

for older KIDS



DEAR JOURNAL

Write a letter to your past self. What do you know now that you wish you knew when you were younger?

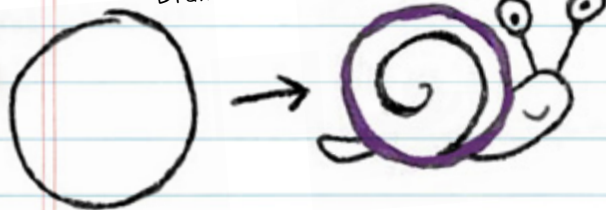


SECRET SERVICE

- Get up early one Sunday and make your family breakfast before church.
- Write encouraging messages on the sidewalk with chalk.
- Hold the door open for someone.

DRAW IT!

Draw a snail from a circle!



BRAIN TEASER

What occurs once in a minute, twice in a moment, and never in one thousand years?

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QUICK QUIZ

What did Jesus eat when He appeared to the Apostles after He was resurrected? (Hint: See [Luke 24:41-43](#).)

- bitter herbs
- fish and honeycomb
- lamb and figs
- unleavened bread

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I try to follow Jesus by fasting with a purpose even when it's hard.

Joshua A., age 11, Georgia, USA