

Friends by Mail



Faith to Swim



wanted to learn to swim. We went to a pool with my grandpa, but I didn't want to get in the water. I was scared. My grandpa wanted to help me learn to swim. It was hard to have faith that he wouldn't let go of me. I finally trusted my grandpa

and he helped me put my face in the water and go completely under the water too. It was scary but my grandpa helped me. I had faith I could do it.

Harlee N., age 7, Washington

Lost and Scared



go to chess club after school. One day when chess club was over, I went to a side door to meet my mom. I expected her to be waiting outside, but she wasn't there. I went to another door in the back, but she wasn't there either. I began

to feel lost and scared. I decided to say a prayer asking for help to find my mom. About 10 seconds later my chess teacher found me and told me that my mom was waiting at the front door. I was glad my prayer had been answered.

Rylie S., age 6, Ohio

Singing and Cleaning 🛺



was given the chore of cleaning up our large playroom by myself. I looked at the mess all over the floor and felt sad because I knew I would be cleaning for a long time. My mom teaches me to pray when I feel sad, so I knelt down and asked Heavenly Father to help me clean the playroom and not feel sad. I stood up and had the idea of singing Primary songs as I cleaned. As I sang, I felt much better and was able to clean the whole playroom very quickly. I know that Heavenly Father answers prayers sometimes by giving us ideas in our minds. Joseph S., age 5, Utah, with help from his mom

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See the **Guide to the Friend** (inside back cover) for family home evening ideas.



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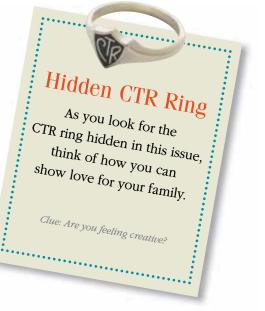
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Cover by Elise Black



Getting to Know the First

resident Monson was born in 1927 in Salt Lake City, Utah. As a boy, he participated in sports activities. He also decided, without having been asked, to cut the lawn of a widow and leave the yard looking much better. As president of his teachers quorum, he was successful in encouraging each member to attend priesthood meetings. He never gave up on any member of that quorum until each one became active in the Church.



President Thomas S. Monson, President of The Church of Jesus Christ of Latter-day Saints

He served in the Navy toward the end of World

War II. After returning home, he married Frances



Johnson in the Salt Lake Temple. They have three children, eight grandchildren, and four great-grandchildren.

When he was 22, President Monson was called to be the bishop of his ward with 1,080 members, including 84 widows.

Each Christmas, he took a week of his vacation time to visit every widow and give each one a gift. While each of them lived, he visited them long after he was released from being their bishop.

All his life, President Monson has been a faithful

and humble servant of the Lord. He has a tender heart and a compassionate nature, which make him always aware of the less fortunate around him. President Monson learned early in his life to follow the promptings of the Spirit, and he has made it his goal to always follow the Spirit, no matter what. President Monson is also a friend to everyone he meets. He genuinely loves people and rarely forgets them once he has met them.

President Monson is a man of faith and a man of God, who can always be

found serving and loving those around him. "I believe that love is shown by how you live, how you serve, and how you bless others," he said. "When we serve others, we are showing them that we love them, and we are also showing Jesus Christ that we love Him and follow

His example. . . . Jesus said, 'If ye love me, keep my commandments. . . . He that hath my commandments, and keepeth them, he it is that loveth me' " (John 14:15, 21).

(See "President Thomas S. Monson: Man of Action, Man of Faith, Always 'on the Lord's Errand,' "*Ensign*, Feb. 1986, 10; "Friend to Friend," *Friend*, Oct. 1996, 6; *Deseret Morning News 2008 Church Almanac*, 35.)



Presidency of the Church



President Henry B. Eyring, First Counselor in the First Presidency

President Henry B. Eyring was born and raised in Princeton, New Jersey. His father was an internation-

ally known scientist, so his basement was filled with blackboards instead of ping-pong tables. Growing up in New Jersey, young Hal (as he was called) and his two brothers were the only youth in their small branch. They



met in the Eyrings' home, using the dining room table for the sacrament and the pulpit. But his parents taught him well the gospel and the sciences, and Hal became well grounded in both.

During the Korean War missionary service was restricted, so

President Eyring served in the U.S. Air Force instead of serving a full-time mission. While in the Air Force, he was called to be a district missionary. He spent his nights and weekends for the next two years serving the Lord and preaching the gospel. After he was released from the Air Force, he went back to school and met his wife, Kathleen. They have six children and twenty-five grandchildren. His family is a most important part of his life.

Throughout President Eyring's life, education and learning have been a great influence. It is certain that his passion for teaching and learning will continue to influence him as he helps spread the gospel. "Life is more than a career; life is a mission," he once said. "Life has a purpose, and its purpose requires learning across a wide spectrum. We should be learners throughout our lives."



President Dieter F. Uchtdorf, Second Counselor in the First Presidency

President Dieter F. Uchtdorf was born in Czechoslovakia and raised in Germany. When he was six

years old, his family was converted to the Church.

President Uchtdorf learned the value of working hard at a young age. The Uchtdorfs owned a laundry, and Dieter rode a heavy-duty bicycle, pulling a heavy laundry cart before and after school. Years later, when he joined the air force, he learned that he had had a lung disease when he was younger. Because he had worked hard through his childhood, his body had healed itself and built up a resistance to the disease.

The scriptures became important to Dieter when he was young. Romans 8:31 reads "If God be for us, who can be against us?" This scripture impressed upon him the desire to follow the Lord's teachings: "That teaching has stayed with me throughout my life. It taught me that I need to be on the Lord's side. I cannot afford not to be on the Lord's side."

President Uchtdorf worked for 30 years as an airline pilot. He married Harriet Reich in the Bern Switzerland Temple. They are the parents of two children and have

six grandchildren. On October 7, 2004, he was ordained as an Apostle the first Apostle called in more than 50 years who was born outside the United States.

(See "Friend to Friend," *Friend*, June 1998, 6; "News of the Church," *Ensign*, Nov. 2004, 125; *Deseret Morning News 2008 Church Almanac*, 39.)

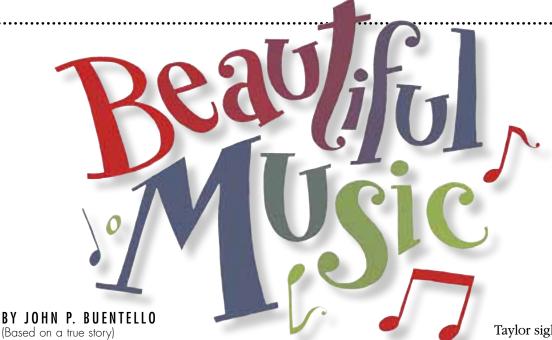


BOYHOOD PHOTOGRAPHS COURTESY OF THE FAMILIES

FRIEND MAY 2008

⁽See "Elder Henry B. Eyring: Molded by 'Defining Influences,' " *Ensign*, Sept. 1995, 10; "News of the Church," *Ensign*, May 1995, 105; *Deseret Morning News 2008 Church Almanac*, 35.)





He that loveth his brother abideth in the light, and there is none occasion of stumbling in him (1 John 2:10).

aylor took a deep breath and raised her arms above her head. She took a step and lowered her hands to the ground. The flip she made wasn't perfect, but she put her left leg forward and twisted her body for the next move in her gymnastics routine. That's when the pounding began to fill the air.

The sound of Billy's drumming threw her off balance. Taylor's legs slipped out from under her, and she sprawled on the grass in the backyard. Frowning, she looked up at the window to her younger brother's room. The drumming came through loud and clear.

"Billy, stop making all that noise!" Taylor yelled. "I can't get the rhythm right for my routine."

The drumming stopped. Billy stuck his head out the window. "You call that a routine?" He began to tap on the windowsill with his drumsticks.

Taylor sighed and got up off the grass. "You know I'm planning to try out for the gymnastics team next week!"

Billy finished tapping out his tune. "I have to practice too."

"That noise isn't as important as my routine," Taylor told him. "They only have tryouts once a year."

"Then you'd better get back to practicing," Billy said. He disappeared back into his room, and the drumming began again. Taylor sighed and raised her arms. She tried a few more moves, but then gave up when the drumming became louder.

Later that day, Taylor passed by Billy's room. He wasn't there, but his drums stood in the middle of the room. The drumsticks he used to make all that noise were on top of the biggest drum.

Taylor walked into the room and picked up Billy's drumsticks. What if she hid them, just until after the gymnastics tryouts? Would that really be so bad? She had asked Billy to stop, but he hadn't. It was his fault she had to hide the drumsticks.

When Billy noticed his drumsticks were missing, he asked everyone in the family if they had seen them. When he asked Taylor she shook her head and went back to her routine. She could concentrate now, and her practice went better than before. But she still didn't think she was good enough to make the team.

When she saw Billy the next day he looked sadder than ever. He kept searching for his drumsticks. Taylor felt so sorry for him she almost told him where she had hidden the drumsticks. Then she thought of all the noise he would make to get back at her for taking the sticks. She went outside to practice her routine.

