





#### I Like Family Home Evening

very Monday night we have family home evening. We all get involved because we love spending time together. We learn about Nephi, Joseph Smith, Ammon, and many others. Family home evening is a good time to learn and appreciate the gospel. I love family home evening and the gospel.

Paryse P., age 9, New Zealand

#### The Friend Online

y favorite things on the *Friend* Web site are the online coloring pages. I really like to color the picture of the family that is having family home evening. I also like



to listen to the music that plays. It helps me think about Jesus and be thankful for my family.

Kyla P., age 6, New York

#### Thanks for the Articles



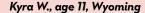
hank you for the articles in the *Friend* that help us to choose the right. I read "The May Queen" in the May 2009 issue. It was a great reminder that we should be kind to everyone and that we are all valuable in the

sight of our Heavenly Father.

Bradley L., age 11, Utah

#### The Friend Helped Me

ne day I was really angry because I kept losing a game. When I remembered that we got the new *Friend* magazine that day, I decided to read it. After I read it, I felt so much better! I am glad to get the *Friend* every month.





Did a story or letter in this issue help you? Let us know about it. Find out how on page 48.



#### Volume 40 Number 3 March 2010

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Prepress: Byron Warner

Printing Director: Craig K. Sedgwick

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See the
Guide to the Friend
on page 48 for
family home
evening ideas.

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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Look for the *Friend* mouse to see which features are online at friend.lds.org.



Clue: Do you think the Primary general president wears a CTR ring?

Cover by Eric Barclay

## A Lesson in **Reverence**

#### By President Thomas S. Monson



was a boy during the Great Depression. I remember children wearing galoshes because they had

no shoes and going hungry because they had no food. These were difficult times.

A bright light of hope shining amidst the gloom was Primary. I was 10 years old. I had a marvelous teacher. I look back upon that year as my finest in Primary, and I must say it was because of my wonderful

teacher. It wasn't because the boys in the class were particularly enlightened or unusually well behaved; on the contrary.

The laughter of the boys and the chatter of the girls at times must have been most disconcerting to our Primary leaders.

One day as we left the chapel for our classrooms, I noted that our Primary president remained behind.

### YOU CAN MAKE A DIFFERENCE TOO!

Even though he was just one boy,
President Monson helped make his
Primary a more reverent place. Think of
three ways you could help do this in your
Primary. Write your ideas below, and then
try them. See what a difference you can
make.

- 1.
- 2.
- 3.

I paused and observed her. She sat all alone on the front row of the benches, took out her handkerchief, and began to weep. I walked up to her and said, "Sister Georgell, don't cry."

She said, "I'm sad."

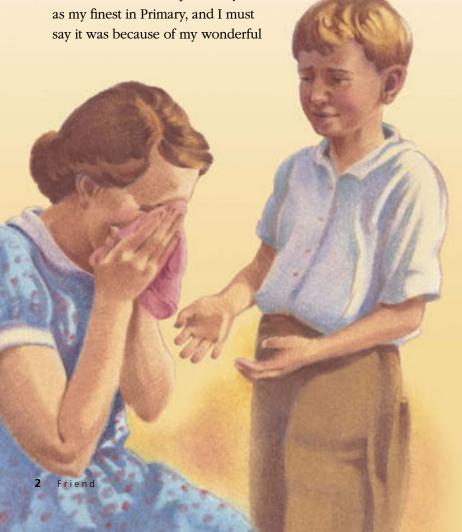
I responded, "What's the matter?"
She said, "I can't control the Trail
Builders.\* Will you help me?"

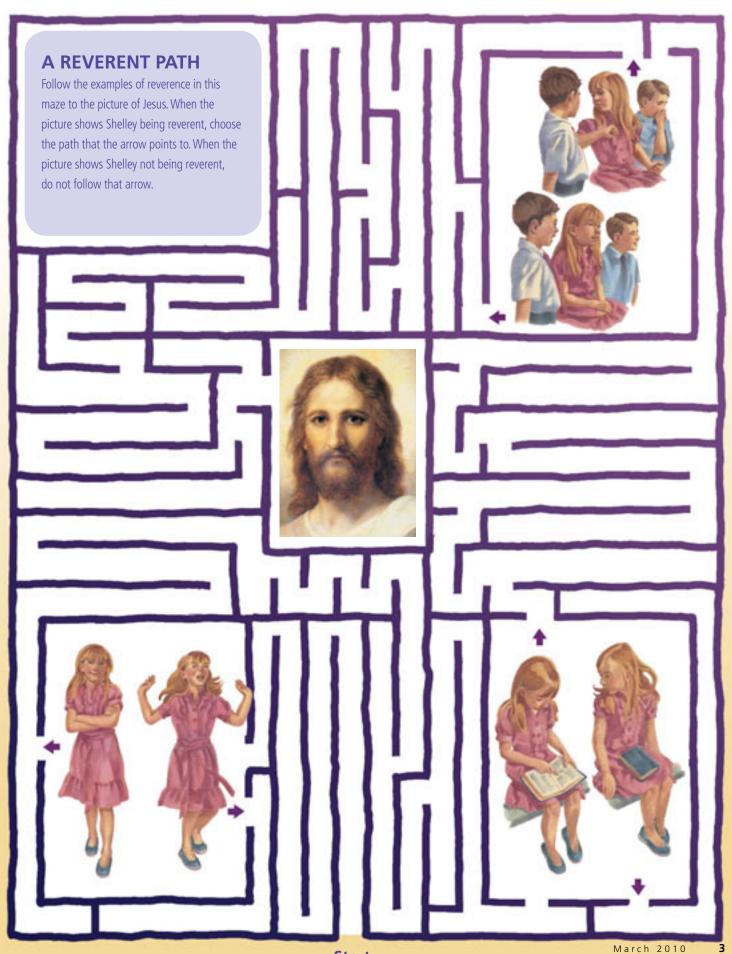
Of course I answered, "Yes." She said, "Oh, that would be wonderful, Tommy, if you would."

What I didn't know then is that I was one of those responsible for her tears. She had effectively enlisted me to aid in achieving reverence in our Primary. And we did. •

\*When President Monson was young, 9- to 11-year-old boys in Primary were known as Trail Builders. The girls were called Home Builders.

From "Primary Days," Ensign, Apr. 1994, 65-68.





Start



#### By Sandra Dawn Brimhall

(Based on a true story)

A special gift is kindness. Such happiness it brings (Children's Songbook, 145).

awn raced up the stairs and into the kitchen.

"You're an early bird," Mom said. "No one else has come upstairs yet, but here you are, fully dressed with your hair combed. What's up?"

"It's store day at school," Dawn

said. "I've been waiting for this day all year!"

During the year at Dawn's school, the students could earn tickets by getting good grades and being good the doll's price or give her more time to

cost 500 tickets, which was more than she had earned. Heartbroken, Dawn went to class. When the lunch bell rang, Dawn returned to the

the gym before class to see the prizes on display. She

saw the basketball Clinton wanted, and then she spot-

A moment later, she was almost in tears. The doll

ted her beloved doll.

When the lunch bell rang, Dawn returned to the gym, hoping she could persuade the teachers to lower the doll's price or give her more time to earn tickets.

But her heart sank when she walked through the door. The doll was gone. Someone else

had bought it.
Dawn's eyes
filled with
tears, and she

citizens. At the end of the school year they could turn in the tickets for prizes.

The principal had shown the students some of the prizes—candy bars, books, movies, sports equipment, and a doll that had been made by a student's mother. Dawn wanted the doll the moment she saw it. She talked about it every day.

Dawn's brother Clinton walked into the kitchen, still in his pajamas.

"Please hurry and get ready to go so we can leave early," Dawn said.

"The bus comes at the same time every day, and I'm never late," Clinton said.

"But it's store day! Aren't you excited?"

Clinton shrugged. "I can't see why you're so worked up over a silly doll. You should spend your tickets on something useful, like the basketball. Besides, I bet I have more tickets than you do!"

"I have 375," Dawn said proudly.

"Well, I've got 525," Clinton bragged.

"I don't care as long as I have enough for my doll." When Dawn and Clinton got to school, Dawn ran to sat alone in her classroom until lunch was over.

After school, Dawn got on the bus and gazed out the window, expecting to see Clinton bouncing his new basketball. But when he appeared he was not carrying a ball. Clinton was holding a doll—her doll.

"Hey, Clinton, I didn't know you liked dolls!" yelled a boy. Other students near him laughed.

Clinton ignored them and boarded the bus. When he reached Dawn, he handed her the doll.

"Why didn't you get the basketball?" Dawn stammered.

"I can always buy a basketball, but this doll is one of a kind," Clinton said. "I knew you didn't have enough tickets, so I bought it."

"Thank you," Dawn said. "I think you're one of a kind too."

"Each of us can develop brotherly kindness at home, at school, at work, or at play."

Elder Russell M. Nelson of the Quorum of the Twelve Apostles



A Year on Temple Square



#### Meeting the

### **Primary General President**

Come with us this month to visit the Relief Society Building.



#### By Anna Culp

mma K. came from
Midvale, Utah, to interview
Sister Cheryl C. Lant, Primary
general president. Emma and
Sister Lant talked about the
purpose of Primary while
they toured the Relief Society
Building. The Relief Society
Building is where the offices
of the general presidencies of
the Primary, Young Women,
and Relief Society are. It has

beautiful displays about the purpose and history of these organizations.

Emma: "What good things are the children of the Church doing?"

**Sister Lant:** "One of the best things they are doing is learning

from their scriptures. Every Sunday, we see children bring their scriptures to Primary. They open them, they read them, and they're learning directly from the words of the Lord about what He wants them to do."

Emma: "What do you hope they can learn to do more often?"

**Sister Lant:** "We need to be more kind to our brothers and sisters, to our parents, to our friends, and to everybody around the world."

Sister Lant had a question for Emma. She showed Emma a painting of Jesus with children. "Can you think why that's my favorite thing to look at every day when I come into my office?"

**Emma:** "Maybe because it shows the love Jesus has for children."



Sister Lant shows Emma four pictures of the Savior blessing and praying for the Nephite children after His Crucifixion. Angels came from heaven and surrounded the children. "When children learn about Jesus Christ, they will know what they need to do to be close to Him and have peace," Sister Lant said.







