My purpose today is to describe how we can lay an unshakable foundation of faith.

As a young man I worked with a contractor building foundations for new houses. In the summer heat it was hard work to prepare the ground for the form into which we poured the cement. There were no machines. We used a pick and a shovel. Building lasting foundations for buildings was hard work in those days.

In a similar way, the ground must be carefully prepared for our foundation of faith to withstand the storms that will come into every life. That solid basis for a foundation of faith is personal integrity.

Choosing the right consistently whenever the choice is placed before us creates the solid ground under our faith. It can begin in childhood since every soul is born with the free gift of the Spirit of Christ. With that Spirit we can know when we have done what is right before God and when we have done wrong in His sight.

Those choices, hundreds in most days, prepare the solid ground on which our edifice of faith is built. The metal framework is the gospel of Jesus Christ, with all its covenants, ordinances, and principles.

If we have faith in Jesus Christ, the hardest as well as the easiest times in life can be a blessing. In all conditions, we can choose the right with the guidance of the Spirit.
DIG DEEPER
To better understand President Eyring’s message, match the bold words from the article with their correct meanings.

**Edifice**
A metal mold or framework

**Pick**
Courage to live beliefs

**Integrity**
Building Consistently

**Ordinances**
Sacred rites such as baptism

**Form**
A heavy tool with pointed ends

**Spirit of Christ**
Influence from God, conscience

**Covenants**
Promises we make with God

A SURE FOUNDATION
A sure foundation of faith can help us stay faithful even when trials come. Connect the dots to draw a house built on a sure foundation. Then write one way you can build a foundation of faith.

FIND THE DIFFERENCES
President Eyring learned about sure foundations from his summer building houses. Find the differences between these two homes.