Dear Parents and Teachers,

A priceless treasure we can give our children is a correct understanding of the worth and purpose of physical bodies. You could use the poster on page 24 to start a conversation with your kids about what they are learning and experiencing with their bodies. In a world saturated with confusing and harmful messages about bodies, clear, open, safe communication is more important than ever!

With love,

The Friend

Order the *Friend* at store.lds.org!

Resources for Teaching Children
Stories, activities, and media

- Visit "Resources for Teaching Children" at **lessonhelps.lds.org** for stories, activities, and media to use at home and in Primary.

- Find videos and games for kids at **friend.lds.org.**

Topics in This Issue

Family Home Evening Ideas

MAKE SOMEONE SMILE: Read "The Parade Prize" (page 4) and talk about how a small act of kindness can brighten someone's day. Then turn to page 6 for a fun craft and recipe to make together.

OBEDIENCE: On page 2, President Monson shares a message about following the Savior. You can find a family home evening idea that goes along with this topic by visiting **lds.org/go/FRPutGodFirst** and clicking on "Discuss as a Family."

PIONEER HISTORY: Read the exciting conclusion of Henry's trip to Utah (page 12) and talk about the different ways pioneers traveled. How did your family join the Church? Was it a long time ago, or was it recently? Find fun pioneer activities on pages 3, 23, and 35.

BAPTISM: You can learn about this month's Primary sharing time theme on page 42. You'll find a short lesson and ideas for talking with your children, along with a fun activity.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS