What is peer pressure?
When a friend or classmate tries to make you do something you don’t want to do…

- Something that breaks a commandment
- Something that makes you feel uncomfortable
- Or just something you know isn’t right

What can you do?

1. Suggest a new activity.
   - I don’t feel good watching that. How about this one?
   - This is a great time to explain your standards.

2. Call for backup.
   - I have to be home early. See you later.
   - Talk to a parent ahead of time about an “escape plan” for dangerous or uncomfortable situations.

3. Find a friend who feels the same.
   - No, I’m not OK with that.
   - Me neither.
   - Be brave and help someone else be brave too!

YOUR TURN!
Write or draw what you would do.

- Just one drink! Don’t be a baby!
- This game isn’t even that bad.
- Tell her she can’t hang out with us.