



### Feasting on the Scriptures

Thank you for the Book of Mormon feast in the January 2012 issue of the *Friend*! Our family loves learning about the stories from the scriptures, and the Book of Mormon feast helped us read the scriptures together, even though we are all different ages. Each night, Teague runs to bring everyone a copy of the scriptures. Gavin says, "I feel close to Jesus when I read the scriptures."

We love to read the scriptures at dinnertime, when we are all home. We try to read every day, but if we miss one, we don't get discouraged and quit—we just try harder the next day!

Kaleb says, "The missionaries came over for dinner and challenged us to give a Book of Mormon away. I knew I could accept the challenge because we had read it as a family, and I knew it was a true book about Jesus."

We are very excited for the Old Testament scripture challenge! Noé is especially excited because she is named after Noah, one of Zelophehad's daughters in the Old Testament (see Numbers 27:1–11). She says, "Reading the Book of Mormon has helped me feel more love for my family."

We loved the Book of Mormon feast! We are excited to read the Old Testament together as a family.

Kaleb, Noé, Gavin, Teague, and Hiram R., ages 10, 10, 6, 3, and 1, Ontario, Canada

See the Old Testament Scripture Challenge on pages 24–26.

## Dear Friends,

This year we're inviting you to come along for a world tour! Cut out and fold the passport on page 7. Each month, cut out the stamps from the "Friends around the World" story to glue to your passport. By December you will have visited 12 different countries! (To print out extra passports, go to Friendsaroundthe World.lds .org.)

Happy travels,

The Friend

P.S. Through Your Eyes has moved! Turn to page 48 to find the photo and a fun cartoon.

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

#### Volume 44 Number 1 January 2014

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#### A children's magazine published by The Church of Jesus Christ of Latter-day Saints

#### **Stories and Features**

- 2 Follow the Prophet: "You Found Me, Bishop!"
- 4 Just Like the Scriptures!
- 6 Family Fun Time
- 9 Choosing Not to Cheat
- 11 Bright Idea
- 12 Talent-Show Surprise
- 14 Friends around the World: Mahonri and Helaman from Mexico
- 16 Bulletin Board
- 19 The New Adventures of Matt & Mandy
- 20 A Blessing for Katy
- 22 **Special Witness:** Elder Robert D. Hales
- 27 When I Grow Up . . . I Want to Be a Teacher
- 28 Prayers and Potatoes
- 36 Hyrum's Primary @ Home
- 38 Show and Tell
- 40 **Following Jesus:** Learn about Jesus
- 41 Friend to Friend: The Victory Tunnel / Sister Rosemary M. Wixom
- 42 **Bringing Primary Home:** Heavenly Father Prepared a Way for Me to Return to Him

to I B P.S.

48

49 **Prophet Portrait:** Ezra Taft Benson

#### **For Little Friends**

- 32 A Busy Day for Hands
- 35 Sharing in the Nursery

#### **For Older Kids**

- 44 The Dance Can Wait
- 46 Question Corner

#### Music

30 He Sent His Son

#### Things to Make and Do

- 7 Friends around the World Passport
- 10 Funstuff: Puzzle Page
- 18 Friend Figure: Liliana from Mexico
- 23 Funstuff: A Beautiful, Snowy World
- 24 Old Testament Scripture Challenge
- 47 Funstuff: Missionary Quest



Learn to play the Primary song "He Sent His Son" on page 30.



Cover by Eric Barclay



#### By Heidi S. Swinton

President Thomas S. Monson was 22 years old when he was called to be a bishop. As a young bishop, he watched carefully over the members of his ward, especially those who didn't often come to church.

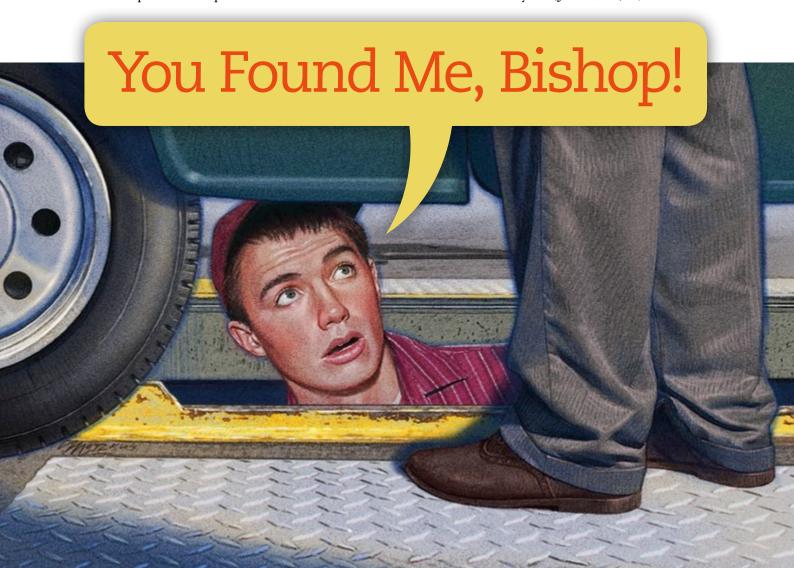
One Sunday morning he noticed that a young man named Richard was missing. This was not unusual because Richard often missed church. But Bishop Monson decided to try to find him. First he went to Richard's home. When Richard's mother answered the door, she said he was working at a gas station.

Bishop Monson drove to the gas station. He looked everywhere but could not find Richard. Then he felt inspired to look down in the grease pit at the side of the building. As he looked down into the dark pit, he saw a pair of shining eyes looking back at him and heard Richard say, "You found me, Bishop! I'll come up."

Bishop Monson told Richard how much the priests quorum missed him and needed him. Richard nodded and promised to come to church the next Sunday. He came to church the next week and the weeks after that. Then he and his family moved away.

One evening Bishop Monson got a phone call from the bishop in Richard's new ward. He asked Bishop Monson to give a talk in the ward before Richard left to serve a mission. Richard served as a valiant missionary, and he also later served as a bishop. He said that the turning point in his life was when Bishop Monson found him in a grease pit that Sunday morning and encouraged him to come back to church.

Being a friend to someone who is missing the opportunity to come to church is one way we can follow the Lord's commandment: "Love one another, as I have loved you" (John 15:12).



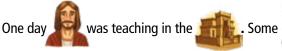


#### **WORDS FROM PRESIDENT MONSON**

"The best way to help people to become fully active in the Church is to love them."

From "How Do We Show Our Love?" Ensign, Jan. 1998, 5.

#### **JESUS'S EXAMPLE**





to see . They wanted her to be pun-



ished because she had broken one of God's





they could punish her only ifthe



not broken any of the





they went away.



loved the woman. He told her to not

break the



any more. Then she could be happy.



wants us to follow Him. He wants us to



and invite them to do things that will make them happy. From John 8:1-11.

#### BE A FRIEND!

These pictures show some ways you can help others feel welcome at church. Color the heart after you have tried to do something shown in that picture.









# Just Like the Scriptures!





"Let us commit to reading the scriptures . . . with more purpose and more focus." 
President Dieter F. Uchtdorf, Second Counselor in the First Presidency

We thought the hike was going great—until we saw the trail marker.

But one time I found out that the scriptures really can be a lot like my life! It all happened when we went on a backpack trip for a family reunion.

I carried my own backpack and sleeping bag, and I didn't complain. After all, it was only supposed to be four miles (6.5 km) to the lake. I could make it, no problem.

The hike wasn't too hard, but I was glad to stop for a rest after two miles (3 km). Then we saw the first trail-head sign. It said that the lake was still six miles (9.5 km) away. My dad didn't have to tell me that the trail was really twice as long as we first thought. I already figured that out. He *did* need to remind us to make our water last longer.

My dad's advice was important but hard to follow. The afternoon sun was hot, and we hardly had any shade on the trail. It seemed like we were never going to reach the lake.

The grown-ups stayed in the back with the youngest kids, and the older cousins went on ahead. I

stayed with three cousins my age, and we ended up somewhere in between.

When we couldn't see anyone ahead or behind us anymore, we started to get nervous. Our backpacks felt heavy, and our water bottles were empty. How much farther did we have to go?

Finally we got so worried and tired that we decided to stop and pray.

After the prayer we picked up our backpacks and trudged on.

Just a little while later, we heard hoofbeats coming up the trail. We waited and saw a man on a horse riding toward us.

He stopped and gave us some water. He explained that our older cousins had hurried to the lake with a water filter to start pumping water to bring back to us. The man heard about how we needed water and had agreed to help. "Do any of you need help with your backpacks?" he asked.

I looked at my cousins, and they smiled back at me. We actually felt pretty good!

"You better go on and help the others," we said to the man. "We're fine."

And it was true! The rest of the way to the lake it felt like angels were lifting our packs and pushing us along.

A week later my family was reading the Book of Mormon. My eyes opened wide when we read these words: "And I will also ease the burdens which are put upon your shoulders, that even you cannot feel them upon your backs" (Mosiah 24:14).

"That's what happened on the trail!" I blurted out. I didn't have to think about how to use this scripture in my life. It described something that had already *happened* in my life! It was amazing! I could hardly wait to find other scriptures that were like my life.

And that's how I learned I could liken the scriptures to me, and I could also liken *me* to the scriptures!