The day before tryouts came. Taylor's routine still seemed wrong; she couldn't get the rhythm right. Billy's sadness was bothering her too. Taylor knew she had done something wrong. She went and got the drumsticks and gave them to Billy.

"Thanks, Taylor!" Billy said, giving her a big hug.



"Where in the world did you find them?"

Taylor sighed. "I didn't find them. I hid them from you. I wanted it quiet so I could practice my routine."

"You hid them? I'm going to tell Mom!" Billy cried. But then he noticed how sad Taylor was. "Why did you give them back?" he asked.

"You looked so sad," Taylor said. "And taking them was wrong. I should have tried to get used to your drumming. Anyway, I can't get my routine right. I can't get into the rhythm of the moves. I might as well forget about trying out for the team."

Billy sat down on the grass. "Why don't you show me what your routine is like?"

Taylor wondered why he wanted to see it, but she nodded and raised her arms. She did a handstand, but immediately felt off balance. As she turned her body for her next move, she heard Billy tapping on the edge of the driveway. He tapped out a rhythm that seemed to mirror the moves she made.

Taylor felt her movements grow smoother. The tapping sound helped her get the rhythm of her routine right. She went through all her moves, did a final flip, and stood up straight with a smile on her face.

"You did it!" Billy said, giving a final series of taps with the drumsticks. "You looked great, Taylor."

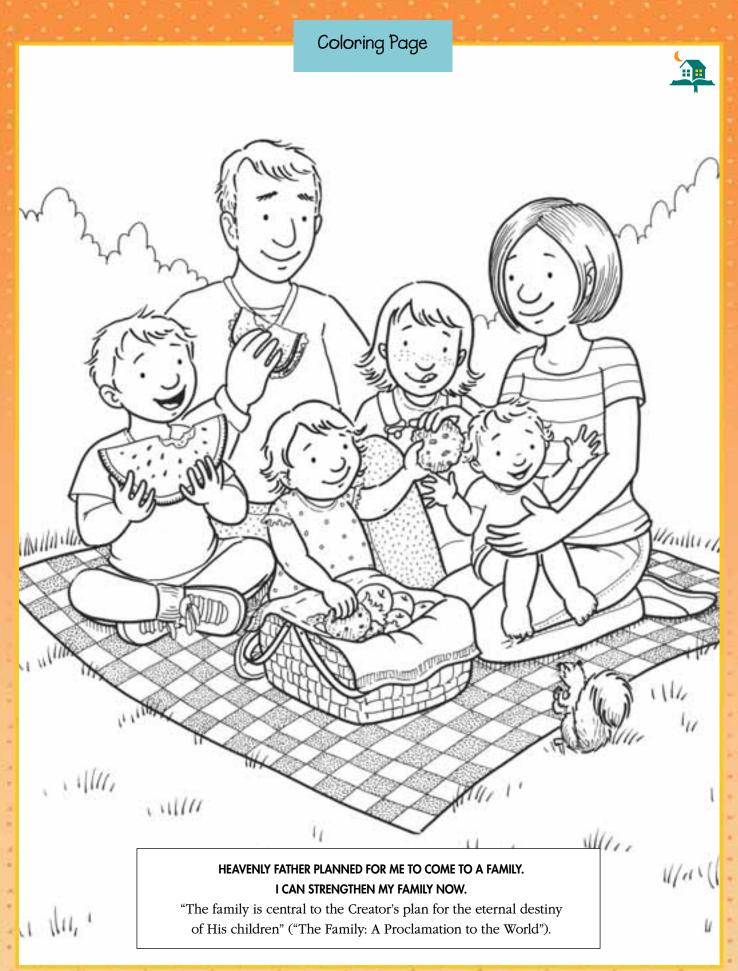
She gave Billy a hug. "I think I'll do OK at the tryouts, as long as you promise to be there."

Billy grinned. "I promise!"

"The greatest refuge we will find in our life will be those wonderful, close associations we have with our immediate family members."

Elder L. Tom Perry of the Quorum of the Twelve Apostles¹





Honoring His Name

From an interview with Elder Shayne M. Bowen of the Seventy; by Kimberly Reid, Church Magazines

Learn and glorify the name of your God (2 Nephi 6:4).

Il my life I've worked alongside my father. He owned a music business, and when I was in junior high and high school I helped him deliver pianos and stereo equipment. Years later he changed careers and started an insurance company. I worked with him for 26 years before he retired.

I especially remember working on Church farm projects with my father. I picked potatoes while he hauled the heavy baskets. At the time, I was probably thinking, "It's awfully early to be out in the cold picking potatoes!" But I look back on those experiences and I'm glad that they happened. My father is a great man who taught me to work.

I have always tried to honor and obey my parents. During my teenage years, when I went home at night I would report to them. Mother would always be awake. Coming home with a clear conscience and being able to tell her where I'd been meant a lot to me. Some of my friends didn't have to check in with their parents, but I'm grateful that I was expected to be accountable to mine. They helped protect me against temptation.

My brother helped me too. When I was 10 and he was 12, we made a promise to each other that we would never break the Word of Wisdom. I can say to this day that I've never tasted tobacco or alcohol. It's important to make righteous decisions early on and stick with them rather than try to decide at the moment of temptation.

As we avoid sin and choose the right, we honor those who have come before us. When I was a young boy I heard a story about President George Albert Smith. He once dreamed he had passed away and was in the spirit world walking through a forest. Suddenly, he saw his grandfather coming toward him. He was so happy to see him! His grandfather stopped him and said, "I would like to know what you have done with my name." President George Albert Smith, who had been named after his grandfather, paused to think about all the events of his life. Then he answered, "I have never done anything with your name of which you need be ashamed."*

That story influenced me because my grandfather was a faithful member of the Church. My father has also been active in the Church, serving as bishop during the

ILLUSTRATIONS BY GREGG THORKELSON

years I was in the Aaronic Priesthood quorums. I've seen my grandfather's and my father's devotion to the gospel, and I want to follow their example. When I see my grandfather and father on the other side of the veil, I want to say I haven't done anything to bring them shame. As we honor our parents we also honor Jesus Christ, whose name we take upon ourselves at baptism. Someday we can stand before the Savior unashamed. We can obey and repent whenever necessary, so that we can meet Him knowing that we honored His name. • *See "The Importance of Reputation," *Ensign*, Nov. 1975, 41.



I'll form good habits in my youth, to keep my word, to tell the truth (Children's Songbook, 149).

ndrea had been saving money from her paper route and her allowance for a long time. She wanted to get a CD player for her mom for Mother's Day. She knew her mom would love listening to music in the kitchen while she worked. Finally, after paying tithing, Andrea had

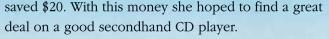
> BY SHEILA KINDRED (Based on a true story)

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Andrea knew Mom wouldn't mind if it was secondhand, because Mom was always happy to find "great deals" and "the best bargains" at the store. Mom would be proud to know that Andrea was trying to get the most for her money too.

The Saturday before Mother's Day, Andrea was excited to find a CD player at her friend Robin's neighborhood yard sale.

"How much?" Andrea asked.

"Fifteen dollars," Robin said.

Fifteen dollars. That meant Andrea would have five dollars left over for a fancy gift box and a card.

"I'll take it," she said. "But can you keep it here for me? I'll need to sneak it home later, after my mom leaves for her hair appointment."

"No problem," Robin said. "I'll put a 'sold' sign on it, and you can pay me when you pick it up."

Andrea walked home smiling and humming to herself. What a good bargain shopper she was! Mom would be so proud.

Then Andrea saw another yard sale. Maybe she could find a great deal here on wrapping paper or ribbon. As she looked at the sale tables, another

> CD player caught her eye. This one was almost the same as the one sold by Robin—except the sign on this one read "\$5."

Five dollars. That was a better bargain than the first one. Andrea couldn't believe her good luck. By spending only five dollars she'd have enough money left over to buy not only a fancy gift box and card but also the choir CD her mom liked so much. Mom would be twice as proud of her for finding this great deal.

Quickly Andrea bought the CD player and carried it home. By now Mom was gone, so Andrea hid it in her closet. She happily called Robin to tell her she didn't

ILLUSTRATIONS BY MARK ROBISON



need her CD player anymore. Robin didn't say much. Soon after Andrea hung up, the phone rang. It was Robin calling back.

"What you did isn't fair," Robin said. "Lots of people wanted my CD player but I told them it was sold to you. Now our yard sale is over and I can't sell it. You broke your promise to me, and that's not nice."

After Robin hung up, Andrea sat in stunned silence. At first she felt mad. "How dare Robin talk to me like that?" she thought. "It's my hard-earned money and I can do whatever I want with it." Besides, getting the best deal was the most important thing, wasn't it?

Then Andrea started feeling bad. Robin was right, she realized. Andrea had broken her agreement. While Andrea had gotten a better deal, Robin got no deal at all.



"A promise is binding until we fulfill it or are released from it."

