Here are some fun FHE ideas from this month’s magazine. What other ideas can you come up with?

**Choose to Be Reverent!**

By Todd Huiskens

Read “An Origami Answer” on page 4. Make this origami CTR shield to remember to choose to be reverent during sacrament meeting!

1. Fold a square piece of paper in half and lightly crease at the top and bottom. Open the paper flat again.

2. Fold the top point up about halfway.

3. Fold the top point up about halfway again.

4. Tape the back to keep the shield flat. Then flip it over and decorate it.

5. Tape the back to keep the shield flat. Then flip it over and decorate it.

6. Then flip it over and decorate it.
TASTY TREATS

Try these for FHE this month!

• Mix 2 cups pecans, 1/3 cup maple syrup, 1 1/2 teaspoons cinnamon, and 1/2 teaspoon salt in a pan. Cook over medium heat until thickened. Spread on waxed paper to cool.

• Cut 4 large pears in half. Drizzle with 1/3 cup honey mixed with 2 tablespoons lemon juice. Broil for 6–8 minutes.

• Make mini sandwiches with dinner rolls, ham or turkey, and cheese.

MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)

IDEA 1: Have everyone in your family take the quiz “It’s Good to Be Me!” Draw pictures of your answers like in the examples. Which pictures are the same in your family? Which are different?

IDEA 2: Make and decorate tithing jars! Read “First Things First” and talk together about how your family pays tithing. Maybe fill out a tithing slip together.

IDEA 3: Who are your family’s heroes? Why are they heroes? Read “You Are Super!” What superpowers can your family practice? (You could wear capes for this lesson!)

LISTEN AND LEARN

When we listen and learn in sacrament meeting, we can become a little better each week! Here are some ideas:

• Take a notebook or journal to sacrament meeting.
• Listen carefully to what the speakers say.
• When something stands out, write down how you feel about it.
• Decide one thing to do during the week because of what you learned.