# Family Fun Time



You can use these ideas to have fun learning with your family!



#### Make a Plan!

Pull out the scripture chart and references on pages 24–26. Put them where everyone can see them.

Decide what time your family will read the scriptures each day.

#### "Liken" Charades

Read "Just Like the Scriptures!" on pages 4–5. Now practice likening the scriptures to yourself!

Split into two groups. Group 1 acts out a scripture story while Group 2 guesses which story it is. Then Group 2 acts out a modern-day example of a story for Group 1 to guess.

Use these scripture stories, or choose your own!

1 Nephi 16:10, 26-30

1 Samuel 17:23-24, 45, 48-50

Daniel 6:7, 11, 16-23

### Scripture Cookies

To find the ingredients, look up the scripture references and fill in the blanks. (Before you make the cookies, check your answers in the list of ingredients below.) Be sure to get an adult's help with this recipe.

3/4 cup "The words of his mouth were smoother than \_\_\_\_

1/3 cup "Come unto me all ye ends of the earth, buy \_\_\_\_ and honey" (2 Nephi 26:25) from a far country?" (Jeremiah 6:20)

1 1/2 cups "To what purpose cometh there to me . . . the \_

2 "As one gathereth that are left, have I gathered all the earth" (Isaiah 10:14)

2 cups "And Solomon's provision for one day was thirty measures of fine \_\_\_\_ " (1 Kings 4:22) 1 teaspoon "Take thou also unto thee principal spices, ... and of sweet \_\_\_\_\_ half so much" (Exodus 30:23)

1 teaspoon "Ye are the \_\_\_\_ of the earth" (Matthew 5:13) 1/2 teaspoon "The kingdom of heaven is like unto \_\_\_\_ " (Matthew 13:33)

3 cups "Nevertheless, . . . \_ for the horse" (Doctrine and Covenants 89:17)
1 cup "And they gave him . . . two clusters of \_\_\_ " (1 Samuel 30:12)

1. Beat the first four ingredients together.

2. Mix in the rest of the ingredients.

3. Drop by teaspoonfuls onto a greased cookie sheet.

4. Bake at 350°F (180°C) for 15 minutes.



1 teaspoon salt, 1/2 teaspoon baking soda (leaven), 3 cups oats, 1 cup raisins. 3/4 cup butter, 1/3 cup milk, 1 1/2 cups sugar (sweet cane), 2 eggs, 2 cups flour, 1 teaspoon cinnamon,



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11

ILLUSTRATIONS BY ASHLEY TEARE













# **PASSPORT**

FRIENDS AROUND THE WORLD



Look for a new stamp each month to add to your passport!





# Choosing Not to Cheat



By Christopher P., age 7, California, USA

My teacher asked to talk to me. Did I do something wrong?

hen I was in second grade, I took some tests for language arts and math. I really wanted to do well. But I was also very, very nervous.

On the first day, the teacher handed out the test. She told us that we needed to keep our eyes on our own paper and not look at our neighbors' answers.

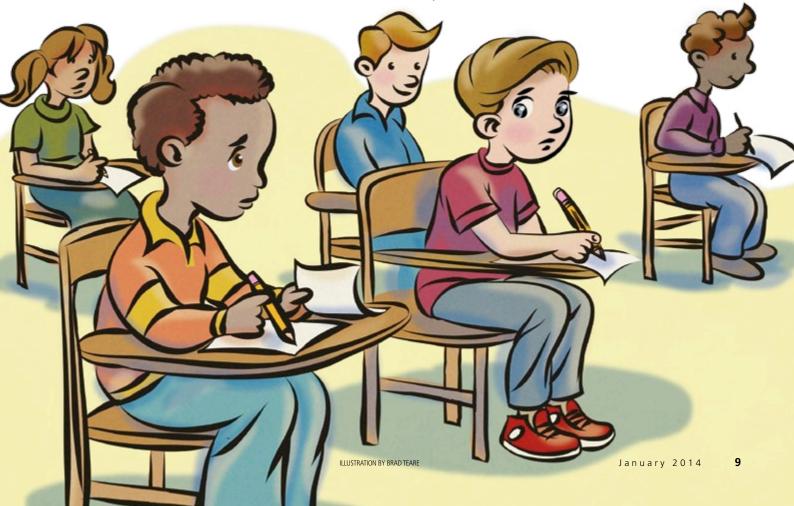
It took two hours to take the test! I was glad when the first day was over.

The next day the teacher kept reminding us to keep our eyes on our own paper. I kept my head down and used my scratch paper to calculate the answers for the math test. At break time the teacher asked me to talk to her in private. I was a little scared because I didn't know why she wanted to talk to me. Then she told me that another student had been looking at my test and was copying my answers. The other student was cheating! The teacher asked me to be her special helper and use my scratch paper to cover my answer when I was done.

After the test was over, the teacher talked to my mom and told her what had happened. The teacher said that I was one of only a few second graders who did not cheat that day.

My mom was so proud of me for choosing the right. I know that cheating is not what Heavenly Father and Jesus Christ would want me to do. I felt so good knowing that I did not cheat and that my parents and Heavenly Father were proud of me.

I know that following the principles of the gospel, like not cheating, will lead me closer to my Heavenly Father and Jesus Christ.



#### FUNSTUFF

# Puzzle Page

#### **Pioneer Puzzler**

Life was different for the pioneers in many ways. Here's a picture of an object from the 1800s. What do you think this was used for? (Answer on page 48.)

- A. a mold for making candy
- B. a button press
- C. a tool for fastening metal rivets onto furniture
- D. a portable wheat grinder

#### What Am I?

On many farms, both large and small, I am the morning wake-up call. I'm not so big and not so strong, But you can hear me all day long.

Solve the dot-to-dot to find out what I am.

# Friendly/Fractions

This year in the Friend, you'll be learning about friends from across the globe. What's something else you can find all throughout the world? To solve the puzzle, use the fractions to find which letters to write down below. The first one has been done for you. (Answer on page 48.)

> The first ½ of MILK The middle 1/3 of KISSED The last ¾ of ZION The last % of UMBRELLA The first ¼ of RIPENING The last 1/3 of PLACES



Did you know President Benson worked on a farm as a child? See page 49 to read more about this prophet.



#### By Liz Charles

(Based on a true story)

"For there are many gifts, and to every man is given a gift by the Spirit of God" (D&C 46:11).

Sister Meacham stood up in Primary and said, "Boys and girls, we want you to share your wonderful talents at our Primary Celebrations Show!"

Allison slid down in her chair. What could *she* possibly perform at a talent show? She didn't sing, play an instrument, dance, or do anything else like that.

Her best friend, Sarah, leaned over. "I know what song I want to sing!"

"You'll be awesome," Allison said. And she would, too. Sarah had such a pretty singing voice. And, of course, Courtney was incredible on the piano. Allison glanced around the room. Everybody else had a special talent. Everybody but her.

Later that day Allison helped Mom deliver some surprise cookies to Sister Moody. Allison rang the doorbell.

"Who's there?" asked a soft voice.

"Sister Andrews," answered Mom. "And my daughter. We wanted to drop off some of Allison's homemade cookies."

Sister Moody opened the door, and her face lit up in a big smile. "My favorite!" Sister Moody took the plate gratefully. "What a talent. Thank you so much for sharing it with me."

Allison's heart skipped a beat. Baking cookies was a *talent*?

During the car ride home, Allison glanced up at Mom. "Mom, Sister Moody said baking cookies is a talent. Is she right?"

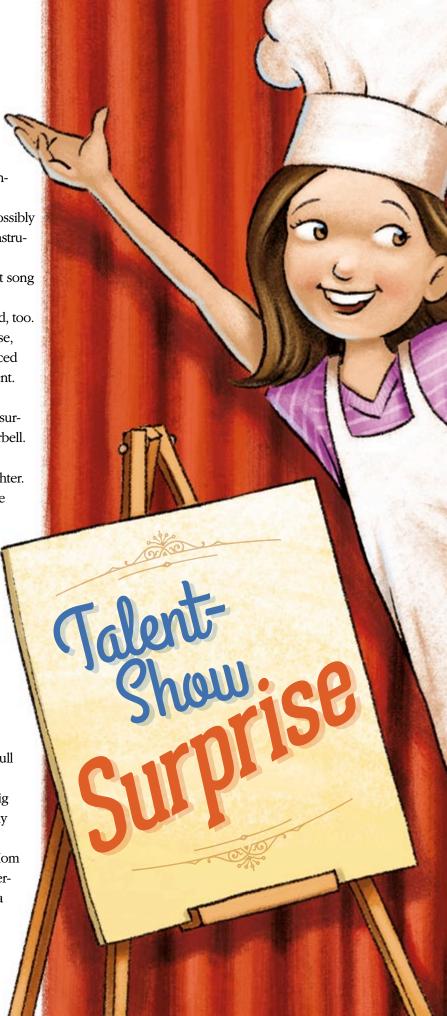
"You bet she is."

