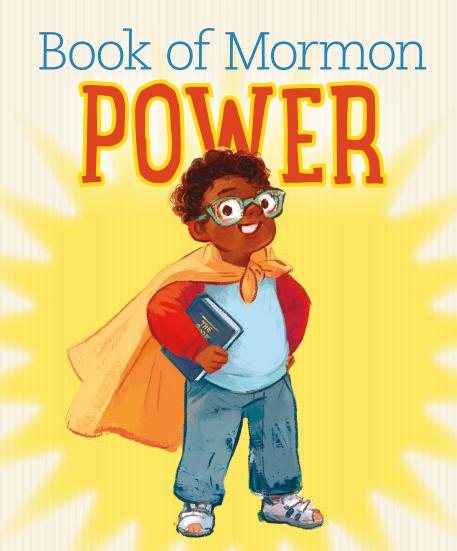


By President Thomas S. Monson

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speak about the power of the Book of Mormon and the critical need we have to study, ponder, and apply its teachings in our lives.

very important

What will protect us from the sin and evil in the world today? A strong testimony of Jesus Christ and His gospel will help see us through to safety.

A Challenge and a Promise

I implore all of us to prayerfully study and ponder the Book of Mormon each day. As we do, we will be able to

- Hear the voice of the Spirit,
- Resist temptation,
- Overcome doubt and fear,
- And receive Heaven's help in our lives.

I so testify with all my heart.

Adapted from "The Power of the Book of Mormon," from the April 2017 general conference.

