

June 2018

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

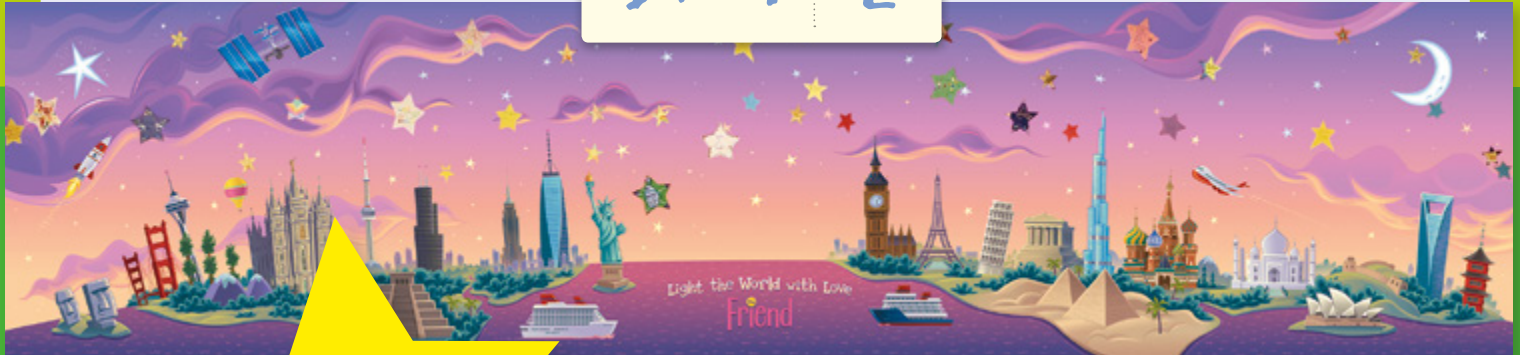
the Friend



Read about
FRIENDSHIP

See pages 4, 8

FRIENDS BY MAIL



Shine
Your
Light!

Thanks for sending in your stars! Keep them coming.
Turn to page 39 to see how.

Father's Day Origami



We did your Father's Day origami craft (June 2017)! We wrote notes on the back and were excited to give them to our dads!

McKenna K., Chloe K., and Mary M., ages 12, 11, and 13, Colorado, USA



DEAR FRIENDS,

Every day you have lots of choices. What if you're playing a game and your mom asks for help? What if someone needs a friend? What if you see something on the computer that doesn't make you feel good? This month's Friend has true stories about kids who faced all of these choices. What good choices have you made?

Was there a story or activity this month that helped you? Tell us about it! Turn to page 39 to find out how.

Love,
The Friend

Me and My Dog



Thank you for writing "Erika's Dream Park" (April 2017). It makes me feel better about my dog, Torque. He had cancer and died two years ago. We were both 18 months old in this picture.

Blake L., age 10, Oregon, USA

the Friend

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

- **Primary Connection** Find stories and activities to go with this month's sharing time theme and lessons. Find more at lessonhelps.lds.org.

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Front cover by Brooke Smart
Back cover by Cooper Kelly

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Hidden GTR Rings

Hard: What have you learned to do?

Harder: Do you ever get nervous?

Hardest: Fruit never fails.



By President Dallin H. Oaks
First Counselor in the First Presidency

Small Things Make a Difference

BIG



Alma taught his son Helaman, “By small and simple things are great things brought to pass” (Alma 37:6). The gospel of Jesus Christ teaches us many small and simple things. Over time these small things make a big difference.

I thought about this idea while taking a morning walk. I saw a crack in the concrete sidewalk. Did something large make the crack? No. The crack was made by the small root from a nearby tree. It grew only a little every day, but over time it was incredibly powerful.

The small things we do can be powerful. Think about daily scripture study. Or personal and family prayers. Or when we repent before taking the sacrament. Each of these acts may seem small and simple, but over time they help our spirits grow in powerful ways.



In the same way, small bad decisions can be powerful too. For example, drugs attack our bodies.

Pornography hurts our minds. We can avoid the effects of these harmful things by never trying them—even once.



What do we watch on television and on the internet? What do we read? What music do we listen to? Are we honest? Are we cheerful and respectful to others? These small decisions can shape our lives.

We will be stronger by following the gospel of Jesus Christ and the leaders of His Church. I testify of Him. I leave a blessing with anyone who tries to stay on His covenant path. ●



Adapted from “Small and Simple Things,” Ensign, May 2018, 89–92.

Getting to Know President Dallin H. Oaks

He was born on **August 12, 1932**, in Provo, Utah, USA.



When he was eight years old, his father died.



Dallin struggled in school for a time, but a loving teacher helped him improve.



His first job was sweeping out a radio repair shop.



(Back then, some radios were as big as washing machines!)

He met his wife June at a school basketball game.



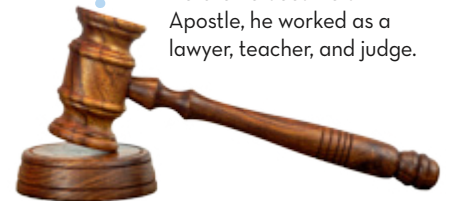
He liked fishing with his six children.



His motto is

"Work first, play later."

Before he became an Apostle, he worked as a lawyer, teacher, and judge.



He used to be president of Brigham Young University.



After June died, he married his wife Kristen in the Salt Lake Temple.

He was set apart as First Counselor in the First Presidency on January 14, 2018.

THE SPECIAL ASSIGNMENT

By Alison Bentley
(Based on a true story)

*"As ye would that men should do to you,
do ye also to them" (Luke 6:31).*

Elliott was excited to be in second grade. He had a new box of crayons and a new friend named George. Last year Elliott had felt lonely at recess. But then George moved in. Now the two boys played together every day. They liked pretending to be secret agents. But today they were playing soccer.

"Hey, kick the ball to me!" George yelled. Elliott kicked the soccer ball as hard as he could. Then George kicked the ball right into the net. "Score!" Elliott shouted.

Everything was great. But then Oni showed up.

Oni and his family had to move from another country to escape danger. He was pretty quiet and didn't have many friends. Now he sat down at the edge of the grass and just watched.

The other boys didn't like Oni following them around. "Oni is the enemy," one of the boys shouted. "Let's go play on the slide."

Elliott got a sick feeling in his stomach. He knew it

wasn't right to run away from Oni. But if he stood up for Oni, maybe the other boys wouldn't want to play with *him* either. Maybe George wouldn't.

Elliott thought about what he should do. He remembered how lonely he'd felt last year and how hard he'd prayed for friends. Maybe Oni was feeling that way now. Elliott thought about how Jesus helped people others didn't like. Elliott wanted to choose the right.

Two of the agents assigned to the case: Elliott and George.

After school, Elliott told Mom all about his problem. "That does sound tough," Mom said. "Have you prayed to ask Heavenly Father for help?"

"How could He help?" Elliott asked.

"Well, maybe He'll help us come up with a good solution," Mom said. "It's always good to have Heavenly Father on your team."

Oni, a new boy in class.



Elliott and Mom bowed their heads as Elliott said a prayer. Then he and Mom talked about some ideas for solving the problem.

The next morning Mom took Elliott to school early. They wanted to tell their ideas to Elliott's teacher. Mrs. Williams really liked their ideas, especially one.

Later on, just before recess, Mrs. Williams asked Elliott and a few of the other boys to come up to her desk. "Boys," she said, "I have a special assignment, and I know I can trust you with it." The boys looked up at their teacher.

"I know a boy in the other class who could really use a friend. His name is Oni." Some of the boys looked down at the floor.

"Now, I don't want just any friend for Oni," Mrs. Williams continued. "He needs some really good friends,

which is why I thought of you boys. Can you boys find Oni at recess and help him feel included, and then come back and tell me how it went?" The boys stood up a little straighter. Elliott and George smiled at each other. They were on the case!

When Mom picked Elliott up from school, she asked him how the day went. "It was great, Mom!" Elliott said. "Oni was so surprised that we all wanted to play with him. He had a big smile on his face all recess!"

"You know, Elliott," Mom said, "maybe Oni has been praying for a friend, just like you did last year. Maybe you are the answer to his prayers."

Elliott felt good to know that Heavenly Father had helped Oni. And now Elliott had another new friend too. Mission accomplished! ●

The author lives in California, USA.

Turn the page for an activity to go with this story.



The assignment: A success!



One year, on my first day of school, I saw a little girl crying. I asked her why she was sad. She said she didn't have any friends. I told her I would be her friend. Her name was Rayna. I was being kind by being a friend to her.

Sofia L., age 8, Arizona, USA

Family Night FUN

Here's an idea for family home evening. What other ideas can you come up with?

Friendship Chain

Read "The Special Assignment" (page 4). You can be a good friend too! You can follow Jesus by including others, being nice, and doing kind things.

