I am so grateful to a loving Heavenly Father for His gift of agency, or the right to choose. Each of us has come to this earth with all the tools necessary to make correct choices. The prophet Mormon tells us, “The Spirit of Christ is given to every man, that he may know good from evil” (Moroni 7:16).

We are surrounded by the messages of the adversary: “Just this once won’t matter.” “Don’t worry; no one will know.” Decisions are constantly before us. To make them wisely, courage is needed—the courage to say no, the courage to say yes. Decisions do determine destiny.

May I share with you an example of Brother Clayton M. Christensen, a member of the Church who is a professor at Harvard University.

When he was 16 years old, Brother Christensen decided that he would not play sports on Sunday. Years later, when he attended Oxford University in England, he played center on the basketball team. That year they had an undefeated season and went to the championship tournament.

They won their games fairly easily in the tournament, making it to the finals. Then Brother Christensen looked at the schedule and saw that the final game was on a Sunday. He went to his coach with his dilemma. His coach told Brother Christensen he expected him to play in the game.

Brother Christensen went to his hotel room. He knelt down. He asked his Heavenly Father if it would be all right, just this once, if he played that game on Sunday. He said that before he had finished praying, he received the answer: “Clayton, what are you even asking me for? You know the answer.”

He went to his coach, telling him how sorry he was that he wouldn’t be playing in the final game. Then he went to his Sunday meetings.

Brother Christensen learned that it is easier to keep the commandments 100 percent of the time than it is 98 percent of the time.

I plead with you to make a determination right now not to deviate from the path which will lead to our goal: eternal life with our Father in Heaven.

From an October 2010 general conference address.
100-PERCENT PUZZLE
President Monson says it’s easier to choose the right 100 percent of the time instead of choosing the right some times but not other times. Fill in the numbers to make each column and row add up to 100. Each missing number ends with either 0 or 5.

YES OR NO?
President Monson says it takes courage to say yes to good choices and no to bad ones. For each situation above, write either yes or no to show a courageous answer.

I forgot my homework. Can I copy yours?

Can I sit here?

Can I play too?

Want to try this coffee? It will help you stay awake while you study.

ILLUSTRATIONS BY ADAM KOFORD