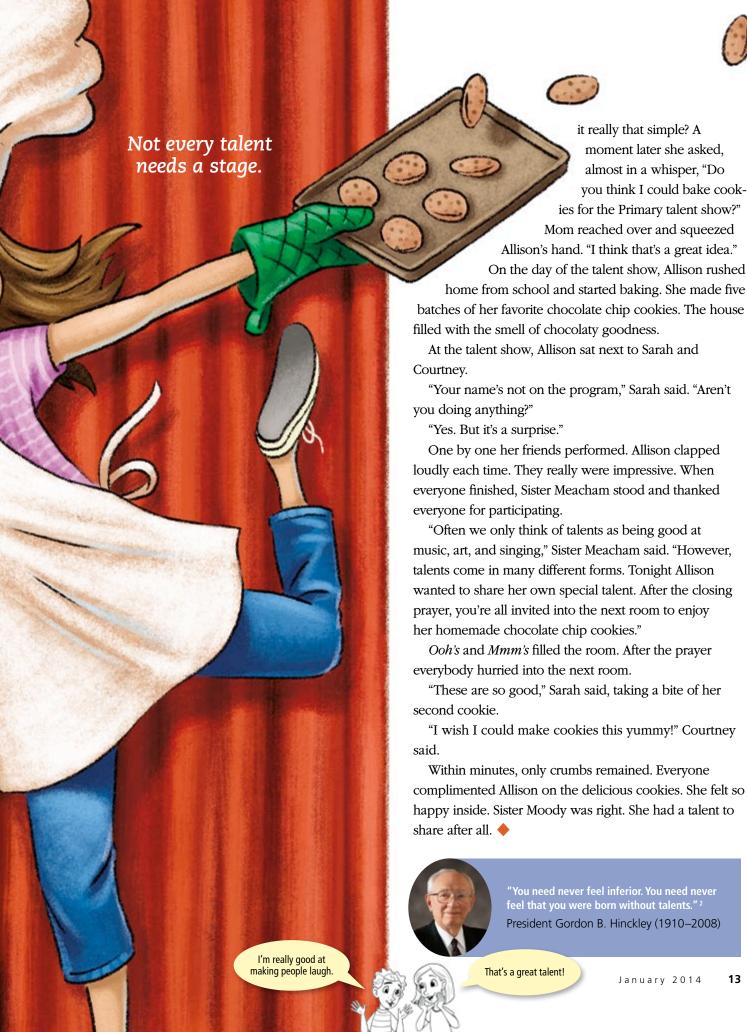
"But . . . well, you can't bake cookies on a stage. Nobody claps when you mix dough in a bowl or pull cookies out of the oven."

Allison always figured making cookies was no big deal. She'd made that chocolate chip recipe so many times she had it memorized.

"Not all talents belong on a stage, sweetheart," Mom said. "Some people are thoughtful friends or wonderful gardeners. Being able to cook well is definitely a talent not everyone has."

Allison thought about what Mom had said. Was





# ¡Hola, amigos!\* We're Mahonn Helaman from Mexico

Pack your bags!
Come meet friends
around the world!

Helaman

Mahonri

#### From an interview with Amie Jane Leavitt

Ahonri and Helaman are brothers who live on the coast of Mexico. Their parents named them after two great men from the Book of Mormon. Mahonri Moriancumer was the brother of Jared. He saw the finger of the Lord. Captain Helaman was a righteous leader. He led the two thousand stripling warriors.

\* "Hi, friends!" in Spanish.



These brothers hope to live up to the names that their parents gave them. They want to be just like Mahonri and Helaman from the Book of Mormon.











Our parents were sealed in the Guadalajara Mexico Temple in 2003. This is the closest temple to where we live. It takes about six hours to drive there. We love to visit the temple and know that someday we will go inside, just like our parents do now.

#### I LOVE TO SEE THE TEMPLE



The Guadalajara Mexico Temple is the 11th of 13 temples in Mexico.



#### **READY TO GO!**

Mahonri and Helaman's bags are packed with some of their favorite things. Which of these are favorites of yours?





family. Every Saturday we go to the beach near our home. We eat shrimp—our favorite food—and tacos and tortas (a kind of sandwich). We walk along the Malecón, or waterfront street. We make sandcastles and play in the ocean.



Turn to page 16 for a yummy shrimp taco recipe!

# Bulletin Board

FUN Facts

about Mexico



#### 1. Sauce

Mix ½ cup of fat-free plain yogurt with ¼ cup chopped cilantro, 3 tablespoons lime juice, ¼ teaspoon cayenne pepper, and salt to taste.

#### 2. Shrimp

Heat shrimp in olive oil over medium heat. Sprinkle with salt and pepper and cook until the shrimp is bright pink and white.

#### 3. Taco!

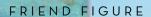
Warm tortillas in the microwave until soft.

Build your taco with shrimp and sauce, and add chopped cabbage, lettuce, tomatoes, or whatever else seems yummy!

Have you met Mahonri and Helaman yet? They're brothers from Mexico, and on pages 14–15 you can read more about them. Here are some fun facts about Mexico:

- Several ancient peoples lived in Mexico, like the Mayans and Aztecs, who may be descendants of the people in the Book of Mormon.
- More than 1 million Church members live in Mexico.
- Mexico is about the size of Spain, the United Kingdom, France, Italy, and Germany put together!





# Liliana from Mexico

Liliana is wearing her school clothes, but you can also dress her in church clothes or a traditional Mexican dress. Glue this page onto heavy paper before you color and cut out the pieces.











I don't like practicing, but playing was starting to be fun. And Dad says knowing how to play will come in handy on my mission.



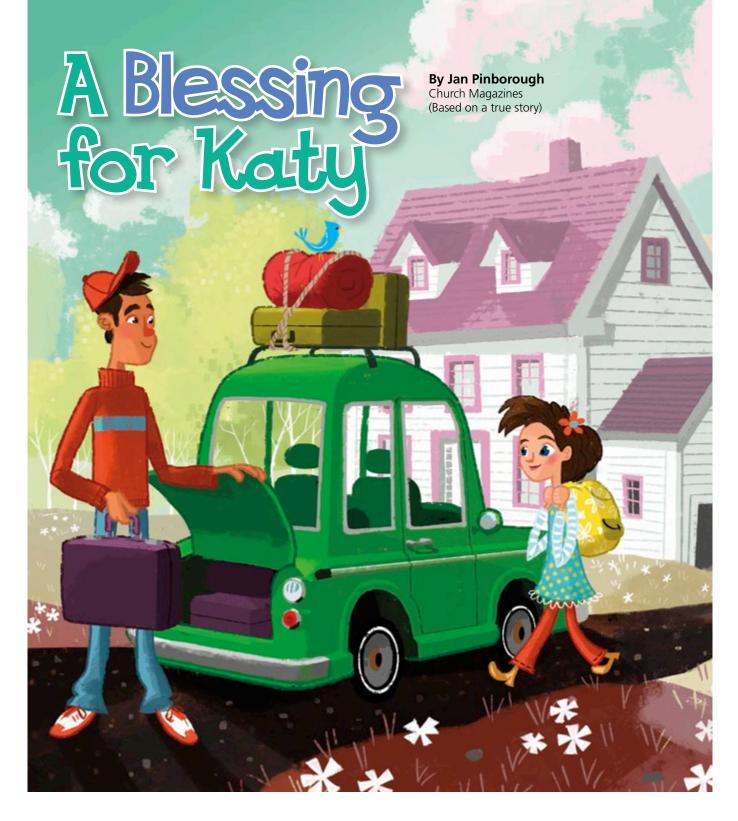
Mom says if I keep playing, I'll be really glad some day. She loved playing the piano in Primary. Besides, I was finally learning some fun songs.







ILLUSTRATIONS BY MARYN ROOS January 2014 19



"And the Lord shall guide thee continually" (Isaiah 58:11).

Beth skipped up the sidewalk to her house. She could see Dad in the driveway, loading the car with suitcases. "Is it time to go?" she called out.

"Just about," Dad said. "Run inside and grab a snack. And make sure you have everything you want to take in your backpack." This vacation was going to be extra special. Beth's older cousin Katy was coming along, and Beth had everything all planned out. On the car ride, Katy could teach her some new camp songs. When they stopped for a picnic, Katy could push her on the swings. And she and Katy could swim in the motel pool and play games. Beth had packed her favorite

20 Friend ILLUSTRATION BY MARK JARMAN

If Katy wasn't sick, why did she need a blessing?

movie about dogs so they could watch it together.

Katy was so funny and nice. When Beth got older, she wanted to be just like Katy.

Beth ran inside and found Mom sitting at the computer. She was just hanging up the phone.

"Was that Katy?" Beth asked excitedly. "Will she be here soon?"

Mom shook her head. "I'm sorry, honey. Katy isn't going to be able to go with us after all. Next Saturday she is going to have her patriarchal blessing."

Beth felt the excitement drain out of her. "Why does Katy need a blessing?" Beth asked. "She was already baptized, and she isn't a new baby!" Beth almost laughed at that thought.

"Certainly not!" Mom said, smiling.

Then Beth thought of something that made her throat feel tight. "Is Katy sick?" she asked quietly.

"Katy's just fine," Mom said. "Blessings aren't just for baptisms or new babies or sickness. A patriarchal blessing is a very special kind of blessing, and Katy is really excited to have it."

"But what is it for?" Beth asked.

Mom thought for a moment. "Do you remember when we went to visit Grandma on our last vacation? We made a wrong turn, and it took us a long time to get to her house."

