Scavenger Hunt

#### By Kenzi Parsons

The scriptures say, "If ye are prepared ye shall not fear" (Doctrine and Covenants 38:30). You can help your family prepare by collecting supplies for an emergency kit. Use this scavenger hunt to find items in your home. Ask a parent to help you add them to your kits.

#### Tools

Something to open cans with Something that gives light Something to clean your hands with

### Ory foods

Something crunchy Something chewy Something for dessert

# Comfort

Something to read Something to play Something to hug

## **Canned foods**

Something sweet (hint: think fruit) Something with meat Something with veggies

### **Preparedness Trifle**

You could make this treat from food in your emergency kit. Be sure to get an adult's help.

- 2/3 cup powdered milk powder mixed with 2 cups bottled water
- 1 small box instant vanilla pudding
- 1 box animal crackers or other cookies, crumbled
- 1 small jar raspberry jam
- 1 small can mandarin oranges (drain before using)
- In a medium container with a tight-fitting lid, combine milk and instant pudding. Put the lid on tight and shake for about 3 minutes.
- 2. Layer the ingredients in a bowl in this order: half the cookies, 1 cup pudding, the jam, the rest of the cookies, the rest of the pudding, and the oranges.

# What else do you want in your emergency kit?

As you gather your kits, make sure each person has water and food for three days, a blanket, and a change of clothes.