

THE *Friend*



FRIENDS by MAIL

Meeting the Prophet



Kianna and Korissa are sisters and best friends. They were lucky enough to go to President Thomas S. Monson's home when their dad helped prune the trees in the prophet's yard. President Monson wiggled his ears for them and made them laugh.

They will never forget the day they met the prophet.

Kianna and Korissa B., ages 8 and 6, Utah

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Dear Friend,

A Friend-ly Family

My family loves the *Friend*. During family home evening, I asked my parents and siblings what they liked most about the *Friend*. Even though we are different ages, we all still read the *Friend*.

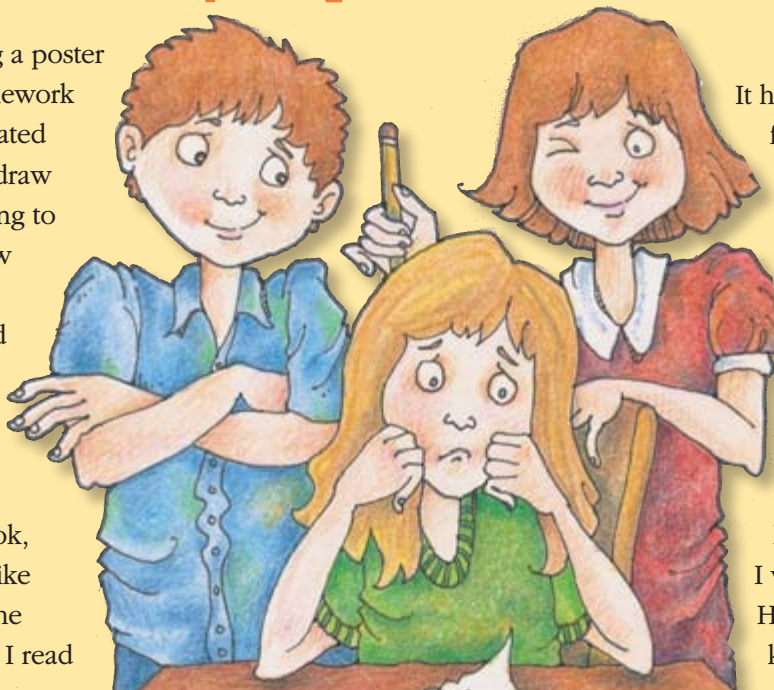


I like hunting for the CTR ring and reading the stories. My oldest sister, Sarah, likes Our Creative Friends. My other older sister, Amanda, likes making the tasty recipes. My brother, Jacob, likes the stories and sometimes uses them when he goes home teaching. My little sister, Emily, likes the coloring pages. My mom and dad like reading *Friend to Friend*. We are all grateful for the *Friend*.

Dallin S., age 12, Utah

Matt and Mandy Helped Me

I was making a poster for my homework and I got frustrated that I couldn't draw what I was trying to draw, so I threw my pencil. My Mom suggested that I could read to calm down. I was going to read my favorite book, but then I felt like I should read the *Friend* instead. I read Matt and Mandy.



It helped me feel better because Matt was having a bad day, but he tried to remember he was a child of God. I read it eight times, and I got a warm feeling. I know that Heavenly Father knows me and all my problems. If I will listen to the still, small voice, He will comfort and help me. I know I am a child of God.

Teigan P., age 9, Alberta, Canada



Volume 40 Number 8
August 2010

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THE *Friend*

See the
Guide to the *Friend*
on page 48 for
family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

Stories and Features

- IFC Friends by Mail
 - 2 Come Listen to a Prophet's Voice: Knitting Our Hearts Together / President Henry B. Eyring
 - 4 Birthday Standards
 - 6 A Year on Temple Square: The Church Plaza
 - 8 Thunder in the Night
 - 11 Special Witness: Elder Jeffrey R. Holland
 - 12 Bulletin Board
 - 14 Queen Esther Saves Jehovah's People
 - 17 Friend to Friend: Sister Barbara Thompson
 - 18 Following Their Dreams: Rachel and Nathan P. of Ledyard, Connecticut
 - 20 We're All Shoes
 - 22 Cooking Up Activity Day Fun
 - 24 Who Wants to "Play"?
 - 26 Naaman Learns to Obey
 - 29 Bright Idea
 - 30 Trying to Be Like Jesus
 - 36 A 10-Year-Old Teacher
 - 38 Our Creative Friends
 - 40 August Sharing Time Theme: Jesus Christ Is the Son of God, and He Is a God of Miracles
 - 42 Matt and Mandy
 - 44 Bearing Another's Cares
 - 47 Friends in the News
 - 48 Guide to the *Friend*
 - 49 Our Savior, Jesus Christ

For Little Friends

- 32 New Friends, Old Friends
- 34 Finding New Friends
- 35 What Am I?

Verse

- 10 Portrait of a Prophet

Things to Make and Do

- 16 Funstuf
- 23 Kitchen Krafts
- 23 Faith in God Challenge
- 28 Funstuf
- 36 The Plan of Salvation
- 43 Funstuf
- 46 Coloring Page

Cover by Mark Robison

Chad Phillips took some of the photographs for the story "Bringing the Book of Mormon to Life" in the May 2010 issue. His name was not listed correctly in the photo credit. Here is one of the photos he took.



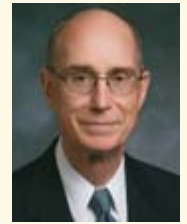
Look for the *Friend* mouse to see which features are online at friend.lds.org.



Hidden CTR Ring

Clue:
Always tell the truth.

Knitting Our Hearts Together



By President
Henry B. Eyring
First Counselor in
the First Presidency

I was invited to kneel at bedtime with a family when I was a guest in their home. The smallest child was asked to be voice. He prayed for every person in the family, by name. I opened my eyes for an instant to see the faces of the other children and the parents. I could tell that they were joining their faith and their hearts in that little boy's prayer.

The miracle of unity is granted to us as we pray and work for it. Our hearts will be knit together in unity.

In Mosiah we read: "And he commanded them that there should be no contention one with another, but that they should look forward with one eye, having one faith and one baptism, having their hearts knit together in unity and in



love one towards another" (Mosiah 18:21).

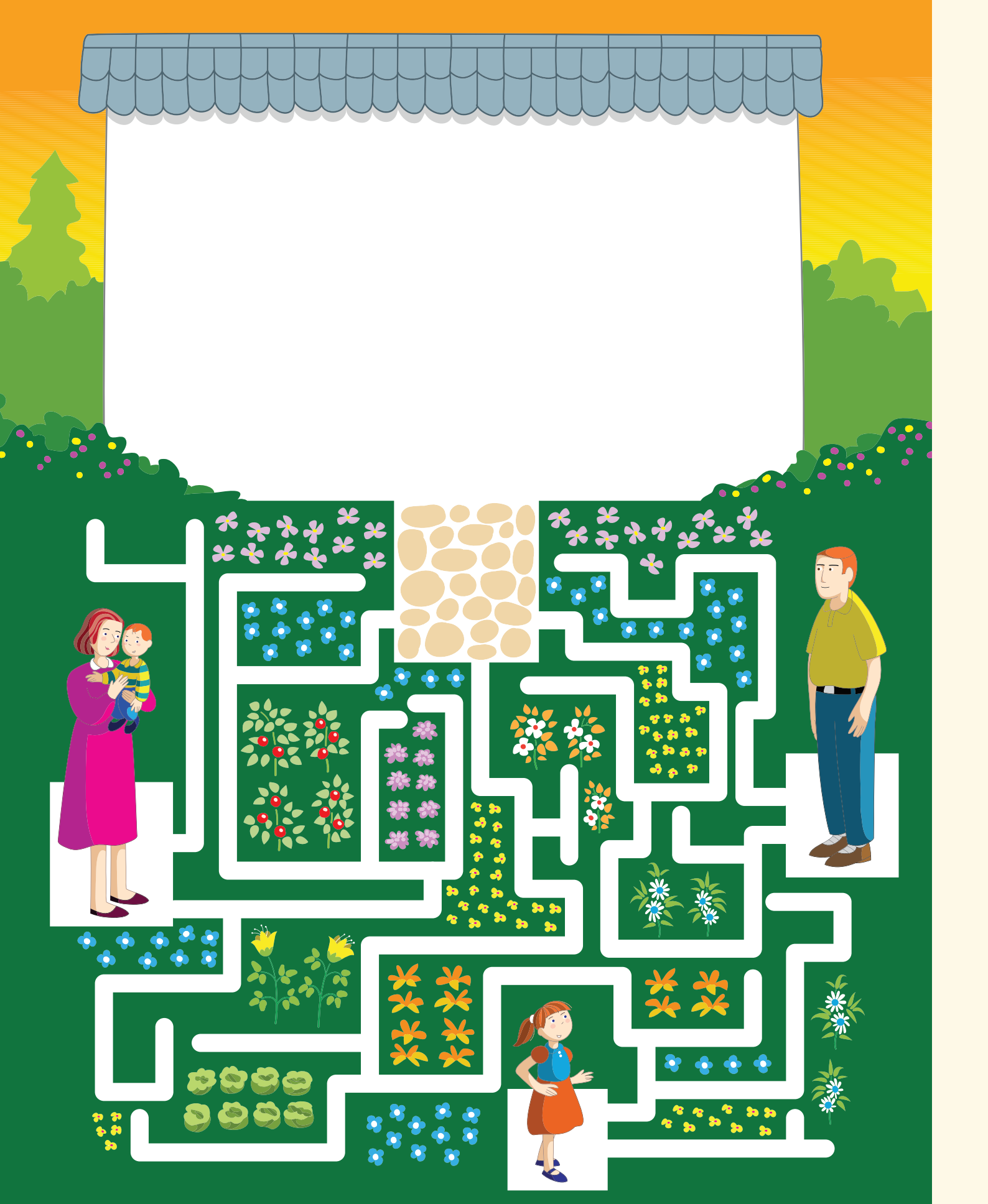
The children of God have more in common than they have differences. Speak well of each other. You might remember your mother saying—mine did—"If you can't say anything good about a person, don't say anything at all." I can promise you a feeling of peace and joy when you speak generously of others.