Beth nodded. "I was really hungry when we got there!"

"Well, what do you think we should do to keep from getting lost this time?" Mom asked.

Beth looked at the computer screen. It showed a map and a blue squiggly line leading from their house all the way to the motel. "Bring a map!" she said.

"Good idea," Mom agreed. "Katy's patriarchal blessing will be like a map that shows Katy how to get back to Heavenly Father. It will tell her about good choices she should make and warn her about things that might be

harmful. It will tell her about wonderful blessings she will receive when she

follows Heavenly Father's commandments. It will guide Katy through her whole life."

Beth began to feel a little happier. "Will I get a blessing like that too?" she asked.

"Yes," Mom said. "When you get older, you can have your own blessing to help you stay on the path back to Heavenly Father."

Beth turned to the computer. She looked at the map and the bright blue line that told her family just where they needed to go. She looked back at Mom and smiled. "Just like Katy?"

"Yes," Mom said. "Just like Katy." 🔷

#### WHAT IS A PATRIARCHAL BLESSING?

- It's a special blessing that gives Heavenly Father's guidance and promises just for you!
- It will help you stay close to Heavenly Father and return safely back to Him.
- You will get a written copy of your blessing. Keep it safe and read it often.
- How do you say it? pay-tree-ARE-cull



"Your patriarchal blessing is your passport to peace in this life. It is a Liahona of light to guide you unerringly to your heavenly home." <sup>3</sup>

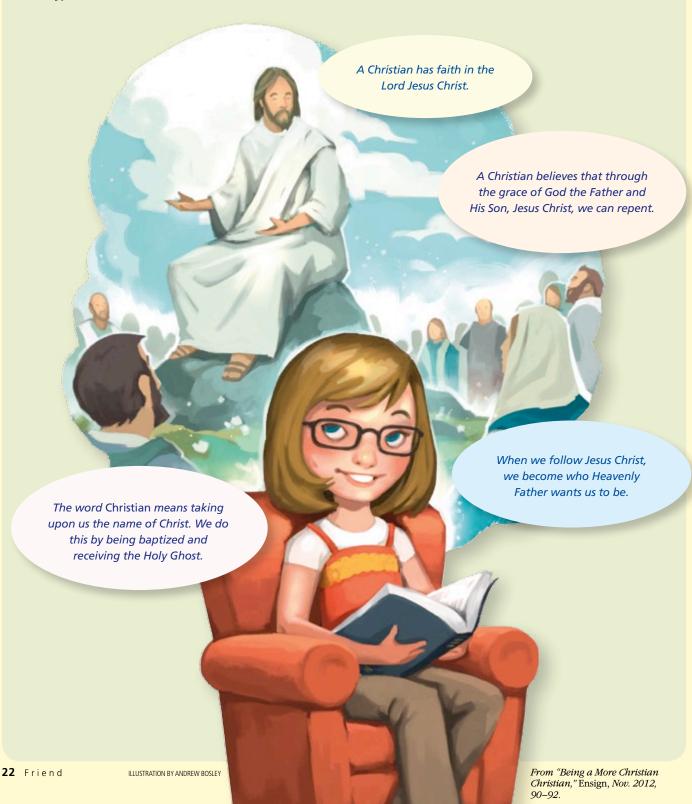
President Thomas S. Monson



**By Elder Robert D. Hales**Of the Quorum of the Twelve Apostles

The members of the Quorum of the Twelve Apostles are special witnesses of Jesus Christ.

# What does it mean to be a CHRISTIAN?





# A Beautiful, Snowy World

Heavenly Father created a beautiful world for us to enjoy. Find the snowy activities (plus 10 snow bunnies).

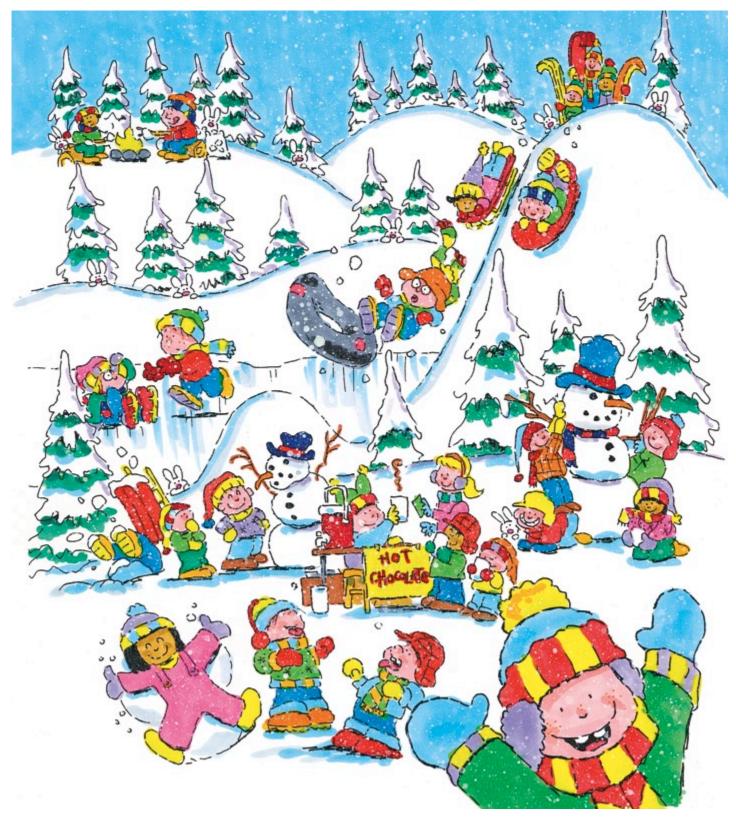
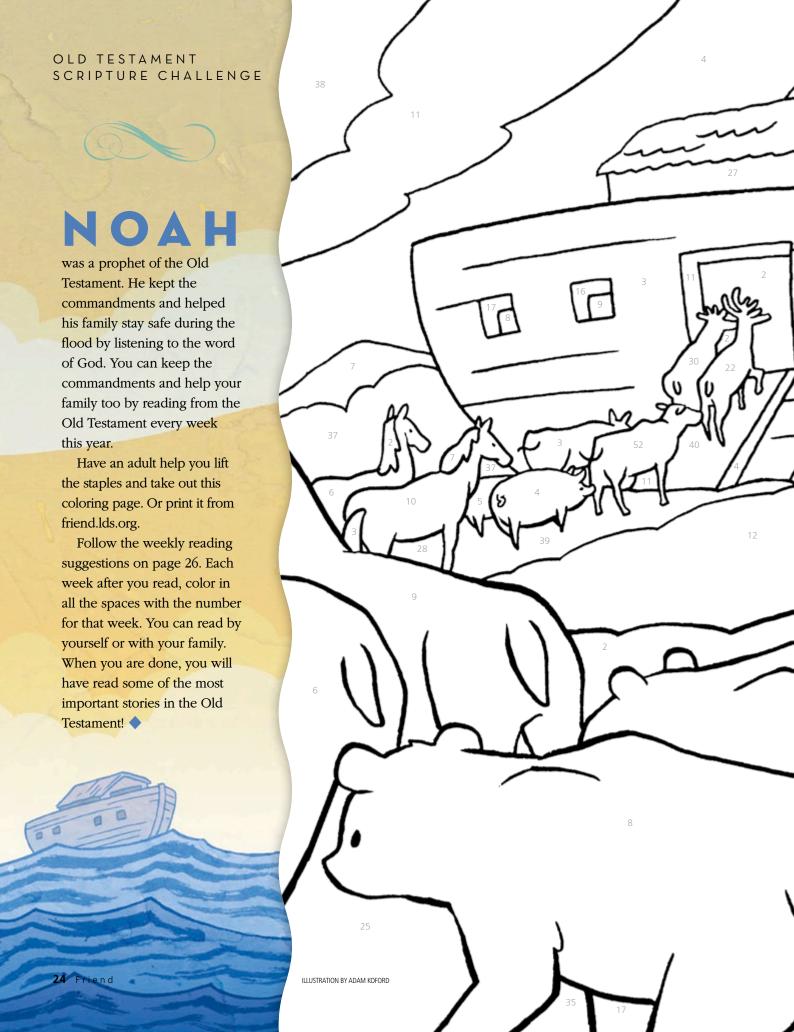


ILLUSTRATION BY VAL CHADWICK BAGLEY

January 2014

23





#### Weekly reading suggestions for the Old Testament scripture challenge (see pages 24–25).

WEEK	READING	WEEK	READING
1	The Plan of Salvation: Moses 1:39; Abraham 3:12, 22–28; 4:1	26	<b>Gideon:</b> Judges 6:6–16; 7:1–7, 16–22; 8: 22–23
2	The Creation: Genesis 1; 2:1–3  Adam and Eve:	27	<b>Samson and Delilah:</b> Judges 13:1–5, 24; 16:2–23, 28–30
3	Genesis 2:7–9, 15–25	28	Ruth and Naomi: Ruth 1:1–9, 14–16; 2:1–8, 15–18; 3:1, 3–11; 4:13, 17; John 7:42
4	The Fall: Genesis 3  Cain and Abel: Genesis 4:1–16		Samuel, the Boy Prophet: 1 Samuel 1:9–11,
5		29	17–20, 24–28; 2:26; 3:1–11, 16–20
6	The City of Enoch: Moses 6:21, 26–28; 7:13–21	30	<b>David and Goliath:</b> 1 Samuel 16:7; 17:1, 4–24, 32–33, 37–51
7	Noah's Ark: Genesis 6:5, 7–9, 13–22; 7:1–19, 23–24	31	<b>David and Jonathan:</b> 1 Samuel 18:1–9; 19:1–10; 23:14–18;
8	Noah's Family Is Saved: Genesis 8:6–13, 15–17		24:9–10, 16–19; 2 Samuel 1:4, 11–12  David and Bathsheba: 2 Samuel 11:1–4,
9	<b>The Tower of Babel:</b> Genesis 11:1–9; Ether 1:1–3, 33–43	32	14–17, 26–27; 12:1–7, 9, 13
10	The Abrahamic Covenant: Abraham 1:1–4; 2:6–13; Genesis 17:1–7	33	King Solomon: 1 Kings 2:1–4, 12; 3:3–28; 6:1
	Abraham and Lot:	34	<b>Rehoboam:</b> 1 Kings 11:43; 12:1–21
11	Genesis 13:1–13; 19:1, 15–17, 24–29	35	Elijah the Prophet: 1 Kings 17; 19:11–12
12	Abraham and Isaac: Genesis 22:1–18	36	Elijah and the False Prophets of Baal: 1 Kings 18:16–18, 21–39
13	Isaac and Rebekah:	37	Naaman Is Healed: 2 Kings 5
	Genesis 24:1–4, 7–20, 61–67	38	Elisha and the Widow: 2 Kings 4:1–6
14	<b>Jacob and Esau:</b> Genesis 25:21–34; 27:1–23	39	Isaiah and Hezekiah: 2 Kings 18:1–7; Isaiah 36:1–2, 4, 13–15;
15	Jacob and Rachel: Genesis 29:1–2, 10–30		37:1–7, 15–21, 33–38; 38:1–7
16	Jacob Becomes Israel;  Joseph Is Sold into Egypt: Genesis	40	The Prophesies of Isaiah: Isaiah 1:17–19; 2:2–4; 11:6–10; 53:3–5; 55:8–9; 58:6–14
17	35:9–12; 37:3–14, 18–34  Joseph in Egypt: Genesis 39:1–4, 7–20; 40:1–3, 5–8;	41	Josiah and Ezra Read the Scriptures: 2 Kings 22:1–4, 8–13; 23:1–4, 24–25; Nehemiah 8:1–8
10	41:1, 8–12, 14, 29–36, 39–40  Joseph Forgives: Genesis 42:3–16;	42	<b>Psalms and Proverbs:</b> Psalms 1:1–3; 19:1–3; 24:1–4; Proverbs 3:5–6
18	43:15; 44:1–12, 18, 33–34; 45:3–8  Birth and Calling of Moses: Exodus 1:8–14,	43	<b>Esther</b> : Esther 2:5–9, 17; 3:2–13; 4; 5:1–8; 7; 8:3–11, 17
19	22; 2:1–6, 10–21; 3:1–14, 19–20; 4:10–12	44	<b>Job</b> : Job 1; 19:13–26; 27:2–6; 42:10
20	<b>The Plagues:</b> Exodus 7:10–14, 20–21; 8:6, 17, 24; 9:6, 10,	45	<b>Jeremiah:</b> Jeremiah 1:1, 4–9; 18:1–6; Isaiah 64:8
21	23; 10:14–15, 22; 11:5; 12:30–32, 41–42  The Exodus: Exodus 14:5–16, 19–31	46	<b>Solomon's Temple:</b> 1 Chronicles 28:20; 29:6–9; 2 Chronicles 5:1; 6:1–3
22	The Israelites Receive Manna from	47	Daniel and the King's Food: Daniel 1:1, 3–20
23	Heaven: Exodus 16:1–8, 21–31, 35  The Ten Commandments; the Brass Serpent: Exodus 19:1–5, 20;	48	Shadrach, Meshach, and Abednego: Daniel 3:1, 4–30
		49	Daniel and the Lions: Daniel 6
	20:1–17; 31:18; Numbers 21: 4–9	50	Jonah and the Whale: Jonah 1; 2; 3:1–5
24	Daughters of Zelophehad: Numbers 27:1–7  Joshua and the Battle of Jericho:	- 51	Additional Scriptures: Amos 3:7; Nahum 1:7; Habakkuk 3:19; Zephaniah 3:16–20
25	Joshua 1:1–11, 16–17; 2:1–6, 14; 3:5–9, 13–17; 6:1–5, 13–16, 20, 23; 24:14–18	52	Malachi: Malachi 3:8–12; Malachi 4:5–6

# TEACHER

From an interview by Linda Davies

My name is Sheryl Garner, and I'm a teacher in Washington, D.C.

#### How do you become a teacher?

To be a teacher, you first need to *learn*. I took college classes

in math, science, English, social studies, and many other subjects. At school I also learned *how* to teach because each child learns differently. Heavenly Father helped me understand that every one of my students is special. Each learns in his or her own unique way.

#### What does a teacher do?

Our school is in a big city, and there are a lot of ways my students need my help. I teach my students subjects such as math, science, reading, and social studies. But I am also their friend, referee, coach, and even nurse. I am happy that I can help them.

#### Why do you like being a teacher?

I love to hear laughter as my students work on an assignment together. The sweetest sound is when a student says, "Miss Garner, I understand! This is easy! I love math!" I also feel blessed when

I see my students stand up for one another when someone needs a friend.

#### How does Heavenly Father help you?

Each day on my way to work, I think about my testimony. I like to pray to Heavenly Father because He hears my prayers. When I pray, I ask Him to help me get through the day. He tells me that I should be the answer to my students' prayers. He tells me to love them, smile at them, and listen to them. When I hear this, I know I am blessed and try to be even more grateful to be their teacher.

→ Watch a video about Sheryl at friend.lds.org.

PHOTOGRAPHS BY MELISSA SMITH January 2014 **27** 

**By Ray Goldrup** (Based on a true story)

# Prayers Potatoes

Everyone was hungry.
Didn't God care?

"Whosoever shall put their trust in God shall be supported in their trials" (Alma 36:3).

June 15, 1851

My mother made me this journal, and this is my first time writing in it. My name is Patrick O'Hurley. I am 11 years old, and I live with my family on a potato farm

in Ireland. A potato famine has been

like my friend Bartholomew and my grandmother Melvina.

Everyone is hungry, even my dog, Whiskers. He keeps chewing on my shoes, no matter where I hide them!

August 1

I don't know if God really cares. Da and Ma say He does. They say we just have to have faith, but the famine is still going on. Why doesn't God answer my



us. We're only potato farmers—maybe we're not important enough for Him to remember.

#### August 27

Two Mormon missionaries visited us yesterday. They spoke about God and His Son and a plan God has for everyone, even us. The missionaries said we are children of God and that each one of us is very important to Him. At first I wasn't sure about it, but last night I prayed hard, and I felt something inside of me. A feeling as warm as the blanket Ma made me to use on cold winter nights.

#### August 29

The missionaries helped us understand the reason for trials. We learned that difficulties help us grow and test our faith so we can become more like Heavenly Father. I asked them why some trials go on and on, and the tall one said, "If all our trials were fixed in a single moment, how could we become stronger inside? Our

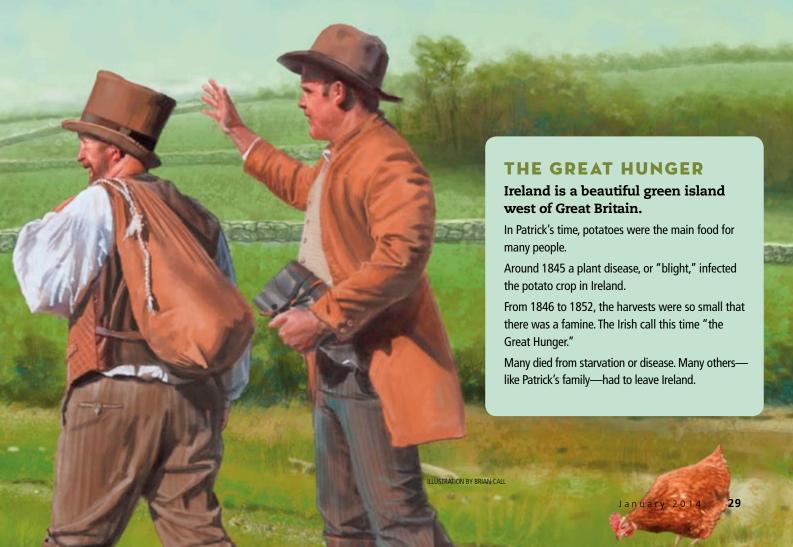
legs couldn't become stronger if we could climb any mountain in a single step."

#### January 7, 1852

My faith is a lot stronger now, and I am happy. The famine has not ended yet, but we know that in the Lord's good time it will. We prayed we could leave Ireland, and Heavenly Father has provided a way. We will be leaving for Canada in about two weeks. I know now that it is after the trials that the blessings come.

#### January 8

Whiskers still chews on my shoes. Da says it keeps me humble. Then he laughed. So did everybody else. Even me. We know blessings come after our trials, so I asked Ma if after Whiskers chews my shoes up, I will be able to get a brand new pair. I didn't hear what she said because Da laughed even louder!



# He Sent His Son





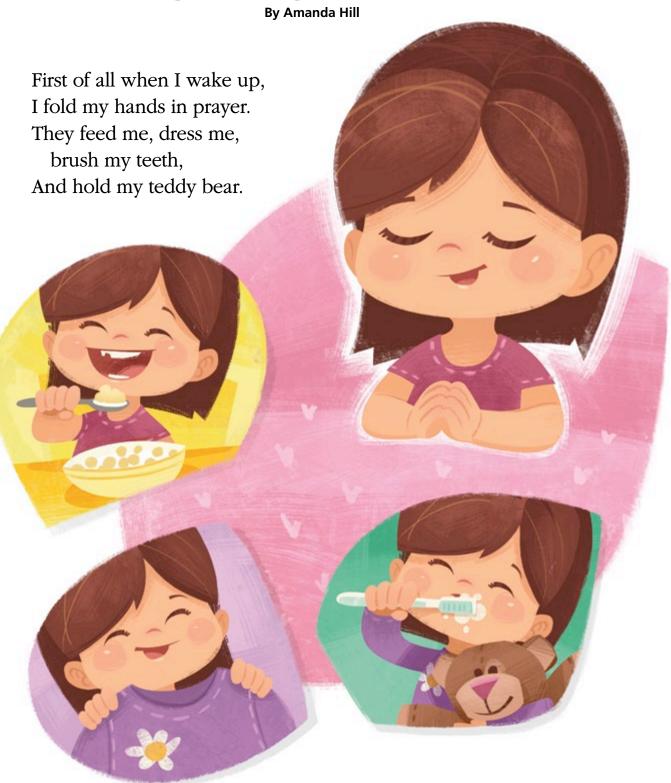
© 1982 by Mabel Jones Gabbott and Michael Finlinson Moody. Arr. © 2014 by Michael Finlinson Moody. All rights reserved.

**30** Friend



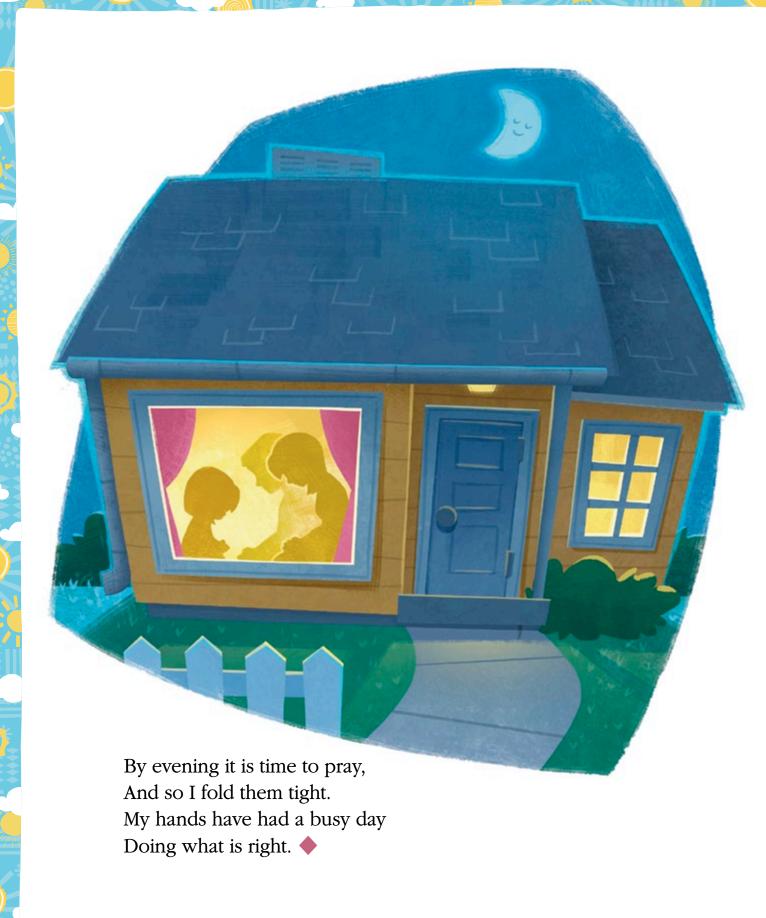
 Practice tip: Find and practice places where finger 1 goes under finger 2, and where finger 2 goes over finger 1.

# A Busy Day for Hands



32 Friend ILLUSTRATIONS BY BEN SIMONSEN





## Sharing in the Nursery

The children in the nursery like to share. Point to the things they are sharing. What do you like to share?

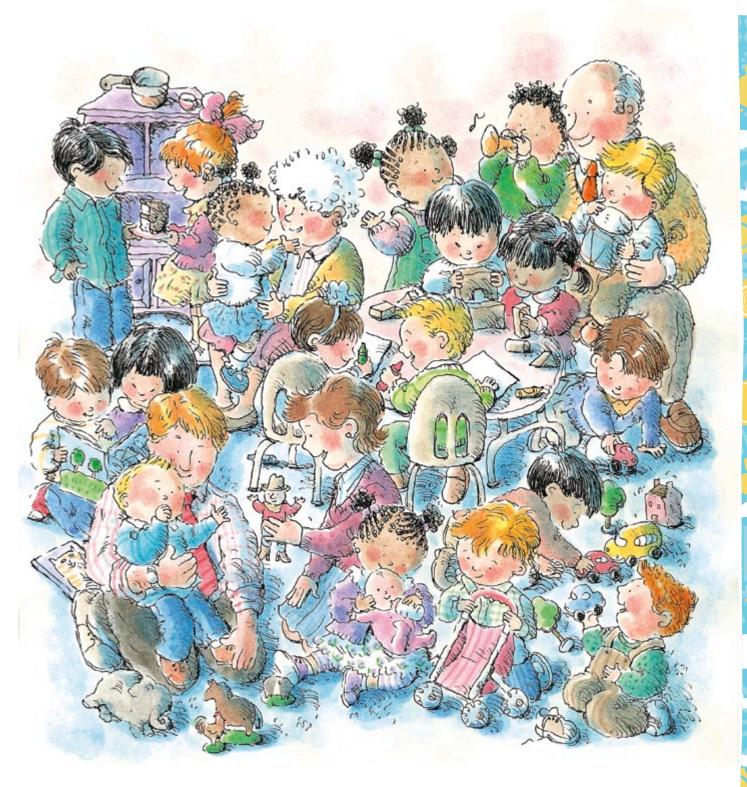


ILLUSTRATION BY ELISE BLACK

January 2014 **3** 

## Hyrum's PRIMARY @ Home

**By Olivia Corey** 

Hyrum and Emilee F., ages 7 and 6, from California, USA, like going to Primary. They like singing songs and spending time with their friends.

Last December,
Hyrum and his family found
out that he has an illness called leukemia. He needs special medicine to
help him heal. It's important for him
to stay away from germs, so he and
Emilee can't go to Primary while he's
getting better.

But their Primary leaders found a way for Hyrum and Emilee to come to Primary, even though they can't be there in person. Each week, the Primary secretaries set up a video
call with Hyrum,
Emilee, and their
mom! On live
video they can
hear the lessons
in sharing time,
learn the songs
for the Primary
program, and be
with their friends.
Hyrum hopes he will
be better in time for his

then, he is happy he can still be

baptism this summer. Until



PHOTOGRAPHS COURTESY OF THE FAMILY



## Show and tell



The girls in the activity days group of the **Sand Creek Ward, Fountain Colorado Stake,** wanted to learn to sew. They found a perfect way to learn and to give service. They spent two activities making dolls and then took them to the local police station. Now the policemen can give the dolls to children in need. The girls enjoyed the opportunity to serve.



y baptism day was a very important day in my life. My father baptized me. Many members

of my ward and my friends came. My grandparents also came. When I was baptized I felt happy and knew it was the right choice. I felt peace when I received the gift of the Holy Ghost.

Jay R., age 8, West Java, Indonesia



**Colt K., age 3, Texas, USA,** is happy to go to Primary with his big sister. He especially likes bringing his own Book of Mormon.



Ryli A., age 8, California, USA

#### **Heavenly Father's Plan**

I am a child of God, and He has a plan for me: The plan of salvation, the plan of love, the plan of family, The plan of faith, the plan to get baptized, the plan to get married someday. He has a plan for everyone and will guide us along the way.

Laynie A., age 8, Utah, USA



Abigail A., age 8, Spain



**Sydney W., age 12, Utah, USA,** just joined Young Women. The things she learned in Primary helped increase her testimony of the gospel.



ver since I was little, my mother and father have taught me about the temple. It is far away, but

I love going there with my family. When I was sealed to my parents, I was finally able to go inside—it is very beautiful. Now when we go, I stay outside to wait. When I am older, I will make covenants in the temple.

David V., age 6, Nicaragua

like to help my mom with family home evening.

Our family wants to go to the temple so we can be together forever. When I grow up, I want to serve a mission.

