

I Hope They Call Me on a Mission

Be better prepared for tomorrow by learning these skills today.



SETTING GOALS

While many people set goals at the beginning of a new year, you can set goals any time. Here's how.

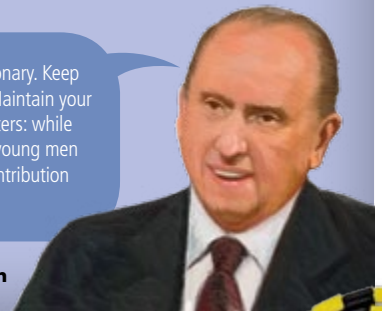
1. **Decide.** Prayerfully think about what you could do to change your life in good ways. Keep your goals simple. You can check your *Faith in God* booklet for some goal ideas.
2. **Write.** Once you decide on a goal, write down how you are going to accomplish it. Put your written goal in a place where you will see it often.
3. **Track.** Keep track of the progress you make toward reaching your goal. You might create a chart or

mark a calendar. If you set a goal as a family, you could set aside time in family home evening to report on the progress you make each week.

4. **Stick with it.** Don't give up, even if achieving your goal is harder than you expected. And remember to keep praying for Heavenly Father's help and thank Him for helping you.

"Young men, I admonish you to prepare for service as a missionary. Keep yourselves clean and pure and worthy to represent the Lord. Maintain your health and strength. Study the scriptures. . . . To you young sisters: while you do not have the same priesthood responsibility as do the young men to serve as full-time missionaries, you also make a valuable contribution as missionaries, and we welcome your service."²

—President Thomas S. Monson



Hello friends,
My companion and I set goals every day. They help us work hard and improve as missionaries. Page 146 of *Preach My Gospel* says: "Through goals and plans, our hopes are transformed into action. Goal setting and planning are acts of faith." I believe in you.

Sincerely,
Elder Achiever

