## Bulletin Board

GURPRIS, Service

Service can be especially fun when you do it in secret! Cut out the "Surprise Service" note above and look for chances to surprise someone by serving them

when they're not looking. When you do surprise service for someone, leave the note where they will find it. For example, you could make a sibling's bed and leave the note on the bed for them to find. Then it is that person's turn to do a surprise act of service for someone else! See how many times your family members can pass around the note in one week.

## Following Jesus: Be Prayerful

Jesus Christ said," Pray to thy Father" (Matthew 6:6). Jesus prayed to Heavenly Father and invited us to follow His example. He taught that we should not pray to impress others and that when we pray we shouldn't just repeat words that we don't mean. Instead, we should use respectful language to thank

Heavenly Father for what we have been given, ask Him for what we need, and pray for other people -even those we don't get along with. (See Matthew 5:44.)

## This month's challenges:

Challenge 1: Before you pray, ask yourself, "Who could I pray for today?" Challenge 2: Use respectful words like "Thee" and "Thou" to talk to Heavenly Father. Challenge 3: Read the Lord's Prayer in 3 Nephi 13:9-13.

Have you met Erika yet? On page 45 she tells how she helped index names to use in the new temple in El Salvador. If you were to visit that temple, you would see the national flower of her country, called "flor de izote," in lots of decorations-including on windows, wooden carvings, and granite blocks.

## A time capsule is a fun way to preserve memories.

- As a family, talk about important things that happened this year.
- Gather mementos and pictures of those events.
- Have family members write about themselves and your family, and include a recent family photo.
- Put all of the treasures into resealable bags and place them in a metal or plastic container. On the outside of the container, write the date you would like to open your time capsule. It could be in one year, five years, or longer!
- Store your time capsule somewhere safe so you can open it someday.

How can I use my talents to help someone today?

ILLUSTRATIONS BY THOMAS S. CHILD