An Unshakable Foundation

By President Henry B. Eyring
First Counselor in the First Presidency

My purpose today is to describe how we can lay an unshakable foundation of faith.
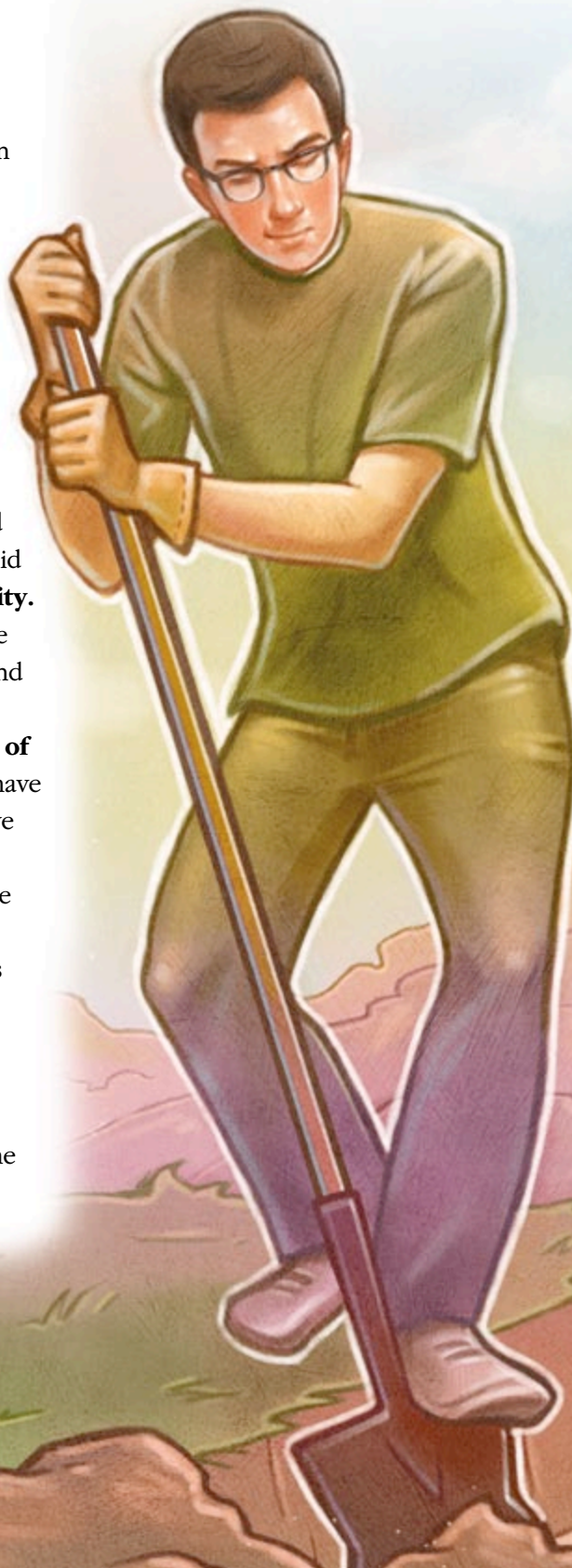
As a young man I worked with a contractor building foundations for new houses. In the summer heat it was hard work to prepare the ground for the **form** into which we poured the cement. There were no machines. We used a **pick** and a shovel. Building lasting foundations for buildings was hard work in those days.

In a similar way, the ground must be carefully prepared for our foundation of faith to withstand the storms that will come into every life. That solid basis for a foundation of faith is personal **integrity.**

Choosing the right **consistently** whenever the choice is placed before us creates the solid ground under our faith. It can begin in childhood since every soul is born with the free gift of the **Spirit of Christ.** With that Spirit we can know when we have done what is right before God and when we have done wrong in His sight.

Those choices, hundreds in most days, prepare the solid ground on which our **edifice** of faith is built. The metal framework is the gospel of Jesus Christ, with all its **covenants, ordinances,** and principles.

If we have faith in Jesus Christ, the hardest as well as the easiest times in life can be a blessing. In all conditions, we can choose the right with the guidance of the Spirit. ◆

From an April 2012 general conference address.

ILLUSTRATION BY JENNIFER TOLMAN

DIG DEEPER

To better understand President Eyring's message, match the bold words from the article with their correct meanings.

Edifice

A metal mold or framework

Sacred rites such as baptism

Courage to live beliefs

Form

Spirit of Christ

Pick

Ordinances

A heavy tool with pointed ends

Regularly
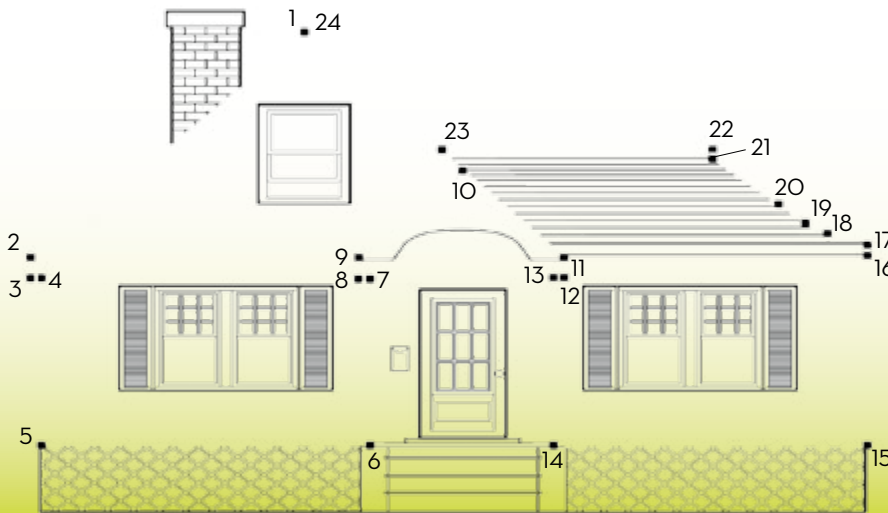
Influence from God, conscience

Covenants

Integrity

Building

Consistently

Promises we make with God

A SURE FOUNDATION

A sure foundation of faith can help us stay faithful even when trials come. Connect the dots to draw a house built on a sure foundation. Then write one way you can build a foundation of faith.

FIND THE DIFFERENCES

President Eyring learned about sure foundations from his summer building houses. Find the differences between these two homes.