

# I Hope They Call Me on a Mission



*Be better prepared for tomorrow by learning these skills today.*

## MEET AND GREET WITH CONFIDENCE

Think about when you meet a person for the first time. Do you shake hands? Do you smile? You can help others feel important and special when you greet them warmly. Here are some tips for greeting a person with confidence:

1. Say “hello” clearly enough for the person to hear you.
2. Look the person in the eyes and smile.
3. Reach out and shake his or her hand. Give a firm handshake—don’t squeeze so tight that it hurts, but don’t leave your hand floppy either.
4. Then say, “It’s nice to meet you,” “It’s good to see you again,” or some other polite phrase.

## SMILE SWEETLY POTATO FRIES

By Lauren Mortenson

Remember to get an adult’s help when practicing your cooking skills.

**Large sweet potato**  
**Olive oil**  
**Seasoning of choice**

1. Wash your hands and preheat the oven to “broil.”
2. Wash, peel, and cut the sweet potato into strips.
3. Lightly coat the strips with olive oil. Sprinkle with favorite seasonings, such as salt and pepper, oregano, garlic salt, or cinnamon.
4. Place the strips on a cookie sheet and broil for 8 to 12 minutes.
5. Let the fries cool before serving.



*Hello readers,*

*As a missionary, I say hello to lots of different people. Church is a great place to practice meeting new friends. Elder M. Russell Ballard said he hoped we would “reach out with friendly smiles, warm handshakes, and loving service” to those around us.\* Good luck practicing those handshakes!*

*Sincerely,  
Elder Friendly*

\*\*“Doctrine of Inclusion,” *Ensign*, Nov. 2001, 35.



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