I bear you my solemn witness that God the Father lives. He hears and answers our prayers. The Savior Jesus Christ lives and reaches out to us in mercy. This is His true Church. President Thomas S. Monson is the living prophet of God. If we are united in sustaining him with all our hearts, with willing obedience, we will move together in power to go wherever God would have us go and to become what He wants us to be. ♦

From an October 2008 general conference address.

FAMILY UNITY

The family in the maze wants to be united. Find the way for each family member to get to the same path. Then draw a picture of your own family in the house.



Birthday



By Jane McBride Choate

(Based on a true story)

I'll stand for truth. I'll stand for right. The Lord can depend on me (*Children's Songbook*, 162).

Lisa could hardly wait until Stephanie's birthday party. The invitation promised fun games and tasty refreshments. Lisa carefully wrapped the stationery set she'd chosen for Stephanie and tied a purple ribbon around it.

When all the girls got to Stephanie's house, Stephanie led them to the garage. It was decorated with crepe-paper streamers, and a brightly colored piñata hung from the rafters.

The girls took turns swinging at the piñata with a

papier-mâché stick. Lisa gave the piñata a whack, but it didn't break. When it finally broke, small candies spilled out, and everyone scrambled for them, laughing and squealing.

"We need some music," one of the girls said.

Stephanie turned on a CD player. The music was loud, and the singer was singing some bad words. Lisa grew more and more uneasy. Finally, she couldn't stand it any longer. "I need to go home," she whispered to Stephanie.

Stephanie looked surprised. "What's wrong?"

"The music is making me really uncomfortable," Lisa said.

Standards



Stephanie looked disappointed, but Lisa knew she needed to leave. She called her mother and told her what was going on.

"I'll be right there," her mother said.

Lisa went to wait outside. But soon Stephanie and the other girls joined her on the front porch. "We turned off the music," Stephanie said. "Please don't leave."

The rest of the girls nodded in agreement.

"None of us liked it," Stephanie admitted. "We just didn't have the courage to say so."

Lisa smiled. "Let me call my mom back before she leaves to tell her I'll be staying after all."

Stephanie threw her arms around Lisa. "Thanks for staying. The party wouldn't be the same without you."

Lisa hugged her friend back. Standing up for her standards hadn't been easy, but she was glad that she had. ♦

"I will only listen to music that is pleasing to Heavenly Father."

My Gospel Standards



The Church Plaza



Come with us this month for a look at an important place on Temple Square.

By Jennifer Maddy
Church Magazines



On a warm and breezy day in August, Alyssa and Hayden R. from Layton, Utah, enjoyed an afternoon on the Church Plaza. The plaza is right next to Temple Square. It connects many of the buildings in the area, including the Church Office Building, the Church Administration Building, and the Joseph Smith Memorial Building. The plaza has flowers, fountains, and peaceful walkways for visitors to enjoy. Let's join Alyssa, age 9, and Hayden, age 7, as they enjoy the sights of the plaza.

About 500,000 flowers are planted on the plaza every year. There are 750 kinds, and they originated in more than 100 countries. The Church has a facility where 300,000 plants are grown. That's a big greenhouse!

Sister Andrea Augenstein is a service missionary who gives garden tours on the plaza. She pointed out many different kinds of plants and flowers.



Tangling with a lion at the Joseph Smith Memorial Building!



Hayden and Alyssa walk along the reflecting pool. The water in the reflecting pool is calm, and can bring peace to visitors.

Hundreds of volunteers donate 14,000 hours of their time each year to help plant



on the plaza. Many Young Women and Young Men groups volunteer on Saturday mornings.



Standing in front of the Church Administration Building, where President Monson's office is.



Because of all the blooming flowers, the plaza often smells very nice!



I'm so glad Heavenly Father made flowers.



Me too!

Thunder in the Night

By Christy Jacobs
(Based on a true story)



The Lord hath comforted his people (Mosiah 12:23).

Sammy, it's time to leave!" Mom called. Sammy closed his book about spiders, put it in his backpack, and raced to the car. He had been waiting all week for his family's camping trip. As they drove along, he could hear his parents talking in the front seat.

"The weather report said we might have a thunderstorm in the next day or two," Dad said to Mom.

"Does that mean lightning?" Sammy asked. Suddenly he wasn't so excited about camping.

"There might be a little rain," Dad explained. "But we'll be careful. We can always get in our car if there's any lightning."

Sammy didn't feel much better. He loved reading about bugs, volcanoes, and even lightning,

but all those things were much less scary on the pages of a book than in real life.

At the campsite, Sammy quickly forgot his fears. He played with his brothers, helped Dad set up the tent, and watched the campfire crackle to life. He went hiking, played games, and roasted lots of marshmallows.

On the last night of the camping trip, Sammy looked up at thousands of stars spread across the sky. A cold wind made him shiver, so he ran inside the tent, snuggled into his sleeping bag, and quickly fell asleep. A few hours later, a loud boom made him jump. Thunder! He ran to the tent door and tried to unzip it.

"Sammy, stay here!" Mom said.

"But, Mom, shouldn't we go get in our car?" Sammy asked. His knees felt wobbly, and he let



Mom pull him onto her lap.

“There are a lot of trees and a big open meadow between us and the car,” Mom said. “I think we’re safer here in the tent for now.”

Sammy started to cry. A bright flash lit up the tent, and then came the crashing thunder. Mom held Sammy close. “The storm will be over soon,” she said. “Let’s ask Heavenly Father to help you not be afraid.”

Sammy slid onto his knees on the hard, bumpy ground. The lightning flashed again, followed by more thunder. “Please help me feel better and not be afraid. Please bless the wind to blow the clouds away so the lightning will stop,” Sammy prayed.

He ended his prayer and got back into Mom’s arms. She held him while they listened to the wind and the rain. Slowly, his shivering and crying stopped.

He jumped when the lightning flared again, but the thunder was much quieter this time. “It’s farther away, Mom!” he whispered.