Elder Russell M. Nelson of the Quorum of the Twelve Apostles² Andrea said a prayer for courage, took a deep breath, and dialed Robin's phone number.

"You're right," she blurted out as soon as she heard Robin's voice. "I'm sorry. I'll pay you the money I promised, but you can keep the CD player. Maybe at another yard sale you can sell it to someone else. Is that OK?"

Now it was Robin's turn to be stunned. Finally she responded: "That's OK. You don't have to pay me. I just remembered someone else who wanted it. I'll give her a call. Thanks, though. I really appreciate it. See you at school, Andrea."

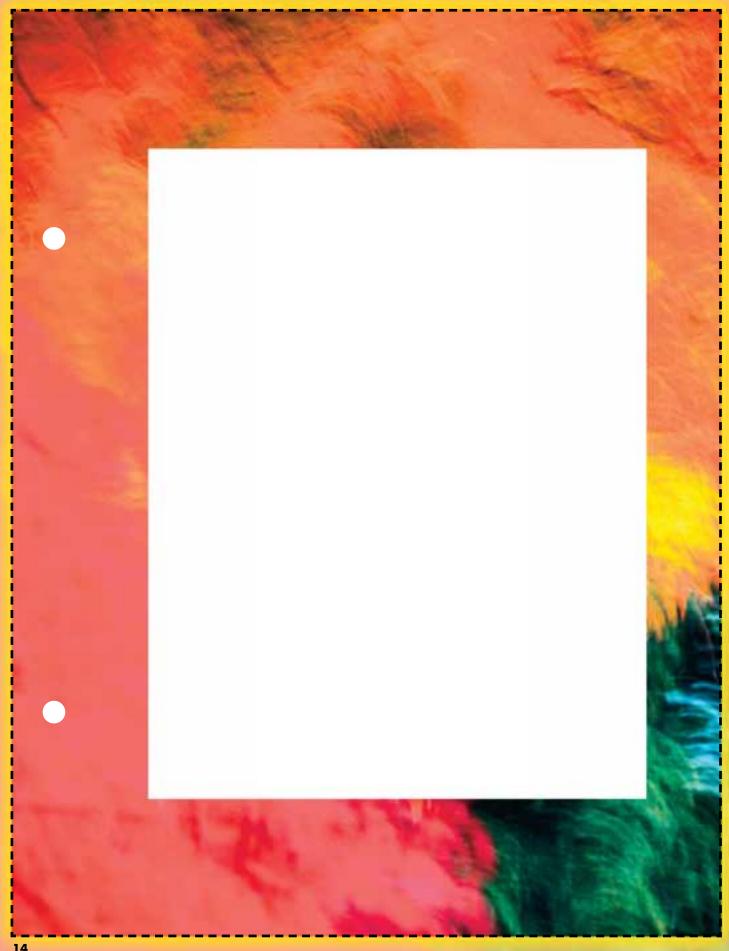
When Andrea hung up, she gave a prayer of thanks that she was able to do the right thing. She knew it was the right thing because now she felt good inside. She was glad she had gotten a great deal on the CD player, but she was even happier that she had strengthened a friendship and learned to have integrity. That was the best bargain of all—one that would make her mother truly proud.



A hug for Mom, A hug for Dad, And one For sis And brother. There's nothing like A family hug To show We love Each other.

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Sharing Time



The family is central to the Creator's plan for the eternal destiny of His children ("The Family: A Proclamation to the World").

BY LINDA CHRISTENSEN

How many people are in your family? Where does your family live? What do you like doing with your family? How do you feel about your family?

In 1995, President Gordon B. Hinckley (1910–2008) introduced "The Family: A Proclamation to the World," which teaches that "the family is central to the Creator's plan for the eternal destiny of His children." Heavenly Father planned for you to come to earth and belong to a family. He knew that you needed a loving family to help you grow and learn how to return to Him someday.

Gather for family home evening and invite your family to read the proclamation. Talk about what it teaches, and choose ways that you can work together to strengthen your family. Sing this Primary song to remind you that families can be together forever. I have a family here on earth. They are so good to me.

I want to share my life with them through all eternity.

Fam'lies can be together forever through Heav'nly Father's plan.

I always want to be with my own family, And the Lord has shown me how I can. The Lord has shown me how I can.

("Families Can Be Together Forever," *Children's Songbook*, 188)

Activity

Remove page 14 and draw or glue a photo of your family in the center. Cut out the frame on the broken lines. Glue short edges together to make a cylinder. Punch two holes in the top as shown, and tie yarn or string through them to make a loop for hanging. Cut six streamers out of paper. On each streamer, write one way you can strengthen your family. Attach the streamers to the bottom of the wind sock.

Note: If you do not wish to remove pages from the magazine, this activity may be copied or printed from the Internet at www.friend.lds.org.

Sharing Time Ideas

(Note: All songs are from *Children's Songbook* unless otherwise noted; GAK = Gospel Art Picture Kit; *TNGC* = *Teaching*, *No Greater Call*.)

1. Play a simple guessing game by giving a series of clues to introduce the monthly theme on the family (see "Examples of Games," *TNGC*, 169). When the children have discovered the answer, write the word *family* on the chalkboard.

Share the story of Lehi traveling into the wilderness (see 1 Nephi 2). Invite the children to share ideas from the story that could strengthen a family, and list the ideas on the chalkboard. Sing "Book of Mormon Stories" (pp. 118–19), verse three.

Share the story of Noah (see Genesis 6–8). Invite the children to share ideas from the story that could strengthen a family. List the ideas on the chalkboard. Sing "Follow the Prophet" (pp. 110–11), verse three.

Provide copies of the family tree from *Primary 3*, lesson 39, p. 196. Invite the children to put names of parents and siblings in the tree and write or draw on the back of the paper ways they can strengthen their family. Bear testimony of how the scriptures teach us ways to strengthen our families.

2. Using simple figures of people that can be combined to make families, or using the children themselves, invite children to come forward and make a family similar to their own. Talk about how families are the same and how they are different. (This discussion should follow the teachings in the proclamation.)

Read Ephesians 6:1–4. Explain that each member of a family has a divine role. Help the children memorize these phrases from the scripture: "Children, obey your parents" and "Honour thy father and mother."

Write the words *honor* and *obey* on the chalkboard. Explain that the word *honor* means to show respect for our parents, and the word *obey* describes our actions when we show that respect. Sing verses one and two of "Quickly I'll Obey" (p. 197).

Prepare several case studies (see "Case Studies," *TNGC*, 161–62) to help the children apply in their lives the principles of honoring and obeying parents. Sing the phrase "quickly I'll obey" between each case study. Bear testimony of the importance of honoring and obeying parents.

For older children: Give each class a scriptural account of children honoring and obeying parents. Invite them to read the account and then briefly share the story with the rest of the Primary. (Examples: Abraham and Isaac, Naomi and Ruth, Alma and Helaman, Lehi and Nephi, Mormon and Moroni.)

3. Show a personal family photo or GAK 616 (Family Togetherness). Show *Family Home Evening Video Supplement*, 1. "Fortifying Your Family." (Because the narration in this video segment is for parents, explain to the children that the sound will be turned off, and that you would like them to watch for ways the family protected themselves from the storm and what they did to strengthen their family.)

Invite the children to share what they noticed from the video. Make a short list on the chalkboard. Compare the list with the Faith in God Award requirements in the *Faith in God* guidebooks, pages 4–5. Emphasize how scripture study, individual and family prayer, and family home evening can strengthen our families.

Provide a copy of the wind-sock activity on page 14 in this month's *Friend*. Review the instructions and gather the necessary materials to complete this activity during sharing time. Invite the children to write "scripture study," "prayer," and "family home evening" on the streamers of the wind sock.

Sing a song that reinforces scripture study, prayer, or family home

evening. (Suggested songs: "Search, Ponder, and Pray" [p. 109], "Family Prayer" [p. 189], "Family Night" [p. 195], or "Families Can Be Together Forever" [p. 188].) Bear testimony of how these activities strengthen your family.

4. Write the weekly gospel principle on the chalkboard as shown: The p_ _ can b_____ and s_____ ____ my f____ . Sing the first line of "The Priesthood Is Restored" (p. 89). Have the children listen for a word to complete the first blank in the sentence. When the children guess correctly, write the word priesthood in the first blank. Sing the first two lines of the second verse of "Love Is Spoken Here" (pp. 190-91). Have the children listen for two words that will complete the next two blanks in the sentence. When the children guess the words blessed and strength, explain that to help the message make sense, you will need to change the words to bless and strengthen. Write them in the blanks. Sing the first line of "Families Can Be Together Forever" (p. 188). Listen for the word that completes the sentence. Write in the word *family*, and then read the sentence together.

