

Family Fun Time



Read “Tag, You’re It!” (page 4). Have you ever stood up for someone like Lauren did for Ally? Has anyone ever stood up for you? Use the activity below to talk about how you can be kind if someone’s being left out or bullied.

Be sure to get an adult’s help with this activity and recipe.

1. Write each question below on a separate **piece of paper**. You can also add questions of your own.
2. Wrap one piece of paper around **a small shareable treat**, like a small bag of chocolate candies or fruit snacks. **Tape** the paper in place.
3. Add the next paper and tape it down. Keep going until you’ve used all the papers and have a medium-sized ball.
4. Pass the ball around and take turns unwrapping a paper and answering the question. When you get to the end, share the treat!

Passing Kindness



Tell about a time when someone was kind to you. What did he or she do?

What would you do if you heard someone say mean things about a teacher or classmate?

Have you ever stood up for someone who was being bullied? What happened?

How can you tell if someone needs a friend?

How can you help someone who needs a friend?

Tell about a time when someone was unkind to you. What did you do?

If someone bullied you, what would you do?

If someone bullied you, what would you want other people to do?

What did Jesus do to be kind to others?

How can you be kind to someone who is being left out?

Rainbow Delight

A kind friend is like a rainbow at the end of a storm. Celebrate kindness with this fruity treat!

strawberries, cut in half

tangerines or mandarin oranges

pineapple chunks

green grapes

blueberries

bananas

