# Friends 🔛 by Mail

### I Know Jesus Christ Helps Us

#### **Scriptures**

try to read the scriptures every day. I know that they comfort us. One night I was



sick and couldn't sleep. My mom told me to read the scriptures, so I did. After reading a few verses, I tried to sleep again and I did! I know that the scriptures are true and help us.

#### Prayer

Our family travels a lot. Every time we get on an airplane I say a quiet prayer. Afterward I'm comforted and less nervous.

#### Family

Our whole family teaches and cares for each other.

#### **Prophets**

I know that prophets teach the gospel. I like to read about prophets and learn about their lives.

#### **Pioneers**

I like to read about my ancestors and pioneers. My great-great-great-great-great-grandpa was taught by Wilford Woodruff in England.

#### **Baptism**

I was baptized by my dad on my mom's birthday. I made a covenant with Heavenly Father and Jesus Christ because I want to have the Holy Ghost. I know that Jesus Christ died for us and loves us and wants to help us.

Lexy R., age 10, Northern Territory, Australia



### **Praying for Dad**



y dad is a firefighter. Sometimes he has to go away for a long time. It seems like months, but it is really only two or three weeks. Once he had to go to Montana to fight a forest fire. I prayed every night that he would not get hurt, and

my prayer was answered. My dad came home safe, but he had a beard! Megon D., age 7, Arizona

## Sunburn Medicine



got a really bad sunburn on my back and it hurt a lot. It bothered me all morning. After lunch I read the *Friend*, and it helped me forget about my sunburn. I love reading the *Friend*. Sierra S., age 10, Utah