



FRIEND TO FRIEND

# Wilford's Fast Offering

By Elder Chi Hong  
(Sam) Wong  
Of the Seventy



One day I saw my oldest son, Wilford, preparing a tithing envelope. He was probably around five years old at the time. Wilford didn't earn any money, so I wondered why he was paying tithing. When I asked him, he told me he was actually paying a fast offering.

Wilford didn't have much money of his own. But he was still excited to pay a fast offering.

I was impressed by this act of kindness. I asked him why he had decided to do this.

Wilford answered, "I don't need anything. But I

know others do." He knew his money would help people. He was very happy about that.

This simple experience taught me a good lesson: children are really in tune with the Spirit and have a natural Christlike love. Wilford had something he didn't need and knew it would be helpful to other people. He was willing to make the sacrifice.

Saving money is good. But my young son taught me another lesson through his example. By listening to the Spirit, we can bless the lives of others when we share what we have. ◆

# What Are Fast Offerings?

A “fast offering” is money we give to help others when we fast. We are asked to give as much money as we would have spent on the meals we skipped while fasting.

## HOW TO GIVE A FAST OFFERING

1. Decide how much money you would like to give.
2. Put your fast offering in a tithing envelope, and fill out the form.
3. Give your fast offering to your bishop or branch president.



## WHO COULD YOUR FAST OFFERING HELP?

- Someone who lost a job
- Someone who is too sick to work
- Families who lost their homes in a bad storm or earthquake
- Many others close to your home and around the world who need help



**“When we offer help to anyone, the Savior feels it as if we have reached out to help Him.”**

President Henry B. Eyring,  
First Counselor in the First Presidency  
*“Is Not This the Fast That I Have Chosen?” Ensign, May 2015, 22.*