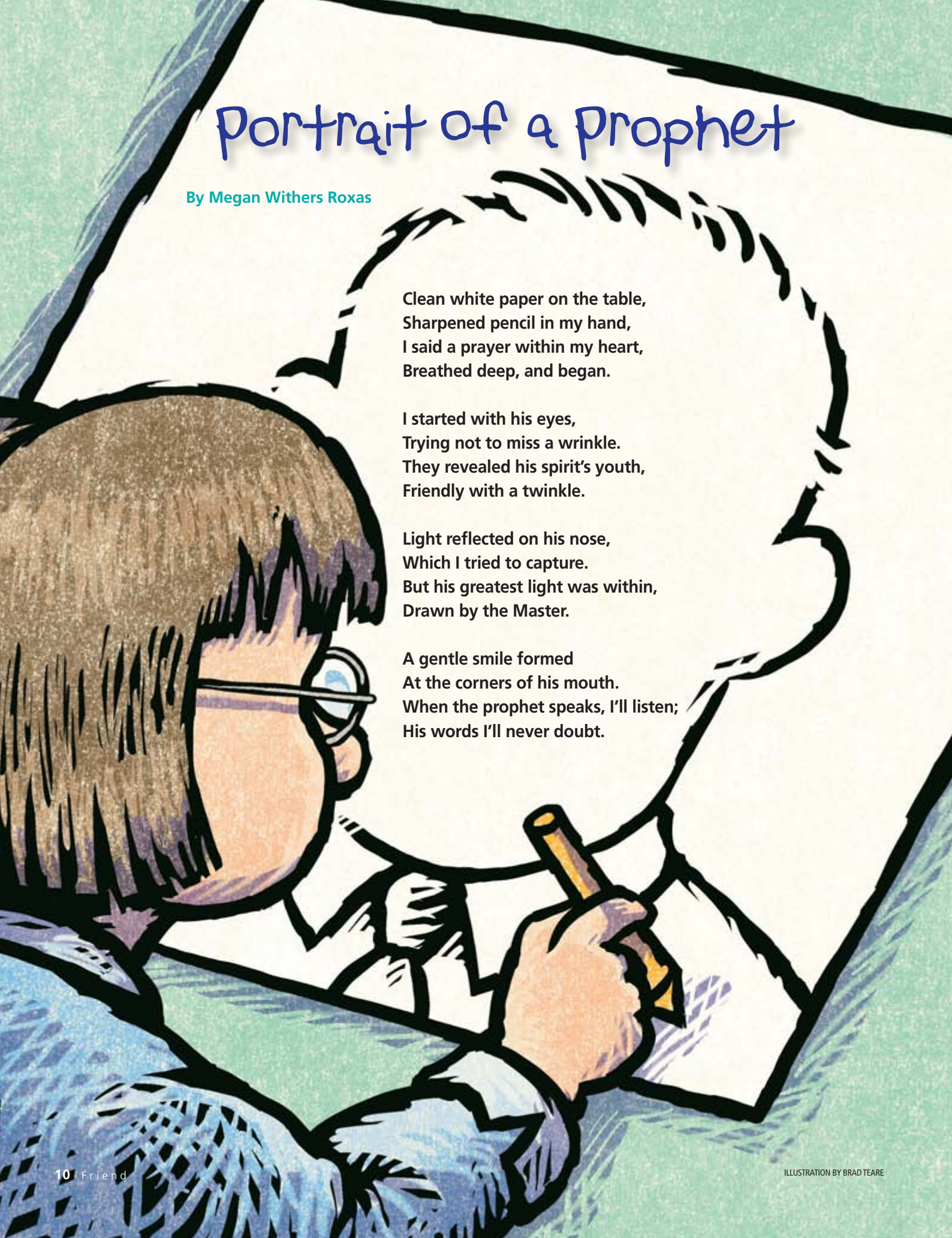
The raindrops were slowing down too. It was several minutes before lightning lit up the tent again, and it was already so far away that they couldn’t hear the thunder.

“Heavenly Father answered your prayer,” Mom said.

Sammy smiled in the dark. He still felt a little nervous about the lightning, but he was warm throughout his whole body. His prayer had been answered. The storm was blowing away, and he was safe. Best of all, he knew Heavenly Father loved him and was listening to his prayers, even in the middle of the night when he was far away from home. ♦

Portrait of a prophet

By Megan Withers Roxas

An illustration of a person with short brown hair and glasses, seen from the side, drawing a portrait on a white sheet of paper. The person is holding a pencil and is focused on their work. The background is a simple green and blue wash. The portrait being drawn is a simple line drawing of a person's head and shoulders.

Clean white paper on the table,
Sharpened pencil in my hand,
I said a prayer within my heart,
Breathed deep, and began.

I started with his eyes,
Trying not to miss a wrinkle.
They revealed his spirit's youth,
Friendly with a twinkle.

Light reflected on his nose,
Which I tried to capture.
But his greatest light was within,
Drawn by the Master.

A gentle smile formed
At the corners of his mouth.
When the prophet speaks, I'll listen;
His words I'll never doubt.

What will help me keep the promises I make when I am baptized?



Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

Pray to your Father in Heaven for help.



We have three members of the Godhead—the Father, the Son, and the Holy Ghost—helping us because of the covenants we have made.



To remind us of those covenants, we partake of the sacrament each week.



The power of your covenants is greater than the power of temptation.



Talk to your mom and dad.

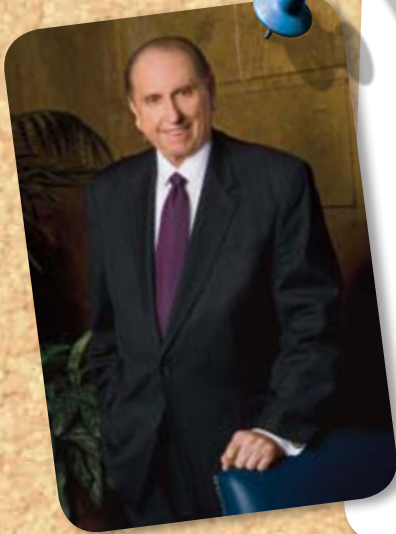


Study the scriptures. . . . Obey the living prophets.

From "What I Wish Every New Member Knew—and Every Longtime Member Remembered," Ensign, Oct. 2006, 12, 14; "Sanctify Yourselves," Ensign, Nov. 2000, 39; "Whom Say Ye That I Am?" Ensign, Sept. 1974, 8.



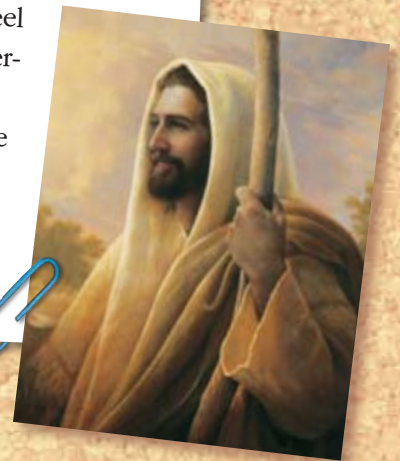
Bulletin Board



“I know without question, my brothers and sisters, that God lives. I testify to you that this is His work. I testify as well that our Savior Jesus Christ is at the head of this Church, which bears His name. I know that the sweetest experience in all this life is to feel His promptings as He directs us in the furtherance of His work. . . . I testify that each one of us can feel the Lord’s inspiration as we live worthily and strive to serve Him.”

—President Thomas S. Monson

(“Looking Back and Moving Forward,” Ensign, May 2008, 88.)



TOURNAMENT

On page 18 you can read about the archery competitions that Rachel and Nathan P. participate in. The tournaments can last all day. So when the siblings compete, they need a quick snack to keep their energy up.

1/2 cup raisins

1/2 cup dried cranberries

1 cup salted peanuts

2 cups pretzel twists

1/2 cup plain candy-coated chocolates

3/4 cup peanut candy-coated chocolates

1. Wash your hands.
2. Pour all the ingredients into a large bowl or plastic zip bag. Stir the ingredients in the bowl or shake the bag to mix.
3. Put individual servings into small zip bags to carry along for a trip to the park or a long ride in the car.

Investigating the Scriptures

Do you know how to be a “scripture investigator”? The children of the Central Falls Ward in Providence, Rhode Island, learned how. First their Primary president, Sister Heather Smith, taught them the questions an investigative reporter asks: Who? What? Where? How? and Why? Then they used those questions to “investigate” the topic of baptism. They applied their new skills to investigate Matthew 3:13–17, and here’s what they found out:

Who: Jesus and John the Baptist

What: baptism

Where: the River Jordan

How: by immersion

Why: to fulfill all righteousness



For these children, studying the scriptures is also a great way to practice their reading skills. Many of their parents were born in Cape Verde, an island off the coast of Africa. At home, some of the children speak Portuguese and a language called Creole. At school and church, they speak and read English. But whatever language they’re using, they enjoy learning from the scriptures!

TRAIL

MIX

What are some stories from the scriptures that you really enjoy? Take some time this month to read a few of them. Then pick one story and write in your journal about why you like it.

**JOURNAL
JUNCTION**



The account of
Esther is found in
Esther 2–9.

Queen Esther Saves Jehovah's People



Jehovah is another name for Jesus Christ. He is Heavenly Father's oldest son. Heavenly Father directed Him to create the world and to help people return to Heavenly Father's presence.

When *Jehovah* speaks to people, He says what Heavenly Father would have Him say.

In the Old Testament, *Jehovah* is usually referred to as "the Lord." After He was born in Bethlehem, He was known as Jesus Christ.

God, our Heavenly Father, is the father of our spirits. He loves and watches over us always. We worship Him and pray to Him.



By Diane L. Mangum

Esther nervously walked into the grand palace at Shushan. Beautiful banners hung from tall pillars. The marble floors were red, blue, black, and white. Even the drinking cups were made of gold. Then she saw the king sitting on his great throne.

King Ahasuerus ruled over all of Persia. He had commanded that the loveliest young women in the kingdom be brought to the palace so he could choose a new queen. Esther was one of those beautiful young women.

Esther had been raised by her cousin, Mordecai, after her parents died. Mordecai told Esther not to tell anyone at the palace that she was a Jew. The Jews believed in *Jehovah*, but the king did not.

