

# Article of Faith 3



“We believe that through the **Atonement** of Christ, all mankind may be saved, by obedience to the laws and **ordinances** of the Gospel.”  
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Jesus suffered for our sins. He was resurrected and lives again. Because of the Savior’s **Atonement**, we can be made clean and live with Heavenly Father again if we obey the commandments and repent when we sin.

An **ordinance** is an action that has special spiritual meaning. Baptism and the sacrament are two examples of ordinances.



## Articles of Faith in Action

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*Jesus Christ was a perfect example. He showed us how to live. I know that He lived. Jesus died for us. Jesus loves us and so does Heavenly Father.*

**Jeremy C., age 7, Utah, USA**



## Memorization Tip

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Jesus’s body lay in the tomb for **three** days, so Article of Faith **3** is about the Atonement of Jesus Christ.

## This Month’s CHALLENGES

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Memorize Article of Faith 3.



Listen closely to the sacrament prayers (or read them in **D&C 20:77, 79**). List two ways you can keep your baptismal covenants.



Watch chapters 51-54 of the animated New Testament at Scripture Stories at [children.lds.org](http://children.lds.org). Write your testimony of the Atonement.



I challenge myself to ...

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