

Here are some fun FHE ideas from this month's magazine. What other ideas can you come up with?

Winter Lemonade

"When life gives you lemons, make lemonade!" Try making this winter lemonade recipe! Be sure to get an adult's help.

5 cups hot water

1 cup sugar

1 1/2 teaspoons ground cinnamon

1/2 teaspoon ground ginger

1 orange, cut into 4 pieces

5 whole cloves

1 cup fresh lemon juice (about 4 lemons)

- 1. Boil half of the water and stir in the sugar until dissolved. Remove from heat.
- 2. Stir in the cinnamon, ginger, orange slices, and cloves. Cover and let sit for 30 minutes.
- 3. Strain the liquid from the pan into a large pitcher.
 Stir in the lemon juice and the rest of the hot water. Serve warm.



TERRIFIC TREES

Read "A Tree for Travis" on page 4. Make these trees to give away as Christmas gifts. What other ways can you be like Jesus and show love to your friends? Go to Mormon.org this month for some ideas!

1 pinecone for each tree green paint paintbrushes craft glue small square of cardboard plastic beads or old plastic jewelry

- 1. Paint each pinecone green.
- After the paint has dried, glue the pinecone stem-side-down onto the cardboard square. Let it dry.
- 3. Decorate the trees by gluing beads or pieces of plastic jewelry onto the "branches."

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.

We have some ideas for gifts anyone can give.



DEALING WITH DISAPPOINTMENT

What can you do when something doesn't go the way you planned?

- · Look for things to be grateful for. The more you look, the more you'll find!
- Remember that Heavenly Father and Jesus always love you.
- Don't be afraid to try again.
- Some situations are out of your control, but you can always pray to Heavenly Father for help and comfort.

TASTY TREATS

Try these for FHE this month!

- · Top snack crackers with cottage cheese and sprinkle with paprika.
- · Drizzle plain popcorn with melted white chocolate and top with sprinkles.
- Wrap cheese sticks in slices of ham or salami.





Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)

> DEA 1: Get ready for Christmas with the Christmas advent calendar! Read about how people in the Book of Mormon and Bible learned about Jesus Christ's birth. Take turns reading the scriptures together each night.

IDEA 2: Does your family have any special traditions on Sunday? Read "Sharing Traditions" and "Happy Sabbath" and talk about how you can share your Sunday traditions. Write and tell us about it!





DEA 3: Have a journal challenge! Read "My Not-So-Great-Sixth-Grade Year" and use the prompts at the end to write or draw in your journal. Help each other write 10 "about you" facts for each person.

Idea 7: 23; Idea 2: 30, 22; Idea 3: 34