When King Ahasuerus saw Esther, he chose her above all the other young women. He made her the new queen. Now Esther would wear rich

clothing and a royal crown. But she could not return to her home or worship God openly.

Every day Mordecai came to the palace gate to find out if Esther was all right. One day Haman, the king's chief minister, saw him. Haman demanded that Mordecai bow down to him. But Mordecai refused. He bowed only to God.

Haman was furious. He told the king that the Jews would not obey the laws and should be killed. The king sent out a decree that all of the Jews in the kingdom were to be killed.

When Queen Esther heard about the awful decree, she sent word to Mordecai. What should they do?

Mordecai said that Esther must talk to the king to save the lives of the Jewish people. He said that Esther had a special mission to perform. Perhaps she had been chosen as queen so she could save the people who believed in *Jehovah*.



Esther was frightened. Anyone who went to see the king without being invited could be put to death—even the queen. Esther gathered her courage and faith. She told Mordecai to ask all the Jewish people to fast with her for three days.

After three days Esther dressed in her royal robes and went to the door of the throne room. King Ahasuerus saw her and beckoned for her to come

and talk to him. Esther invited the king and his minister Haman to a banquet.

At the banquet Esther told the king how Haman had plotted to kill the Jews. She said that she was Jewish too. King Ahasuerus was very angry. He could not take back the decree, but he quickly sent riders on mules and camels

with a new decree. It said the Jews could defend themselves against anyone who tried to kill them. The lives of many Jews were saved.

Throughout the land the Jewish people celebrated the courage of Queen Esther with a great feast called Purim. ♦

The *Old Testament Visual Resource* DVDs offer more than 300 multimedia helps for teaching the Old Testament.

The three-DVD set (item no. 00492) contains music, videos, charts, quotations from Church leaders, and *Old Testament*



Stories for children. It is available in English, Portuguese, and Spanish from Distribution Services.



Lending a Helping Hand

As followers of Jesus Christ, the Lord expects us to help others when they are in need. When we serve others, we also serve God (see Mosiah 2:17). Try to find the 10 differences in these two photos of people helping after a hurricane. Answers on page 48.



A Special Feeling of Peace

By Sister Barbara Thompson

Second Counselor in the Relief Society
General Presidency

I knew it, and I knew that God knew it, and I could not deny it (JS—H 1:25).

When I was eight years old, our family went on a vacation to the state of New York. I learned that many important events in Church history took place there.

My parents had taught us about Joseph Smith and his prayer to seek wisdom from God. They taught us about Joseph's experience in the Sacred Grove. They also taught us about the gold plates that were buried in the Hill Cumorah. We had heard these stories many times before in family home evening, in Primary, and in our church meetings.

When we got to New York, we visited the site where Joseph Smith lived with his parents and brothers and sisters. We were reminded that the Smith family loved the Bible and often read from it and prayed together. Then we went down the lane to the grove of trees where Joseph went to ask Heavenly Father which church was His true church.

As our family walked into the Sacred Grove, my heart began to pound. There was a peaceful, wonderful feeling there. I felt something very

special as I thought about Joseph Smith and his prayer for wisdom. He actually saw our Heavenly Father and His Son, Jesus Christ. I knew it was true. My parents later explained that the special feeling I felt was the Holy Ghost.

Since that time, my testimony of the truthfulness of this event has grown much stronger. As a missionary in Germany, I had the opportunity to tell many people about Joseph Smith, the Restoration of the gospel of Jesus Christ, and the coming forth of the Book of Mormon. Each time I testified of the truthfulness of these important events, the Holy Ghost would bear witness to my heart that Joseph Smith really did see God the Father and His Son, Jesus Christ.

When we hear something that is true and will be for our benefit, the Holy Ghost will tell us it is true by a special feeling of peace or a voice in our minds or in our hearts. We will have a quiet assurance that what we are hearing or experiencing is true.

From these and many other experiences, I know that The Church of Jesus Christ of Latter-day Saints is true. I know God lives, and I know He answers our prayers. ♦



Following Their Dreams

By Jan Pinborough
Church Magazines

Have you ever dreamed about being in the Olympics? Rachel and Nathan P. have—but their dreams are not about twirling across the ice or lunging across the finish line. At “Dress for Your Dreams” day at school, they dressed for the Olympic event they dream about—archery.

It’s a sport they practice about four times a week. Nathan, age 10, first tried archery at Cub Scout camp a few years ago. Then Rachel, age 12, discovered that she liked it too. Now they’re both winning trophies and medals at regional and national archery tournaments.

Rachel and Nathan live in Ledyard, Connecticut, not too far from the ocean. When they practice in their backyard, they each shoot 72 arrows. If it’s rainy or cold, they practice in their basement.

Being New

Rachel and Nathan also share a love for school—and the memory of how it feels to be the new kid. Three years ago, their family moved to Connecticut from Las Vegas, Nevada. Nathan quickly found a best friend who looks

so much like him that people often think they are twins. He was also super excited about living where it snows, especially because his new front yard has a built-in sledding hill.

For Rachel, it wasn’t quite as easy. “By third grade, the kids at school already had all their friends,” she remembers. Finally she began making friends from other classes at recess. The children in Primary were very welcoming to both Rachel and Nathan.

Moving On to Young Women

Rachel is already in the Beehive class in Young Women. But her birthday is in January, so she is still in Primary for class time.

She used to feel sad that she didn’t get to go to Sunday School with the girls who were a few months older. One reason she feels better about it now is that her Primary class is studying the

Doctrine and Covenants. “It’s really interesting, and that helps keep me from thinking about not being in Sunday School,”

Rachel says.

Rachel is also happy that she can

Nathan’s Likes

Cheese and dark chocolate
(but not together!)

Cub Scout loops and Pinewood Derby
Wiggling his ears

Wearing green



still be in Primary class with her friend Marissa. “If I had moved on completely, she would have been left in a class with no other girls,” Rachel says.

Her positive attitude fits right in with one of her favorite scriptures: “I will go and do the things which the Lord hath commanded” (1 Nephi 3:7).

Both Rachel and Nathan are kind and helpful. Rachel likes helping classmates who are having trouble with math.

She hopes to be a teacher someday. And Nathan watches out for a boy in his class who has special needs. With kindness and hard work, these two great kids are right on target to make their dreams come true! ♦



Rachel and Nathan's Tips for Getting Along

Rachel and Nathan have many interests in common, like reading fantasy books and playing the piano. But they don't agree all the time. When Rachel and Nathan can't decide on which video game to play, here's how they prevent arguments:

- * First, they choose their top three choices. If they have one in common, they play that one.
- * If that doesn't work, each person tells his or her reasons for wanting to play a certain game.
- * If that still doesn't solve the disagreement, Rachel says, “we put several games in a hat and draw one out.”

Rachel's Likes

Peanut butter and honey
Playing the piano in Young Women
Writing poetry
Drawing





By Sarah Cutler
and Ryan Johnson
(Based on a true story)

We're All Shoes

*The Lord God giveth light
unto the understanding;
for he speaketh unto
men according to their
language, unto their
understanding
(2 Nephi 31:3).*

The children in Ryan's new neighborhood were from all over the world: Australia, Canada, Egypt, England, India, Kuwait, Mexico, Saudi Arabia, Scotland, the United States, and Vietnam.

Ryan had been amazed to meet people from so many places, but he noticed that sometimes children in the park played only with other

children who spoke the same language. Ryan couldn't understand why everyone didn't want to play together, no matter where they were from or what language they spoke. Sometimes children from one country would be mean to children from another country. That made Ryan sad.

Ryan wondered what he could do, but it was hard to think of anything. He couldn't just tell everyone to be friends—because they spoke so many different languages, they wouldn't understand.

One day Ryan's family took a walk down the street. Some of the boys who had been mean were



outside. One of them was holding a soccer ball. Ryan liked to play soccer too. Getting up his courage, Ryan walked over to the boys. He knew a few words of their language, and they knew a little of his. Ryan and the boys started smiling and laughing as they tried out the different languages. Then Ryan pointed to the soccer ball. “Do you want to play soccer with me?” he asked slowly, hoping they would understand. He smiled extra big.

The boys looked at him, then at each other. They talked for a minute, but Ryan couldn’t understand the words. Then they looked back at Ryan and nodded. Ryan grinned, and

they ran to the nearby park. Ryan waved to his friends who spoke English, and a little shyly they walked over. One boy set down the soccer ball, and the game began.

A while later Ryan took a quick break to run home for a drink of water.

“How’s it going out there?” Mom asked.

“Great!” Ryan said. “It’s like this, Mom. We’re all shoes!”

“Shoes?” Mom asked.

“Sure. We’re all different, but we all wear two shoes—and that’s all you need for soccer.”

“Good discovery,” Mom said. “You’re all children of Heavenly

Father, and you’re more alike than you think.”

