

# Show and Tell



**O**ne morning I said our family prayer. I asked that we could show Heavenly Father how kind we could be that day. Later I got upset with my brother and was sent to my room to calm down. When my mom came to talk to me, I told her I remembered what I had said in my prayer that morning and that I didn't feel upset with my brother anymore. She said the Holy Ghost was helping me remember those words about being kind. I was able to make better choices the rest of the day. I'm grateful for prayer and for the Holy Ghost.

**Maren E., age 5, Utah, USA**



**O**n my sixth birthday my parents gave me a Book of Mormon with their testimonies written inside the front cover. They challenged me to read it before my eighth birthday and baptism. As part of my bedtime routine, I read the Book of Mormon every night. Sometimes I read it while driving around or at the beach. The more I read, the better I became at reading. When I was seven and a half years old, I finished the Book of Mormon. It strengthened my testimony, and I know that the Book of Mormon is true. I feel prepared for my baptism and am excited for it. I have started to read the Book of Mormon again.

**Lana B., age 7, Hawaii, USA**



**I** like to help my mom around the house. I also like to help her with my little sister and baby brother. I pray that I can be helpful because I know Heavenly Father wants me to be.

**Pierce B., age 7, Illinois, USA**



**Garrett G., age 8, Texas, USA**



**M**y friend Kaj and I have played soccer together for three years. Last season we decided to try out for the all-star team. We tried our hardest during tryouts. The coach contacted our parents to ask if we could play on Sundays. We told the coach that Sunday was our Sabbath and we needed to keep it holy. It was hard giving up our spots on the team, but we knew keeping the Sabbath day holy was the right thing to do.

**Landon B., age 11, Virginia, USA**

Would you like to send something to Show and Tell? Turn to page 48 to find out how.

Do you have goals for the new year? Tell us about them! See page 48 to find out how to send your answer.



The Primary children of the **Old Hickory Ward, Nashville Tennessee Stake**, want to do their best to defend their gospel standards! To show their commitment, they all signed a My Gospel Standards poster and presented it to their bishop. They know that by living these standards they are preparing for the temple.

### God's Creations

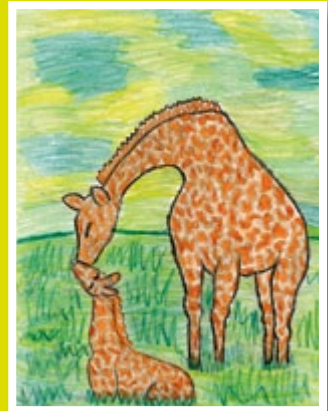
A long time ago  
God created a plan.  
He made the earth  
For all women and men.

He made the grasses,  
The bushes, and trees so tall.  
Oh yes, it's true.  
He made them all.

He made the sun,  
Stars, and moon for light.  
He also made the dawn,  
The morning, and the night.

He made the land,  
The clouds, and also the sea.  
I know Heavenly Father and Jesus Christ  
Created these things for me.

*Anna V., age 10, Philippines*



*Kelly P., age 11, Idaho, USA*



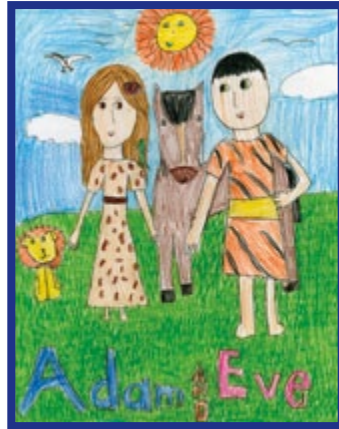
**Ammon B.**, age 6, Queensland, Australia, likes family home evening. His favorite game is hide-and-go-seek, and he likes to read scriptures about Ammon because he has the same name. He wants to be a missionary like Ammon, and he has a testimony of prayer.



**Shayla P.**, age 7, Utah, USA, likes singing "I Love to See the Temple" whenever her family drives past the Mount Timpanogos Utah Temple. She likes to make new friends at school, and she tries to treat others kindly. She enjoys going to Primary. She likes animals, especially horses.



**Jadon and Mekhi M.**, ages 8 and 5, Colorado, USA, are brothers and friends. They look out for each other and like playing together. They are excellent readers and both play soccer and basketball. They also have a lot of fun going to baseball games. They enjoy going to church and reading the *Friend*.



*Hailey L., age 10, North Carolina, USA*

*I love to see the temple*



*I love to see the temple climb again,  
Here someday to feel the Holy Spirit,  
To feel and to grow for the temple is a  
house of God a place of love and beauty.  
I'll prepare myself while I am young,  
This is my sacred duty.*

*Serena M., age 11, Utah, USA*



*Taylor O., age 9, Nevada, USA*