvoo, Illinois, became a dangerous place. The Saints fled their homes to find a safer place to live. In February 1846 the first group of Saints started their trek westward, but bad weather and sickness slowed them down. By the time they had crossed Iowa, it was too late in the year to make it over the Rocky Mountains before winter.

So Church leaders chose a place where the Saints could stay for the winter. They named it Winter Quarters.

This display inside the Mormon Trail Center in Winter Quarters recreates a camp on the Iowa trail where William Clayton wrote the hymn "Come, Come, Ye Saints" (Hymns, no. 30).



It would be hard to live in a tent all winter! Brrrr!





Working Together

Some people built homes out of logs or sod. Others lived in tents and caves. The Saints tried to be happy during the long, cold winter. They helped each other. They went to concerts and sang and danced. They built a flour mill, a town hall, and a basket-making factory.

Moving On

The time the Saints spent in Winter Quarters was difficult. Many people died. But the pioneers had faith that the Lord would bless them and help them make it to Zion. When spring finally came, the first group of pioneers left Winter Quarters to journey to the Salt Lake Valley.

Today you can see the beautiful Winter Quarters Nebraska Temple and visit the Mormon Trail Center in Winter Quarters to learn more about the pioneers. ♦



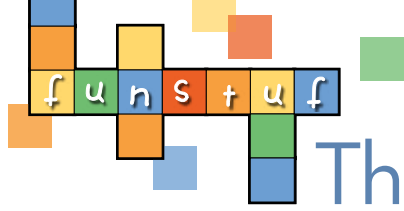
At the Mormon Trail Center, you can see the kinds of supplies the Saints took on their journey west. Church leaders told them to take flour, spices, rice, beans, and cows for milk.



Some of the Saints built log cabins to live in while they were in Winter Quarters.



You're telling me! The pioneers must have had a lot of faith.



The Saints Stop at Winter Quarters

By Arie Van De Graaff

The pioneers settled for a time at Winter Quarters to wait for winter to pass before continuing on their trek west. See if you can find the hidden objects in this picture.



-  Pencil
-  Piece of pie
-  Pot
-  Spoon
-  Spatula
-  Book
-  Wrench
-  Cup

-  Bandage
-  Bowling pin
-  Carrot
-  Lollipop
-  Needle
-  Watch
-  Pear



How does Jesus Christ speak to prophets?

By Elder D. Todd Christofferson

Of the Quorum of the Twelve Apostles

The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.

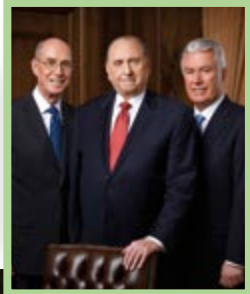
He may send a messenger or appear in His own person.



He may speak by His own voice or by the voice of the Holy Ghost.



He may speak to His servants individually, or He may speak to them as they counsel together.



From "The Doctrine of Christ," Ensign, May 2012, 86–90.

Brand-New

Passing the sacrament is a big responsibility. What if Benji messed up?

By Jane McBride Choate

(Based on a true story)

And also all they who receive this priesthood receive me, saith the Lord (D&C 84:35).

Benji stood in front of the mirror, straightening his tie. His white shirt and gray pants fit perfectly. His hair was combed. He definitely looked ready to be ordained a deacon. So why did he feel so nervous?

Benji grabbed his scriptures and left the room. He tried not to think about how different things would be at church today. And then there was the new priesthood duty that worried him whenever he thought about it: passing the sacrament. What if he made a mistake his first time next week? He tried to forget that too as he left the house.

Sacrament meeting went the same as always. But afterward Benji walked with his family to Bishop Salazar's office. This was definitely different. Normally he'd be in Primary opening exercises right now.

Benji sat down as Dad, the bishop, the Young Men president, and the



Deacon

bishopric counselors laid their hands on his head. Dad gave him the Aaronic Priesthood. During the blessing, the butterflies in Benji's stomach disappeared. He felt calm and happy.

Benji stood and shook hands with everybody. Then he hugged Mom and his brother, Jay, and his little sister, Mirasol.

Afterward he went to Sunday School. Even though the new classes weren't the same as in Primary, they still felt familiar. The lesson was on prayer. He'd had plenty of prayer lessons before in Primary. Benji breathed a sigh of relief. Maybe being a deacon wouldn't be so hard.

"It will be great," Jay told Benji after church. "I'll bless the sacrament, and you can pass it."

All the butterflies rushed back. "Yeah, great," he said quietly. Passing the sacrament was what Benji was most worried about!