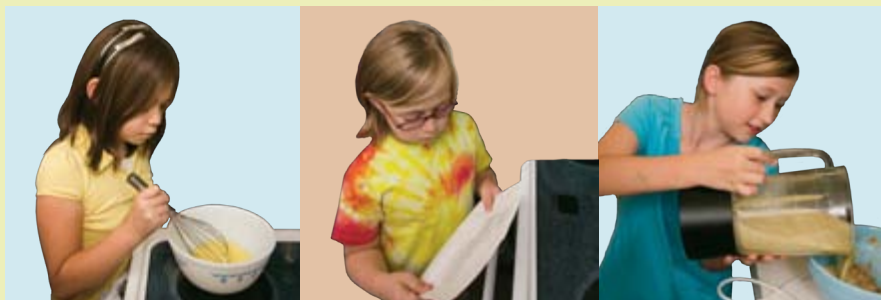
Ryan waved as he ran back out the door to play with his new friends.

“We need to extend the hand of friendship.”¹

President Howard W. Hunter (1907–95)



After that day the children in the neighborhood went to the park every Thursday to play soccer together. It didn’t matter what languages they spoke or where they were from—they were all shoes, and that was enough. ♦



Cooking Up Activity Day Fun



They might look like ordinary girls, but today they're actually chefs in training. About once a month, these activity day girls from the Whittier Ward in the Salt Lake Wells Stake try out a recipe from the *Friend*. "Cooking is much more fun if you do it together!" said Annika C., age 11.

Today the girls went bananas making banana chocolate-chip bread and funny banana faces. You can see their bread recipe on the page to the right.

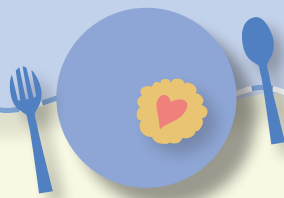
These girls know quite a few different languages. That's because some of their parents are from Tonga, Tahiti, Germany, Norway, Ecuador, Mexico, and the Dominican Republic. They have lots of fun together doing things like riding their bikes and playing Fox and Geese in the snow.

They also enjoy learning about the gospel together. One week the full-time missionaries taught them about following the promptings of the Holy Ghost. The girls took turns wearing a blindfold and trying to follow a voice directing them which way to go.

One of their most special activity days helped them get ready for the dedication of the Oquirrh Mountain Utah Temple, which was to be televised at their stake center. Their leader, Sister Pam Carson, told them about the temple dedication and gave each of the girls a white handkerchief. The girls were able to use those handkerchiefs for a special part of the temple dedication.

Whether they are learning about the gospel or cooking up a treat in the kitchen, these girls agree that it's always more fun when they're together.





CHOCOLATE-CHIP BANANA BREAD

1/2 cup margarine, at room temperature

1 cup sugar

2 eggs

2 cups flour

1 teaspoon baking soda

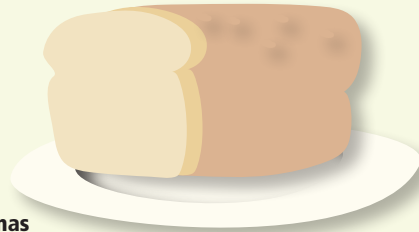
1 teaspoon salt

1 cup mashed very ripe bananas

1/2 cup plain yogurt

1 teaspoon vanilla

1/2 cup chocolate chips



1. Wash your hands. Preheat oven to 350°F (177°C). Butter and flour a 9 x 5 x 3-inch (23 x 13 x 8-cm) loaf pan.
2. Mix the butter and sugar in a mixing bowl until they are light and fluffy. Mix in the eggs.
3. In another bowl, mix the flour, baking soda, and salt. Mix them into the butter mixture. Mix in the bananas, yogurt, and vanilla. Stir in the chocolate chips.
4. Pour the batter into the pan. Sprinkle a few more chocolate chips on top.
5. Bake the bread 55–60 minutes. Let it cool in the pan for 10 minutes, and then turn it out onto a rack to cool.

2



3



4



Faith in God Challenge

A “LEARNING AND LIVING THE GOSPEL” ACTIVITY

One of the Book of Mormon prophets who taught about Jesus Christ was King Benjamin. He gave a speech to his people, foretelling the mission of Jesus Christ. Every single person who heard the speech promised to follow Christ.

- * Find King Benjamin’s speech in Mosiah 2:1–6:2, and read a few verses of it each day.
- * Use a scripture marking pencil to mark the name *Christ* wherever you see it.
- * Tell someone about what you learned from King Benjamin’s speech.



WHO WANTS

Putting on a play is a great boredom-buster for a rainy Saturday. And it's a fun family home evening activity too. The play "Naaman Learns to Obey" is on pages 26–27 of this issue of the *Friend*. Here's how to plan your play.

1

Invite some friends or family members to be in the play. For "Naaman Learns to Obey" you will need at least four people.

2

Write the names of the parts on slips of paper and put them in a bowl. Take turns drawing them out. For four people, here is how to combine the parts:

1. Narrator, 2. Naaman/King of Israel,
3. Elisha/Naaman's servant, 4. Girl/King of Syria/Elisha's messenger.

If you have fewer than four people, you can use puppets instead.



3

Find a simple costume for each of your parts. (For example, a king could wear a paper crown. Naaman will need spots made of stickers or tape that are easy to remove.)

4

Learn your lines.

Say them in front of a mirror and move your face or your arms to make it look natural.



TO "PLAY" ?

Write us a letter and send us a photo to show how your play turned out. We'll print some of your letters and pictures in an upcoming issue of the *Friend*. Turn to page 48 to find out how to send us your letter.



5

Find a place to have your play. It could be a room or somewhere outside.



6

Have at least two rehearsals. For the last one, have everyone wear their costumes and bring their props. This is called a dress rehearsal.

7



Make posters announcing your play, or hand out invitations or tickets to friends and neighbors.

8

For the performance, you might want to make popcorn or other refreshments for your audience.

9

Have fun putting on your play!



A play based on 2 Kings 5:1–15.



By Gayle E. Walker

Parts: 1. Narrator, 2. Naaman, 3. Israelite girl, 4. King of Syria, 5. King of Israel, 6. Elisha, 7. Elisha's messenger, 8. Naaman's servant

Costumes: Make a simple costume for each part, such as paper crowns for the two kings. Naaman will need spots made of stickers or tape that are easy to remove.

Props: 1. Two letters and two chairs decorated like thrones, 2. A long piece of blue fabric for the River Jordan

Scene 1 (Naaman's house)

NARRATOR:

Long ago in Syria there lived a man named Naaman [*enter Naaman, his side to the audience*]. He was so valiant that the king made him the captain of his army. But Naaman had one problem. He had leprosy [*Naaman faces the audience*]. The sore spots on his skin kept getting worse and worse. He might even die. But a young girl from the land of Israel [*enter girl*] was a helper to Naaman's wife. The girl knew something very important.

GIRL:

In Israel there is a prophet. If Captain Naaman goes there, the prophet will heal him.

NAAMAN:

Could this be true?

Scene 2 (The two kings' throne rooms)

NARRATOR:

When the king of Syria heard about what the young girl had said, he wrote a letter to the king of Israel.

KING OF SYRIA: [*writing a letter*]

Dear king of Israel, the captain of my army is coming to your land. He is sick. Please cure him [*exit king*].

KING OF ISRAEL: [*holding a letter*]

I don't know how to heal people. I am just a king. I am not a prophet.

Idea:

Maybe the king of Syria could fold his letter into an airplane and "sail" it to the king of Israel!

Idea: Two helpers can hold the blue fabric next to the floor in front of Naaman, moving it to make it look like rippling water.



NARRATOR: [*enter Elisha*]

Elisha the prophet heard about the letter.

ELISHA:

Don't worry, King. Send Naaman to me. I will help him get better. Then he will know that God lives and that there is a prophet in Israel.

KING OF ISRAEL:

That is what I will do [*exit king and Elisha*].

Scene 3 (Elisha's house)

NARRATOR:

Naaman came to the house of the prophet Elisha [*Naaman enters and knocks on the door*]. Elisha's messenger came to the door to tell Naaman what to do to get better.

MESSENGER:

The prophet Elisha says you should go to the River Jordan and wash yourself in the river seven times. Then your skin will be all better [*exits*].

NARRATOR:

But Naaman did not like this idea.

NAAMAN:

I am angry! I want the prophet to come out of his house and pray out loud so my sores will go away. I do not want to wash in the River Jordan. I like the rivers in my land better. Why can't I wash myself in one of them? I think I'll just go home.

NARRATOR:

Then Naaman's servant said a really smart thing.

SERVANT:

Sir, why don't you go to the River Jordan and do what the prophet said? If the prophet told you to do something very great and important, you would do it. But he only told you to do a simple thing. It isn't hard. Why not try?

NAAMAN:

Hmm.

