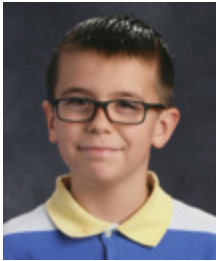


Samuel Testified

Samuel was a prophet who was a Lamanite. Heavenly Father told Samuel to tell the wicked Nephites to repent. The Nephites wouldn't let Samuel into their city, so he stood on the city wall. They threw stones and shot arrows at him. But Heavenly Father protected him. Samuel testified of Heavenly Father and told the people what Heavenly Father wanted them to hear.



One time I was scared because I had to bear my testimony. When I bore my testimony, I wasn't scared.

**Chase C., age 6,
Arizona, USA**



Lauren P., age 11, Utah, USA



Cut, fold, and keep this challenge card!

ILLUSTRATION BY JARED BECKSTRAND



I Can Testify!

- Memorize [Helaman 14:8](#).
- Help others choose the right by being a good example this week.
- Watch [chapter 40](#) of the Book of Mormon stories at scripturestories.lds.org.
- I challenge myself to . . .