1. Cut out strips of colored paper about 1 inch (2.5 cm) wide and 6 inches (15 cm) long.
2. Think about the last week. What did you do to be a good friend? Write that thing on a strip of paper.
3. Glue, staple, or tape the ends together to form a circle.
4. Put another strip through the circle and attach the ends to start a chain.
5. Add to the chain whenever you do something kind. How long will your friendship chain grow in a week?

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.

Fruit Friends

Use berries and melted chocolate to make these yummy bugs! Make sure to get an adult's help.

strawberries
blueberries
chocolate chips, melted

1. Fill a plastic baggy with melted chocolate. Cut a very small hole off the corner.
2. Cut strawberries in half lengthwise and cut out the stems.

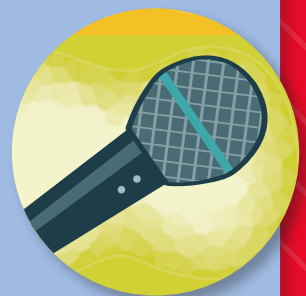
3. Squeeze chocolate onto the berries to stick them together and to make spots and eyes.



4. Let the chocolate harden, and then eat your tasty bugs!

MORE IDEAS

Find a family video and do the Family History Quest! (See page 18.)



Read this month's scripture (page 7). Then share your favorite Book of Mormon verse.



Book of Mormon Reading Club

JOIN IN BY READING THE BOOK OF MORMON!

You can read on your own, with your family, or with a friend. Then tell us about it! (See page 39 to find out how.)



We love the Book of Mormon because we learn about the gospel and especially Jesus Christ. We are so thankful to God for the Book of Mormon because we

learn that Jesus Christ is our Savior, and that has helped so much in life.

**Allfie and Anna B., ages 6 and 8,
Maharashtra, India**



Primary children in the **Versailles Ward, Ile-de-France, France**, were challenged to read the Book of Mormon each day. They learned a lot about this special book!

This month's scripture: **Alma 32:21**

“If ye have faith ye hope for things which are not seen, which are true.”

Go to friend.lds.org to print
Book of Mormon Club cards!



TORTILLAS *and* AMIGAS

By Lindsay Stevens Tanner and Maryssa Dennis

(Based on a true story)

"If you want a friend, you must show that you care" (Children's Songbook, 262).

Adriana was bored.

She wanted to play with her twin sister, Diana. But Diana had gone to buy food at the *mercado* with Mamá. Adriana sighed. The house felt very empty. She wished she'd gone with them.

Adriana decided to visit her neighbor Margarita. Margarita's kids were all grown up, and she was like an *abuela* to Adriana. They always had lots of fun together.

Adriana went outside. The hot sun shone down on her as she walked to Margarita's house. She poked her head inside the door. "Margarita, are you home?"

"Sí, I am in the *cocina*," Margarita called. Adriana walked in. Margarita was sitting at the kitchen table with her head down.

"*Buenas tardes*, Adriana," said Margarita. She looked up and gave a small smile. But she seemed sad.

"Is something wrong?" asked Adriana.

Margarita sighed. "Nothing you need to worry about."

How can I help her feel better? Adriana thought.

Margarita always seemed happy when they cooked together. "May I help you make tortillas?"

"I just finished making some," said Margarita. She



lifted a cloth napkin to show a stack of tortillas.

"Then may I help you *eat* tortillas?" Adriana asked with a grin.

Margarita laughed. "Of course. Let me just heat up some *frijoles* to go with them."

Adriana stood by Margarita at the stove and stirred black refried beans in a pot. When the beans were done, she carried them to the *mesa*. Margarita brought the tortillas and the *queso* to the table too.

Adriana took a warm tortilla and spread beans over it. Then she sprinkled the cheese on top. It looked *delicioso*! Adriana couldn't wait to take a bite. But there was something she wanted to do first.

"May I please say an *oración*?" Adriana asked Margarita.

"Sure."

Adriana closed her eyes and folded her arms. "*Padre Celestial*, we thank Thee for this food. Please bless it to make us healthy and strong. And please help Margarita with whatever she needs. I'm glad she's my friend. In the name of *Jesucristo*, amen."

Adriana opened her eyes. Margarita had a big smile—a real one this time. While they ate, they talked

about school and *fútbol* and books. Adriana loved talking with Margarita.

When they finished eating, Adriana gave Margarita a big *abrazo*. “Thank you for the snack. I had a great time!”

Margarita hugged Adriana back. “Thank *you*, Adriana. I needed a friend today.”

Adriana beamed. “I’m glad we’re *amigas*.”

“I’m glad we’re friends too,” Margarita said. “Why don’t you take the rest of these tortillas home? I’m so full.”

Adriana skipped all the way back to her *casa*. She felt full too—and not just from the tortillas! She was full of friendship from head to toe. ●

The authors live in Utah, USA.

Turn the page for an activity with the Spanish words.

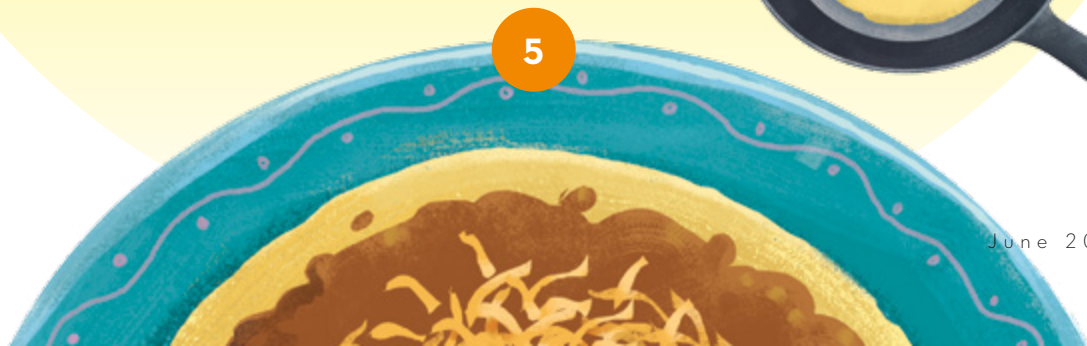
Friendship Tortillas

These easy corn tortillas are perfect for making and sharing with friends! Be sure to get an adult’s help.

2 cups masa harina (corn flour)

1 1/2 cups hot water

1. Mix the masa harina and hot water. Knead the dough until soft.
2. Roll the dough into small balls. Place one ball between two sheets of waxed paper.
3. With a plate or skillet, press down on the ball firmly several times.
4. Cook the tortilla in a frying pan over medium heat. Cook about 1 minute on each side.
5. Top with beans and cheese, and enjoy!



Puzzle Page

Word Clues

Go back to “Tortillas and Amigas” (page 8)! Can you *descifrar* (figure out) what the Spanish words in the story mean? Check your answers on page 39.

mercado _____

abuela _____

sí _____

cocina _____

buenas tardes _____

frijoles _____

mesa _____

queso _____

delicioso _____

oración _____

Padre Celestial _____

Jesucristo _____

fútbol _____

abrazo _____

amigas _____

casa _____

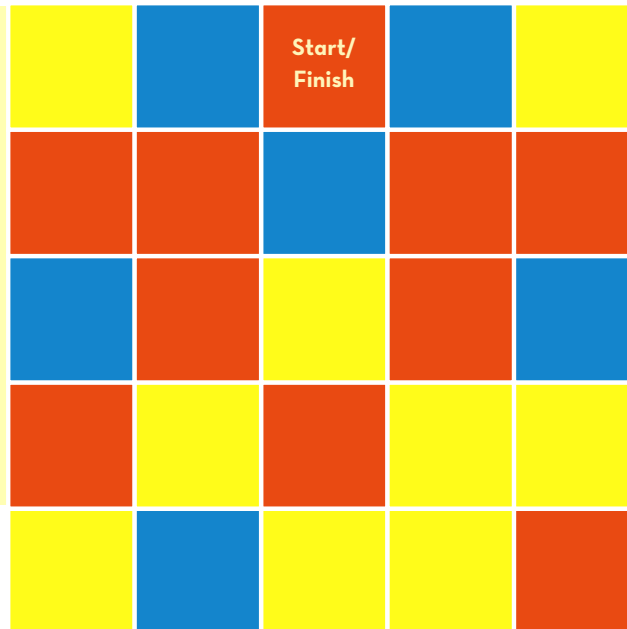
What's Different?

In the Book of Mormon, a young woman named Abish taught others about Heavenly Father and Jesus Christ. Find 10 things that are different in these two pictures!



One, Two, Don't Touch Blue!

Connect all the red boxes *without crossing any blue ones*. You can draw across the red and yellow boxes, but don't pick up your pencil, don't cross your pencil lines, and don't use a box twice. Good luck!





