

CTR Pretzels

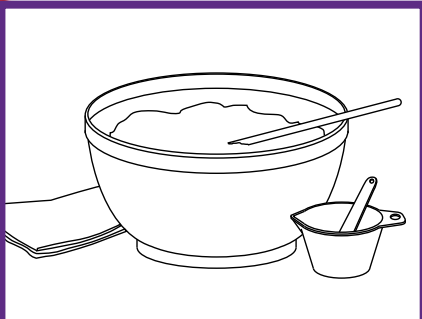
By Heather Brinkerhoff

This year in Primary you will be learning about the importance of choosing the right. As you make these pretzels, think about how you can choose the right every day.

1 teaspoon salt
2 1/2–3 cups flour
1 tablespoon yeast
1 cup warm water
1 tablespoon sugar
melted butter



Remember to ask an adult for help when you make a Kitchen Crafts recipe!



1. Mix the first five ingredients until they form a ball. Then knead dough until smooth and elastic. Cover with a clean towel and let rise in a warm place for one hour.



2. Pull off sections of the dough and roll into long ropes. Form the ropes into the letters “CTR” or make the shape of the CTR shield.



3. Put the pretzels on a greased cookie sheet and bake 8–10 minutes at 450°F (232°C). Brush pretzels with melted butter.