Sister Lant: "That's right. In Primary, the most important thing that we want to teach the children is that Heavenly Father and Jesus Christ love them. All the children in this picture come from different places, so they represent all the children around the world. Heavenly Father and Jesus love all of us, no matter where we live. We're all His children."

FAITH IN GOD

FAITH IN GOD

When Sister Lant was a child in Primary, she wore a **bandolo** like the one displayed here. When she completed goals, she earned emblems for her bandolo. Today, Primary children participate in the Faith in God program.

Sister Lant told Emma that the first Primary in 1878 had more than 200 children. Today, there are more than one million Primary children all over the world!



The painting Christ with
Children from around the
World by Del Parson hangs in
Sister Lant's office. Sister Lant and her
counselors, Sister Margaret S. Lifferth and Sister
Vicki F. Matsumori, like to look at the painting.



#### By Megan Andersen

(Based on a true story)

Love one another as Jesus loves you. Try to show kindness in all that you do (Children's Songbook, 78–79).

ut Dad, it's not my fault!" Anne said. "I was being nice to Lacy, but she just kept yelling at me. When I finally yelled back, you came in and got angry with me. It's not fair."

"I know," Dad said, "but you're older than Lacy. You know better."

"She should know better too." Anne started crying and Dad hugged her.

"You're her older sister," Dad said. "Just like Jesus is a good example for you, you should be setting a good example for Lacy."



strengthen my family."

My Gospel Standards

Anne sniffed. "I try so hard to be like Jesus, but Lacy just makes me so angry sometimes and I forget. It's hard to remember."

"You're right, Anne. It is hard to remember sometimes," Dad said. "I have an idea. If you take extra big helpings of Vitamin L every day, soon it won't be hard for you to remember to be like Jesus. Maybe Lacy will start to remember to be like Jesus too."

"Vitamin L? What's that?" Anne asked.

Dad kissed her head and said. "Love."

Every day Anne tried to remember her Vitamin L. In her morning prayers she asked Heavenly Father to help her remember. Then she would imagine chewing and swallowing her Vitamin L.

But it was still hard to remember. Sometimes, when Lacy said something mean, Anne forgot all about Vitamin L.

On Sundays, Dad asked Anne how her Vitamin L was working. Anne told him about helping Lacy make her bed and letting Lacy play with her toys. But it didn't seem to be helping. Lacy still got angry with Anne, and Anne still got angry back.

Dad hugged Anne and said, "Keep trying. Remember all the people who got angry with Jesus and said mean things to Him. But He loved them anyway. I know you can do it."

Anne kept trying. She shared treats with Lacy and let Lacy sleep with her favorite teddy bear. When Lacy asked to borrow Anne's fluffy, pink gloves, Anne only thought a moment before saying yes; and when Lacy fell down during recess, Anne ran to help her get up.

Day by day, it was getting easier and easier for Anne to remember Vitamin L. Then one afternoon Lacy walked into their bedroom holding Anne's teddy bear. She climbed onto Anne's bed. She wrapped her arms around Anne's waist and squeezed tight. "I love you, Anne," she whispered.

Anne hugged Lacy back. "I love you too." ◆

## Are You a Good Communicator?

#### By Anna Culp

Take this quiz to learn more about the best ways to communicate.

- 1. You are reading a book when your brother asks if you want to hear about his day. You say,
  - A. "Not now. I'm in the middle of this chapter."
  - B. "Sure! Just let me put this bookmark in."



- A. walk and talk with them.
- B. tell them you are too busy with your computer game.

#### 3. At family home evening, your sister is teaching the lesson. You—

- A. sit quietly and plan what you're going to do after family home evening.
- B. look at her and think about what she is teaching.

#### 4. Every morning, your dad makes you breakfast. You—

- A. thank him and tell him what you liked about breakfast.
- B. are thankful but don't say anything because he already knows.

#### 5. Your friend tells you something you disagree with. You say,

- A. "You're so wrong! You shouldn't think that."
- B. "We think differently about that. Could you explain your view?"
- 6. Your cousin tells you about a surprise party for your friend and asks you not to tell anyone. You are excited, so you—
  - A. keep the information to yourself and make a birthday card.
  - B. tell your friends so they can be excited about it too.

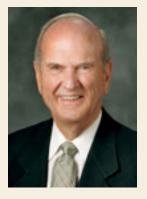
#### 7. Your brother trips on a book you left on the floor and yells at you. You say,

- A. "I've told you a million times to watch where you're walking!"
- B. "I'm sorry I left the book there. Are you hurt?"

#### **Best Answers**

- 1. **B**: Make time for family. Sometimes opportunities for good communication arise when you're least expecting them. (See "Communicating with Your Parents," *New Era*, Feb. 2008, 12.)
- 2. **A**: Be open to talking and listening. Elder M. Russell Ballard said, "Nothing is more important to the relationship between family members than open, honest communication" ("Like a Flame Unquenchable," *Ensign*, May 1999, 86–87).
- 3. **B**: Listen to what others say to show respect and love. A Primary song explains, "Rev'rence is more than just quietly sitting: It's thinking of Father above . . . . I'm rev'rent, for rev'rence is love" ("Reverence Is Love," *Children's Songbook*, 31).
- 4. **A**: Say thank you. President Thomas S. Monson counseled, "Always express your thanks" ("Finding Joy in the Journey," *Ensign*, Nov. 2008, 86).
- 5. **B**: Understand that it is OK to disagree, but be humble and kind. Christ taught, "Judge not, that ye be not judged" (Matthew 7:1).
- 6. **A**: Avoid gossip and be trustworthy. King Solomon said that someone who gossips "revealeth secrets: but he that is of a faithful spirit concealeth the matter" (Proverbs 11:13).
- 7. **B**: Be kind instead of angry. The Apostle Paul wrote, "Be ye kind . . . , forgiving one another, even as God for Christ's sake hath forgiven you" (Ephesians 4:32).

# How do I repent?



Elder Russell M. Nelson of the Quorum of the Twelve Apostles shares some of his thoughts on this

 The Lord has commanded us to repent, to change our ways, to come unto Him, and be more like Him.

 There must first be recognition, remorse, then confession.

 Confession is to be made to the person who has been wronged. Confession should be sincere and not merely an admission of guilt.

 The next step is restitution—to repair damage done.

Then come steps to resolve to do better.

 Thanks to ... the Atonement of Jesus Christ, full forgiveness is given to the sinner who repents and remains free from sin.







## Bulletin Board

#### **SCRIPTURE MARKING**

Marking your scriptures can help you remember favorite verses or stories that are important to you. Before you begin, here are a few hints that can help you decide how to mark your scriptures.

**Keep it simple.** Too many marks can be busy and confusing.

**Use the right tools.** Colored pencils work best. Use gentle pressure when marking so the paper will not tear.

Use a ruler. A ruler is helpful for keeping lines straight.

There are many ways to mark your scriptures. Try using or combining some of these:

**Underlining** 

Circling key words

Boxina

And when ye shall receive these things, I would exhort you that ye would "ask God, the Eternal Father, in the name of Christ, if these things are not btrue; and if ye shall ask with a "sincere heart, with "real intent, having faith in Christ, he will manifest the \*truth of it unto you by the power of the Holy Chost

Shading the scripture

Circling verses



Using different colors of pencils or markers can keep ideas organized.

RED: Words that show love

YELLOW: Words about Jesus Christ

BLUE: Names of people

GREEN: Commandments, or things we should do

ORANGE: Words that give comfort

#### **JOURNAL JUNCTION**

Take some time this month to read a few of your favorite scriptures. Then write in your journal about why they are important to you.

## Scripture Cookies

you wrap it around the pencil.

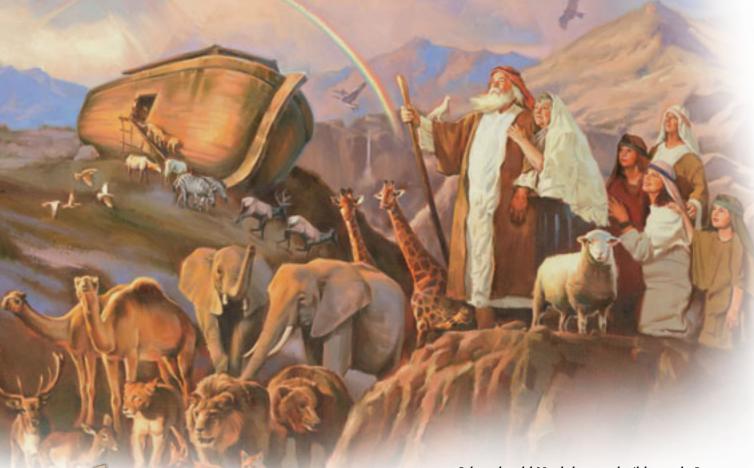
Find each ingredient by looking up the scripture reference and filling in the blank. (Check your answers at the bottom of the page before making the cookies.) **1/2 cup** "When I washed my steps with \_\_\_\_\_" (*Job 29:6*). 3/4 cup "To what purpose cometh there to me . . . , the \_\_\_\_\_ from a far country?" (Jeremiah 6 1 "As one gathereth \_\_\_\_\_ that are left have I gathered all the earth" (2 Nephi 20:14). 1/2 teaspoon "Spices for anointing \_\_\_\_\_\_, and for the \_\_\_\_\_ incense" (Exodus 35:8). 1 3/4 cups "And thou shalt take fine \_\_\_\_\_\_, and bake twelve cakes thereof" (Leviticus 24:5). **3/4 teaspoon** "A little \_\_\_\_\_ leaveneth the whole lump" (*Galatians 5:9*). **1/4 teaspoon** "Ye are the \_\_\_\_\_ of the earth" (Matthew 5:13). 1 cup "Their root is \_\_\_\_\_ up, they shall bear no \_\_\_\_\_ " (Hosea 9:16). 1. Wash your hands and ask an adult to preheat the oven to 400°F (205°C). 2. Mix first four ingredients together. 3. Mix in remaining ingredients. 4. Roll dough into 1-inch (2.5-cm) balls and place on an ungreased baking sheet. 5. Flatten balls with fork, first one way and then the other, making a crisscross pattern. 6. Bake 8 to 10 minutes. THE PROPERTY OF THE PROPERTY O **DECORATING** SCRIPTURE PENCILS You will need: Colored pencils Double-sided transparent tape (olored string Small leads (optional) Wrap a piece of tape around the pencil. Press the end of the string to the tape and wrap the string tightly around the pencil on top of the tape. Add more tape and string as desired. If you want, leave **Answers:** the end of the string longer, hang small cranderries, mangos, or apricots). leads on it, and the a knot at the end. dried fruit (for example, cherries, ing soda, 1/4 teaspoon salt, 1 cup Try these fun variations: J 3/4 cups flour, 3/4 teaspoon bak-Use two or three colors of string. 1/2 teaspoon lemon oil or extract, Tie : knot or low letween the string 1/2 cup butter, 3/4 cup sugar, 1 egg, color change. String a few leads on the string as

March 2010

13

## The account of Noah and the Flood is found in Genesis G. S.

## Jehovah Keeps His Promises



By Diane L. Mangum

The prophet Noah's heart ached as he walked home. Jehovah had told Noah to warn everyone. Unless they repented, every living thing on the earth would be destroyed in a great flood. The people Noah tried to teach were wicked and violent, and they ignored his warning. Now a flood would be coming soon.