Scene 4 (The River Jordan)

NARRATOR:

Naaman went to the River Jordan [*Naaman steps into the water*]. He dipped himself in the water [*Naaman*

dips down and then stands back up]. But the

sores were still there. He dipped himself again.

NAAMAN:

Two.

NARRATOR:

But the sores were still there. He dipped again and again and again.

NAAMAN:

Three, four, five.

NARRATOR:

Still he saw the sores. He dipped himself again.

NAAMAN:

That makes six.

NARRATOR: [*asking the audience*]

How many times did the prophet say Naaman should go into the water? [*pausing for the audience's answer*]

Finally, Naaman went down into the water one last time.

NAAMAN: [*back to the audience, dipping slowly while removing spots*]

Seven!

NARRATOR:

Naaman had done exactly what the prophet said to do. He looked at his skin. His leprosy sores were completely gone! [*Naaman turns around*] His skin was as soft and clean as when he was first born. Now he knew that God had a prophet in Israel. He went all the way back to the prophet's house to tell the prophet what he had learned.

Scene 5 (Elisha's house)

NAAMAN:

Now I know there really is a God of all the earth, so I will follow Him.

ELISHA:

That is good.

NARRATOR:

And because Naaman was valiant, that is just what he did.

[Read about how to put on a play on page 24!](#)



Missionary Mail

By Chad E. Phares

There are more than 50,000 missionaries from The Church of Jesus Christ of Latter-day Saints preaching the gospel all over the world. Read these missionary letters and try to match the description on the letter to its correct stamp.

Brrr! It sure is cold here, but we get a warm feeling every time we bear our testimonies. Did you know it snows seven months out of the year here? Luckily we have our shapkas to keep our heads dry when it snows. Even though some missionary work was done here in the early 1900s, missionaries had to leave and they were not allowed in the country again until 1990. I wonder if the missionaries back then saw the same big, colorful building in the city that we see almost every day now.

Buon giorno,
Thanks for the letters. I love to read them. It is humbling to be serving the Lord as a missionary in the same area where the Apostles Peter and Paul also did missionary work around 2,000 years ago. I am trying to be as bold in declaring the gospel as they were. I spend all day walking and talking to people. I sometimes want to lean back and take a break (especially when I see the "lazy" building near our apartment), but I love the feeling of coming home at the end of every day and knowing I did my best. Ciao!



Hi,
The work is going great here. One of the hardest things about finding people is that this is a big state, so the people who live here are spread out. Fortunately, the members of the Church are helping us find people to teach. I'm grateful we have the freedom to teach the gospel to everyone who wants to hear it. In fact, one of the country's symbols of freedom is located in my mission.

Hello,
I am having such a wonderful experience as a sister missionary. One of the greatest things about serving a mission here is that the missionaries I serve with are from several different countries and speak many different languages. Missionary work here is unique. Instead of going out and finding people to teach, people actually come to us. They enjoy looking in the visitors' centers and other nearby buildings. I especially love to testify about eternal families when people see all of the newlywed brides and grooms and ask why they get married here.

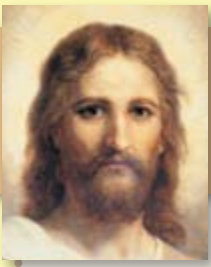


I'm going to be a missionary someday!

“Seek me
diligently and ye
shall **find** me; ask,
and ye shall receive;
knock, and it shall be
opened unto you.”

—D&C 88:63





Trying to Be Like Jesus

Doing the Right Thing



I joined Girl Scouts and have made a lot of new friends. We do lots of fun activities,

but once there was an activity on a Sunday. I really wanted to go because the girls would be learning new songs, eating s'mores, and earning a patch, but I know that Sunday is the Sabbath. I knew that going

to the activity wouldn't be the right choice for me, so I went to church instead. When I saw my friends' new patch at our next Girl Scout meeting I was a little sad because I didn't have one. But I remembered that I had kept the commandment to keep the Sabbath day holy, and that made me happy. Sometimes doing the right thing is hard, but it always feels good afterward.

Sophie P., age 5, Texas

Making Friends

When new students come to school, I try to make friends with them. One day when I was



playing outside my apartment, I saw a boy in an electric wheelchair. Nobody was playing with him. I went over and said hi and told him my name. He told me his name, and we became friends! That made me feel good inside.

Schuyler T., age 12, Utah



Flower Truth

One day at recess my friends and I were picking flowers off a tree. Some girls came up to us and told

us we weren't supposed to pick the flowers. We

stopped picking the flowers and walked away. I told my friends we should tell the truth. We told a teacher that we had been picking the flowers for our teacher. The teacher said we could pick the flowers as long as we didn't pull on the branches. I'm glad I told the truth.



Aubree C., age 7, Illinois

Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

A Good Goalie

Once I was playing soccer with my friends. The goalie on the other team was upset because he missed blocking the last shot and his team lost.

The players on his team were angry with him. I felt bad because he is a really good goalie and my friend. I told him that he was a great player and reminded him that he had stopped many goals before. He thanked me for being a good friend.

Harrison T., age 8, New Mexico



Skipping for Good



One day my class was reading out loud from our literature books when one of the

characters used the Lord's name in vain. I asked my teacher if I could skip that spot, and she said yes. I skipped that spot and continued reading. I am glad I was able to be a good example to my friends and classmates.

Annie A., age 9, Arizona

Being an Example

I'm trying to be like Jesus by being baptized. When I turned eight, my dad baptized me. I am a good example for my younger brothers and sister.

Lizzy S., age 8, Delaware



Gospel Information



When I was at my friend's house his mom asked me about the Church.

I told her about Primary and how much fun I have there. I also told her about my parents' class. After I answered her questions I felt good inside. I know I felt the Spirit because I was trying to be like Jesus.

Garrett H., age 7, Nevada

New Friends, Old Friends

By Jane McBride Choate

(Based on a true story)

A friend loveth at all times (Proverbs 17:17).

1. It was Sunday morning, and Lissa was nervous. Her ward boundaries had been changed. That meant she would be going to a new ward today. Dad and Mom saw that Lissa was worried.



3. At church Lissa walked into the Primary room. She saw some of her friends from her old ward, but there were a lot of new faces too. In class Lissa and the other children played a game to help them learn each other's names. The new children seemed nice.

4. After class Lissa found her parents and little brother waiting for her in the hall.

Mom, do you think I can invite the new children to our house on my birthday too?

That's a great idea.



5. That week Lissa and Mom made invitations for children in their old ward and for children in their new ward.



6. On Lissa's birthday, all the children arrived. They played the game she played in Primary so everyone could learn the names of everybody else.



FINDING NEW FRIENDS

Lissa had so much fun making new friends that she wants to make friends with as many children as she can. Help Lissa find new friends by circling all of the children hiding in this picture.



HELPS FOR PARENTS

“Be a friend, and you will have a friend,” said President Gordon B. Hinckley (1910–2008).¹

After reading the story “New Friends, Old Friends” (pages 32–33), help your child complete the activity on this page. Ask your child what are some ways he or she can make new friends.

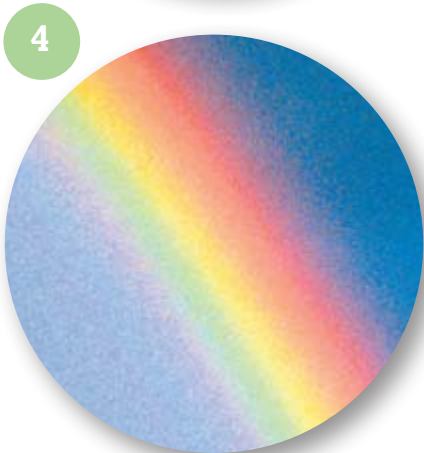
Share a story about a time you worked to make a new friend.

In some cases, your child may need a little extra help to make friends. You can talk to other parents and invite children to your home to play with your child.

NOTE

1. Gordon B. Hinckley, “Strengthening Each Other,” *Ensign*, Feb. 1985, 4.

Heavenly Father and Jesus Christ created everything in this world. Look at these close-up pictures and see if you can tell which creation is being shown.



A 10-Year-Old TEACHER

By Barbie and George Miranda
(Based on a true story)

I will make an instrument of thee in my hands unto the salvation of many souls (Alma 17:11).

Chance skipped into his aunt's home after a long drive. He and his mother and younger brother were excited to be visiting her. "Hi, Aunt Barbie!" Chance exclaimed as he hugged his aunt. "Do you have any crayons and scissors?"

Aunt Barbie smiled and got Chance settled at the kitchen table with the supplies.

As Aunt Barbie made dinner, she glanced at Chance's project. "What are you drawing, Chance?" she asked.

"I'm coloring a picture I got in Primary," Chance said. He carefully filled in the black-and-white figures with bright colors. "After we eat, can we have family home evening?" Chance asked. "I have a lesson I would like to teach."

