I often asked my parents what it means to “feel the Holy Ghost.” I had heard them talk about it, but I was not sure what the feeling was like. Mom told me it was a very good feeling, but I still wasn’t sure what that meant.

One morning my one-year-old brother was running around and accidentally hit his head on a heater. He had a big cut on his head. He cried, and he was bleeding. I was very scared and worried. My mom took care of the cut and put a bandage on it. Then she took me to school.

At school I was still scared and worried about my brother. Then I remembered that I could pray. I went into the bathroom and sincerely prayed to Heavenly Father and asked Him to bless my brother. After the prayer I was no longer scared. I felt a very peaceful feeling, and I went back to my classroom.

On the way home that day, I told my mother what had happened. She joyfully told me that the warm, peaceful feeling I had was the Holy Ghost comforting me. She said that usually the Holy Ghost does not talk to us like other people talk to us. Instead He gives us a peaceful feeling.

After that I noticed other times when I felt the Holy Ghost. When my dad gave my mom a blessing, I closed my eyes and tried to be very reverent. Then I felt that warm feeling again. I know that in order to feel the Holy Ghost more easily, we need to be reverent.