Jehovah told Noah how to build an ark. In that huge boat the animals and Noah's family could be safe from the flood.

The ark was long, wide, and three stories tall. It had a door on the side and many different rooms for the animals. Noah's family put lots of food inside the ark for the animals to eat.

Noah and his family gathered pairs of each kind of animal and led them into the ark. Two by two the animals marched—camels, cows, lions, lambs, pigs, and porcupines. Squawking

Jehovah is Heavenly Father's oldest son. Heavenly Father asked Jehovah to create the world and to help people return to Heavenly Father's presence. When Jehovah speaks to people, He is usually representing Heavenly Father.

In the Old Testament,

Jehovah is usually referred to as LORD.

God, our Heavenly
Father, is the Father of our
spirits. He loves and watches
over us always. We worship
Him and pray to Him.

birds flew overhead, and squeaking mice scurried across the floor.

Dark clouds filled the sky.
Raindrops pounded the ground.
Noah, his wife, their sons, and their sons' wives hurried safely inside before the door to the ark slammed shut. Thunder boomed and lightning lit the sky.

For 40 days and 40 nights, the rain fell. The water got deeper and deeper until it covered the tops of the tallest mountains. The only people and animals that survived were those inside the ark.

At last the rain stopped, but deep water still covered the earth. For many months the ready for people and animals yet? Three times Noah let a dove fly free. The first time the dove came back quickly. There was no dry place for it to land. The second time the dove came back with an olive leaf. Plants were growing! The third time the dove didn't return. Now Noah knew that the dove had made a new home. The earth was dry again.

The animals left the ark. Noah and his family made homes and had children.

How Big Was the Ark?

The ark was 450 feet (137 m) long, 75 feet (23 m) wide, and 45 feet (14 m) tall. That's almost twice as long as the Salt Lake Tabernacle but not quite as tall. It would take about 300 children stretching out their arms and touching their fingertips to make a ring of children standing all the way around it.

ark floated as the water slowly went down. Finally the great ark rested on a tall mountain in Ararat. For

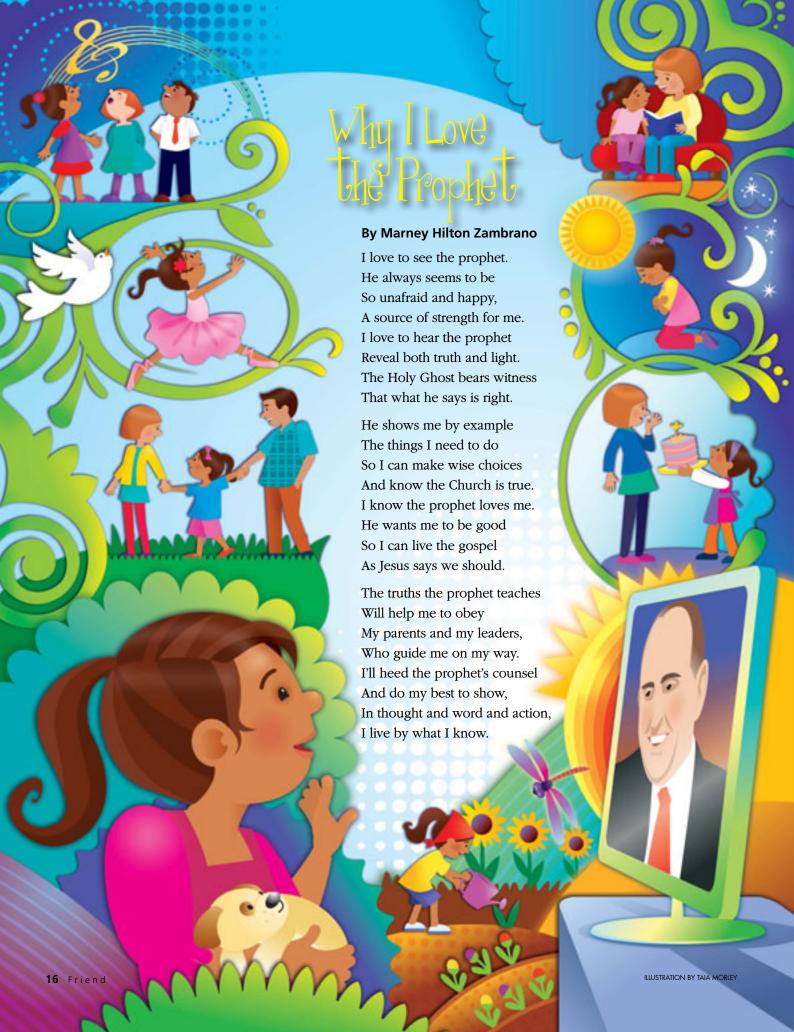
40 more days everyone in the ark waited for the rest of the flood waters to go away.

Finally Noah saw sunlight. But was the earth

Jehovah promised Noah that He would never again flood the whole earth. He would set a rainbow in the sky to remind all creatures of His promise. Joyfully, Noah

looked to the sky and saw a bright arch of colors in the clouds. He knew Jehovah's promises were sure. •

ILLUSTRATIONS BY SCOTT GREER March 2010 **15** 



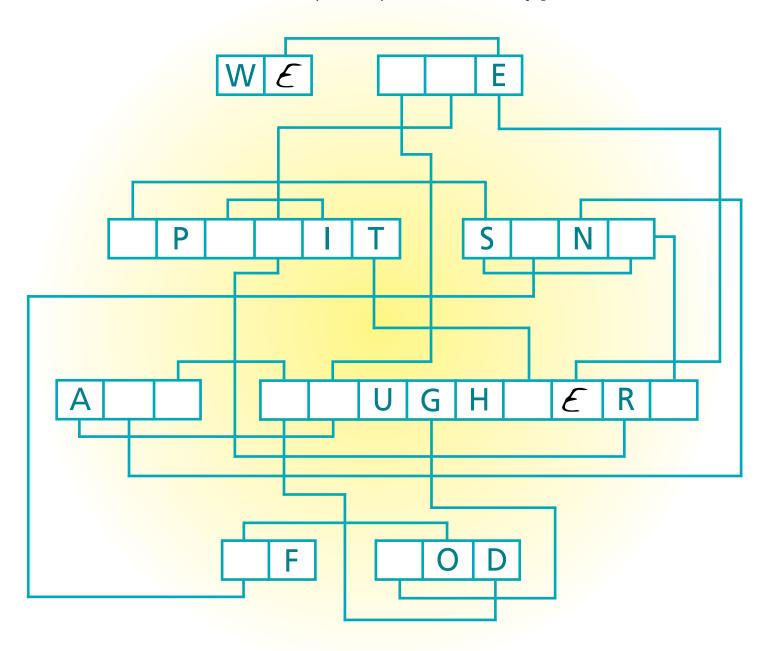
### funstuf



## **An Eternal Truth**

#### **By Britney Rule**

Heavenly Father loves us and takes care of us. Complete this puzzle to find out why He does these things for us. Follow each line to connect a letter box to an empty box. Then write that same letter in the empty box. Continue until all the boxes are full. The letter *E* is already done for you. Find the answer on page 48.



## Visiting the Draper Utah Temple

#### By Jan Pinborough

Church Magazines

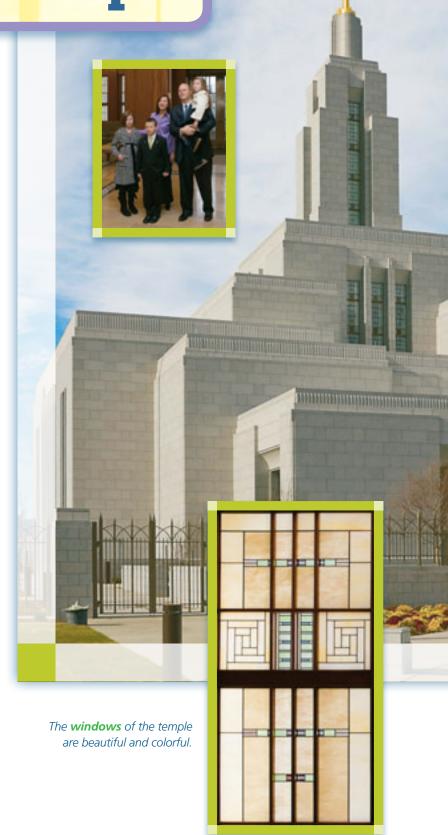
efore any temple is dedicated, children and adults can go to the temple open house and see what a house of the Lord looks like on the inside.

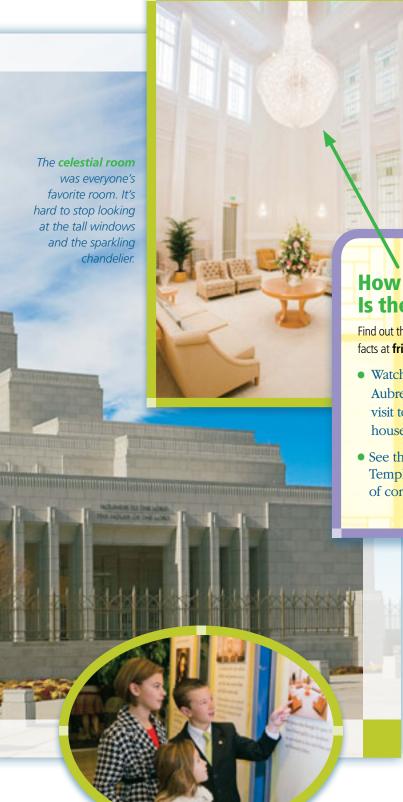
Aubree, Reese, and Ellee M. live a few blocks from the Draper Utah Temple, so they watched as it was built week by week. They even saw a big crane lifting the angel Moroni into place. "That was really awesome!" 10-year-old Aubree said. "But the best day ever was when my family and I got to go inside."

As soon as they walked through the temple door, the children felt a special spirit. Their tour guide explained that "everything in the temple is sacred," Aubree said.



Eight-year-old Reese learned that the twelve oxen holding up the **baptismal font** represent the twelve tribes of Israel. "I can't wait to go inside again when I turn 12 and do baptisms for the dead," he said.





Being here makes people think about what a beautiful, peaceful, happy place our Heavenly Father's home is and about how much they want to return there.



The **sego lily** shown on this window is Utah's state flower. When food was scarce in the Salt Lake Valley, pioneers ate its roots.

How TALL Is the Chandelier?

Find out this and other interesting facts at **friend.lds.org**. You can also:

- Watch a video about Aubree, Reese, and Ellee's visit to the temple open house.
- See the Draper Utah Temple in different stages of construction.

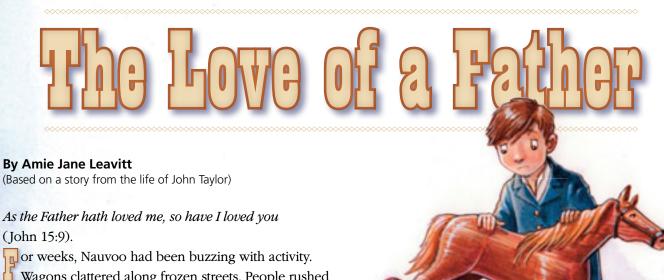


In a **sealing room**, a man and a woman kneel on each side of an altar to be sealed to each other.

In this **dressing** room, brides get ready for their temple sealing.







or weeks, Nauvoo had been buzzing with activity. Wagons clattered along frozen streets. People rushed to and fro carrying packages and carting barrels of food. Joseph Taylor knew he would not see this scene much longer. Soon, the Saints would be leaving their homes on the bank of the Mississippi River to travel west.

"Joseph, I need you to load the wagon," his mother called from the kitchen.

Joseph had been avoiding this for days. He didn't mind helping, but he knew that once the wagon was loaded, they'd have to leave.

A scratchy burlap sack tickled his face as he lifted it into the wagon's shallow bed. His family had hardly even started packing, yet the wagon was almost full.

"Where are we putting everything else?" Joseph asked his mother as he picked up another sack in the kitchen.

"We're only taking the necessities, Joseph," his mother said. "I thought you understood that. There just isn't enough room for everything."

Joseph's eyes started to fill with tears. It was bad enough leaving his comfortable home, but now they had to leave all of their favorite things too.

Joseph ran upstairs and into the toy room. It was his favorite part of the house. He had spent hours here imagining grand adventures while riding his wooden rocking horse that his father had carved for him. Joseph ran his hand over the horse and felt its golden mane of real horsehair. He realized that he would have to say good-bye to it forever.

On a frosty morning, Joseph's family tied the canvas covering over their wagon and shut the door of their home for the last time. After inching their way through the snow, they boarded a ferry and pushed off to cross the icy river. Joseph watched as Nauvoo—and his beloved toy horse—slipped farther into the distance.

That night when the Saints set up camp, Joseph wrapped up in a quilt and warmed his hands over a fire. But nothing could help the cold ache in his heart. Joseph's father placed a hand on his shoulder.

"Please tell me what's wrong,"

he said.

Joseph felt foolish.

Everyone had left important things behind. "I miss my horse," he said, starting to cry.

"I love him so much, and I'll never see him again."

Joseph's father pulled him close. "I understand," he said. "You shouldn't feel ashamed for missing something you love."

When Joseph awoke the next morning, his father, who was an Apostle, had left to help some other families in need. Joseph gathered wood and fed the animals. He filled pots with ice from the creek so his mother could cook supper.

As the sun dipped below the horizon that evening, Joseph saw his father coming into camp.

He looked exhausted. Ever since he had been injured at Carthage, he had needed to use a cane to help him walk. Today he was limping more than usual. His face was red from the cold, and there was snow on his jacket.

"But it hasn't snowed all day," Joseph thought. "Where has Father been?"

Then he saw it. Tied to his father's horse was Joseph's rocking horse. His father had ridden all the way back to Nauvoo, across the icy Mississippi River, and risked being caught by the angry mobs just to retrieve Joseph's beloved horse.

"I think he'll like going on this adventure to the West, don't you?" his father asked as Joseph raced into his outstretched arms.



Joseph's father, John Taylor, served as President of the Church after Brigham Young. The rocking horse (shown above, 20 inches tall by 34 inches long) traveled all the way to the Salt Lake Valley. Today, it can be found in the upstairs toy room of the John Taylor home in Nauvoo, Illinois.





got to the Tabernacle, we sat in the back corner.

Just before the meeting started, there was a hush and everybody stood up. Then President George Albert Smith (1870–1951) walked in. I could see President Smith and his counselors. I've never forgotten how I felt when I first saw the prophet. I felt something very, very special. I knew he was the Lord's prophet.

That was a very important event. I feel the same way when I see the President of the Church now. I have served as a General Authority now with three Presidents of the Church. And when the President walks in, I still have that testimony: "He's the prophet."

You are not too young to have a testimony that the President of the Church is the



From an interview
with Elder
Cecil O. Samuelson Jr.
of the Seventy;
by Sarah Cutler

What I the Lord have spoken, I have spoken . . . ; whether by mine own voice or by the voice of my servants, it is the same (D&C 1:38).

fter I was baptized and confirmed, my grandmother said, "You have the Holy Ghost now, and it's important that you have a testimony of the prophet." Soon I went to general conference for the first time—the October conference of 1949.

It was quite an adventure. I slept over at my grandparents' house. I remember getting up very early on Saturday morning and riding the bus to downtown Salt Lake City with my grandmother. We walked over to Temple Square and stood in a line for a long, long time. When we

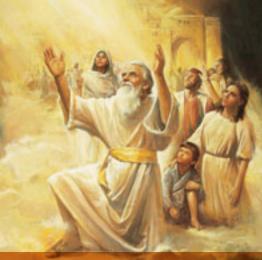
# Testimony Of the Prophet

Lord's prophet. If you get that testimony when you are young, it will be a sustaining influence in your life. You can know that the Lord does have a prophet and that we are blessed when we listen carefully to what he teaches.

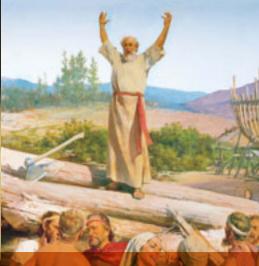
First	Eden	We are his descendants	City
No sin	Heavenly Father took them up	Repentance	Preached in vain
Here are some suggestions for teaching this Primary song: Cut out the word cards and place them facing up on a table. Have the first player close his or her eyes and point to the prophet pictures. Whichever prophet is chosen, have the person choose the three word cards that relate to that prophet. Then sing that verse of the song as a family.  Write the words on pieces of paper and display them on the board. After a child has chosen a prophet, have three children go to the board and choose a related word. Have them hold the words in order while the Primary sings the verse.			g: Cut out the word cards ng up on a table. Have his or her eyes and point hres. Whichever prophet person choose the three he to that prophet. Then he song as a family.  pieces of paper and he board. After a child has have three children go to hose a related word. Have his in order while the
Rain	Prayed to have a son	Isaac	Twelve tribes
Promised land	Wilderness	Forty years	Воу
Tabernacle	"Here I am!"	Run away	Listen and obey
Whale	Refused to sin	Lion's den	King



1. Adam was a prophet, first one that we know. In a place called Eden, he helped things to grow. Adam served the Lord by following his ways. We are his descendants in the latter days.



2. Enoch was a prophet; he taught what was good. People in his city did just what they should. When they were so righteous that there was no sin, Heav'nly Father took them up to live with him.



3. Noah was a prophet called to preach the word, Tried to cry repentance, but nobody heard.
They were busy sinning—Noah preached in vain.
They wished they had listened when they saw the rain.



4. Abraham the prophet prayed to have a son, So the Lord sent Isaac as the chosen one. Isaac begat Jacob, known as Israel; Jacob's sons were twelve tribes, so the Bible tells.



5. Moses was a prophet sent to Israel. He would lead them to the promised land to dwell. They were slow to follow, or so it appears. They were in the wilderness for forty years.



6. Samuel was a prophet chosen as a boy. Hannah promised God her son would serve with joy. In the tabernacle, Samuel heard his name; He was called by God and answered, "Here I am!"



7. Jonah was a prophet, tried to run away,
But he later learned to listen and obey.
When we really try, the Lord won't let us fail:
That's what Jonah learned deep down inside the whale.



8. Daniel was a prophet. He refused to sin; So the king threw Daniel in the lion's den. Angels calmed the lions, and the king soon saw Daniel's pow'r was great, for he obeyed God's law.



Heavenly Father loves us and wants us to return.
 He blesses us with prophets who help us to learn.
 President Monson humbly leads God's Church today.
 As we heed his words, we'll walk a righteous way.



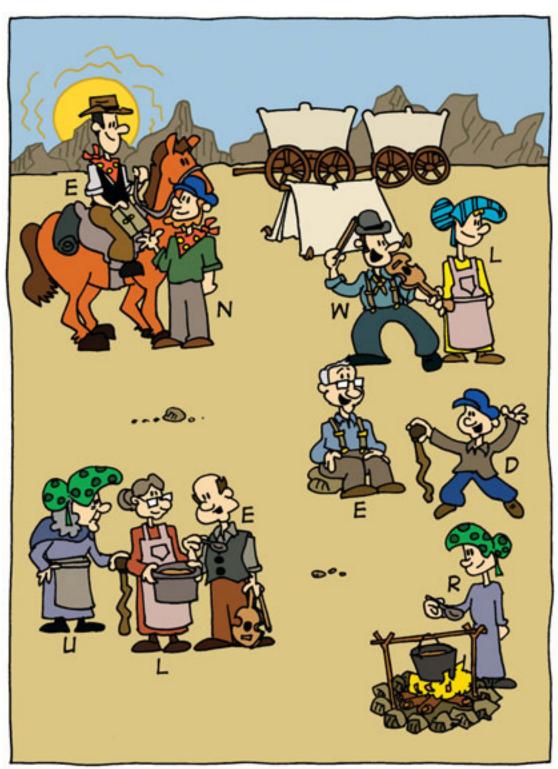


## A Pioneer Message

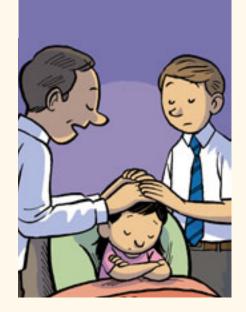
By Arie Van De Graaff

Each of these pioneers has something in common with another. Start with the messenger on the horse. Write his letter (E) in the first space below. Notice that he is wearing the same bandana as the pioneer standing next to him. Write that pioneer's letter (N) next. Now find what he has in common with another pioneer. Continue to find similarities until all the spaces are filled with letters. The message is something you should remember as you go through trials. Find the answer on page 48.

\_\_\_\_·







## Lindsay's Priesthood Blessing

#### **By Myrna Hoyt**

(Based on a true story)

All they who receive this priesthood receive me, saith the Lord (D&C 84:35).

indsay felt nervous as she looked around the hospital room. She knew that soon someone would come to take her to the operating room for surgery. Mom and Dad stood close to her bed.

A few days before, Lindsay's family had had a special family home evening. Mom gave a lesson about priesthood blessings. Then each member of the family told about a time when he or she was blessed by the power of the priesthood. Lindsay felt peaceful and happy as she listened to their testimonies. Mom explained that the peaceful feeling was the Holy Ghost telling

Lindsay that what she was hearing was true.

At the end of the lesson, Lindsay's older brother, who held the Melchizedek Priesthood, put a drop of consecrated oil on her head and said a prayer. Then Dad gave her a wonderful blessing. He said that Heavenly Father knew and loved her. He said that the doctors would be blessed in their work and that the surgery would go well. He also promised that Lindsay would have a special feeling of comfort and peace that would replace her fears.

Waiting in the hospital, Lindsay tried to be brave, but tears slowly leaked from the corners of her eyes. Two men in hospital clothes

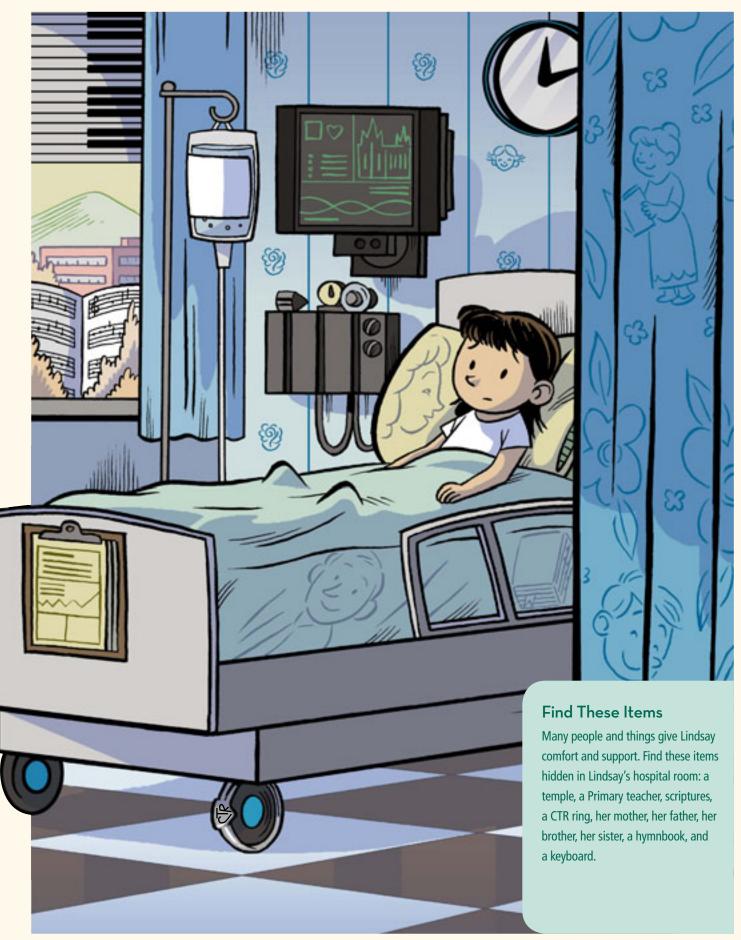
came into her room and said it was time for the surgery. They were kind as they tried to cheer her up, but still Lindsay's fear did not go away.

Lindsay hugged Mom and Dad from her bed. Then one of the men pulled up the railing on her bed so she would be safe as they wheeled her down the hall. As Lindsay turned to see what he was doing, she saw a familiar silver ring on his finger. A warm, peaceful feeling filled her heart as she saw the letters CTR on the ring. Lindsay smiled as her fears slipped away. She knew that everything was going to be fine. •

"Healing blessings come in many ways, each suited to our individual needs."2

Elder Dallin H. Oaks of the Quorum of the Twelve Apostles





ILLUSTRATIONS BY ADAM KOFORD March 2010 **29** 



### Trying to Be Like Jesus

When Jesus Christ was on the earth, He followed the commandments, helped others, and showed love to everyone. Every day, children find ways they can follow the Savior's example.



## Courage to Testify



visited my grandpa and grandma who are not members of the LDS Church. On Sunday we went

to the church where my grandpa preaches. A girl invited me to go to Sunday School with her. The teacher was teaching about "Mormonism." I knew that what she was teaching was not the truth, and I felt angry. I excused myself from class. Once I was alone I said a prayer to ask Heavenly Father for courage to bear my testimony. When I got back to class, I raised my hand and said, "I

am a Mormon." Suddenly I felt the Spirit really strong and my fear went away completely.

The teacher asked me if I could tell the class why we are called Mormons. I said, "We are called Mormons because we believe in the Book of Mormon." A girl said that she had started to read the Book of the Mormon but she laughed at it. She asked me how I could believe such a story. Her question hurt my feelings, but I said what was in my heart: "I know it is true because I prayed to Heavenly Father and He told me it was so." Before this happened I did not think I could share my testimony with so many people who didn't believe in our Church, but now I know that the Spirit will always give me courage.

Sophie E., age 11, Utah

## A Change of Tune



ne day at school we were listening to music in the classroom. A song started playing that I

knew my parents didn't want me to hear. So I asked my teacher if she would please change it. Some kids started teasing me, but I ignored them. Then I got a warm feeling from the Holy Ghost.

Laila W., age 9, Texas

## Grateful for Honesty



ne day my family was at a rummage sale. I saw lots of things I liked, but I got bored. I started to play

around, and I accidentally broke a clown doll. I felt bad and wanted to run away, but I stayed and talked to the lady who owned it. My dad took me home so I could get some of my own money to pay for the doll. The owner was grateful, and I was too. I had been honest.

Canyon D., age 9, California

30 Friend



birthday party for a boy in my class. I was super excited. My mom told me the party was on a Sunday.

She said I could make the choice about going to the party. I really wanted to go, but I knew that we are supposed to keep the Sabbath day holy. I told my mom I knew the right choice—I was going to skip the party. We took a present to my friend's house on Saturday. I asked his mom if we could play on another day and explained why I couldn't go to the party. I know I will be blessed because I chose the right and decided to keep the Sabbath day holy.

Coit N., age 6, Utah

The Right Choice Serving and Sharing



y school had a program where you could take money to school and buy snacks for recess. There

was a new girl in my class who didn't know this. My friends and I bought snacks and she didn't because she didn't have any money. She was very sad and started crying. When I bought my snack I got a dollar in change. I gave it to the girl. She stopped crying and bought a snack. Then we all went and ate our snacks under a tree and had a good time talking.

Ellen Marie F., age 10, Oregon

## Going the Extra Mile



t our house it is my job to empty the dishwasher. I also empty the garbage cans

and put my laundry away. One day while my mom was doing the laundry I decided to surprise her

and fold my sister's clothes. It made my mom so happy. She said that I went the extra mile. I felt so good that I began to think of other ways I could go the extra mile. The next day I helped my mom by picking up some garbage that had blown into our yard. I also tried to go the extra mile with my other jobs. It makes my mom and dad happy when I am a good helper, and it makes me happy too.

Jack J., age 5, Idaho



#### Returning Kindness

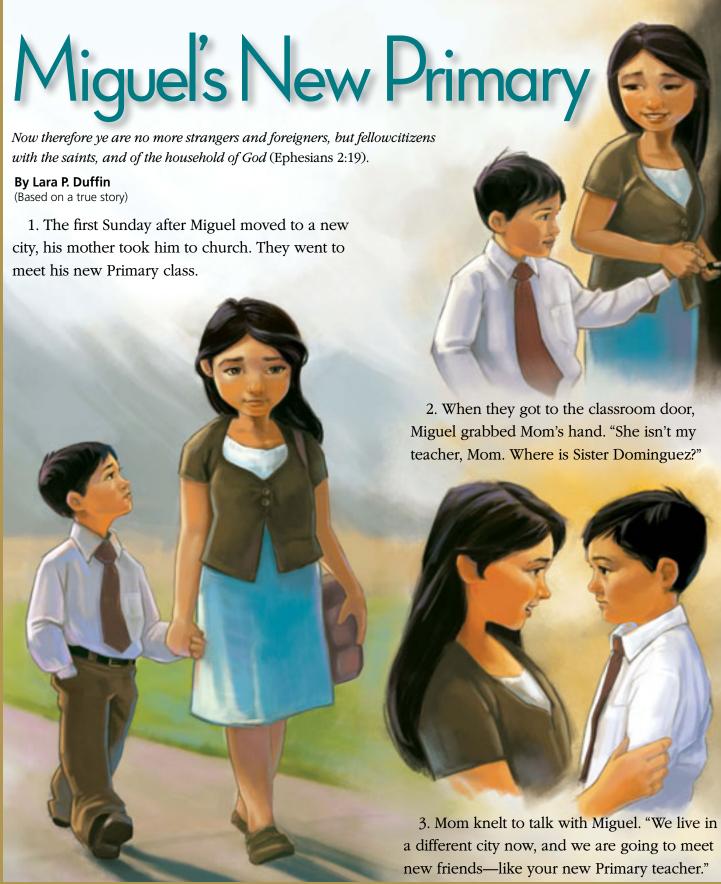


/hen my grandmother was hurt and my parents had to take her to the hospital, we had two

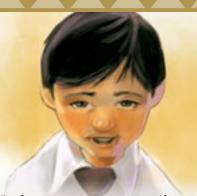
friends who were kind and helped our family. I decided that I wanted to make them cookies to thank them for their kindness. When we took them the cookies, it made them smile, and that made me very happy! I like serving others and am thankful for those who have served me and my family.

