



# What can we do to **BE WORTHY** of the Spirit?

**By President  
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President of the  
Quorum of the  
Twelve Apostles

*The members of  
the Quorum of the  
Twelve Apostles are  
special witnesses of  
Jesus Christ.*



Listen to uplifting music.



Talk reverently.



Repent when you make a mistake.



Dress modestly.

If you do these  
things, you will be  
watched over and  
the Holy Ghost will  
guide you.