

Making the Sacrament Special

The sacrament is the most important part of every week. When you repent and take the sacrament, you are made clean from your sins. Fill in the missing words of the sacrament prayer for the bread. Then cut out the colored card and keep it in your scriptures to help make the sacrament special to you every Sunday!


Jesus Christ
sanctify
remembrance
name
witness
always
commandments
Spirit
Father
souls

O God, the Eternal _____, we ask thee in the name of thy Son, _____, to bless and _____ this bread to the _____ of all those who partake of it, that they may eat in _____ of the body of thy Son, and _____ unto thee, O God, the Eternal Father, that they are willing to take upon them the _____ of thy Son, and _____ remember him and keep his _____ which he has given them; that they may always have his _____ to be with them. Amen.

BONUS

What's different between the prayers for the bread and water? (Hint: see [D&C 20:77, 79](#).)

HOW CAN I MAKE THE SACRAMENT SPECIAL?

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- Listen to the sacrament prayers. You can read them in [D&C 20:76-79](#).
 - Think about Jesus. Look at pictures of Him and remember stories from His life.
 - Think about the good choices you made this week. How did you follow Jesus?
 - Read the words of sacrament hymns.
 - Pray to Heavenly Father. Ask Him to forgive you for any wrong things you've done. Ask Him for help to do better.
 - Read [Mosiah 18:7-10](#) to learn about the covenants we make at baptism. What do you promise Heavenly Father? What does He promise you?