Chloe R., age 6, Georgia

Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.



32 Friend ILLUSTRATIONS BY CRAIG STAPLEY



4. "I don't want a new teacher," Miguel said. "I want to go home to my old house and be with my old teacher."

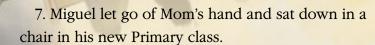


5. "I know it isn't easy to move to a new place," Mom said. "But some things will be the same. You will sing Primary songs, pray, and listen to talks."



6. "I will?" Miguel asked. "What else will be the same?"

"Your new Primary teacher will teach you about Jesus—just as Sister Dominguez did."



8. After class, Mom came to get Miguel.

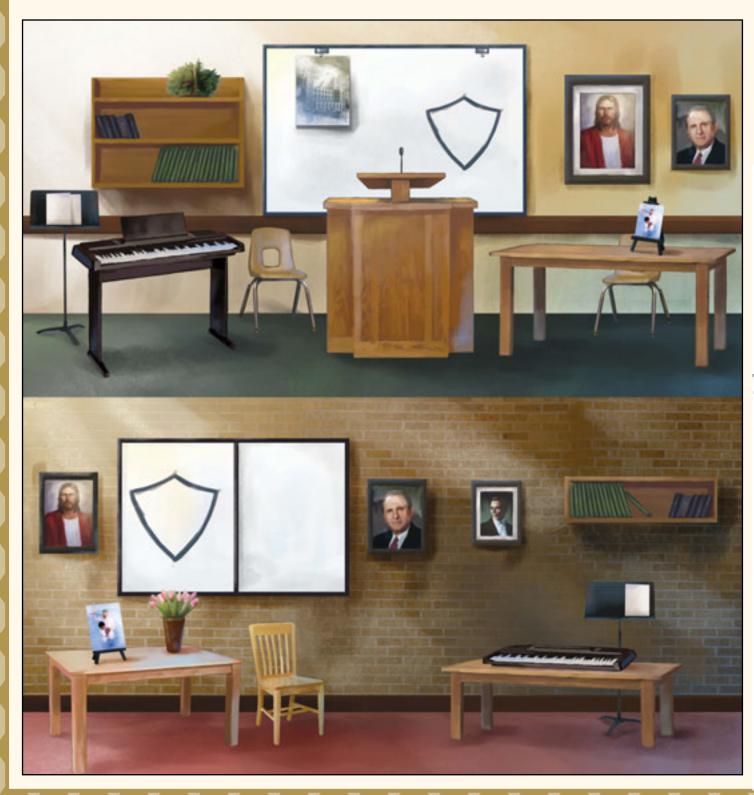
"Mom, you were right! We sang, prayed, and listened to talks. My new Primary teacher said Jesus loves me.



## MATCH THE ITEMS By Chad E. Phares

Church Magazines

Miguel has just arrived at his new Primary room. Look at his old Primary room on the bottom and his new Primary room on the top. Circle things that he found in both rooms.



**34** Friend ILLUSTRATION BY CRAIG STAPLEY

# We Do Not Doubt

#### By Adam C. Olson

Church Magazines

The stripling soldiers had to do something hard, but they were not afraid. They knew God would help them. Read Alma 56:47–48 to find who taught them to trust in God's help. Then connect the dots, and color the picture.

#### **HELPS FOR PARENTS**

- 1. Summarize the story of the stripling soldiers as recorded in Alma 56.
- 2. Explain that the soldiers' mothers had taught them that if they trusted Heavenly Father, He would help them
- Talk to your children about a situation that might scare them. Ask how they could show trust in the Lord.
   (Hint: What are the stripling soldier and his mother doing?)

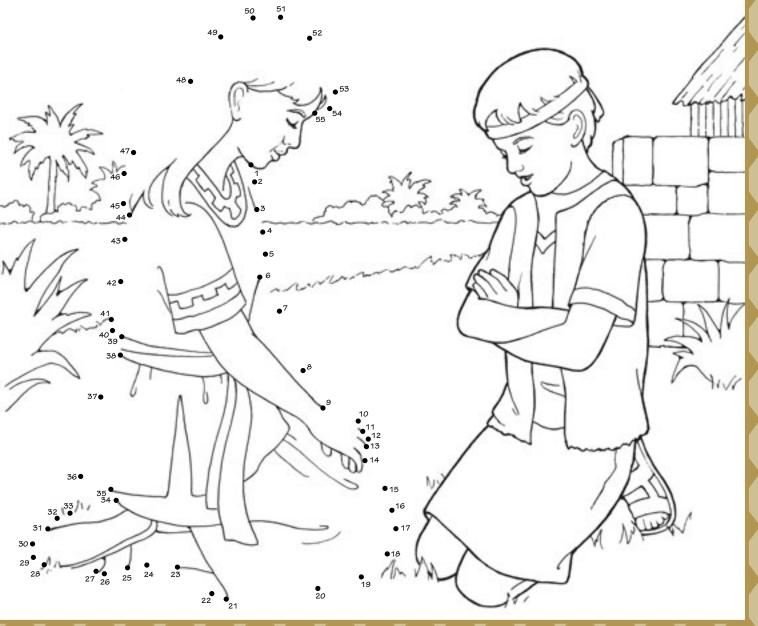
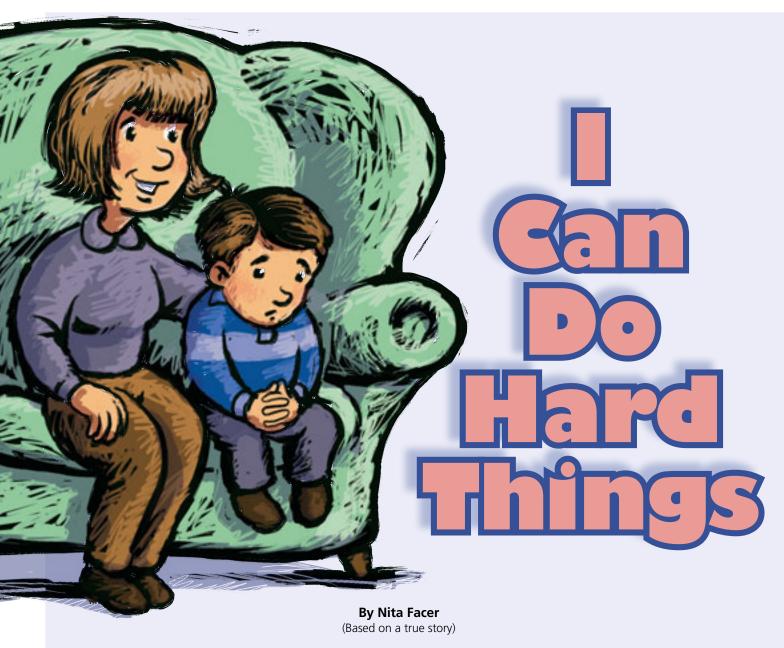


ILLUSTRATION BY BETH M. WHITTAKER M a r c h 2 0 1 0 35



Thy work shall be rewarded, saith the Lord (Jeremiah 31:16).

on trudged through the back door. He dropped his backpack and slumped onto a chair.

"I'm not going to school anymore," he said to Mom. "I don't know all my ABCs. I don't know all the numbers in the math book. I don't know everything. It's too hard."

Mom sat down next to Jon and put her arm around him. "It sounds like you had a tough first day of school," she said.

"I'm not going back," Jon said, sniffling a little. "I am just going to stay home and help you take care of baby Ella."

"You are a good helper," Mom said as she reached down to pick up Ella, who had crawled over to them. "You are patient and gentle with your sister. You are good at helping wash the car. You can rinse the dishes and pick up your toys and tie your shoes. You can do hard things."

"Those things aren't hard to do," Jon said.

Wow, these math problems are giving my brain a workout!

"Do you remember when you were learning to tie your shoes?" Mom asked.

"Yes, that was hard," Jon said. "The laces kept getting tangled in my fingers."

"It *was* hard, but you just kept working at it and soon you could do it by yourself," Mom said.

Jon shrugged. "Well, I wish I could be like Ella. She doesn't have to do anything hard."

"Ella is learning too," Mom said. "Look how she likes to practice walking to you."

Jon smiled as Ella toddled toward him and grabbed his fingers. "She's a little wobbly," he said.

Ella took two steps holding tightly to Jon's hand. Then Jon wiggled his fingers out of her grip, and she sat down on the floor.

"When I let go she falls down," Jon said.

"That's right," Mom said. "But she keeps getting back up. She wants to do hard things like you."

"Did I have a hard time learning to walk?" Jon asked.

"Yes, but you didn't give up," Mom said. "You just kept trying, and now look at you—you can walk and run and skip and hop and climb trees."

Jon hopped all the way around the kitchen table. Then he stopped, sat down, and put his face in his hands.

"But school is really hard," he said. "Do you think I can learn all my letters and all my numbers and everything?"

"Yes!" Mom said. "School is a good place to learn. You're not supposed to know everything already. By the end of the year I think you will be surprised at all the hard things you can do."

"Really? You think I can do it?"

"What do you think?" Mom asked.

Jon grabbed his little sister's hand and pulled her up to stand. "I think I can do hard things." ◆



"Being able to work hard is very important in anything we do."<sup>3</sup>

Elder Stanley G. Ellis of the Seventy



ILLUSTRATIONS BY BRAD TEARE March 2010 **37** 



#### **Jesus Christ**

**T**ehovah

Embraces everyone **S**uffered for us **Understanding** Serves everyone

Caring

Hosanna to the most High God!

Redeemer Is very kind **S**avior of the world Takes away our sins

Michelle P., age 10, Utah

#### **Springtime**

Springtime, springtime; Morning bells will ring time. Birds are singin', Music's ringin', "It's spring today!" Winter's over; Kids are pickin' clover Under the sunny day! No more snow, You all know:

Hannah B., age 8, Missouri

It's springtime today!

#### **Little Flowers**

Hey little flowers, Hey little flowers, Just start growing. There is nothing to be afraid of. The sun is shining, The water is coming, Soon you will grow Into a beautiful flower.

Boston G., age 8, Utah



Haley D., age 10, Utah



Megan P., age 10, Idaho



Benjamin H., age 10, Wisconsin



Clay B., age 9, Georgia



Reeve H., age 7, Nevada

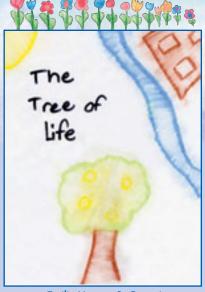


BreeAwnnah W., age 10, Texas

**Would you** like to send us a poem or drawing? Turn to page 48 to find out how.



Arianna B., age 10, Washington



Emilie H., age 9, Georgia



Tanner L., age 10, Utah



TrudyAnne L., age 6, California



Annika A., age 7, Utah



William L., age 6, Wyoming



Aaron W., age 7, Texas



Adriana M., age 11, Utah

# God Speaks through Prophets

#### By Sandra Tanner and Cristina Franco

ow do you know what Heavenly Father would say to you if He were here? God speaks through a prophet today just as He did in the past. The prophet—President Thomas S. Monson—teaches you what Heavenly Father wants you to know and do and become. You are blessed when you listen to and follow the prophet. President Monson's directions help us become more like Jesus Christ.

Here are some things you can know from what President Monson has said.

#### You can know that Heavenly Father loves you.

President Monson said: "I assure you that our Heavenly Father is mindful of the challenges we face in the world today. He loves each of us and will bless us as we strive to keep His commandments and seek Him through prayer."1

#### You can know that Jesus Christ is our Savior.

President Monson said: "God does live. Jesus is His Son. ... He is our Redeemer. ... He loves us. ... He gave His life for us."2

You can know how to help your family. President Monson said: "May we . . . demonstrate kindness and love within our own families."3

#### You can know how to help the world you live

in. President Monson said: "May we be good citizens of the nations in which we live and good neighbors in our communities, reaching out to those of other faiths, as well as to our own."4

#### **March 2010 Scripture Journal**

Read Luke 1:70 in the New Testament.

Pray to ask Heavenly Father to help you understand this scripture and know that it is true. Pray to know that President Thomas S. Monson is the prophet today.

*Memorize* this scripture.

Do one of these activities, or create your own:

- Do the activity on page 41. Cut slits on the dotted lines; then cut out the strips, and weave them beneath the prophets' pictures so the scriptures line up with the pictures. Look up the scriptures to find the prophets' names. Write the names on the blank lines.
- Look at the pictures of the prophets on page 41. Discuss with your family the teachings of these prophets.
- · Read the following quotes or something else the prophets have taught us:

"Find someone who is having a hard time, ... and do something for them." 5—President Thomas S. Monson

"Don't ever forget to pray. Kneel down ev'ry night and morning." 6—President Gordon B. Hinckley (1910-2008)

"May we all read the Book of Mormon prayerfully, study it carefully, and receive a testimony of its divinity."7—President Spencer W. Kimball (1895-1985)

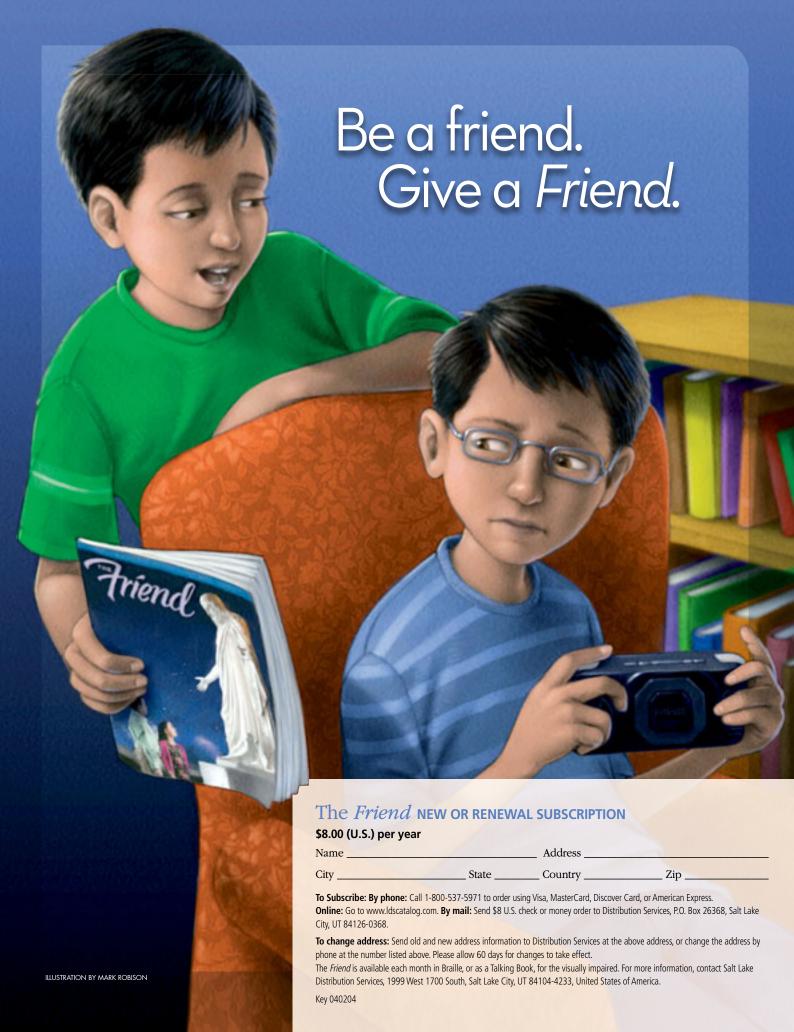
How does what you have done help you understand Luke 1:70?

Write in your journal or draw a picture about what you have done. •

- 1. Thomas S. Monson, "Until We Meet Again," Ensign, Nov. 2008, 106.
- 2. Thomas S. Monson, "Looking Back and Moving Forward," Ensign, May 2008, 90.
- 3. Thomas S. Monson, Ensign, May 2008, 90.
- 4. Thomas S. Monson, Ensign, Nov. 2008, 106.
- 5. Thomas S. Monson, in Gerry Avant, "Prophet's Birthday: Milestone of 81," Church News, Aug. 23, 2008, 4.
- 6. Gordon B. Hinckley, "Don't Ever Forget to Pray," Friend, Apr. 2006, 11.
- 7. Spencer W. Kimball, "How Rare a Possession—the Scriptures!" Ensign, Sept. 1976, 5.

	1 Nephi 2:1–3	D&C 1:38
	Daniel 6:22–23	D&C 1:17
	Genesis 7:1	Helaman 16:2–3
	Exodus 3:2–4	Mosiah 18:7
	Moses 1:34	Matthew 3:1–2
ILLUSTRATIONS BY BETH M. WHITTAKER		







# He Said He Would Help

By T. S. Hettinger

(Based on a true story)

Home is where the heart is and warmth and love abound (Children's Songbook, 192).

Carly knew something was wrong when she saw her dad's car in the parking lot.

"Dad's home," she said softly.

"Dad's home?" her little brother, Robert, repeated excitedly. "Awesome!" He swung his backpack over his shoulder and hurried toward their apartment.

"Wait," Carly said. "I think something is wrong." Robert stopped. "What do you mean?"

"I'm not sure," Carly began, "but I heard Mom and Dad talking last night. Dad said that a lot of people at his work are getting laid off."

Robert looked confused.

"That means Dad might lose his job," Carly explained.

"What would happen then?" Robert asked.

44 Friend ILLUSTRATIONS BY KATIE MCDEE

"Well, if he doesn't have a job, then he won't make any money. And if we don't have any money, then we can't buy anything."

Robert's eyes widened. "We'll be like those people downtown who live in the park."

Carly shuddered as she thought about the people she had seen by the roadside holding signs that read, "Will work for food."

"I don't think that will happen," she said.

"We should call Brother Worthington," Robert said. "He said we should call him if we have a problem. He said he would help."

"You're right," Carly said. "Let's tell Mom and Dad."

As they opened the door, they saw their parents talking.

"Dad, did you lose your job?" Robert asked.

Mom and Dad looked at each other. "Yes, I did," Dad said. "How did you know?"

"I heard you and Mom talking yesterday," Carly said.

"Did you call Brother Worthington yet?" Robert asked.

"No, we haven't told anyone," Mom said. "We're trying to figure out what we should do first."

"We need to call Brother Worthington," Carly said. "He always tells us to call him if we have a problem."

"He is our home teacher," Mom said. "Maybe we should call him."

"I don't want to bother him," Dad said. "I just need to start looking for another job."

"I'll get a job too," Robert said.

"That's very sweet, but you and Carly are busy with school," Mom said.

"How can we go to school if we're living in the park?" Robert asked. He started to cry. "Please call

Brother Worthington. He said he would help."

Dad lifted Robert onto his lap. "We won't have to live in the park," he said as the phone started ringing. "I lost my job, but we haven't lost everything."

Carly went to answer the phone. Moments later she handed the receiver to Dad. "It's for you," she said with a big smile. "It's Brother Worthington."

As Dad talked on the phone, he grabbed a notebook and pen and

wrote down names and phone numbers.

"What did he say?" Carly asked as Dad hung up.

"He heard about the layoffs on the news, so he called to see if I had been laid off. When I told him I had been, he gave me the name and number of the ward employment specialist, and names and numbers of other people he knows who might be able to help me find a job."

"That's great!" Robert said. "I

knew he would help!"

