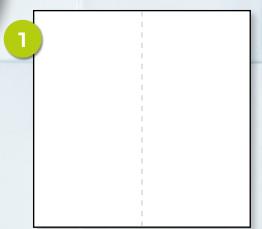
# 

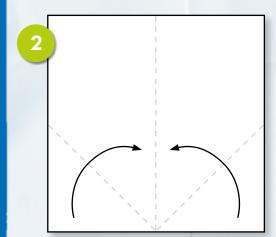
# Reverent!

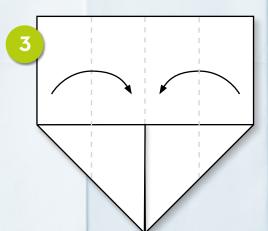
### By Todd Huisken

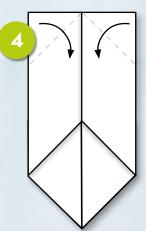
Read "An Origami Answer" on page 4. Make this origami CTR shield to remember to choose to be reverent during sacrament meeting!

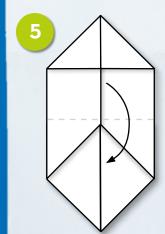


Fold a square piece of paper in half and lightly crease at the top and bottom. Open the paper flat again.

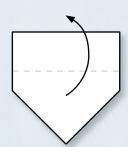




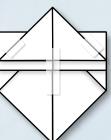


















LEARN

When we listen and learn in sacrament meeting, we can become a little better each week! Here are some ideas:

- Take a notebook or journal to sacrament meeting.
- Listen carefully to what the speakers say.
- When something stands out, write down how you feel about it.
- Decide one thing to do during the week because of what you learned.

# **TASTY TREATS**

Try these for FHE this month!

- Mix 2 cups pecans, 1/3 cup maple syrup, 1 1/2 teaspoons cinnamon, and 1/2 teaspoon salt in a pan. Cook over medium heat until thickened.
   Spread on waxed paper to cool.
- Cut 4 large pears in half. Drizzle
  with 1/3 cup honey mixed with
  2 tablespoons lemon juice. Broil for
  6-8 minutes.
- Make mini sandwiches with dinner rolls, ham or turkey, and cheese.



# MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



in your family take the quiz "It's
Good to Be Me!" Draw pictures of
your answers like in the examples.
Which pictures are the same in
your family? Which are different?

decorate tithing jars! Read
"First Things First" and talk
together about how your
family pays tithing. Maybe fill
out a tithing slip together.





Who are your family's heroes? Why are they heroes? Read "You Are Super!" What superpowers can your family practice? (You could wear capes for this lesson!)

| Idea 7: 36; | Idea 2: 26; | Idea 3: 24