**“Seek ye out of the best books words of wisdom, seek learning
even by study and also by faith.”**

—D&C 109:7

Showing Her Love

From an interview with Jan Pinborough

HELLO!
My name is Love.

I shine my light by
showing love to
my family.

About Me

I live in Nigeria. That's a country in Africa. I live with my parents and my brothers. My favorite song is "Children All over the World." My favorite scripture is 1 Nephi 3:7.

Close to the Temple

We live very close to the Aba Nigeria Temple. It only takes five minutes to walk there! I feel so glad when I visit the temple. I'm preparing for the time when I can go inside to do baptisms.



The Best Place to Be

On Mondays I remind my brothers about family home evening. I like it when my dad cooks dinner and we all dance together. Home is the best place to be.



Helping My Brothers

Every morning, I wake up my younger brothers for our family devotional. We sing hymns, study the scriptures, and kneel and pray together. Then I help them get ready for school. I feel it's a duty I owe my Heavenly Father to love and help my siblings.

Work and Play

After school I help my mum with work around our home. I help my brothers with their school assignments too. I don't have much time to play, but I love riding my bicycle and making kites. I feel Heavenly Father's love when I show love to my family.



HOW CAN YOU SHINE?

- Read to a brother or sister.
- Ask your mum or dad how you can help.
- Remind your family about family prayer.

SEND US A STAR!

Jesus asked us to "let [our] light so shine" (Matthew 5:16). How do you let your light shine? Send us a star with your story, photo, and permission. See page 39.





“I testify that Jesus Christ is our Good Shepherd, who loves and cares for us. He knows us and laid down His life for His sheep. He also lives for us and wants us to know Him and exercise faith in Him. I love and adore Him, and I am profoundly grateful for Him.”

By Elder Dale G. Renlund

Of the Quorum of the Twelve Apostles

“Our Good Shepherd,” Ensign, May 2017, 32.

Like a Good Shepherd

Shepherds lead their sheep to food, water, and shelter and protect their sheep from harm. Jesus taught that He is the Good Shepherd. When we choose to follow Him, He can lead us to safety and peace.

Lead the sheep safely home through the maze!



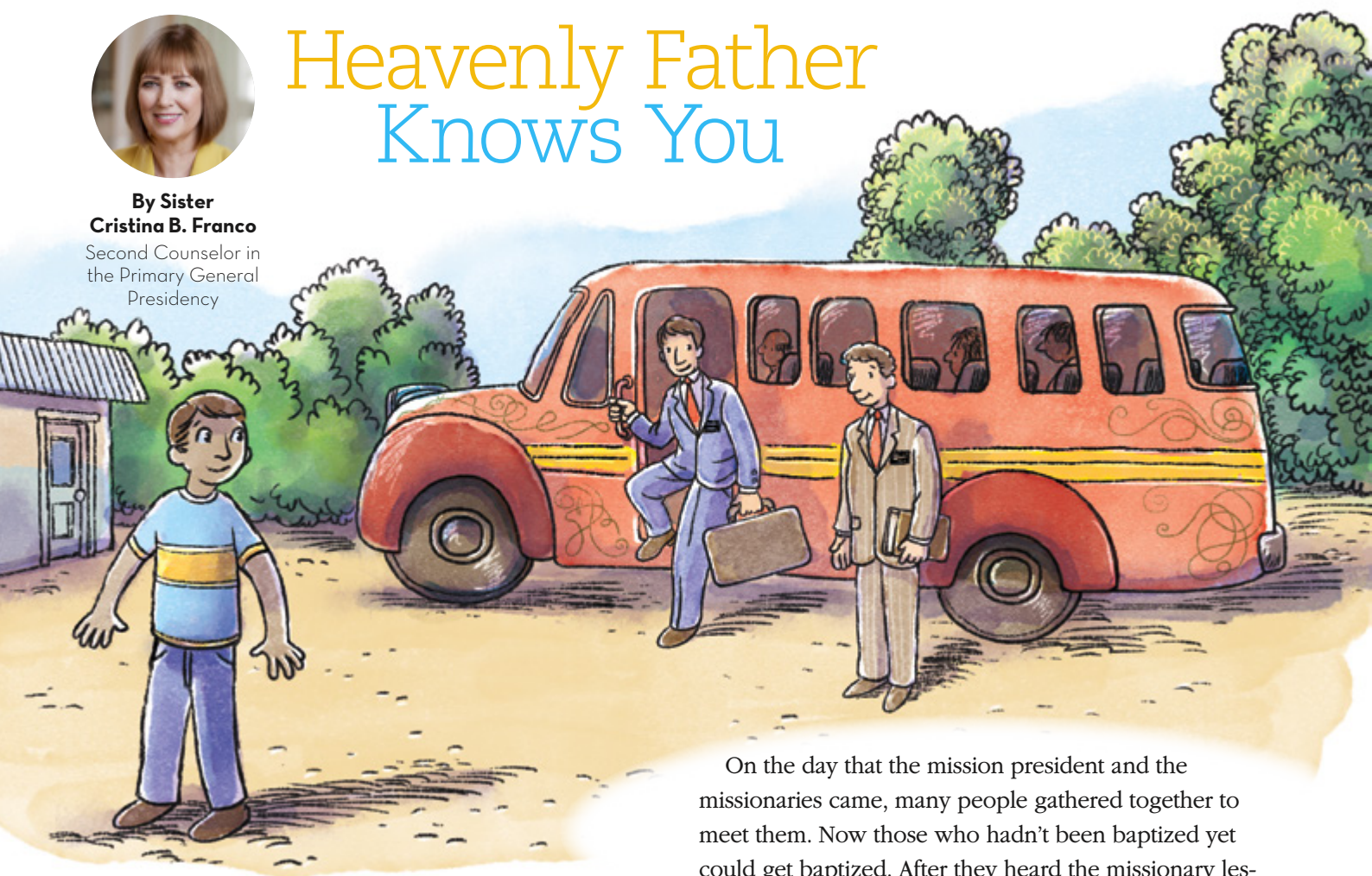
ILLUSTRATION BY CHRISTINE GROVE



**By Sister
Cristina B. Franco**

Second Counselor in
the Primary General
Presidency

Heavenly Father Knows You



On the day that the mission president and the missionaries came, many people gathered together to meet them. Now those who hadn't been baptized yet could get baptized. After they heard the missionary lessons, they were ready!

Every Sunday in a small town in Argentina, a group of people met under a tree to read the scriptures and learn about the gospel. Some of the people were members of the Church. But many of them hadn't been baptized, and they really wanted to be!

They had a problem, though. They lived far away from other towns. No Church leaders had come to visit their town for some time.

Then they heard that some missionaries were in a town about four hours away. They all gave money so one man could buy a bus ticket to the town where the missionaries were. When he got there, he waited at the bus station. He thought that would be the best place to find the missionaries.

After a few hours, he saw two young men. They were the missionaries! He told them about the people in his town. So the missionaries and the mission president planned a trip to meet these people.

The closest river was very far away, so they pumped water from a well and filled up a portable swimming pool. It took three hours to fill the pool! In all, 27 women, men, and children got baptized that day. They were filled with joy!

Heavenly Father knew that these people wanted to be baptized, and He helped them find the missionaries. Heavenly Father also knows you. He knows where you are, and who you are, and what you need. He hears and answers your prayers. No matter how lonely you feel, He's always there. You are never alone. You can always turn to Him. ●



Story Scramble

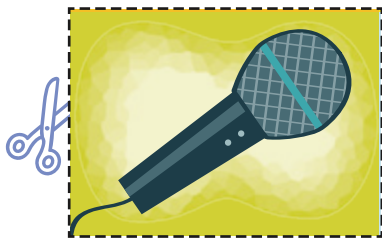
Put the pictures in order to help tell the story from Sister Franco.



Watch and Listen

Ask a parent to help you find family videos or photos. Before you take a look, write names of family members you might see, and draw a picture to represent them. Then watch together, and mark when you see each person. Try to get three in a row!

The game board is a 3x3 grid on a green dotted background. At the top, the words "family" and "bingo" are written in colorful, bubbly letters. The center cell contains a blue circle with the word "free" in white. Each of the eight surrounding cells has a dotted line at the bottom with the word "Name" written below it. A red scissors icon is on the left side of the board.



Don't forget to cut out your badge and add it to the badge keeper from the January *Friend*! Print past pages, or extra copies of this page, at FriendFHQ.lds.org.