Keydi P., age 12, Honduras



Mackenzie and Zachary B., ages 9 and 7, Alberta, Canada, went to the open house for the Calgary Alberta Temple, and then they built their own temple out of building blocks. They felt the Spirit at the open house. The temple helps them feel closer to Heavenly Father.



y friend Brinly has been the best example of what a true friend really is. When I started first grade, I cried every day. I did not like being away from my mom.

Brinly was there for me every day.

One morning my mom and I had just finished praying when there was a knock at the door. It was Brinly!

I think Heavenly Father told her to come. She walked me to the bus, telling me it would be OK. I'm so grateful Heavenly Father has given me a great friend who can be at school with me.

Jada W. with Brinly H., both age 6, Utah, USA



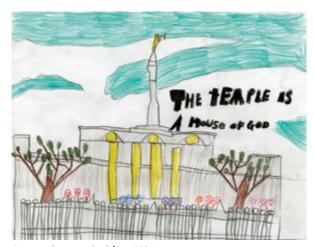
Đ. Văn Hiệp, age 11, Cambodia



Joshua K., age 6, Utah, USA



Makenna R., age 9, Texas, USA



James O., age 8, Ohio, USA

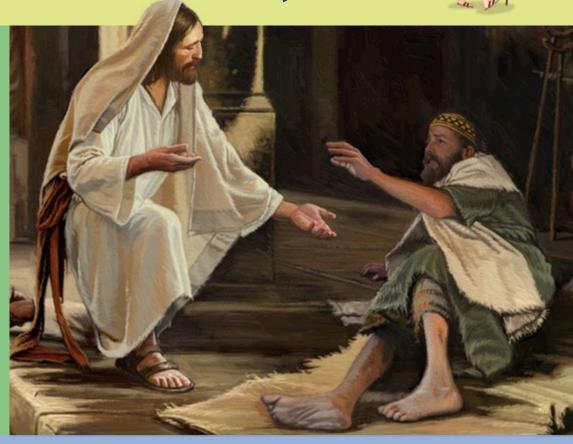


Learn about Jesus



#### **What Jesus Taught**

One day Jesus was in the temple. He healed a man who couldn't walk. Then he told the people who were watching how they could learn more about Him. He said, "Search the scriptures; . . . they are they which testify of me" (John 5:39).





I challenge myself to

#### **Following Jesus Today**

I was reading my scriptures, and I found one I really liked. It was 2 Nephi 32:3. It talked about feasting upon the words of Christ, and that if we do this, the Holy Ghost will tell us all the things we should do. This scripture helps me choose the right. I memorized it a long time ago.

Madeline G., age 8, Utah, USA

_
 _

Tills Moliui's Ghanenges.
Look in the Topical Guide in the scriptures to find some verses about Jesus Christ. Mark your favorites and memorize one.
Read Matthew 19:13–14. Think about how Jesus felt about children. Take time to pay attention to and help someone younger than you.
Look through the first four books of the New Testament to find stories about Jesus. Draw a picture of one of the stories and share it with your family.

Thic Month's Challenges





### **By Sister Rosemary M. Wixom** Primary General President

The Victory Tunnel

"How great the plan of our God" (2 Nephi 9:13).

During the spring, my husband and I attended our four-year-old grandson's soccer game.

Excitement was

in the air as children ran in every direction chasing the ball. When the final whistle blew, the players didn't know who won or who lost. They had simply played the game.

The coaches asked the players to shake hands with the other team. Then we saw something quite remarkable. One coach called for a victory tunnel.

Parents, grandparents, and anybody who came to see the game stood up and formed two lines facing each other. Then they raised their arms and created an arch. The children squealed as they ran under the arms of the cheering adults and down the path.

Soon the children from the other team decided to join in the fun. All of the players were

cheered
on by the
adults as
they ran through

the victory tunnel.

In my mind I could

see another picture. I had the feeling I was seeing these children living the plan Heavenly Father created for

every child. They were running on the strait and narrow path, under the arms of the people who loved them. Each child felt the joy of being on the path.

for each of us.\* If we follow His lead, we will all return to our heavenly home and be safe in Heavenly Father's arms.

Jesus Christ has "marked the path and led the way"

raulei 5 aiiis.

\* "How Great the Wisdom and the Love," Hymns, no. 195.

# Heavenly Father Prepared a Way for Me to Return to Him

Before we came to earth, we all lived in heaven with our Heavenly Father and His Son, Jesus Christ.

> Heavenly Father told us about His plan for us. We chose to follow Heavenly Father's plan and come to earth.



We follow the path back to Heavenly Father by:

When we return to Heavenly Father, He will welcome us back with open arms!



and living with faith.

being baptized and confirmed,



making temple covenants.

taking the sacrament,



90

This is me!

#### A PATH FOR ME

Make a poster showing your path back to Heavenly Father. Draw a path on paper or poster board.
Have an adult help you cut out the little pictures and glue or tape them along the path. Add photos or draw pictures of yourself at important times like baptism.

#### YOU WILL NEED:

- a piece of paper or poster board scissors
- glue or tape
- crayons, markers, or pencils

### SONG AND SCRIPTURE

- "He Sent His Son"
  (Children's Songbook, 34–35)
- John 3:16

### IDEAS FOR FAMILY TALK

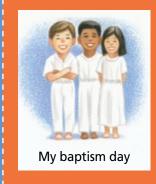
This message explains Heavenly
Father's plan in a very simple way.
You could have members of the
family take turns using the visuals
to explain the different parts of the
plan. Then you could talk together
about how you can help each other
stay on the path that leads back to
Heavenly Father.

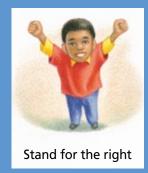


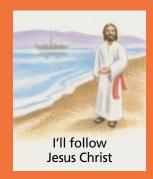


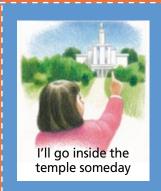




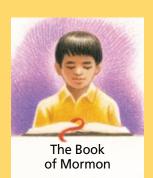


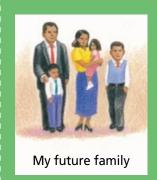


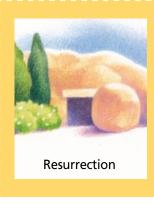












# The Dance

#### By Jane McBride Choate

(Based on a true story)

"Search, ponder, and pray are the things that I must do. The Spirit will guide, and deep inside, I'll know the scriptures are true" (Children's Songbook, 109).

isa watched as her 16-year-old sister, Michelle, sat on ■her bed and read the Book of Mormon.

"Aren't you going to the dance?" Lisa asked.

Lisa was 11. It would be three more years before she could go to a stake dance. "I wish I was old enough to go," she said as she sat down on Michelle's bed.

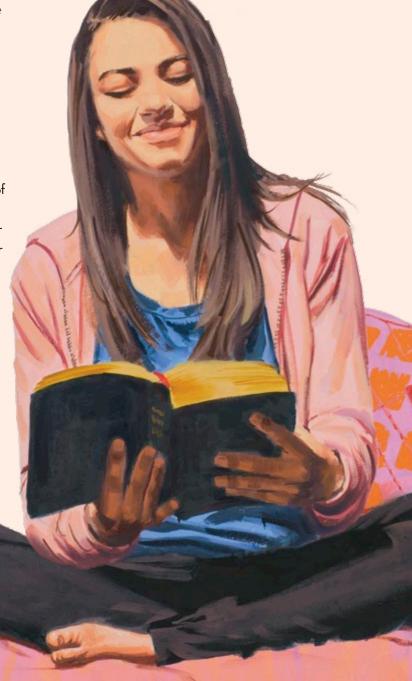
Michelle smiled at her. "You bet I'm going! But I want to finish reading before I go," she said. "I just have a couple of pages left."

Lisa sat guietly while Michelle read. She knew her sister had looked forward to the stake New Year's Eve dance for weeks. Michelle had saved her money from her job at the mall and had bought a new dress to wear that night.

Lisa also knew that Michelle had set a goal to finish reading the Book of Mormon by the end of the year. Lisa was reading too, but she wasn't finished yet.

Michelle looked up and grinned as she closed her scriptures. "Done!" she said. "I finished the whole Book of Mormon! Lisa, do you want to pray with me?" she asked.

> It was time to go, but Michelle had something to finish.



# Can Wait

Surprised, Lisa nodded. She and Michelle had prayed together for family home evening and family prayer, but never just the two of them.

Lisa listened as her sister prayed. Michelle told Heaver

Lisa listened as her sister prayed. Michelle told Heavenly Father how much she loved the scriptures, the prophet, and Jesus Christ. After the prayer both girls were

silent for a long moment.

Lisa finally looked up to see tears on Michelle's cheeks. "Why are you crying?" she asked.

"I've read the Book of Mormon before," Michelle explained with a smile as she brushed the tears away. "But I never really understood the words on the cover until now—'Another Testament of Jesus Christ.' This time I learned that the Book of Mormon really does testify of Jesus Christ."

Lisa suddenly felt a rush of love for Michelle. "I'm glad you're my big sister," she said.

Michelle brushed a hand over Lisa's hair. "I'm glad you're my sister too," she said. "Want to help me do my hair?"

