

## CAR CREATIONS

Use food to make a shape of a car on your plate. Then enjoy eating your healthy, speedy snack.

BY SHANNA BUTLER

**1 whole-wheat tortilla**

**2 slices deli meat**

**2 slices cheese**

**fresh spinach**

**2 graham crackers**

**red fruit leather**

1. Microwave the tortilla for 10 to 20 seconds to make it soft. Place the deli meat and cheese on the tortilla until the tortilla is covered. Scatter spinach leaves over the tortilla.

2. Roll up the tortilla and put a toothpick in both ends to keep it from unrolling. Put the tortilla roll in the freezer for 15 minutes to make it easier to slice. Then slice your tortilla into spirals.

3. Place each graham cracker on a plate. Tear off rectangular pieces of fruit leather and stick them to the graham crackers to look like windows on a car. Put two tortilla spirals below each graham cracker to look like wheels.