"That would be very nice," Aunt Barbie said. "Thank you, Chance!"

After dinner Aunt Barbie invited her roommate to join them for family home evening. The roommate wasn't a member of the Church, and she was curious

about the family gathering.

Chance began the lesson by asking, "Where did we come from?" Then he held up a picture he had colored of the spirit world. He asked more questions and showed colorful drawings about Heavenly Father's plan. Finally, Chance asked, "Does anyone know the name of this plan?"

Aunt Barbie's roommate said, "I don't. What is it?"

"It is the plan of salvation," Chance said, smiling. "Because of it, we can be together forever with our family."

After the lesson, Aunt Barbie took Chance aside. "Chance, you just helped my roommate learn about Heavenly Father's plan. Thank you," she said.

Chance didn't say anything for a moment. Then he asked, "Why do I feel funny inside? I feel warm and happy?"

"That is the Holy Ghost testifying to you that what you just taught is true," Aunt Barbie said. "I'm sure Heavenly Father is very happy with you."

Chance got a big smile on his face. He was glad he could teach someone about Heavenly Father's plan of happiness. ♦



The Plan of Salvation

In the story "A 10-Year-Old Teacher," Chance taught about the plan of salvation. Look at the pictures on the next page, and then draw your own on a separate piece of paper. Cut out your drawings, look up the scriptures, and then talk about the plan of salvation with a family member or friend. Or ask your parents if you can talk about it in family home evening.

What is the plan of salvation?

Before we were born, we lived with Heavenly Father as His spirit children. We accepted His plan so we could be born on earth, have a body, and be tested. Heavenly Father would send His Son, our Savior, Jesus Christ, to overcome death and to atone for our sins. By faithfully following Heavenly Father's plan, we can return to Him. (See Abraham 3:23–28.)

Where did I come from?

We lived with our heavenly parents in our premortal life. Sadly, one-third of Heavenly Father's spirit children did not accept His plan. They chose to follow Satan, then known as Lucifer. Lucifer didn't want us to be able to make our own choices. A war of ideas was fought in heaven, and Lucifer and his followers were cast out. You are on earth because you chose Heavenly Father's plan. (See Revelation 12:7–9.)

Premortal Life
D&C 138:55–56



Earth Life
D&C 59:23



Spirit World
D&C 138:5–15



Why am I here?

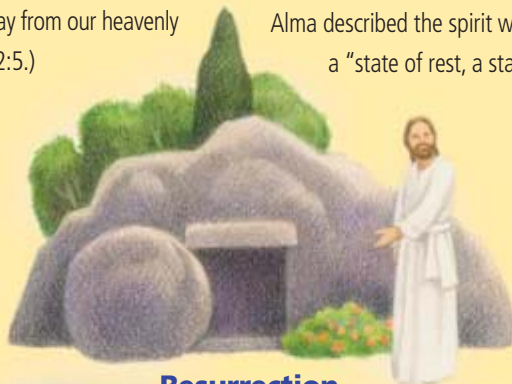
When we come to earth, we gain bodies, live in families, and experience joy as we follow Heavenly Father's plan for us. While we are here, we need to receive the ordinances that will help us return to Heavenly Father: baptism, confirmation, priesthood ordinations for young men, and temple ordinances, including celestial marriage. The Holy Ghost helps guide us to do what is right while we are away from our heavenly home. (See 2 Nephi 32:5.)

Where will I go when I die?

When your body dies, your spirit will continue to live, and it will go to the spirit world. The spirit world is a wonderful place where you will be reunited with your family members who have also passed away. The prophet Alma described the spirit world as a "state of rest, a state of

peace" for the righteous (Alma 40:12).

Through the Atonement of Jesus Christ, all people will be resurrected. Resurrection is when your body and spirit are reunited. After a period of peace called the Millennium, the Lord will judge all people, and most people will enter one of three kingdoms of glory: the telestial, terrestrial, or celestial kingdom. Wicked people who fought against Jesus Christ and denied the Holy Ghost will be sent to a place called outer darkness. (See 2 Nephi 9:15; Alma 40:11–12.)



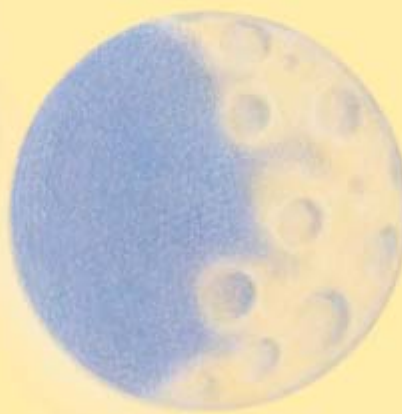
Resurrection
D&C 88:14–17



Final Judgment
2 Nephi 9:15–17



Telestial Kingdom
D&C 76:98–102



Terrestrial Kingdom
D&C 76:77–79



Celestial Kingdom
D&C 76:50–53

Parents

You are the truth,
My shining light
That guides me every day.
You are the loving people
Who teach me how to pray.

I look inside
Your glowing heart
If I want to know
The choices I should make
Or which way I should go.

So when you're feeling lonely
And don't know what to do,
I will run up and give you a cuddle,
And my love I will show to you.

*Jasmine H., age 11, New South Wales,
Australia*

From Cumorah's Hill

Sun overhead,
rich soil beneath,
birds sing songs,
flowering wreath.
Peaceful.
Joseph climbed.

Moroni waited.
The devil so foolish
filled with hatred.
Sun in the clouds,
clouds in the sky.
Joseph met with Angel Moroni.
Sacred.

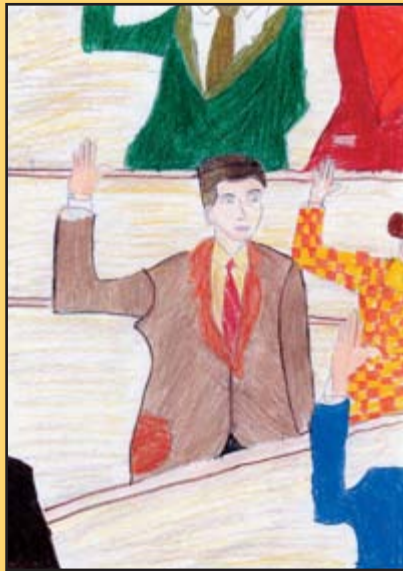
Faithful S., age 10, Colorado

Obedience

It was just the other day,
That I and my friends went off to play.
We went to the ravine;
It was an inviting scene.
I was disobeying my parents.
I wasn't using my common sense.
I was found by my mother.
I had disappointed my Heavenly Father.
I sat in my room.
My heart was full of gloom.
I will not again disobey.
I won't let the Spirit ever go away.

Taylor B., age 9, Utah

Would you like to send us a poem or drawing? Turn to page 48 to find out how.



Kristen G., age 9, Kentucky



Eden M., age 8., Michigan



Kaylee B., age 6, Oklahoma



Manasseh F., age 9, Arizona



Taylor M., age 10, Utah



Kayla O., age 9, California



Micah D., age 8, Pennsylvania



Amber H., age 7, Wisconsin



Devin G., age 11, Georgia



Lincoln F., age 9, South Africa



Phoebe G., age 10, Hawaii



Laura W., age 11, Utah



Korleyan K., age 9, Texas



Eliza P., age 10, Ohio

JESUS CHRIST

Is the Son of God, and He Is a God of Miracles

By Sandra Tanner and Cristina Franco

Many artists use their knowledge and faith in Jesus Christ and their skills and imaginations to create drawings of Him.

Their drawings can help our faith and understanding of Jesus grow.

When we read the scriptures, we can use our imaginations, as artists do, to help us understand what Jesus was teaching.

In the New Testament you will find stories about the miracles Jesus performed when He lived on the earth. One of them is in Mark 4:35–39. Read the story; then imagine you were in the boat with Jesus and His disciples on the Sea of Galilee. Imagine a great storm. The ship rocks to and fro, the wind howls, and the water splashes around you. Imagine what you would be thinking and feeling. Now imagine seeing the disciples as they wake Jesus. Think about how the Lord’s voice sounded when He rose and said, “Peace, be still.” Imagine how



Choose one of these activities, or create your own:

- Help someone else memorize 2 Nephi 27:23.
- Think of a scripture story about another of

Christ’s miracles. Imagine what it might have looked like; then draw pictures of what happened. Share the story and your pictures in family home evening.

- Share your testimony of Jesus Christ by memorizing this month’s scripture and repeating it to someone.
- The illustrations on page 41 show how one artist imagined the miracle of Jesus calming the storm. Cut out the pictures, and mount them on heavier paper. Use the pictures to tell the story in family home evening or to a friend.

How does what you have done help you understand 2 Nephi 27:23?