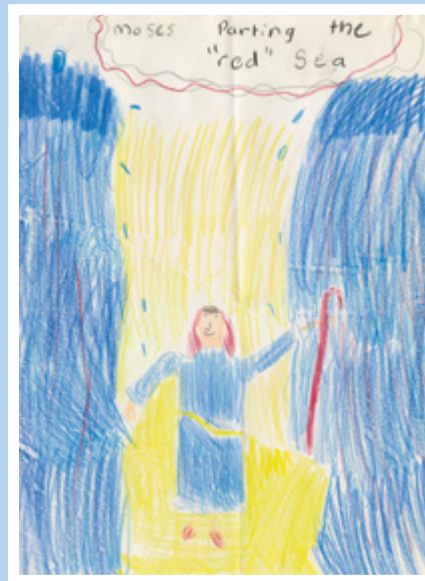
ADD AN AUDIO CLIP TO FAMILYSEARCH.ORG

Help a parent download the "FamilySearch—Memories" smartphone app. Tap on the picture of the microphone at the top of the screen. Record a member of your family telling a true story, and then post it to FamilySearch.org!

Moses Obeyed God

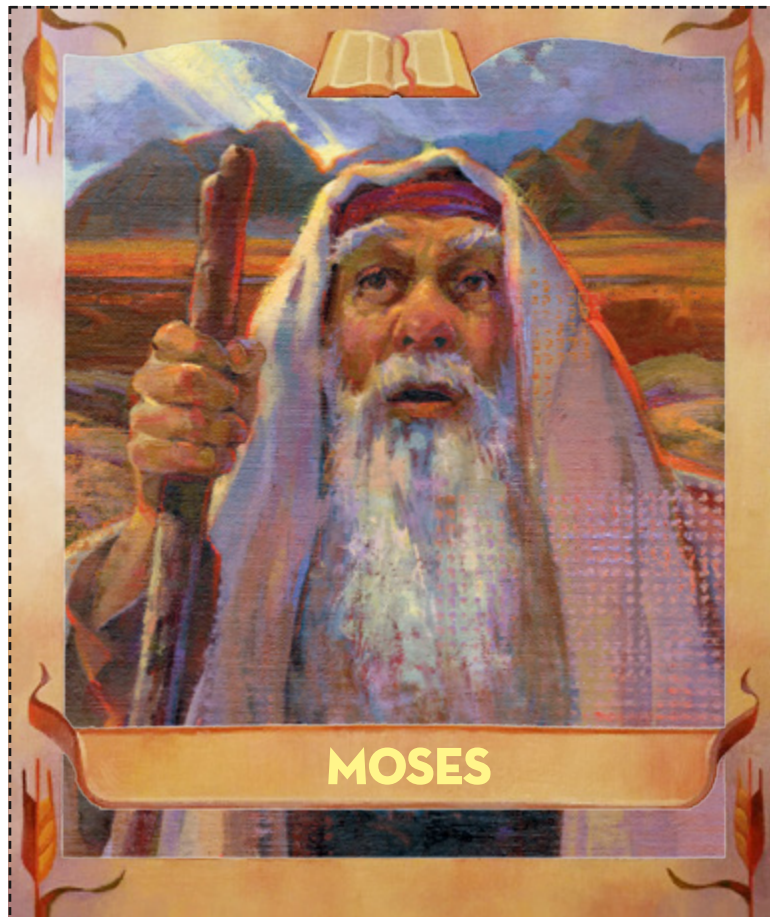
Moses was an Israelite (a Hebrew) who was raised by a princess in Egypt. When he grew up, he didn't like the way Egyptians treated the Israelites, their slaves. When he stood up for them, the Egyptians wanted to kill Moses. Moses had to run away. God told Moses to go back and free the Israelites. Moses went to Pharaoh, the king of Egypt, and asked him to free his people. Pharaoh said no. God cursed the land with lice, frogs, and other plagues. Finally Pharaoh said the Israelites could go. Then he changed his mind and sent his armies after the Israelites! God commanded Moses to part the Red Sea so they could escape Egypt. Moses got the Ten Commandments from God and taught his people to be obedient.

Read about Moses in Exodus 2-34.



Matthew B., age 10, Texas, USA

Print more cards at OTFriend2018.lds.org.



Moses obeyed God's commandments, and I can too!

- Memorize Exodus 19:5.
- Write in your journal about a time your family was blessed for keeping a commandment.
- Watch chapters 15-19 of the Old Testament stories at scripturestories.lds.org.
- I can follow Jesus by ...

Show and tell



When I auditioned for the British Pageant about the pioneers in England, I got a warm feeling helping me know that being in it was a good choice.

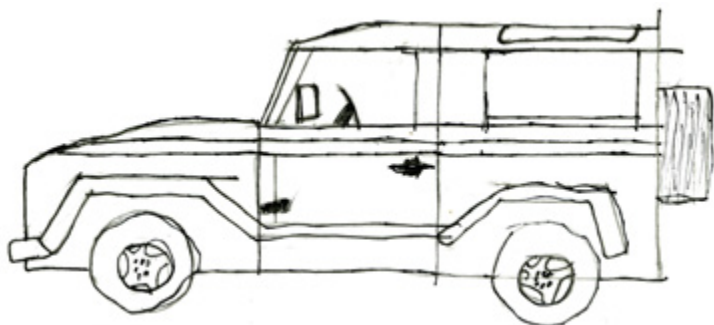
**Madison W., age 11,
South Yorkshire, England**



My younger brother and sister were fighting. I reminded them that Jesus taught us not to fight.

It felt good to be a good example.

**Tequan K., age 10,
Lusaka, Zambia**



Caeden H., age 10, England



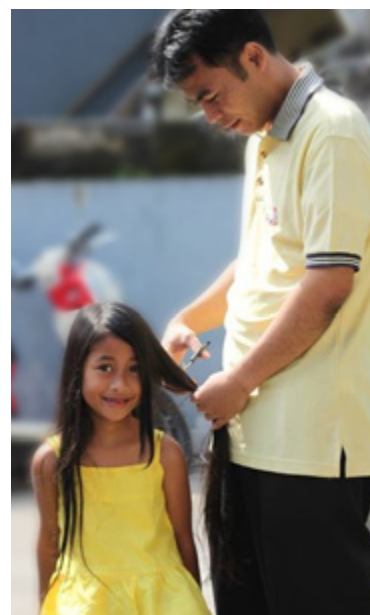
Avie B., age 8, Utah, USA

I try to be a good example by keeping the commandments and going to church on Sunday to keep the Sabbath day holy.

**Jonathon P., age 10,
Santa Ana, El Salvador**



Activity day girls from the **McKay Lake Ward, Colorado, USA**, served at the Fort Collins Colorado Temple by weeding and picking up trash.



I was excited to donate 12 inches (30.5 cm) of my hair to make wigs for children with cancer!

**Lavona R., age 8,
West Java, Indonesia**

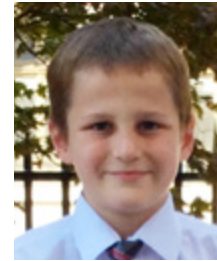


I go to church with my grandmother, and I asked my friends Jennifer, Joselyn, and Israel to come. Jennifer liked Primary and invited the missionaries to her home to teach her. Later she was baptized!

**Derik S., age 5,
Guatemala, Guatemala**



Lydia F., age 12, Ohio, USA

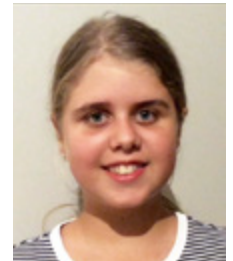


We went to Lithuania for my dad's work, and I learned enough Russian to share my testimony during our ward's fast meeting. I was scared, but I felt the Spirit as I spoke.

Lincoln F., age 8, Virginia, USA

Prayer is an important part of my life. After I pray, I feel like I put on the armor of God that helps protect me.

**Bethany H., age 12,
Western Australia, Australia**

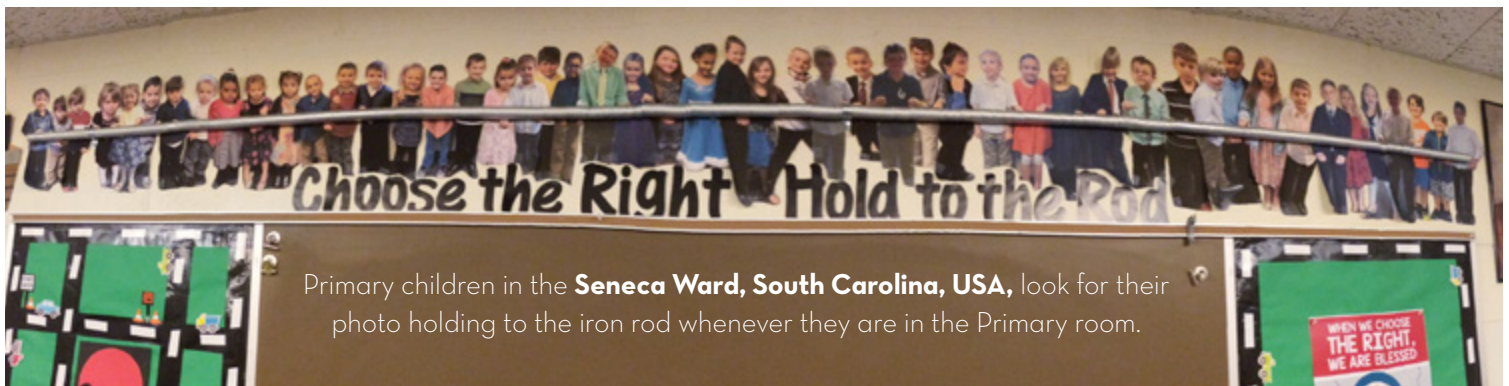


**Owen C., age 8,
Nebraska, USA**



I read the Book of Mormon every day. It helps me be more responsible to my siblings.