Use the following pictures from the *Primary 2* picture packet: 2-20, 2-27, 2-29, 2-30, 2-31, 2-32, 2-33. Give each class a pencil, a piece of paper, and a picture of a priesthood ordinance. Ask them to keep their picture a secret so they can play a guessing game. Ask each class to think of three clues that would help someone guess the priesthood ordinance shown in their picture, and write them on the paper. Invite each class to share their clues, and let the Primary guess what priesthood ordinance they are describing. As each ordinance is discovered, place the picture on the chalkboard. Invite children and teachers to share positive experiences that have blessed their lives or the lives of their family that relate to each priesthood ordinance. Bear testimony of how the priesthood blesses and strengthens families.

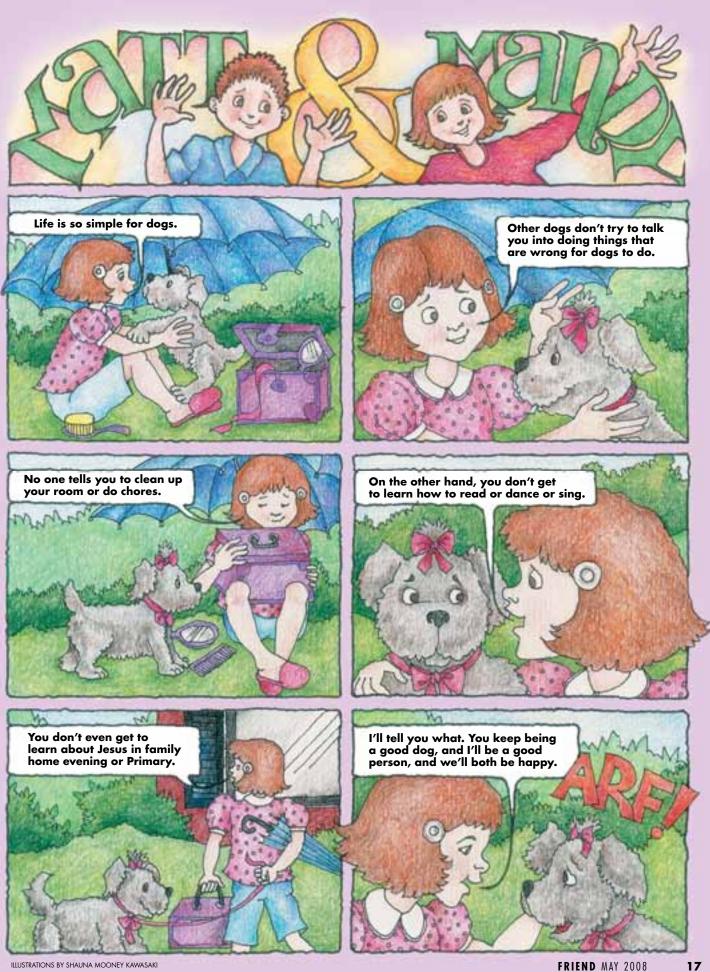
5. *Song presentation:* "Home" (p. 192). Gather pictures of homes, or invite children to draw pictures of homes. Display the pictures and explain that even though homes look different, they are all places that provide shelter for a family.

Teach the melody of the song by using the pictures of the homes as visual clues. Invite children to the front of the room to hold the pictures. Hum or play the first phrase of the song, and help the children discover the melody line by placing the pictures at different levels to match the melody line of the phrase. Teach one phrase at a time until the melody is learned.

Explain that this song teaches important truths about a home. Ask, "What is in a home?" Sing the first phrase to the children and have them listen for the answer ("heart"). Ask the children to touch their heart as you sing that phrase together. Next, ask them to listen for two words that describe feelings in our hearts. Sing the second phrase to the children and get their responses ("warmth" and "love"). Sing the second phrase together. Explain the meaning of the word *abound*. Teach the third phrase by asking the children to listen for words that describe a hug. Sing the third phrase and get responses ("warm, circling arms"). Sing the phrase together. As you sing the last phrase, hold your arms out in front of you as if you were going to hug another person, then as you sing the phrase bring your arms close to you and give yourself a hug. Sing the final phrase with the children. Sing the first verse together. Bear testimony of the blessings of a home.

Continue to ask questions that focus the children's listening, and sing to the children as you teach verses two and three.

6. *Friend* references: "Love at Home," Sept. 2004, 42–43; "Strengthen the Family," May 2000, 45; "Pie Dough to Play Dough," Nov. 2006, 38–40; "Strengthening My Family," June 2004, 36–37; "A Perfect Match," Oct. 2006, 20–22; "A Brother's Example," Dec. 2005, 8–9.



ILLUSTRATIONS BY SHAUNA MOONEY KAWASAKI

Trying to Be Like Jesus

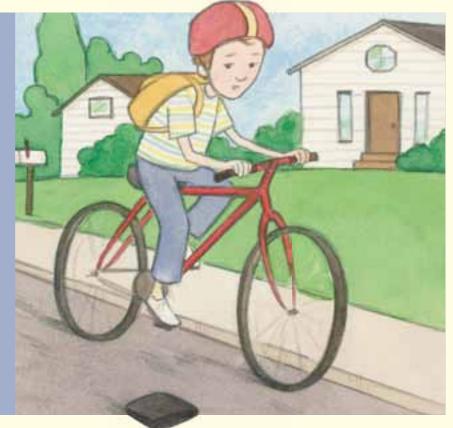
He that followeth me shall not walk in darkness, but shall have the light of life (John 8:12).

I Will Be Honest*



was riding my bike to school as usual, but this day was different! I saw something on the ground. It was

black and rectangular, and I realized that it was a wallet. I was tempted to take the money, but I decided to choose the right and return it to the owner. After I gave it to the main office at school, they said they were proud of me. I felt good that I had done the right thing. *Zane J., age 11, Texas*



Sweet Feelings



One day my mom was making crafts using candy. When she wasn't looking I put one of the

candies in my pocket. I wanted to save it and eat it later, even though

I knew I should have asked my mom first. I knew I had made the wrong choice, so I told my mom what I had done. After I told her I felt happy inside. I want to choose

> the right every day. Allison R., age 5, Idaho, with help from her mom

Being Nice

One day in my preschool class, a little girl cried because two other girls wouldn't let her play. I hopped



off my bike and told her I would play with her because I'm a Mormon. She asked me, "What's a Mormon?" I answered, "Someone who is nice." I hope I can always show kindness like Jesus. I hope you can too!

Reagan R., age 5, Illinois, with help from her mom

*See My Gospel Standards, *Faith in God* guidebook, back cover.

Kindness Reminder



n the October 2004 issue of the *Friend* there was a story called "The New Boy." It was about how a boy

was friendly to a new boy at school who came from China. There was a boy at my school who always picked on other children and called them bad names. After I read the story, I told him to leave the other children alone. The story reminded me to be friendly to others and do what I can

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to help them. I am thankful for the gospel because it helps me to be a better person. *Katherine J., age 10, California*

Following an Impression



One night Braden was sitting in his bedroom playing a game. He thought he heard someone

crying, but who could that be? Braden kept playing with his game. Then he heard the crying again. Something told him that he should go downstairs, and that maybe he could help. He got up and went downstairs.

His mom was sitting on the sofa, crying. What would make his mother feel better? He began cleaning up the living room. Then he put some ice in a cup for her. She was expecting a baby and liked ice.

His mother hugged him. She told him that she was feeling sick and lonely because Dad was out of town on business. She had asked Heavenly Father to please send someone to help her. Braden told her about the feeling that he should come downstairs. His mother told him that the feeling was the Holy Ghost, and that by following the Holy Ghost he had been an answer to her prayer.

By Gary R., as told to Sarah Cutler Braden R., age 6, Arizona

ILLUSTRATIONS BY REBECCA JACOBSON

19



Children all over the world pray, sing Primary songs, and learn about the gospel—just like you! This month let's meet Gabriella Kate Willson of Kellyville, New South Wales, Australia.

BY JULIE WARDELL Church Magazines

ine-year-old Gabriella Kate Willson has several names. Her dad nicknamed her Nugget since she is a very happy, bright, and precious girl. She is happy at home as well as at school where she won an award for the student with the brightest and happiest smile. But the name most people like to call her is Gabbi.

Helping Hand

Gabbi knows that part of making a house a happy home is

Adorable Ginger

Gabbi adores her pet guinea pig, Ginger. The first thing Gabbi does every morning when she gets up is check on Ginger. And the first thing she does when she gets home from school is check on Ginger again to make sure she still has food and water. "Every third day, I clean her cage," Gabbi says. In fact, she would like to become a veterinarian someday. "Then I could have lots of animals!" she declares.



Whether jumping rope or helping her brother read, Gabbi puts her heart into her work.

with her sister was on Christ's Crucifixion. Biko (sticky coconut rice pudding) is a favorite family treat.

Start the Day Right

Each morning before Gabbi's dad goes to work, the family gathers together to read the scriptures and have family prayer. Gabbi is happy they start each day this way because she loves to read the scriptures. She learned to read at the age of four and read the Book of Mormon at the age of five.

