

Bulletin Board

GOOD WORD

This month's good word is **gospel**. It means "good news." It includes teachings of Jesus Christ, the Atonement, and the Resurrection. It also includes all of the other teachings (like the Word of Wisdom, repentance, and tithing) and ordinances (like baptism and confirmation, the sacrament, and temple sealing) that Heavenly Father has given us. Find the word *gospel* on page 14.



PASTA CRAFTS

In the Kitchen Crafts recipe this month you can make a yummy macaroni soup (page 28). You can also make colorful crafts with uncooked macaroni noodles.

- In a large, sealable plastic bag, put 1/4 cup of vinegar and a few drops of food coloring.
- Add half a pound of uncooked pasta noodles.
- Seal the bag and shake it until the noodles are coated.
- Wearing rubber gloves, remove the pasta from the bag and spread it out on waxed paper to dry.
- Repeat steps to make different colors of pasta.
- When the pasta is completely dry, you can use it to make colorful mosaics, decorate a picture frame, or string necklaces or bracelets. (Note: Once the pasta is colored, it is not edible, so don't use it in your macaroni soup!)

Journal Junction



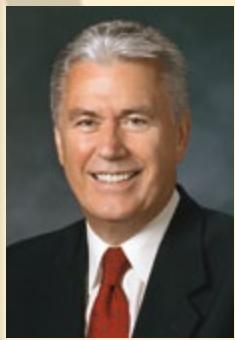
Each month this year you can write a little bit of your own history in your journal. This month write about the first time you gave a talk in Primary.

Were you nervous or excited?

How did you feel afterward? If you don't remember, you can ask your parents.

If you haven't given a talk in Primary yet, write down some things you could do to prepare for it.

What did you talk about?



"The words spoken at general conference should be a compass that points the way for us during the coming months. If we listen to and follow the promptings of the Spirit, they will serve as a Liahona, guiding us through the unknown, challenging valleys and mountains that are ahead."*

**—President Dieter F. Uchtdorf,
Second Counselor in the First
Presidency**



It was a Saturday, and my family was watching general conference. My friend came over to see if I could play. Instead, I asked her if she wanted to watch general conference, and she said yes. So we watched general conference together.
Emily T., age 8, Utah

Fast Fact

The Church of Jesus Christ of Latter-day Saints now has more than 14 million members. So that members can have places to meet, new meeting-houses are being completed almost every day of the year!

