Articles of Faith in Action

Jesus Christ was a perfect example. He showed us how to live. I know that He lived. Jesus died for us. Jesus loves us and so does Heavenly Father.

Jeremy C., age 7, Utah, USA

Memorization Tip

Jesus's body lay in the tomb for three days, so Article of Faith 3 is about the Atonement of Jesus Christ.

“This month's challenges

**Memorize Article of Faith 3.**

Listen closely to the sacrament prayers (or read them in D&C 20:77, 79). List two ways you can keep your baptismal covenants.


I challenge myself to...