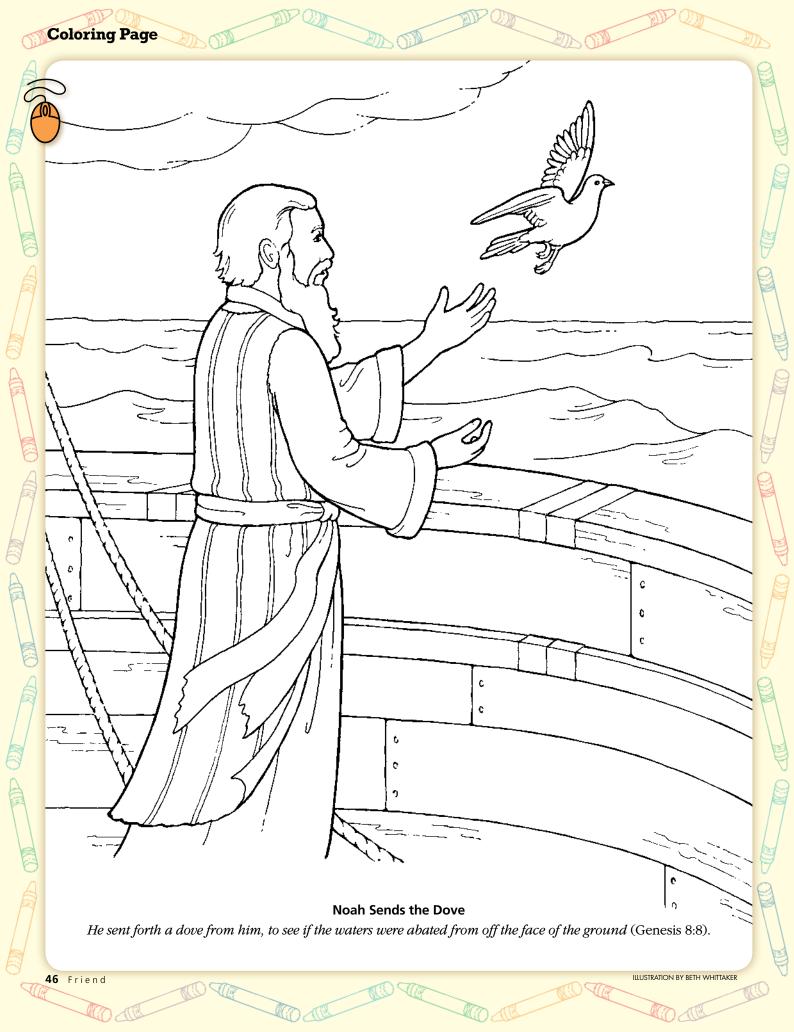
"You were right," Dad said. "He is the man Heavenly Father has asked to watch over our family when we need help. You children understood that better than I did. And now, thanks to Brother Worthington, I have some phone calls to make."

"There is no greater Church calling than that of a home teacher."

President Ezra Taft Benson (1899–1994)







# Friends in the News



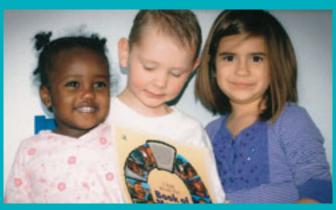
Rebekah P., 11, North Dakota, likes to read. She plays the piano and wants to learn to play the guitar. When her little sister Megan was born, Rebekah was very helpful getting things ready for Megan to come home. Rebekah is excited to turn 12 and go to Young Women.



Douglas S., 7, Texas, is memorizing the Articles of Faith and reads the Book of Mormon every night. He is a great example to his friends and younger sisters. He likes spending time at the beach near his home and enjoys playing soccer and tennis.



Anna R., 7, Utah, likes to draw, play with her friends, and go to school. She loves to spend time with her four sisters and two brothers.



**Ivy, Oakley,** and **Eden W.,** Washington, 1, 4, and 6, like to go on hikes, read books together, go swimming, and cook with their mom. They finished reading the Book of Mormon with the 2008 reading schedule in the *Friend* and like to read stories about Jesus Christ.



#### Simpsonville First Ward

The Primary children of the Simpsonville First Ward, Greenville South Carolina East Stake, visited the Columbia South Carolina Temple. They talked with the temple matron in the waiting room and went on a tour of the temple grounds. They had pictures taken with their families. One of their favorite parts of the trip was singing "I Love to See the Temple."

Would you like to be a friend in the news? Turn to page 48 to find out how.



#### Park Ridge (Spanish) Branch

The Primary children of the Park Ridge (Spanish) Branch, Kearns Utah West Stake, held an "I Am a Child of God" activity. Each child created a work of art and displayed it in the Primary room.



Isabella and Nicholas F., 4 and 7, Utah, like story time, playing with friends, and singing Primary songs in the car. Nicholas likes drawing pictures and building things. Isabella likes dancing and helping in the kitchen.

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Alanna, Ethan, and Jared W., 7, 5, and 4, England, like going to Primary and participating in family home evening. Alanna is excited to be baptized. She likes to read the *Friend* to her brothers each month. Ethan likes going to school. He is kind and loves to help his mummy take care of his baby brother, Joshua. Jared loves to sing and is often heard singing "Called to Serve" and "I Love to See the Temple."



# Possible Ideas for Family Home Evening

1. Read "A Lesson in Reverence" (pages 2–3) and discuss the importance of reverence. How can you help make Primary a more reverent place? Write down some suggestions in the spaces provided on page 2. You could also brainstorm ways family members could help to have a more reverent spirit in your home.

2. Make Scripture Cookies (page 13) as a family. You could divide into two teams. Team 1 could work together to fill in all of the blanks for the recipe. Team 2 could gather and measure each ingredient as it is found. Then follow the cooking instructions and discuss what you learned from the scriptures while the cookies bake.

3. Read "Visiting the House of the Lord" (pages 18–19). Cut several small circles or squares out of paper to divide among family members. Lay a world map on the floor and take turns placing a paper marker wherever you think a temple is. Which temple is closest to your home? You can find temple locations at lds.org. Click on Family History and Temples and then Temples around the World.

4. Read the accounts on pages 30–31 of children trying to be like Jesus. How have the members of your family tried to follow the example of the Savior? Share your experiences with one another. You could write them in your journal or send them to the *Friend*.

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The following information and permission must be included:

Full name

Age

State/Province, Country

I grant permission to print submission and photo:

Signature of parent or legal guardian

Children whose work is submitted should be at least three years old.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

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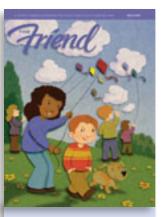
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# Topical Index to this Issue of the Friend

(FLF) = For Little Friends (f) = Funstuf (IFC) = inside front cover (v) = verse

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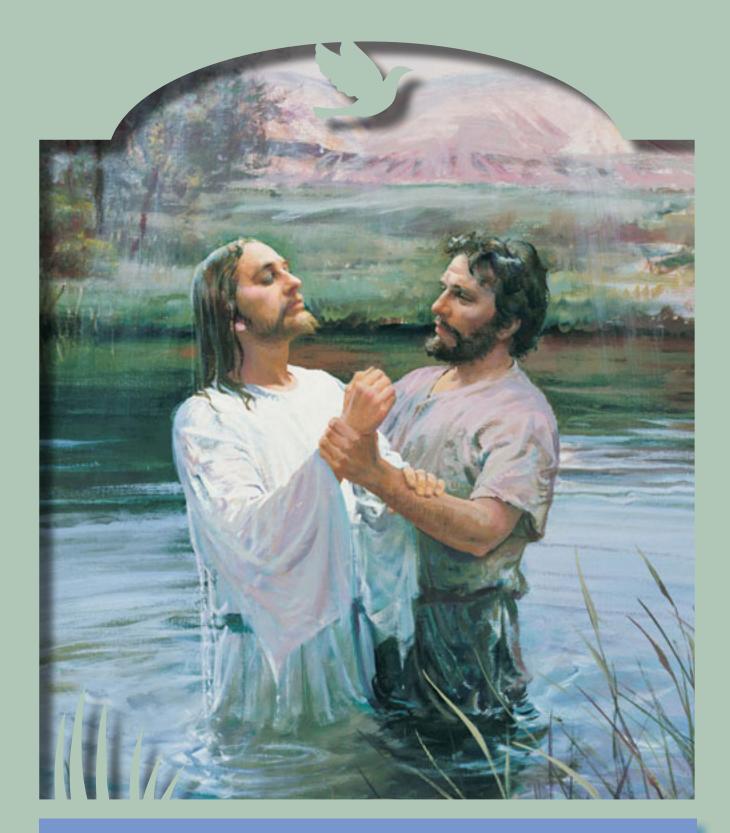
#### **Sidebar References**

- "'These . . . Were Our Examples,'" Ensign, Nov. 1991, 61.
- 2. "He Heals the Heavy Laden," Ensign, Nov. 2006. 7.
- 3. "All Can Give," Friend, Nov. 2008, 8.
- 4. "To the Home Teachers of the Church," Ensign, May 1987, 50.

#### **Funstuf Answers**

Page 17: We are spirit sons and daughters of God.
Page 26: Endure well.





"And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him:

"And lo a voice from heaven, saying,
This is my beloved Son, in whom I am well pleased" (Matthew 3:16-17).

JOHN BAPTIZING JESUS, BY HARRY ANDERSON, © IRI March 2010 49

### What's online this month?



# friend.lds.org

### For Children

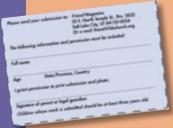


A YEAR ON TEMPLE SQUARE Watch Emma's interview with Sister Lant on friend.lds.org to find out more about the importance of Primary, what responsibilities Sister Lant has, and what she hopes all Primary children will do.

FOR LITTLE FRIENDS Watch and listen to "Miguel's New Primary" by clicking on For Little Friends on friend.lds.org. Then play the online version of the "Match the Items" game that is featured on page 34 of the magazine.

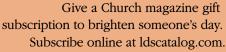


### For Parents



**CHILDREN'S SUBMISSIONS** Would your child like to send a letter or drawing to the *Friend*? Visit friend.lds .org and click on **Submit Your Material**. You can also find information on page 48 of this issue.

#### **SUBSCRIPTIONS**





# For Teachers and Leaders



ACTIVITY DAY HELPS Children love to learn by doing. For ideas on how to teach the gospel in fun and meaningful ways, visit lds.org/pa and click on Primary. Select Primary Activity Days and then Using Faith in God in Activity Days.

PRIMARY LESSON HELPS You can now find even more coloring pages, flannel board figures, and other activities from past issues of the *Friend* to supplement your Primary lesson. Visit friend.lds.org to find activities listed by topic.