Bakes

"I especially enjoy reading about Alma, Helaman, and the stripling warriors," Gabbi says.

keeping it clean, and she enjoys doing it! Her mother says, "I appreciate Gabbi's good attitude and sense of responsibility in doing her chores." She and her sister, Alicia (11), take turns doing the dishes, setting the table, and fixing breakfast. Every Saturday they take turns vacuuming, dusting, and cleaning their bedroom and the bathroom. Gabbi also likes to help her brother, Bradley (5), do his chores.

Baptism Day

Becoming a member of the Church was a very happy day for Gabbi. She remembers eagerly looking forward to her baptism and confirmation. "I felt fresh and clean after my baptism. I decided I would try to be nicer to my brother and sister. I'm trying to be very patient with my brother while I help him learn to read."

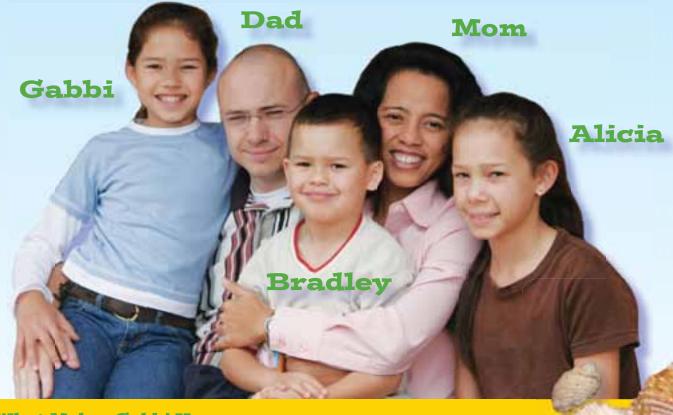
Family Home Evening

Scripture charades and scripture mastery are two activities Gabbi enjoys participating in during family home evening. One lesson that she liked preparing

PHOTOGRAPHS BY JULIE WARDELL AND JANET THOMAS

School and the Gospel

Maths and spelling are two subjects Gabbi enjoys. And playing T-ball at recess is fun. She knows that one of the best ways she can be a missionary at school is to set a good example and be kind. "If my friends are doing something wrong, I tell them that I won't do it because I don't feel good about it," Gabbi explains. Each year the school has a speech contest. One year she talked about the Church and the next year she talked about the changes in the environment. When Gabbi was asked to represent her grade in the speech competition, she thought it was very scary. "I practiced and practiced so I wouldn't be afraid," she says.



What Makes Gabbi Happy

- 1. Taking piano lessons from her grandmother, and practicing
- 2. Attending Primary and sacrament meeting where she likes to take notes on the talks
- 3. Reading, especially mysteries
- 4. Practicing gymnastics
- 5. Spending time at the beach with her family collecting shells, making sandcastles, and playing in the waves
- 6. Writing in her journal at least once a week
- 7. Helping others
- 8. Keeping in touch by e-mail with family who live in England, Spain, and Thailand
- 9. Writing personal notes for her mom and dad
- 10. Eating lasagna and anything chocolate, like chocolate-chip cookies or chocolate ice cream

Read about Gabriella Willson from Australia on page 20. Then try this sweet treat from Down Under.

Lamingtons 1 cup butter 1 cup sugar 4 large eggs (beaten)

- 2 cups flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- 2 cups powdered sugar
 1/4 cup boiling water
 2 teaspoons milk
 1 teaspoon vanilla extract
 2 tablespoons baking cocoa
 2 cups shredded coconut

1. In a large bowl, cream the butter and sugar. Add the eggs and mix well. In a separate bowl, mix the flour, baking powder, and salt. Slowly add the flour mixture to the butter mixture and mix well.

2. Pour the batter into a 9 x 13-inch (23 x 33-cm) pan coated with nonstick spray. Bake at 350° F (177°C) for 30 minutes. Allow cake to cool completely on a wire rack.

3. Sift powdered sugar into a bowl. In another bowl, add boiling water, milk, and vanilla to the baking cocoa and mix. Stir cocoa mixture into the powdered sugar. Beat well.

4. Cut the cooled cake into 16 squares. Use tongs to dip the cake pieces in the chocolate mixture. Then dip the chocolate-covered cakes in coconut. Allow cakes to dry on a rack before serving.

What is priesthood?

of the high priesthood. It prepares Christ of Latter-day Saints receive or the "lesser priesthood," is part work on earth. The Melchizedek priesthood," was named after a members of The Church of Jesus authority of God. Worthy male a king. The Aaronic Priesthood, righteous high priest who was boys and men to receive the Priesthood is the power and the priesthood to do God's Melchizedek Priesthood. Priesthood, or the "high

Has the priesthood always been on the earth?

After Jesus Christ and His Apostles were killed, the priesthood was taken from the earth. In 1829, John the Baptist returned as a resur-



the earth, conferred the Melchizedek Priesthood were Apostles of Jesus Christ when He lived on rected being to restore the Aaronic Priesthood. He conferred it upon Joseph Smith and Oliver Cowdery. Later, Peter, James, and John, who on Joseph and Oliver.

scriptures can l learn about the priesthood? Where in the





How does the priesthood bless my life?

D&C 27:7-8, 12-13

D&C 20:38-60

D&C 84:33-40





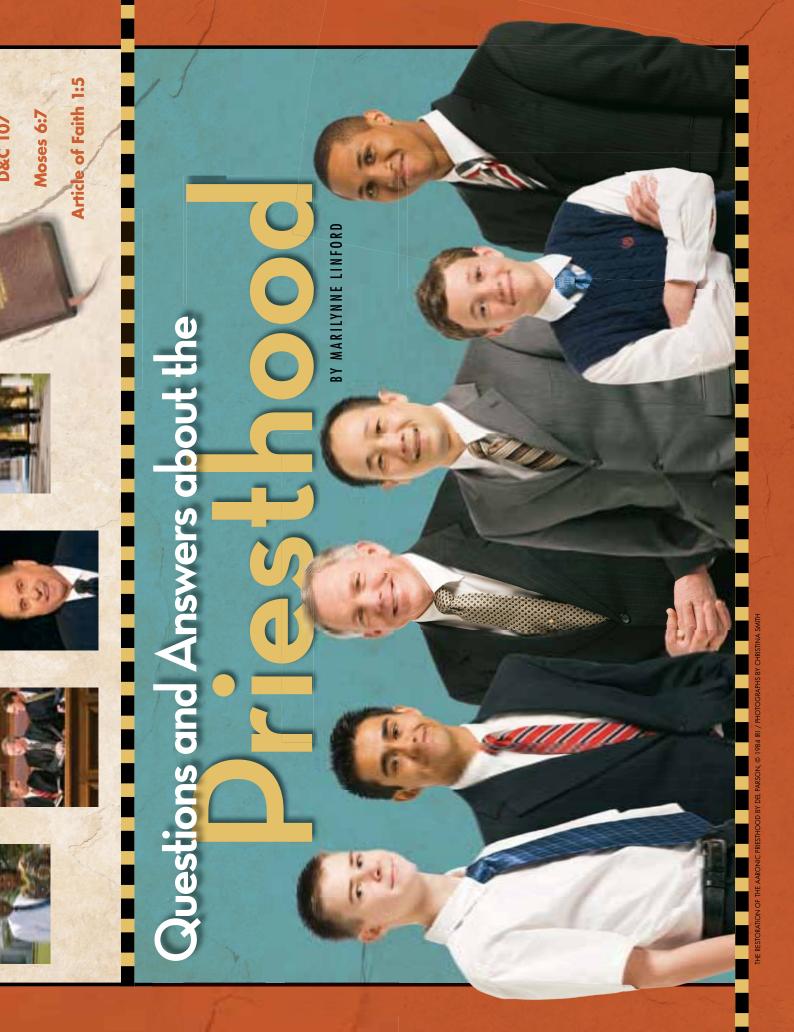




Alma 13:6-9

D&C 13

1 Peter 2:9



Mothers in the Scriptures

sfapstafe

There are many mothers mentioned in the scriptures. Can you match their descriptions with their names and the names of their sons? If you need help, turn to the scripture references provided.

1. The Lord told my husband in a dream that Jerusalem would be destroyed. My sons went back to Jerusalem to obtain the brass plates. (See 1 Nephi 1:18; 2:5; 3-4.)

2. I promised the Lord that if I had a son, he would serve the Lord. My son grew up in the temple and became a prophet. (See 1 Samuel 1:9–11, 20, 27–28.)

3. I did not have any children until I was very old. My son baptized Jesus Christ in the Jordan River. (See Luke 1:57-60; Matthew 3:13-17.)

4. I was called "blessed" by an angel of the Lord. My son became the Savior of the world. (See Luke 1:27–28, 31–32.)

5. My husband, Abraham, was commanded by the Lord to sacrifice my son. (See Genesis 21:3; 22:1–18.)

6. I saved my baby son from the pharaoh by putting him in a basket in the river. He later led the Israelites to the promised land. (See Exodus 2:1-9; 3:1-10; 6:20.)



a. Elisabeth, mother of John the Baptist



c. Mary, mother of Jesus Christ



e. Hannah, mother of the prophet Samuel



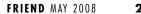
b. Jochebed, mother of Moses



d. Sariah, mother of Nephi



f. Sarah, mother of Isaac



Spring by d. a. stone

What do you like about spring? Whether spring has arrived or is a long way off where you live, think about the reasons you like this season. Then find the words in the list below.