**Sean Andrei L., age 10, Ilollo,
Philippines**



Primary children in the **Seneca Ward, South Carolina, USA**, look for their photo holding to the iron rod whenever they are in the Primary room.

TWIN JITTERS

By Stacey Rasmussen

(Based on a true story)

The author lives in Utah, USA.

This is Kaylee and Kyle. They're twins. They're getting baptized tomorrow. Grandma has come to visit.

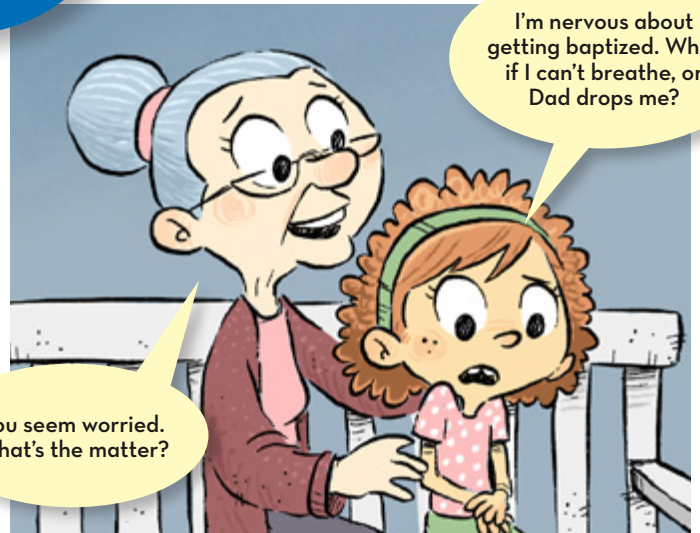


Will you sit on the porch with me?



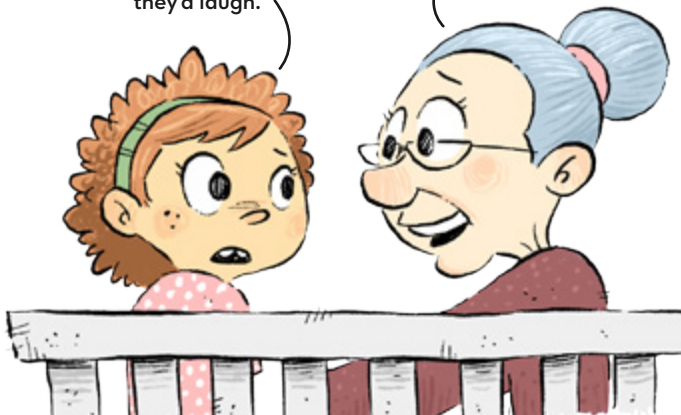
I'm nervous about getting baptized. What if I can't breathe, or Dad drops me?

You seem worried. What's the matter?



I was afraid to tell anyone because they'd laugh.

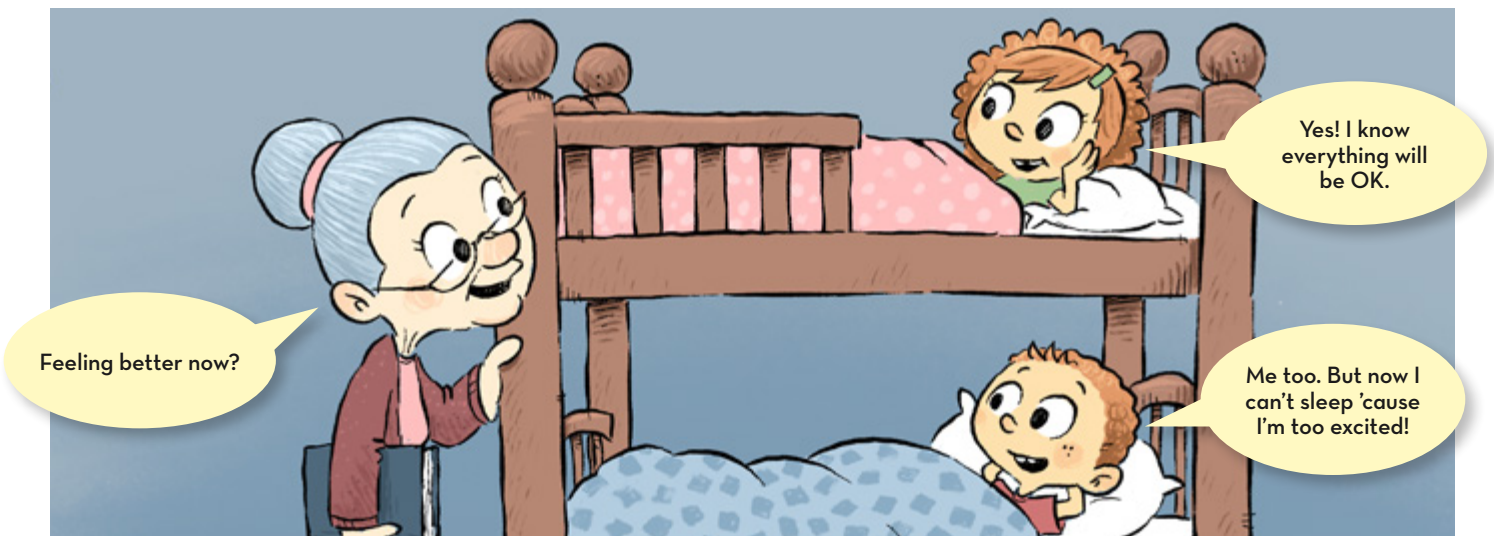
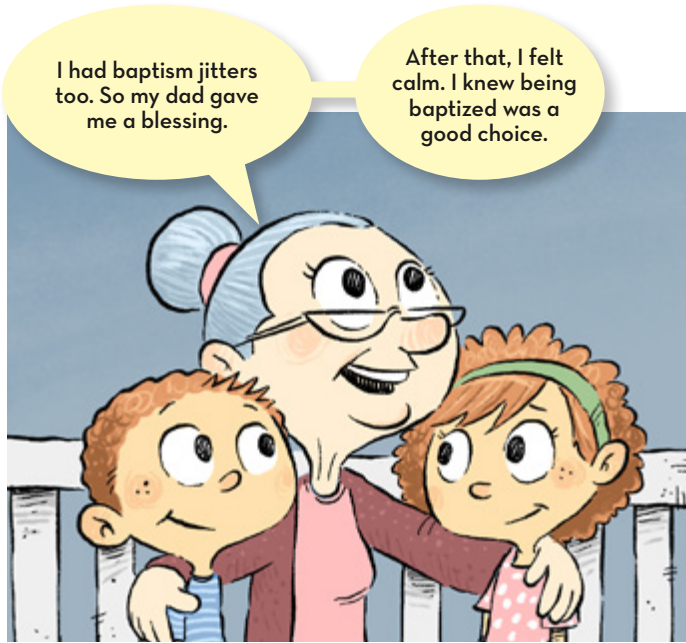
It's OK to be nervous. I—



Are you telling stories without me?

Come sit with us! We're talking about your baptisms tomorrow.





The Miracle

Tenderly ♩ = 68

Words and music by Shawna Belt Edwards

mp

4 *mp*

1. Je - sus walked up - on the wa - ter. — He
2. Je - sus bled and died to save me, — A

4

7

stilled the storm and calmed the an - gry sea. With His hands He healed the le - per; — He
price that I could ne - ver pay a - lone. When He rose a - gain, He gave me — The

7

11 *cresc.* ————— *mf*

made the lame to walk, the blind to see. He fed a thou - sand peo - ple with a loaf or two of bread, And
great - est gift the world has e - ver known. Yes, I can be for - giv - en eve - ry time that I re - pent, And

11 *cresc.* ————— *mf*

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This song may be copied for incidental, noncommercial church or home use.
This notice must appear on each copy made.

15 *f*

when the rul - er's daugh - ter died, He raised her from the dead.
 some day He will lift me up to live with Him a - gain.

