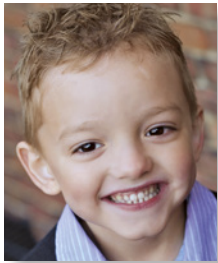




One day I did something wrong at school and wanted to ask for forgiveness from Heavenly

Father. I found a place to be alone and prayed to Him. My friend saw me and asked what I was doing. I told him I was praying. He asked me to teach him how to pray. It felt good to teach my friend. I felt like a missionary!

**Scott W., age 8, California, USA**



My school was having a fundraiser that I was really excited about. My mom was worried

when she found out it was planned for a Sunday. She asked me what I wanted to do, and I said, "I love to go to church. I want to keep all of the commandments." My example gives my mom courage!

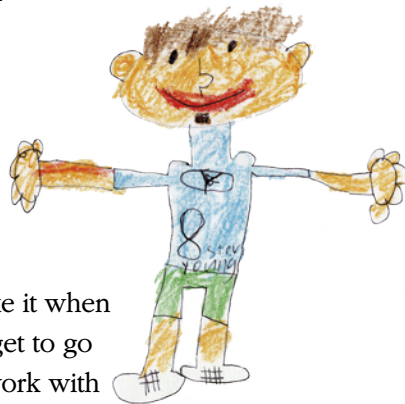
**Benjamin B., age 6, Maryland, USA**



My mom and I were at the store one day. I asked if I could use the "self-check-out" line by

myself. After I paid my money to the machine, the money dispenser gave me back 40 extra dollars! I heard a comforting voice telling me to be honest, so I turned in the money that didn't belong to me to a store employee. I got a warm feeling inside telling me I had done the right thing!

**Jessica R., age 11, North Carolina, USA**



I like it when I get to go to work with

my dad because he fixes cars. We like watching football games. When we ride our go-cart, we always say a prayer first so we won't get hurt.

**Justin J., age 8 Nevada, USA**



I had been to the doctor after my stomach kept hurting and I had headaches for several months.

The doctor couldn't find anything wrong with me, but I kept feeling ill. My mom said that we should turn to the Lord for answers. On fast Sunday, she was inspired to put me on a special diet. Soon I was feeling great! Even though I can't eat some of the foods I like, I know I can accept this challenge because Heavenly Father and Jesus will help me through this.

**Emeline B., age 9, Nebraska, USA**



When my ballet teacher died, I brought flowers and a card to her mom. I knew she was

very sad. She sent me a card back saying how happy the flowers and card made her. It made me happy that I could help her feel better and let her know that I remembered my ballet teacher.

**Kahri M., age 6, Switzerland**

Even though the **Ayr Branch Primary, Queensland, Australia**, is small, the children still have fun learning about the gospel together. For one activity, they made family trees to learn more about their families and ancestors. They're glad to know that families are forever.



Sherriza T., age 8,  
Mexico

# HELPING HANDS



I help my mom cook.  
**Iñaki G., age 5, Argentina**



I helped my friend solve a math problem.  
**Audrey T., age 8, Ontario, Canada**



I sang a song to my baby sister to cheer her up.  
**Abner L., age 3, Utah, USA**



A new kid moved in at school, and I was a friend to her. Now my family moved, and I am the new kid.  
**Lucy L., age 8, Texas, USA**



I helped make treats for my neighbors.  
**Caleb D., age 4, Oregon, USA**



I held my mom's purse and opened the door for her.  
**Amelia D., age 5, Wisconsin, USA**



I helped my brother put his shoes on.  
**Johan B., age 8, California, USA**



I helped clean Grandma's house.  
**Shayla F., age 11, Utah, USA**



I held a tape measure for Dad, and I helped my brother with an experiment.  
**Taylor H., age 8, Idaho, USA**



Amira P., age 6, Taiwan



Everett L., age 7, Pennsylvania, USA



Eric R., age 8, New York, USA

TELL US HOW YOU'VE SERVED!  
See page 48 to send us your "helping hand."