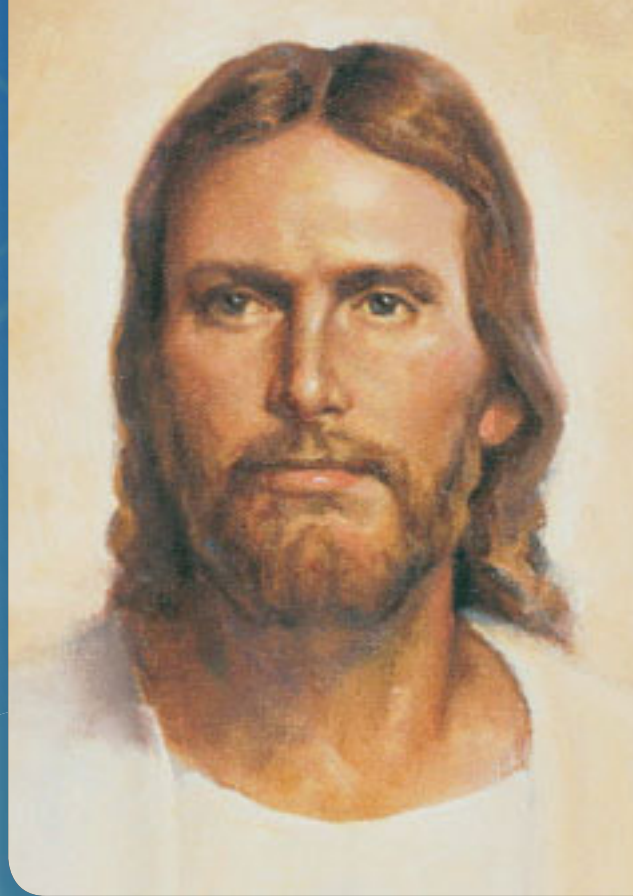


# The Sacrament

By Leslie Neilson



Before I take the sacrament,  
I'll bow my head to pray  
And ponder all the things Christ did  
To help me through each day.  
I'll listen to the Spirit's voice;  
It fills my heart with peace.  
I'll take the water and the bread,  
And on God's word I'll feast.  
The Savior loved me, oh, so much;  
He gave His life for me.  
I'll live my life and do His will  
For all eternity.

