

Hi, we're Sam and Caleb!

We live in British Columbia, Canada, and we've been friends since preschool. We were born nine days apart, and a lot of people think we're twins! Last year we even got baptized on the same day. One thing we really love doing together is helping others.





Older Friends

Once a month we volunteer at a seniors' home. We've been doing this with our parents since we were really young. We play games, dance, and sing with the men and women who live there. Sometimes our friends from Primary and our neighborhood join us.

When we get there, some of the people look Bringing Smiles like they're sleeping. By the time we leave, their faces are smiling and happy.

Christmas Cheer

At Christmas we like singing carols and giving holiday treats.



Gifts from the Heart It's fun to make crafts and treats



A Great Feeling

Once we helped pick up garbage around our neighborhood. We've also helped at a farm that grows food for people in need. No matter how we serve, we always feel great afterward!

ONE WAY YOU CAN HELP

How do you feel when you read the Friend? You can help others by sharing that great feeling with them. Give the Friend as a gift to a friend! You can find out how to send a gift subscription for Christmas at store.lds.org.

NEW NEXT YEAR

Thanks for sending us more than 34,000 "helping hands" this year! Next year we'll be sharing stories about children who follow Jesus by courageously standing tall. Send us your footprint and tell us your story! Find out more in next month's issue.

Birthday Service

When we turned seven, we had a birthday party together. We called it a Toonie party. A Toonie is a \$2 Canadian coin. Everyone brought a Toonie to the party, and we donated half of the money to the Church's humanitarian aid fund.