17

Je - sus is a God of mir - a - cles; Noth - ing is at all im -

21

pos - si - ble to Him, But I know this: Of all His mir - a - cles, the most in -

24 1.

cred - i - ble must be The mir - a - cle that res - cues me.

mf

27 2.

me. The mir - a - cle that res - cues you and me.

mp *molto rit.* *p*

Watch a sing-along video for this song at children.lds.org. Click on "Videos."

Find It!

Rachel and Derek love helping their dad grow plants on the apartment balcony when they stay with him each weekend. Find the hidden objects!





**Elisabeth N., age 10,
Wyoming, USA**

A few weeks ago my friend and her sister were getting ready to be baptized. My dad was the ward mission leader, so he was helping the missionaries with the baptism. My dad asked my sister and me if we wanted to sing with the sister missionaries at the baptism. My sister and I were both in choir, so of course we said yes. Later the missionaries came over and said the baptism was next week on Friday! I was so excited!

The next week on Wednesday the missionaries came over again. This time it was so they could practice singing. They asked if me and my sister could sing the first verse, and they would join in on the second and third.

This was a little scarier than I thought, but after a while it started being really fun.

On the day of the baptism, I was a little nervous. I said a prayer to help me so I would be more calm. When it was our turn to sing I felt more calm. While we were singing, I felt the Spirit strongly. I think the other people who were there did too. I was so excited that I was able to sing with the missionaries and that I was able to make my friend happy.

I will never forget this baptism. I felt the Spirit on that day, and I will not forget that feeling. I'm sure it will come back again too. ●

A Baptism Song



An Unbeatable **TEAM**



HOME



VISITOR

By Jane McBride

(Based on a true story)

“When ye are in the service of your fellow beings ye are only in the service of your God” (Mosiah 2:17).

It was Saturday morning, and that meant basketball! Tyrell ran to the car. He was going to the church with Dad to watch him play his first game with a team from the ward.

“I bet you’ll make a lot of baskets, Dad,” Tyrell said. He could hardly wait to see it.

“Well, I’m kind of out of practice, but I’ll do my best.” Dad gave Tyrell a quick grin.

Tyrell smiled back. “You’ll be the best player on the team.” There was nothing Dad couldn’t do. Last week he’d even helped Tyrell build an Aztec temple with sugar cubes for a history project.

Dad ruffled Tyrell’s hair. “Thanks, buddy. You can be my cheering section.”

Tyrell gave a big whoop and ran to the church door.

As soon as they walked inside, Dad looked around and frowned.

“What’s wrong?” Tyrell asked.

“People should be here cleaning already,” Dad said.

Together Dad and Tyrell walked up and down the halls and checked the classrooms. The only people they saw were the men gathered in the gym to play basketball.

Dad said to one of them, “I’m sorry, but I’m not going to be able to play. Tyrell and I need to take care of something else.”

What was Dad up to? Tyrell wondered.



They walked to the janitor's closet. "Change of plans," Dad said, opening the door. "We're trading basketballs for brooms this morning."

"But what about your game?" Tyrell asked.

"Sometimes you have to put aside your plans to do something that needs to be done. This is one of those times." Dad smiled at Tyrell. "Are you with me?"

"Yeah!" Tyrell said. Even cleaning the church would be fun if he did it with Dad.

"Let's have a prayer before we start," Dad said, and they both folded their arms.

"Father in Heaven, we're grateful we can serve Thee today. Please bless our efforts that they will be pleasing to Thee."

For the next few hours, Dad and Tyrell vacuumed, cleaned chalkboards, and wiped down windows. They set up chairs in the classrooms and emptied trash cans.

Tyrell scrunched up his face when it was time to do the bathrooms. Sometimes he had to clean the bathroom at home, and he wasn't crazy about it.

"We're almost done," Dad said.

Dad squirted cleaner in the sinks and toilets and scrubbed them while Tyrell mopped the floors and polished the mirrors. Finally they carried out all the trash.

"Thanks for all your hard work," Dad said as they climbed back in the car. "I couldn't have finished as fast without you. I'm proud of you."

Tyrell felt warmth fill his chest. He'd been excited to watch Dad play, but teaming up with Dad was even better.

Together they were unbeatable! ●

The author lives in Colorado, USA.



Make a Father's Day Trophy

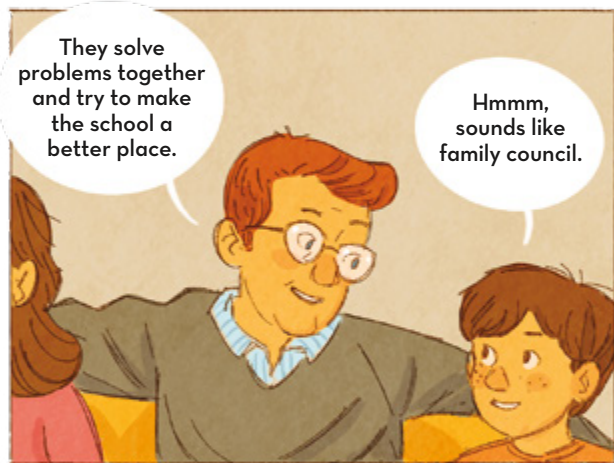
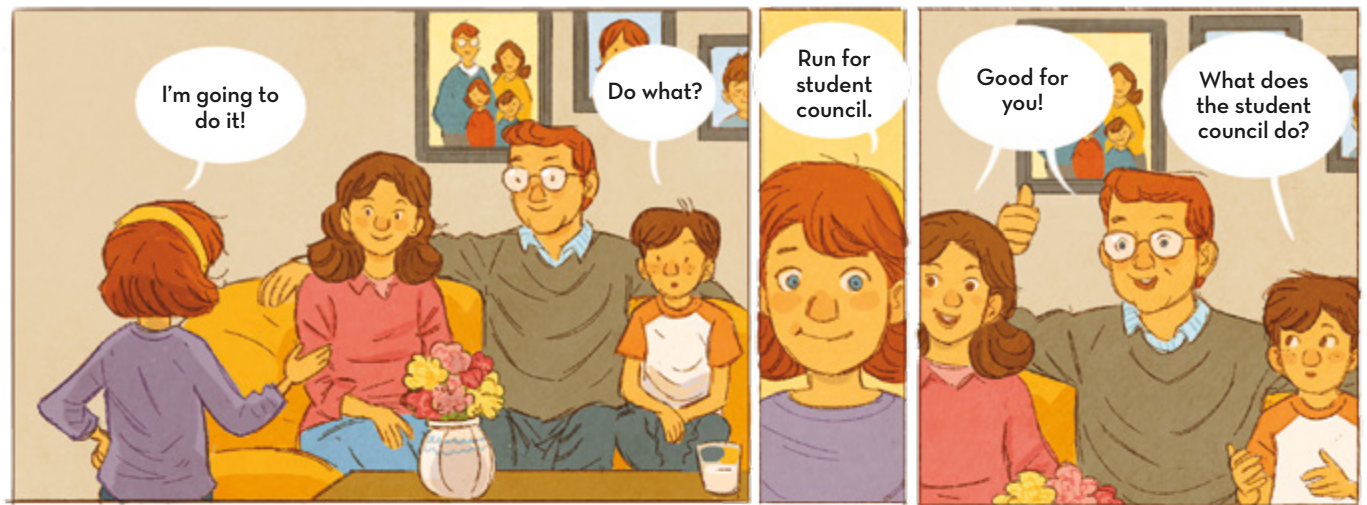
You'll need paint, a cup, thick paper, scissors, glue, and markers.



Paint the cup and paper the same color. Cut out handles and a circle and glue them on. Write or paint a message on the cup for someone you love.



MATT AND MANDY



for older KIDS

What happens to a frog's car when it breaks down?

See page 39.



DEAR JOURNAL

Make a list of things you want to do. Graduate from college? Visit another country? Read the whole Book of Mormon? Learn how to juggle?



SECRET SERVICE

- Leave change at a parking meter.
- Put a nice note in your sibling's lunch bag.
- Visit a cemetery and pull weeds around the gravestones.

QUICK QUIZ

Who prayed all day and all night while he was out hunting?

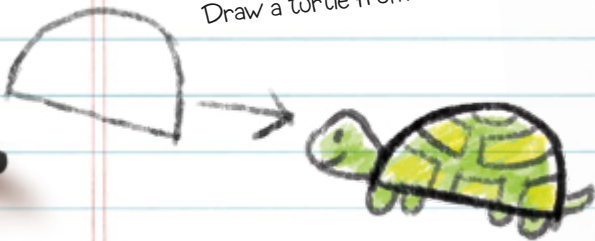
- Enos
- Nephi
- Moroni
- Mosiah

See page 39.



DRAW IT!

Draw a turtle from the letter D!