Later that night Benji found Dad reading on the couch. "What if I miss someone and they don't get the sacrament?" he asked. "What if I trip?" He could see it clear as day in his mind, the tray clattering to the floor and water cups flying everywhere.

Dad squeezed Benji's shoulder. "I remember the first time I passed the sacrament. I was probably more nervous than you are right now."

Benji blinked in surprise. "You? You aren't afraid of anything!"

Dad laughed. "I've been scared plenty of times. Do you know what helped me get over being nervous?"

Benji thought a moment. "Prayer?"

Dad smiled. "That's right. Prayer. And my father gave me a blessing. Would you like me to give you one?"

Benji nodded quickly. "Yes! I'd like that a lot."

The family gathered in the living room. Dad put his hands on Benji's head. As Dad spoke, Benji felt tears begin to form. "Remember," Dad said in the blessing, "you have received the priesthood through a sacred ordinance. Heavenly Father gave us the priesthood so that we can serve others. If you can do this with full purpose of heart, you will be blessed in this and in all things."

All week Benji prayed for help. The following Sunday he joined the deacons at the front of the chapel. He listened closely as Jay said the blessing on the bread.

Suddenly he felt worried all over again. Could he really do this? It was so important! Then he remembered the promises from Dad's blessing. His worried feelings left as the Spirit settled over him.

He picked up the tray and moved confidently to his assigned rows. Carefully he handed the tray to a woman in the first row.

She smiled at him. Benji smiled back, knowing that he was serving the Lord. ♦

"If you deacons . . . will magnify your calling, you will be instruments in God's hands even now, for the priesthood in the boy is just as powerful as the priesthood in the man when exercised in righteousness."³

Elder Tad R. Callister of the Seventy





Possible Ideas for Family Home Evening

- 1 The theme of this issue is “Share the Light” (pages 2–3). Talk with your family about ways you can share the light of the gospel with others every day.
- 2 Read “Friends, Hearts, & Invitations” (pages 8–9) together as a family. You can “heart attack” a neighbor, just like the activity days girls did, by cutting out paper hearts and taping them to the door. Or you could make the paper pumpkins on page 6 instead—a pumpkin attack!



- 3 Read “Good Words, Bad Words” (pages 18–19) and talk about how you can show your love through the language you use.
- 4 Use the Bringing Primary Home lesson and activity to learn more about this month’s Primary theme (pages 28–29).
- 5 Read “Family MTC” (pages 26–27) and talk about ways your family can help each other prepare to serve a mission or share the gospel in other ways.

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Hidden CTR Ring

Did you find the ring?
Look on page 4!

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Sidebar References

1. “Being a More Christian Christian,” *Ensign*, Nov. 2012, 91.
2. “Raising the Bar,” *Ensign*, Nov. 2007, 49.
3. “The Power of the Priesthood in the Boy,” *Ensign*, May 2013, 54.

Funstuf Answers

- Page 5: **Across:** 3) California, 5) Henry; **Down:** 1) Mormon, 2) Navy, 4) joy
Page 40: Love one another

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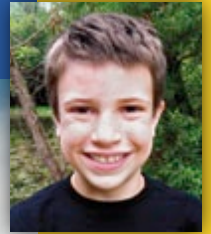
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JOSEPH FIELDING SMITH

Joseph Fielding Smith learned to work hard as a young man. His mother took care of women who were giving birth, and Joseph drove her **carriage** when she visited patients. As he grew, Joseph developed a love for the scriptures. He wrote many **books** about the doctrine of the Church. As President of the Church, he dedicated the **Provo Utah Temple**.

Through **Your** Eyes



I feel blessed that there are places you can go to feel the Spirit.

**Mark P., age 10,
Indiana, USA**



Do you like taking photos? We'd like to see your best shots about how Heavenly Father blesses your life. Email them to friend@ldschurch.org and include your name, age, and where you're from. Please also include a sentence explaining how your picture shows Heavenly Father's blessings in your



life. Remember, we can't publish your submission without a parent's permission in the email. If there are people in the photo, we also need to know that they gave their permission to be photographed. We're looking forward to seeing Heavenly Father's blessings through your eyes!

What's online?

- General conference time is here! You can print coloring pages to work on while you listen to the talks. Go to lds.org/friend and click on "Games and Activities" and "Print and Color."
- Watch the "One in a Million" videos for Addison, Clara, Sair, and others to see how children around the world are sharing the light of the gospel! Go to lds.org/friend and click on "Videos" and "One in a Million."

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