"Sure!" Lisa said. They both brushed Michelle's long brown hair until it was shiny and smooth.

Michelle kissed Lisa's cheek, then
hurried to get ready for the dance. Lisa
picked up the scriptures. She had just
set a goal for the year. She was
going to finish the Book of
Mormon too.

Hey—my older sister is a pretty good example to me too.

Aw, thanks, Matt.

#### QUESTION CORNER

#### Some of my friends have been daring each other to do dangerous things. They say they're only having fun, but I'm afraid someone might get hurt. What can I do?



If you're scared that they will get hurt, then tell them that! They might not stop, but at least they'll know that you care for them and you absolutely do not want them to get hurt. If they continue and go to larger problems, you'll have to

do something larger too. You should probably tell an adult. Elle S., age 10, California, USA





I would tell them that they shouldn't be doing it. If they didn't listen, I would tell a grownup. If the grownups didn't listen, I would pray about it and see what the Spirit told me to do.

Micah E., age 8, England



Being older, "truth or dare" is a popular game, though I do not play it. How I usually handle this is by, one, going to get a responsible adult, and, two, saying something along the lines of, "This isn't cool." It's really as simple that! Just

make sure to keep yourself out of those sorts of situations. Payton A., age 12, Oregon, USA



You should tell your friends how you feel about the situation. Explain why it is bad and the bad things that may happen as a result.

Brooklyn S., age 11, New Mexico, USA



If your friends are daring you to do dangerous things, I think you should just walk away and go play with other friends. You could also say, "Let's go play something else."

Mason L., age 7, Utah, USA



First pray to Heavenly Father. Then tell your friends you are concerned about their safety and make up or play a different game. If your friends don't listen, then maybe hang out and play with other people until they have stopped

the dares. Just remember God will help you the entire way. Nicole N., age 10, Nevada, USA



You can either walk away, or you can talk about it with them. You can ask Heavenly Father in a prayer to help you.

Evie L., age 8, Utah, USA

Responses are intended for help and perspective, not as pronouncements of Church doctrine.

#### **NEXT QUESTION**

I keep trying to read the scriptures, but they don't sound anything like the books I like to read. How can I understand the scriptures better?

Do you have some advice about this? Send us your answer and photo by January 31, 2014. Find our address on page 48 or email us at friend@ldschurch.org. (Put "Question Corner" in the subject line.) Remember to include a parent's permission!



## Missionary Quest

Help the missionaries find the person they came to teach.



ILLUSTRATION BY ARIE VAN DE GRAAFF JA N u a r y 2 0 1 4 **47** 

P.S.
We hope you enjoyed this month's magazine. Please write to tell us what you liked!

#### How to Write to the Friend

To send us a letter, drawing, poem, or photograph . . .

- 1. Fill out the form below and include it with your submission.
- 2. Include a school photo or high-quality snapshot.
  - 3. We might edit your submission for length or clarity, and we can't return it to you.
- 4. You must be at least three years old to send us a submission.

ILLUSTRATIONS BY ANDREW BOSLEY

Please send your submission to:

Friend Magazine

50 E. North Temple St., Rm. 2432 Salt Lake City, UT 84150-0024 Or email: friend@ldschurch.org

The following information and permission must be included:

First and last name

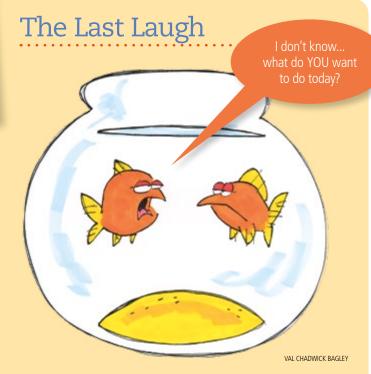
Age

State/Province, Country

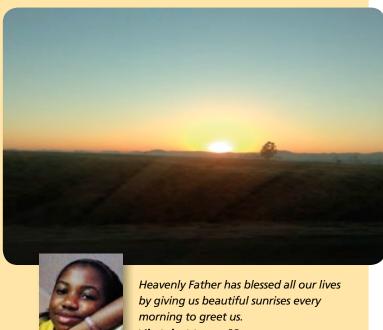
I agree to the terms of the Friend Submission Agreement (lds.org/friend/ parentalconsent) and grant permission for the Friend to publish my child's submission and photo in print or online.

Signature of parent or legal guardian

Email of parent or legal guardian



### Through Your Eyes



Nkateko M., age 12,

Gauteng, South Africa



Read the Friend online.

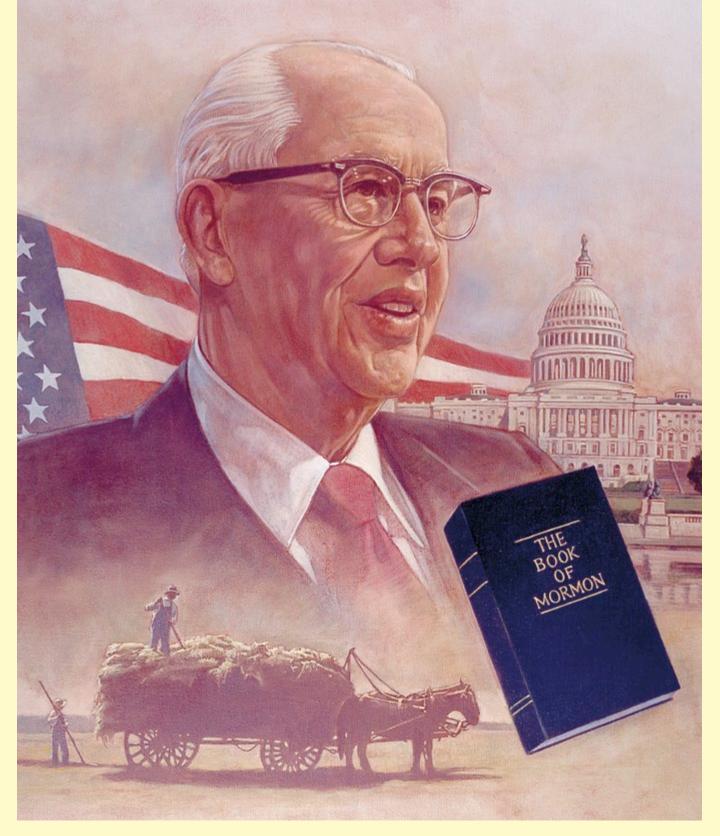
#### **Funstuf Answers**

Page 10: Pioneer Puzzler: A (John Wood, an early Church member, brought this candy mold from his shop in England when he came to Salt Lake in 1855.) Friendly Fractions: missionaries

#### **Hidden CTR Ring**

Did you find the ring? Look on page 17!





#### **EZRA TAFT BENSON**

**Ezra Taft Benson** did many **chores** on his family farm. Because he loved farming, he earned an advanced degree in agricultural economics and eventually served as secretary of agriculture for the United States in **Washington, D.C.** President Benson loved the **Book of Mormon** and encouraged Church members to study it as families and as individuals.

## Dear Parents and Teachers,

The back cover of the Friend is our new place for talking to you! Each month we'll share teaching tips, online resources, family home evening ideas, and support for the topics children are learning in Primary. We hope this page will be an empowering resource to help you reach and teach the children in your life.

With love,

The Friend

Order the Friend at store.lds.org!



### Family Home Evening Ideas

**SCRIPTURE STUDY:** "Family Fun Time" (page 6) is about scripture study. This year children in senior Primary are studying the Old Testament. Use the scripture chart on pages 24–26 to study along with your family. Find other ways to bring your family closer to Christ at <a href="Ids.org/go/FRclosertoChrist">Ids.org/go/FRclosertoChrist</a>.

**HEAVENLY FATHER'S PLAN:** You can use "Bringing Primary Home" (pages 42–43) to help your family learn about this month's Primary sharing time theme. You'll find a short lesson, a scripture, and ideas for talking with your children. A simplified version of the song "He Sent His Son" is on pages 30–31.

**EACH PERSON IS SPECIAL:** Read about two brothers from Mexico on pages 14–15, and watch "One in a Million" videos at **friend.lds.org**. Talk about how Heavenly Father loves each of His children, no matter where they live. How should we treat other people, even if they seem different from us?

MISSIONARY WORK: Read "'You Found Me, Bishop!'" on pages 2–3. Who can your family invite to church? How can your family help others feel welcome at church? Set some missionary goals.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

## What's **NEW** in the *Friend*?



**"Friends around the World."** In 2014 we're highlighting a different country each month with a photo story, a paper figure to cut out, and activities and recipes. Look for an article in the *Ensign* about the history of the Church in that country.

#### Topics in This Issue

Courage 9, 46
Faith 28
Family 11, 44
Honesty 9
Jesus Christ 22, 4

Jesus Christ 22, 40, 41, 42 Kindness 36, 41

Missionary work 2

Music 19, 30

Old Testament 24
Patriarchal blessing 20

Peer pressure 46

Plan of salvation 42

Prayer 28, 32 Primary 36

Service 2, 32, 36

Scriptures 4, 6, 24, 40, 44

Standards 9, 46 Talents 12, 19

Testimony 44

#### Sidebar References

- 1. "Your Potential, Your Privilege," *Ensign,* May 2011, 59.
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