I have had a hard time reading my scriptures lately. I listened to President Monson's conference talk about reading the Book of Mormon. Now I read my scriptures EVERY DAY! I am a lot happier and brighter! I feel like there is a light in my eyes now! I love the scriptures so much, and I love Heavenly Father and Jesus!

Emma W., age 13, Arizona, USA

Have any "Draw It!" ideas? Send them in!





By Julie C. Donaldson

(Based on a true story)

"If ye will enter in by the way, and receive the Holy Ghost, it will show unto you all things what ye should do" (2 Nephi 32:5).

Normally Kylie would rather be playing basketball or watching a cat video—or doing anything besides homework. But Saturn was Kylie's favorite planet, and she got to do her research project about it! Her eyes scanned the computer screen until she spotted an article about Saturn's rings. *This looks like a good one!* she thought.

Click.

Suddenly something unexpected popped up on the screen. It was a picture of a person not wearing clothes. Kylie felt sick and scared. *This is pornography!* she thought. But the computer was supposed to have a filter

that screened out bad things. What happened to the filter?

Kylie turned off the computer. She ran into her bedroom and knelt by her bed. "I didn't want to see that bad picture," she prayed. "Please take it out of my mind."

As the week went by, Kylie kept asking Heavenly Father to erase the picture from her mind. But sometimes when she was reading a book or hanging out with her friends, the picture would pop back into her head. She felt guilty every time that happened, and she worried that Heavenly Father might be mad at her.

Finally, one night after the other kids were in bed, Kylie walked slowly toward the kitchen, her heart beating fast.

"Mom and Dad, I have something to tell you. I saw

Suddenly
Kylie saw
something she
didn't want
to see!



something bad on the computer. I didn't mean to. Please don't be mad at me." She started crying.

Dad put his arm around Kylie's shoulder. "Tell us about it."

Kylie let it all spill out—how upsetting it was to see the picture, how she'd prayed and worried. "We're so sorry you saw that," Dad said. "But we're even more sorry that you've felt so scared and guilty."

"I'm going to check the filter right now," Mom said, walking over to the computer.

Kylie still wondered about something. "Has Heavenly Father forgiven me?" she asked Dad.

"Heavenly Father loves you, and He knows exactly what's in your heart and your mind," Dad said. "He wants us to not look at bad things because they're not good for us. But He knows you saw it by accident. And even if you'd seen that on purpose, He loves us and He forgives us when we repent."

"But He hasn't taken the picture away from my mind. I can still see it!"

Dad stroked Kylie's hair. "When you see something shocking, sometimes your brain remembers it more. But as time passes, and you fill your mind with good things, they'll start pushing the bad things away."

"You mean things like scriptures and Primary songs?"
"Sure," Dad said. "And things you love, like puzzles and art and friends."

"What about basketball and cats?" Kylie asked.
"Those are very good things!" Dad said.

Mom joined them. "I fixed the filter," she said. "But there's another filter that will never fail. The Holy Ghost helps us recognize when things are bad. He can always help us."

Kylie nodded. She knew the Holy Ghost was helping her feel warm and peaceful, telling her that Heavenly Father loved her and that her parents loved her too.

"Now can I fill my mind with something good?" she asked.

"Sure," Mom said. "What do you want?"

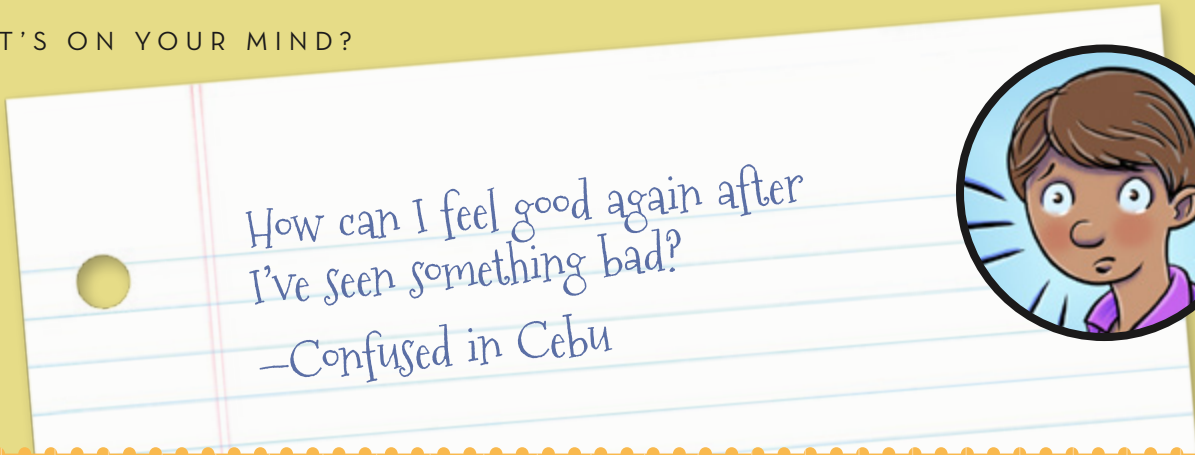
Kylie thought for a minute. "How about a cat video?"

Mom grinned. "Coming right up!" ●

The author lives in Utah, USA.

QUESTIONS FOR YOU

- What good things can you fill your life with?
- How can the Holy Ghost be like a filter that helps you recognize bad things?



Dear Confused,

When something you hear, read, or see makes you feel uncomfortable, the Holy Ghost is letting you know that it is harmful to you and you need to avoid it. It can be hard to stop thinking about those bad things. But don't worry! There are lots of ways you can banish bad thoughts just by doing good things you love to do.

9 Ways to Banish the Bad:

1. Sing a hymn or Primary song.
2. Talk to a parent or trusted adult about what you're feeling.
3. Read the scriptures and sincerely pray.
4. Try a new hobby. Put together a puzzle. Learn to crochet. Make your grandpa's red-hot seven-bean chili!
5. Read a good book that takes you on an adventure.
6. Go for a walk and look at the beautiful things Heavenly Father has created.
7. Make a list of what you're grateful for.
8. Be kind. Go to a friend's game and cheer them on. Play with your dog. Tell your family you love them. Write a nice note to your teacher.
9. Look at pictures of the temple and imagine going inside one day.



**ANY
OTHER
IDEAS?**

WHAT'S ON YOUR MIND?

Do you have a question about the gospel, growing up, or getting a testimony? Email us at friend@ldschurch.org and put "What's on Your Mind?" in the subject line. Don't forget to include the permission statement on page 39. We're excited to hear from you!

Secret-Service Banana Bread

Add your own secret ingredient to this recipe!
 Do a little detective work to find out someone's favorite ingredient. Chocolate chips? Walnuts? Raisins? Blueberries?
 Serve them a treat with their favorite flavor inside!
 Be sure to get an adult's help.

- 3 mashed bananas**
- 1/3 cup butter**
- 1/2 cup sugar**
- 1 egg**
- 1 teaspoon vanilla**
- 1 teaspoon baking soda**
- pinch of salt**
- 1 1/2 cups of flour**
- 1 cup of your secret ingredient**

1. Preheat oven to 350°F (175°C).
2. Mix together all the ingredients.
3. Spray cooking spray onto two small loaf pans. Divide mixture into pans.
4. Bake for 20–25 minutes or until you can insert a toothpick and it comes out clean.



Day Brighteners

You can brighten someone's day with these fun magnets.

- bottle caps**
- glue**
- small magnets from a craft store**
- small beads or stickers**

Glue a magnet to the smooth side of the bottle cap.
 Then decorate the inside with beads or stickers.



*“Whenever I am good and kind and help someone I see,
I feel so very happy, for then I’m helping me”*
(Children’s Songbook, 197).

Anton watched as the computer screen loaded level six for what seemed like the millionth time. He took a deep breath and started moving through the maze, flying over colorful spikes and through fiery tunnels. He tapped his foot faster as he got closer and closer to the finish line.

“Anton?” It was Mom’s voice. She sounded like she needed something.

Not now! he thought. He jumped over another spike and sped deep through another tunnel. “Yes?” he said, not moving his eyes from the screen.

“Would you please get Felix into his pajamas and read him a story? I’ve got to finish cleaning up the kitchen.”

“Um...” He was so close! He curved through one last

spiky corridor, over another flame, past a chomping monster, and ... YES! Across the finish line!

The computer loaded level seven. It looked harder, but Anton couldn’t wait to try it. He had worked so hard to reach this level. Anton hit the pause button and looked up at Mom, who was holding his little brother, Felix. “Can I have a few more minutes? I just got to level seven!”

“I really need your help,” Mom said. “You can do one more level after you take care of Felix.”

Felix smiled. “Pwease?” he said in his tiny two-year-old voice.

Anton looked at the computer screen and sighed. “All right.” He’d just have to hurry so he could get back to his game.

He lifted Felix and carried him up the stairs to their room.