	VVVVV
Apple blossoms	
Birds	
Bloom	S I S O F T B A L L A M O T H E E Y E S S A S L S A D B A R
Breezes	T E Z D S H P E A R O L L F Y
Butterflies	ATEEROPIBTFOSAZ
Fishing	K E R T E W L L E O K I T J D S E B U W R E F A G N I R P S
Hopscotch	RNELOSBRINMARYR
Kites	EIAIHSLEELTZELQ
Marbles	L H O P S C O T C H F I S E H L S K S U B S T L B O W N T T
Planting	ONMILESURAINMGB
Rainbow	R U L O T W O B N I A R A I M
Roller skates	E S O F C E M D O R A L D A T M G N I H S I F W A P P S
Seeds	
Showers	
Softball	
Spring	
Sunshine	
Tennis	
Tulips	
Warmth	NK
	Funstuf Answers Mothers in the Scriptures: 1.) d, 2.) e, 3.) a, 4.) c, 5.) f, 6.) b.

BY DARLENE YOUNG (Based on a true story)

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EXI

Look up the following scriptures: 2 Nephi 8:7; Alma 1:25; Luke 21:36. Circle the one you think fits the story best.

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ndy straightened his neckerchief and grabbed his Webelos manual. "Hurry, Andy! You're going to be late," his mother called from downstairs. He rushed down and out the front door.

"Bye, Mom!" he yelled as he hopped on his bike. In his last ward, his mom had driven him to the church every week for Scouts.



It seemed so cool that now he could ride his bike just around the block to Sister Snow's house for den meeting.

Sister Snow's son, B.J., answered the door. Andy liked B.J., but B.J. always seemed to be looking over Andy's shoulder, like he was hoping someone else would show up. B.J. led Andy to the family room where David, Tanner, Bryce, and Jemison were busy painting a poster. David looked up and smiled when Andy said hi.

All during the meeting Andy tried to be friendly to everyone, but especially to B.J. He wanted to have some friends in his new ward before school started. It would be easier to go to a new school if he already had friends.

When den meeting was over, Sister Snow said that the boys could stay and play together a little longer if they wanted to.

"Great!" B.J. said. "Let's play a video game. You have to see this new one I got."

Andy looked to see what game B.J. was putting on. With a sinking feeling, he realized it was not one his parents would let him play.

"What's wrong?" David asked. All the boys turned to look at Andy.

"I was just wondering what other games you have," Andy said to B.J.

"Why? Don't you like this one?"

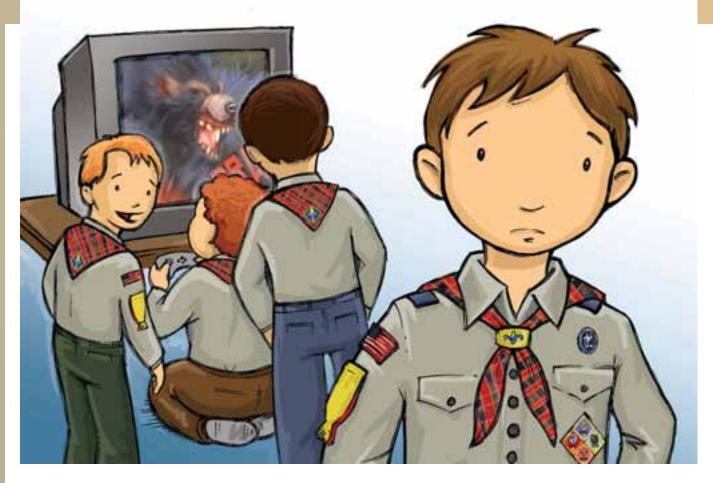
"It's just—it's just that . . . " Andy stammered, trying to make his voice work. "It's just that my parents won't let me play that game."

B.J. laughed. "Oh. Well, that's OK. We won't tell them."

Andy felt the other boys watching him. He said in a small voice, "I think maybe I'll go home."

Nobody said anything for a second. Then David said, "Hey, guys, let's pick another game."

"You could always stay and just watch, you know," B.J. said.



Watching wasn't the same as playing, was it? But, no, that didn't feel right to Andy either. He felt all tight inside and wanted to cry. "No, I think I'd better not."

"Better not what?" Sister Snow asked as she passed through the room. "What's wrong, Andy?"

"Andy thinks his parents won't let him play this game," B.J. said.

"Wow, Andy. That's really responsible of you to obey your parents even when they aren't around." Sister Snow smiled. Then she left. Andy had hoped she would make B.J. change the game. Now what would he do?

Finally B.J. said, "All right. Let's just pick another one." He put in a different game. Even though Andy was allowed to play it, he still felt lonely.

When he got home, Andy ran straight to his room. A few minutes later his father knocked on the door. "Andy? Can I come in?"

Andy rolled over and looked at the wall. "I guess," he answered softly.

Andy's dad came in and sat on the edge of the bed. "Sister Snow called," he said. "She told me you

followed our family rules and didn't play the game the other boys chose."

Andy shrugged. Then he looked up into his father's face. He was smiling. "Andy, I am so proud of you."

Hearing the love in his father's voice made tears come into Andy's eyes. "I thought about calling you or Mom. I thought maybe if I asked on the phone, you might let me play it."

"So why didn't you call us?"

"Because I knew what you would say. Then the other boys said I should just play it, because you would never know."

"But you didn't do that," Dad said.

"No, but I almost did. The game looked really cool, and I felt like a baby not playing it. I can't wait until I'm a teenager and can play those games."

"Wait a minute," Dad said. "Are you sure you'll be playing them when you are a teenager?"

"But the rating was—"

"I know. But some things are still not good for us even when we are older. Your mother and I are both old enough to see any kind of movie, but we don't



"Having received the Spirit of Christ to know good from evil, we should always choose the good." Elder Joseph B. Wirthlin of the Quorum of the Twelve Apostles³

because the Holy Ghost has told us that some movies aren't good for us. We have rules for you now, but as you get older you'll have to make rules for yourself rules that will help you keep the Holy Ghost with you."

"But it's so hard to be left out," Andy said. "Let me tell you something that has helped me," Dad said. "I have a best friend who helps me choose the right: Mom. We can always do good things together. Do you have any friends who might feel the same as you about video games?" Andy thought about that. "Well, I think David might have been glad when they switched to another game." "It sounds like David is the kind of boy you might

want to spend some more time with."

"Yeah, maybe so. Dad, can I invite David over tomorrow?"

"OK," Dad said. "I love you, buddy." Dad rubbed Andy's hair and left the room.

Andy sat on his bed for a few more minutes and thought about David. It would be nice to have a friend who didn't want Andy to do what felt wrong.

Andy looked at the bare walls around his room and the moving boxes on the floor. He would call David right now. David was probably the right person to help Andy hang his posters up tomorrow.

Picture Books

Not a Box, by Antoinette Portis. A little rabbit finds a box . . . but it's not just a box. It's a race car, a mountain, a burning building, a robot! What can a box become in your imagination?

Fancy Nancy, by Jane O'Connor, illustrated by Robin Preiss Glasser. Nancy is fancy, but her family isn't. So Nancy offers to teach them how to have more pizzazz. Will they want to be fancy too?

All in Just One Cookie, by Susan E. Goodman, illustrated by Timothy Bush. Where do the ingredients in chocolate-chip cookies come from?

> When Grandma cooks, they can come from as far away as

Madagascar or as close as your own backyard.

The Pink Refrigerator, by Tim Egan. Dodsworth lives a dull life until he finds an old refrigerator in the junkyard with a magnet that just won't come off. The magnet advises Dodsworth to "make pictures," "read more," and "make music." Find out what other magic the refrigerator holds.

For children ages 5-9

A Mother's Journey, by Sandra Markle, illustrated by Alan Marks. Follow the story of an emperor penguin as she lays her first egg and then begins her journey to the sea to find food for herself and her soon-tohatch chick.



Mole and Shrew All Year Through*, by Jackie French Koller, illustrated by John Beder. Spend a year with best friends Mole and Shrew as they make New Year's resolutions, hunt for eggs, have a parade, and get ready for Christmas.

*Mr. Putter and Tabby Feed the Fish**, by Cynthia Rylant, illustrated by Arthur Howard. Mr. Putter likes fish; so does Tabby, his fine cat. But does Tabby like the fish too much? Maybe Mrs. Teaberry and her dog, Zeke, can help.

Guji Guji, by Chih-Yuan Chen. Mother Duck doesn't notice when a large egg rolls into her nest. When her eggs hatch, she has three ducklings and a baby crocodile, Guji Guji. When duck-hungry



crocodiles make fun of Guji Guji's ways and try to tempt him into betraying his family, he is put to the test.

