



From Elder Jeffrey R. Holland

Of the Quorum of the Twelve Apostles



Try not to think about the world's troubles all the time.

Think the best and hope the best and have faith in the future.

How can I not WORRY so much?

The coming years will be filled with wonderful chances to do many good things.

You have a great life ahead of you.

Your Heavenly Father loves you.

From "Let Virtue Garnish Thy Thoughts Unceasingly," New Era, Oct. 2007, 4-7.

Meet Elder Jeffrey R. Holland



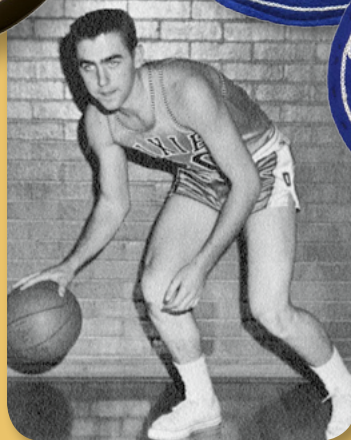
He was very obedient growing up. One night he ran all the way across town to get home before his 10:00 p.m. curfew.



He served a mission in the British Isles.

While on his mission, he decided he wanted to become a teacher.

He started as a seminary teacher in California.



In high school he played football, basketball, baseball, ran track, and was voted the school's outstanding athlete.

WHAT IS AN APOSTLE?

When Jesus was on the earth, He called 12 men to be His special helpers and witnesses. They were called Apostles. He has called Apostles to be His special helpers today. They testify of Jesus Christ to the whole world. Elder Holland is an Apostle.



He married Patricia Terry in 1963 in the St. George Utah Temple.

Watch videos about the Apostles at children.lds.org. Click on "Videos" and "Meet the Apostles."