

◆ **Primary Connection** Find stories and activities to go with this month's sharing time theme and lessons. Find more at [lessonhelps.lds.org](http://lessonhelps.lds.org).

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**Hidden CTR Rings**

- Level 1:** Get some exercise!
- Level 2:** Covenant keepers
- Level 3:** Lighter than air

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**Intellectual Property Coordinator:**  
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**Production:** Marlene Roscheck

**Prepress:** Joshua Dennis

**Printing Director:** Steven T. Lewis

**Distribution Director:** Troy K. Vellinga

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