For children ages 10-12

Moxy Maxwell Does Not Love Stuart Little, by Peggy Gifford. Moxy has tried to do her summer reading assignment. She really has. It's just that there are so many other things to do first . . . go swimming, plant an orchard, rest in the hammock. See if she finishes her book before school starts again!

The End of the Beginning: Being the Adventures of a Small Snail (and an Even Smaller Ant), by Avi. Join the adventure as Avon the snail and Edward the ant set out to find a happy life. Along the

Cruji Cri

way they meet new friends (a caterpillar, a cricket, and a salamander, to name a few), and discover things about the world as well as themselves.

Nonfiction

A Seed Is Sleepy, by Dianna Hutts Aston, illustrated by Sylvia Long. What is a seed? Where does its journey begin, and where does it end? Lovely illustrations paired with beautiful words tell the story of a seed's many features.

Gone Wild: An Endangered Animal Alphabet, by David McLimans. See more than the alphabet as you read through this menagerie. Each letter

> takes on the shape of an endangered animal, and a

These reviews do not constitute official Church endorsement of these books, but the books have been carefully reviewed to ensure that Church standards are observed. **Warning:** Occasionally, characters who are not members of The Church of Jesus Christ of Latter-day Saints do not follow the Word of Wisdom. Selections where this occurs are marked with an asterisk (*).

box on each page gives information about the animal.

I Wonder What It's Like to Be an Earthworm, by Erin M. Hovanec. Anyone who has played in the grass has encountered an earthworm from time to time. Discover what it's like to be an earthworm as you read about the way they live.

You Can't See Your Bones with Binoculars: A Guide to Your 206 Bones, by Harriet Ziefert, pictures by Amanda Haley. Can you see your bones with binoculars? Of course not! But you can see them with X-rays. Learn

Iou Can't See Toxy Born

about anatomy as you study real X-rays of bones on top of the illustrations.

BACKGROUND PHOTO CORBIS

Boan

The Beautiful Green Glass

BY DIANE MARIE FRANSON (Based on a true story)

Jesus . . . said, It is more blessed to give than to receive (Acts 20:35).



1. "Lunch is ready!" Mom called.



2. Three-year-old Trevor raced to the kitchen and quickly sat down on the stool.



3. His eyes flew past his peanut butter and jelly sandwich and apple slices to the shiny green glass full of milk.



4. "Hooray!" he exclaimed. Trevor and his five-yearold sister, Andrea, both liked to drink from the beautiful green glass. Since there was only one green glass, they took turns. Today was Trevor's day.



5. "But, Mom, I really wanted to have that glass today!" Andrea declared. The look on her face was stormy and disappointed as she stomped to the counter.



6. "I'm sorry, it's Trevor's turn today," Mom said.



7. Trevor looked at his sister. He knew she had a cold and didn't feel well. She was always loving and kind to him. She was quick to share, and she was a great playmate. Trevor knew he loved the green glass, but he loved Andrea more.



8. "Here, sister," he said simply as he slid the glass by her plate. "In nursery, the teacher said when people are sad, we share."



9. "Oh, Trevor!" Andrea said with a smiling face as she gave him a hug. Trevor knew her happy face and warm hug were better than drinking from the green glass.

Let's Plant a Garden





Push them in the dark earth. (Take each seed from palm-up hand and poke it in the ground.)



Green leaves in a row. (Hold hands and fingers straight up with thumbs next to each other to form a row.)



Today, let's plant a garden! (Make a digging motion with your hands.)



Pull out all the weeds. (With hand pull up weeds from the ground.)



Come, let's get the seeds. (Put one hand palm up and pretend to pick up seeds with the other hand.)



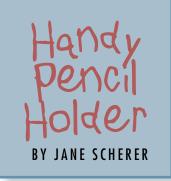
Look, the seeds are sprouting. (Point to the floor. Place hand behind horizontal arm and move straight fingers up.)



The Lord sends sun and water. (Form a circle with arms and hands. Then make a sprinkling motion with wriggling fingers.)



Watch our garden grow! (Put hand behind horizontal arm and move straight fingers up.)



To make a pencil holder, you will need: scissors, a seed packet with a picture of a flower or vegetable on the front, a ruler, a small piece of lightweight cardboard, narrow ribbon 20 inches (51 cm) long, glue, and two new pencils.



Neatly cut off the top of the seed packet. Save the seeds to plant later.

Make a small bow with an 11-inch (28-cm) length of ribbon. Glue it to the outside of the packet.



Using the remaining length of ribbon, glue an end to the inside of each side of the packet and let dry.

Cut the cardboard slightly less than the width of the packet by 1/2 inch (1.3 cm). With the ruler, crease the cardboard through the middle. Glue the cardboard across the inside bottom of the package to make it stronger.

Place two pencils inside the packet.

Our Creative Friends

Forgiveness

Father, Father Hear my plea. I plead for forgiveness. I plead for Your forgiveness. I just plead for that one thing. Please, Father. It will feel good. It will. It will. Thank You for forgiveness. Thank You. Jacob H., age 9, Washington

Love

It is a family, It is a friend, It is a brother and sister, But most important, it is me and you together forever. *Kryschell S., age 10, Utah*

For Lindsay

My big sister, soft and dear, I am so glad that we are here Sitting together just us two, You loving me and me loving you. *Lauren A., age 8, Kentucky*

Death Is Life

Death is not the end. Death is the beginning of a new life. So do not fear death. Your friends and family will be waiting for you, And so will your Savior, Jesus Christ, and God Himself. For you are His child: do not fear. Just lift up your head and say, "Hello, Father."

Aaron S., age 10, Arizona

I'm Coming!

I'm coming to you, Father. I'll try my whole life through To stay on the directed path. I'll try to get to You. I will try to get back home. I will try to live life right. I will try to do the best I can. I will stay clean in Thy sight. I will try to pass my trials, Even though it may cost. I know that if I do my best, Thy Spirit won't be lost. The trials that I face, The steps that I must take, Everything that I must do, The sacrifice I'll make-I will do it very willingly, If it helps me get to Thee. For I know that Thou art waiting-That is my reward to be.

Jaide Tai-Anne P., age 11, Idaho

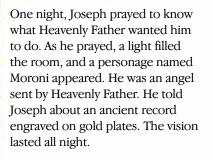
Drawings

- Julianne B., age 10, Utah
- 2 Steven N., age 7, New Hampshire
- 3 Rudy W., age 6, Nevada
- 4 Wesley H., age 8, Idaho
- 5 Sierra Marie J., age 7, Montana
- 6 Hunter J., age 3, Queensland, Australia
- 7 Kurtis D., age 6, Minnesota
- 8 Chason H., age 5, Nevada
- 9 Mallory M., age 7, Texas
- 10 Leif H., age 6, Washington
- 1 Allyson G., age 4, Washington
- 12 Rebecca Z., age 9, Alberta, Canada
- **13** Daniel L., age 11, Colorado
- 14 Kelsey C., age 11, Utah
- 15 Shaunessy R., age 7, Texas











The next day, Joseph couldn't work because he was so tired.

On Joseph's way back, Moroni appeared to Joseph and repeated what he'd said the night before. Then he told Joseph to tell his father about the visions.



The vision is of God, Joseph. Do as the angel says.

Joseph went to the Hill Cumorah. When he pried up a large rock, he



saw the gold plates, the Urim and Thummim, and a breastplate buried in a stone box.



Adapted from Lucy Mack Smith, History of Joseph Smith, ed. Preston Nibley (1979), 108, 112, 121-22; see also Teachings of Presidents of the Church: Joseph Smith (2007), 7, 59, 441.

FRIEND MAY 2008





BY MARIANNE DAHL JOHNSON

(Based on a true story)

All things work together for good to them that love God (Romans 8:28).

laire stomped her foot and glared at her closed bedroom door. Then she collapsed on her bed in tears. It was so unfair! Claire had two younger sisters and one younger brother. All she ever did was clean up after them! At least that's what she had told Dad five minutes ago.

Claire had been reading a book, her favorite thing to do. Danielle was at the kitchen table making an art project. Liberty was playing with her blocks and dolls, and Hyrum was playing with his farm set.

"Guess what?" Mom said as she walked into the room. "Dad checked out a fun video at the library. Please clean up quickly so there will be time to eat dinner and watch the video before bedtime," Mom said. "Claire, please help Hyrum clean up his farm set."

As Claire set her book down, she heard her sisters complaining. Danielle said she wasn't done with her art project and Liberty said she was too little to clean up her toys. Claire smiled. Liberty always said she was too little when she was asked to do something. "I have to clean up Hyrum's toys and I'm not complaining," Claire thought. She scooped little farm animals into the toy barn and then put the barn on the shelf in Hyrum's room. Then she went back to the couch and opened her book.

> Dad came into the room. "Claire, could you please help Liberty clean up the blocks and dolls?" he asked. "Mom and I will be busy making dinner."

> > "But I didn't play with them, Dad," Claire said. "Mom said we needed to clean up what we were playing with. I already cleaned up Hyrum's mess."

"Claire, we need to work together or we won't have time to finish the video before bedtime," Dad said. "Please go help Liberty."

