

Sometimes kids at school tease each other about how they look and about dating, and it makes me feel really awkward. What can I do?
—Awkward in Auckland

Dear Awkward,

As you get older, it can be hard to know how to act around people of the other gender. But remember these tips, and you'll be off to a good start!



Everyone's bodies are changing, and that can feel awkward. Commenting on someone else's body can make them feel uncomfortable. Instead, try complimenting them on what they do. Remember: it's never OK to say something mean about someone's body.



Focus on friendship. Save "going out" for later—when you're 16 or older.



Look for what you have in common. You might find more than you think!

We hope this helps. Thanks for writing!
The Friend

WHAT'S ON YOUR MIND?

Do you have a question about the gospel, growing up, or getting a testimony? Email us at friend@ldschurch.org and put "What's on Your Mind?" in the subject line. Don't forget to include the permission statement on page 39. We're excited to hear from you!