Bedtime for **FELIX**

By Heidi Poelman

(Based on a true story)



“Who’s my favorite baby brother?” he said, poking Felix’s squishy baby tummy. He blew on Felix’s stomach and smiled as Felix squealed with laughter.

Anton dressed Felix in his favorite blue pajamas. Then he lifted Felix into bed and headed for the door. Mom had told him to read Felix a story too, but he had done the important part. Maybe now he could get in two more levels before bedtime.

Just then Anton felt a tug on his shirt. He looked down and saw that Felix had climbed out of bed.

“Bear?” Felix asked. He ran to his basket of books and brought back a book with a bear on the front.



“Aw, Felix, I’ve got things to do!” Anton said.

Felix held the book above his head, looking up at Anton with his big blue eyes.

Anton couldn’t help but grin.

“You won’t take no for an answer, will you? Well, OK.”

Anton sat down on Felix’s bed, and Felix climbed up into his lap. Anton opened to the first page and read while Felix leaned against him. Felix

pointed to each animal on the page and practiced saying its name. “Zee-ba ... famingo ... wah-wus.”

When it was over, Anton closed the book and tucked Felix’s blanket around him. “Good night, Felix,” he said, kissing Felix on the head and standing to go.

But as he walked toward the door, he heard that little voice again. “Snuggle?”

Anton smiled. “OK. Scoot over. I’ll stay for a bit.”

Anton lay down on the pillow. At least for now, he didn’t really feel like doing anything else. He smiled when Felix gave a big yawn and closed his eyes. He felt the happiest he’d been all day. His game could wait. ●

The author lives in Utah, USA.



Family Fun Jar

Have you read “Bedtime for Felix” on page 36? You can bring smiles to your family any day of the week! Make a jar full of fun ideas to try.

1. Cut out the ideas below and put them in an empty jar.
2. Add your own activity ideas.
3. Pick a paper from the jar when you’re bored or just want to have fun! Then write and tell us how it went. (See page 39.)



Act out a scene from a book or movie while others try to guess it.

Look at pictures or videos from a favorite family vacation.

Draw a picture of a temple to hang in your room.

Create a collage out of pictures from old *Friend* magazines.

Use binoculars to spot as many birds as you can.

Go for a walk and point out five things you never noticed before.

Mail stars to the *Friend* about how you let your light shine like Jesus asked us to!

Put on a flying show with decorated paper airplanes.

Ask your parents to help you cook a family recipe.

Toss a ball back and forth as far apart as you can.

Make puppets out of paper bags or socks and put on a play.

Build a fort out of chairs and blankets big enough for your whole family.

Write nice notes and hide them around your house.

Dress up like scripture characters and act out a scripture story.

Hide a treasure and make clues for others to find it.

Play a board game, or create one of your own.



Shine Your Light!



Preston, Ben, Lillian, and Katie H.,
ages 7, 9, 5, and 3, Hesse, Germany



Aliyah M., age 4,
Ontario, Canada



Fred H., age 7,
Utah, USA

FUNSTUFF ANSWERS

Page 10: market, grandma, yes, kitchen, good afternoon, beans, table, cheese, delicious, prayer, Heavenly Father, Jesus Christ, football (American soccer), hug, friends, house

Page 31: It gets toad!; Enos



HIDDEN CTR RINGS

Did you find the rings?
Look on pages FJ3, 22, and 33.

How to Write to the *Friend*

To send us a letter, drawing, poem, or star...

1. Fill out the form below and send it in with your story or artwork, and include a school picture or other high-resolution photo.
2. We might edit your submission, and we can't return it to you.

Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT 84150-0024
Or email: friend@ldschurch.org

May the *Friend* contact you
with a survey?

Yes No

The following information and permission must be included:

First and last name _____

Age _____ Boy/Girl _____ State/Province, Country _____

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian _____

Email of parent or legal guardian _____

The Last Laugh

Well, you said we could have two cookies each. There's me, Mr. Horse, and King Claws. That makes six!



Why didn't we think of that, Stretch?



the Friend junior



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

For Parents of Little Ones

Happy, sad, angry, excited—your child is experiencing a lot of feelings in that little body! Sometimes it can be tempting to sing, “No one likes a frowning face” and expect smiles all around. But young children need help understanding their feelings.



Here are some ideas to help your child talk about feelings:

□ Draw or print faces that show different emotions. Tape them to craft sticks. Tell your child different scenarios and ask how he or she would feel. Your little one will love finding the right face. Try to go beyond just happy or sad—include emotions like nervous, angry, excited, or embarrassed.

□ Listen to music that inspires different emotions and dance along with what you hear. For example, try “Flight of the Bumblebee” for a busy feeling, *William Tell Overture* for excitement, or “Clair de lune” for peace.

□ Look at picture books together. What emotions do the characters feel? How do they act? Talk about what your kids can do when they feel sad or mad, like stomping three times, scribbling on a paper, or saying a prayer for help.

□ Cut out a paper doll chain. Ask, “What color would you use for sad? Happy? Mad?” Have your child color each doll a different color. Then fold up the chain and explain, “Even when you feel lots of different things, you are still you! Are different feelings OK? Yes, they are!”

▶▶ You can read past letters at FriendFPLO.Ids.org. ◀◀

Hi, Friends!



Cooper, age 4, Ontario, Canada



We shared our balls and shovels with the kids at the playground, which made them happy!

Alfie and Oliver, ages 3 and 5,
New York, USA



My big sister reads me the *Friend Junior*. I really love the *Friend*!
Jocelyn, age 5, Washington, USA



I like to help my mother sweep the house!
Lucy, age 5, Rivers State, Nigeria

Stacie's Puppy

By Jennifer Maddy



Stacie has a new puppy!



She makes sure the puppy has enough to eat.



Stacie takes her puppy for a walk.



There are lots of toys to clean up!



Stacie gives her puppy a drink.



Taking care of a pet is hard work,
but Stacie gets the job done!

I Can Learn to Do Many Things!

Point to the things you know how to do.
Now circle one thing you are still learning to do.



Remember that you can pray and ask Heavenly Father for help learning new things. He loves you and wants to help you!

Moses Follows God

By Kim Webb Reid



One day an Egyptian princess found a Hebrew baby in a basket. She named him Moses and raised him to become a prince.

When Moses grew up, he didn't like the way the Egyptians treated the Hebrews, their slaves. When Moses stood up for them, the Egyptians wanted to kill him. Moses had to run away. Then God told him to go back and free the Hebrew people.



Moses asked Pharaoh, the king of Egypt, to let the Hebrew people go. Pharaoh said no. God helped Moses curse the land so Pharaoh would change his mind. Flies, lice, and then frogs filled Egypt. Finally Pharaoh said the slaves could leave.



As the Hebrews were leaving, Pharaoh changed his mind and sent his army after them. When Moses's people came to the Red Sea, God made a dry path through the sea so they could escape.



God gave Moses the Ten Commandments. Moses taught them to the people as they traveled toward the promised land. Finally they were safe and free!

I can be like Moses.
I can follow the commandments.
God will help me
when I stand up
for those who
need help. ●

From Exodus 2-34.



COLORING PAGE

I Can Be a Peacemaker



ILLUSTRATION BY APRYL STOTT

Funny Faces for Nathan

By Breanne Richards

(Based on a true story)

Cameron and Mom did everything together. They read stories. They played with blocks. They had fun.

Then Nathan came. Nathan was Cameron's new baby brother. Nathan changed everything.

"Mom," Cameron said, "can we go to the park?"

"Not now," Mom said. She was trying to feed Nathan. Milk dribbled down Nathan's chin.

"Maybe later," Mom said. "Right now, Nathan needs his nap."

Mom used to spend all day with me, Cameron thought. Now she was always busy with Nathan. *Nathan. Nathan. Nathan.*

A few days later, Mom needed to do laundry. She asked Cameron to watch Nathan. Cameron didn't want to. He sat down slowly next

to his brother.

Soon Nathan started crying. He wouldn't stop. Cameron wanted to call Mom. Then he had an idea. He made silly faces. Nathan laughed!

Mom came back in the room. "Good," she said. "Nathan's feeling better."





“I helped him stop crying!”
Cameron said.

“Thank you,” Mom said.

“I like it when Nathan laughs!”
Cameron said.

Mom smiled. “And I like it when both of my boys are happy! I love you and Nathan.”

Now Cameron smiled. Mom loved *him* too. Cameron didn’t feel sad anymore.

The next day Cameron helped Mom get Nathan dressed. He held

Nathan. He sang to him. He patted his back. And when Nathan got tired, Cameron helped put him down for a nap.

Cameron liked helping. It felt good.

“Want to read a book while Nathan is sleeping?” Mom asked.

“Yes,” Cameron said. “And can we read one when he wakes up?”

Having a little brother was turning out to be fun after all! ●

The author lives in Utah, USA.