Claire was upset. She saw all of the blocks scattered throughout the family room. They had been made into little houses for Liberty's dolls and stuffed animals. What a mess! She stomped her foot. "All I ever do is clean up after little kids!" she said.

"Let's go to your room," Dad said. He walked with Claire to her room. When they got there he said, "I know you've already cleaned.

But we are a family and we work together. We all want to watch the video, so we all need to help. Danielle is cleaning up her art project, and Mom and I are making dinner. Liberty made a big mess but she's



only three. She needs help. Can you please be more willing to help?"

Now Claire lay on her bed crying. She felt awful inside. Did her parents think she was a maid? Maybe they should call her "Clean-up Claire." Claire felt like a dark cloud was hanging over her head. She felt angry and alone. She took a deep breath. "I've got to stop feeling like this," she thought. "What can I do to feel better?"

She knew what would make her feel better. She wiped the tears out of her eyes and knelt by the side of her bed. "Heavenly Father," she prayed, "I'm sorry for the way I've acted. I'm sorry that I didn't obey and that I complained to my parents. Please help me to feel better. Please help me feel the Spirit."

As she said those words, the dark feelings left her. She felt warm and peaceful. She stayed on her knees and enjoyed the good feelings in her heart. Then she stood up. "This won't be so bad," she thought. She opened her door and quickly found the bucket that the blocks went in. She scooped them up as quickly as she could. "Liberty," she called, "come and help me put these dolls and stuffed animals away." "I can't help," Liberty said as she walked into the room. "I'm too little."

Claire smiled at her. "No, you're not," Claire said kindly. "Come on, I'll help you." Together the girls picked up the family room. Then Claire went into the kitchen where Mom and Dad were setting the table.

"I'm sorry I complained," Claire said.

Mom and Dad smiled at her. "Thank you, Claire," Dad said.

As the family gathered around the table, Mom said, "I never realized how much effect one person can have on the feeling we have in our home. A little while ago, it didn't seem like the Spirit was here. But now, I know that it is. Thank you for doing your work happily, Claire."

Claire smiled. She knew she had helped her whole family. •

"Every family can be strengthened in one way or another if the Spirit of the Lord is brought into our homes."

Elder Robert D. Hales of the Quorum of the Twelve Apostles⁴



Special Witness



Does it really matter what kind of music I listen to?

- You cannot afford to fill your mind with the unworthy hard music of our day. . . . Such music as that is not worthy of you.
- You are a son or a daughter of Almighty God. He has inspired a world full of wonderful things to learn and to do, uplifting music of many kinds that you may enjoy.
- Pay careful attention to the music you program for your activities.
- There is so much wonderful, uplifting music available that we can experience to our advantage. Our people ought to be surrounded by good music of all kinds.
- If you are blessed with musical talent, develop a wide range of good music.



President Boyd K. Packer, President of the Quorum of the Twelve Apostles, shares some of his thoughts on this subject.



Friends in the News



Sarch S., 4, Minnesota, likes the *Friend*. She enjoys Primary singing time, making new friends, dancing, swimming, and tae kwon do. She helps her mom, papa, and little sister, Amy.



Riley W., 3, Nebraska, likes playing outside, helping his mom in the kitchen, and laughing with his family. He is kind to his younger brother, Ethan. Riley has one sister and four brothers.



Morisso and Brondon R., 10 and 4, Oklahoma, love each other. Marissa has a cat named Amelia and a dog named Riley. She enjoys reading and going to activity days. Brandon likes to play games, spend time with his friend Josh, and be a good helper.



Madeline W., 10, Maryland, loves to obey the commandments. She is a hard worker and a great helper to her family. She enjoys reading, drawing, skating, playing the piano, and going to activity days.



Tobics O., 6, Arizona, has memorized the Articles of Faith and is learning the Ten Commandments. His favorite Primary songs are "Follow the Prophet" and "Scripture Power." He looks forward to taking piano and karate lessons.

Copperview Fourth Ward

The Primary children in the Copperview Fourth Ward, Riverton Utah Copperview Stake, were given copies of the *Friend* and challenged to read it by themselves or with their families. Some children even read it at school during free time. When they finished, they were excited to start reading the next month's issue.



Kimberly Second Ward

The Primary children of the Kimberly Second Ward, Kimberly Idaho Stake, made a replica of the soon-to-be-built Twin Falls Idaho Temple out of 1,500 sugar cubes. Each cube represents one temple ordinance performed by a ward member.



Forrest, Kira, Emma, and Olivia H., 11, 9, 6, and 3, California, love each other. They work together to keep the house clean. They like to play games on Sundays that help them learn the scriptures, the names of prophets, and the Articles of Faith. They are good examples to friends and neighbors.



Kaitlin W., 8, West Virginia, was excited to turn eight and be baptized. She wants to live righteously and return to Heavenly Father. She likes writing letters to her uncle on his mission.



Stephen A., 11, Oregon, likes to read comics and draw some of his own. He enjoys soccer, basketball, and backpacking with the Scouts. He reads the *Friend* before bed on Sunday nights. He has a pet fish and snail named David and Goliath.



Brandon B., 6, California, likes sports, especially baseball and soccer. He likes to play games with his brother and sister. He enjoys singing in Primary, especially "Love Is Spoken Here." His grin makes people smile.



Sam, Seth, and **Joe C.**, 10, 7, and 5, Utah, had their heads shaved to show support for a friend who has brain cancer. These brothers adore their little sister, Jenna.

Denver Second Ward

Waving and smiling, children from the Denver Second Ward, Golden Colorado Stake, participated in a community parade. They and their families dressed in traditional clothing of their ancestors and carried colorful flags. They marched behind a banner that read, "Holding Hands around the World." One woman watching the parade said that she was grateful for the Church and its members because she had received help in doing family history work.





Akron First Ward

The Primary children of the Akron First Ward, Akron Ohio Stake, spent a beautiful fall day in Kirtland. They felt the Spirit as they visited sacred sites, such as the Kirtland Temple. They sang Primary songs

with the missionaries and later enjoyed a picnic lunch.



Chance and **Brice Carter P.**, 9 and 7, Washington, both like the Primary song "Holding Hands around the World." Chance likes soccer, spending time with his Scout troop, and helping his dad build things. Brice enjoys swimming, baseball, and helping his parents around the house.

Joshua J., 5, Texas, likes to play trains with his little sister, Tiffany. He likes to swim, go fishing, and sing "Scripture Power."



JOSEPH SMITH RECEIVES THE GOLD PLATES

Instructions: Remove this page from the magazine and color the figures. Mount them on heavy paper and cut out. Read the story on pages 40–41, then retell the story using the figures.

48 Note: If you do not wish to remove pages from the magazine, this activity may be copied or printed from the Internet at www.friend.lds.org.

Guide to the *Friend*

The Guide to the Friend can help you find stories or articles for preparing lessons or talks for church or for family home evening. The Primary theme for May is "Heavenly Father planned for me to come to a family. I can strengthen my family now."



Family Home Evening Ideas

Look for the FHE symbol on the pages mentioned below.

1. To prepare, make or print enough copies of the coloring page (p. 7) for each member of the family. Go on a picnic. (If it is too cold outside or there is bad weather, have an indoor picnic.) Read the excerpt from "The Family: A Proclamation to the World" and talk about how you can strengthen your family. When you are finished with your picnic, give each family member a copy of the coloring page.

2. Research the heritage of your family's name and each person's first name. Where do your names come from? What do they mean? Read "Honoring His Name" (pp. 8–9). Talk about what you can each do to honor your family name as well as your personal name. Make a favorite family treat, then sit in a circle and tell stories about your ancestors (great-great grandparents, parents, you, etc.).

3. Read "Andy's Choice" (pp. 28–31) and "Special Witness" (p. 45). What can you do to have the Holy Ghost more in your home? Talk about your family's standards regarding the media, then act out your own good movie using the scriptures, your favorite book, or your imagination.

4. Read "Clean-up Claire" (pp. 42–44) and "Singing and Cleaning" from the Friends by Mail

section (inside front cover). What are some ways your family can invite the Holy Ghost into your home? Have each person write down something specific he or she can do for each person in the family during the week. Then find someplace in your house that could use some cleaning (the kitchen, the living room, a child's room, etc.). Help each other clean the area while singing your favorite Primary songs.

Sidebar references

- 1. "Sharing Family Heritage," Ensign, Sept. 2006, 11.
- 2. "Integrity of Heart," Ensign, Aug. 1995, 21.
- 3. "Personal Integrity," Ensign, May 1990, 30.

4. "Strengthening Families: Our Sacred Duty," *Ensign*, May 1999, 34.





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Send children's submissions to Friend Editorial, 50 E. North Temple St. Rm. 2430, Salt Lake City, Utah 84150-3220, United States of America, in care of the appropriate department—Our Creative Friends, Friends in the News, Friends by Mail, Trying to Be Like Jesus. A written statement by a parent or legal guardian granting permission to publish the child's photo and submission must be included. Submissions will not be returned.



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