Write in your journal about what you have done. ♦

the sea looked when the wind stopped blowing and how amazed the disciples were when the wind and the sea obeyed Jesus.

How does reading and thinking about this story help you have more faith in Jesus Christ?

We too can be artists and show our faith and understanding of Jesus by drawing pictures of the miracles He performed and by using our pictures to teach others what we have learned.

August 2010 Scripture Journal

Read 2 Nephi 27:23.

Pray to Heavenly Father to know that Jesus Christ is “a God of miracles.”

Memorize 2 Nephi 27:23.







Partial Pictures

By Amie Jane Leavitt

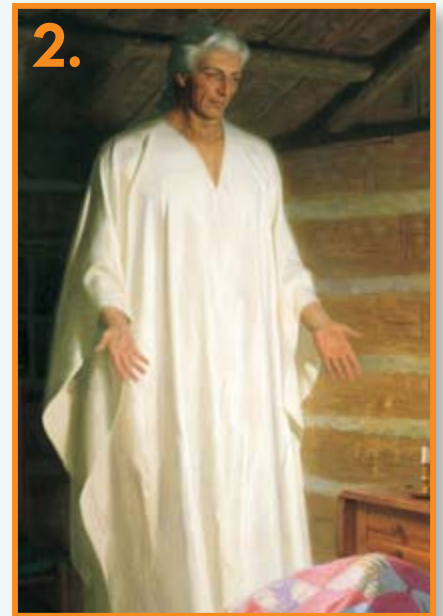
The pictures on this page may look somewhat familiar, but they are not complete. Each of these pictures has been changed so the full picture is not visible. Look up the scriptures to find out which scripture describes which picture. Write the letter of the verse inside the box next to each number.

1.



- A. D&C 27:12
- B. D&C 110:13-16
- C. Joseph Smith—History 1:30-33
- D. D&C 20:8-11
- E. Joseph Smith—History 1:11-12
- F. Joseph Smith—History 1:16-17

2.



3.



4.



5.



6.



Bearing Another's Cares

By Sheila Kindred

(Based on a true story)

Charity suffereth long, and is kind; charity envieth not
(1 Corinthians 13:4).

Lynn dug frantically through her suitcase. “Mom, my teddy bear is missing!”

Mom came in and helped Lynn search through her belongings. “Where did you last see him?” she asked.

“I put Oatmeal in my suitcase before we left Aunt Kathy’s house, but he’s not here,” Lynn said.

“I’ll go call Aunt Kathy,” Mom said. She left the room and Lynn continued to search through her unpacked clothes.

A few minutes later, Mom came back. “Aunt Kathy hasn’t seen Oatmeal,” she said. “But she will keep looking.”

“I bet Kiera did something to Oatmeal,” Lynn muttered. “I bet she gave him to her dog to chew on.”

“Why would you say that about your cousin?” Mom asked.

“Kiera thinks I’m too old to have stuffed animals.”

“Did she say that?”

“No, but she’s only a few years older than I am and

she doesn’t have any stuffed animals at all. She doesn’t even have any dolls. She must think they’re silly. Her room is decorated with Mormonad posters, and she has lots of CDs, jewelry, and clothes.”

When Lynn had seen how grown-up Kiera was, she wanted to be like her. She didn’t want Kiera to think she was a baby because she still had a teddy bear, so she kept Oatmeal in her suitcase most of the time.

But Oatmeal wasn’t in her suitcase now. Lynn felt tears sting her eyes. “Mom, will I have to get rid of my stuffed animals when I graduate from Primary?” she asked.

Mom put her arm around Lynn’s shoulder. “Of course not,” she said. “And don’t give up hope. Oatmeal just might be taking the long way home.”

The next day Lynn wrote a note to Kiera:

Dear Kiera,

Thanks for letting us stay with you. I had a good time.

Love,

Lynn

P.S. Did I leave my stuffed bear there? Let me know soon. Please.

Two weeks went by. Then a package came in the mail for Lynn. It was from Kiera. Lynn tore open the attached letter. It read:

Dear Lynn,

I found your bear under my bed! I think my dog took him out of your suitcase. There was a tear on Oatmeal's arm, but I patched him up good as new. Before sending him home we wanted to make sure he had a good time. He was in a suitcase most of the time you were here and didn't get to do anything. I think he really enjoyed himself, judging by the photos. Please come and see us again soon. We loved having you. And don't forget to bring Oatmeal with you. He has a lot of friends here, just like you do.

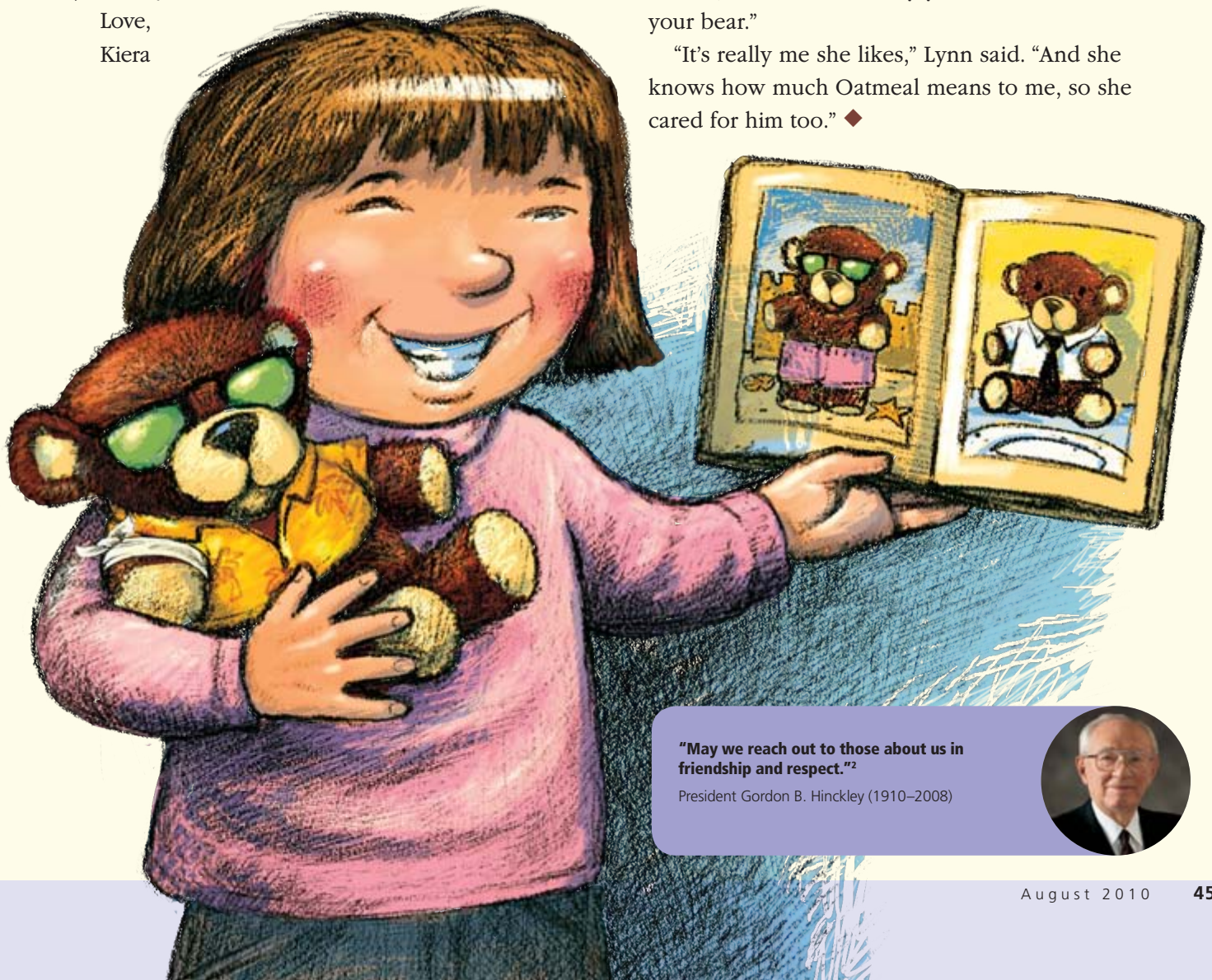
Love,
Kiera

Lynn opened the package and pulled out Oatmeal. He had a neatly patched arm with a bandage, and he was wearing small sunglasses and a doll-sized Hawaiian shirt.

Lynn laughed. "Mom, look at this," she said, pulling out a small photo album. "Look at all the pictures they took of Oatmeal. Here he is making sand castles with some kids on the beach. He's even wearing little swimming trunks. Here he is in a white shirt and tie, eating with the missionaries. Here he is holding a leash and walking the dog. I guess they finally became friends. Looks like Oatmeal had as much fun as I did." Lynn smiled and hugged her bear.

"Yes," Mom said. "I'd say your cousin cares a lot for your bear."

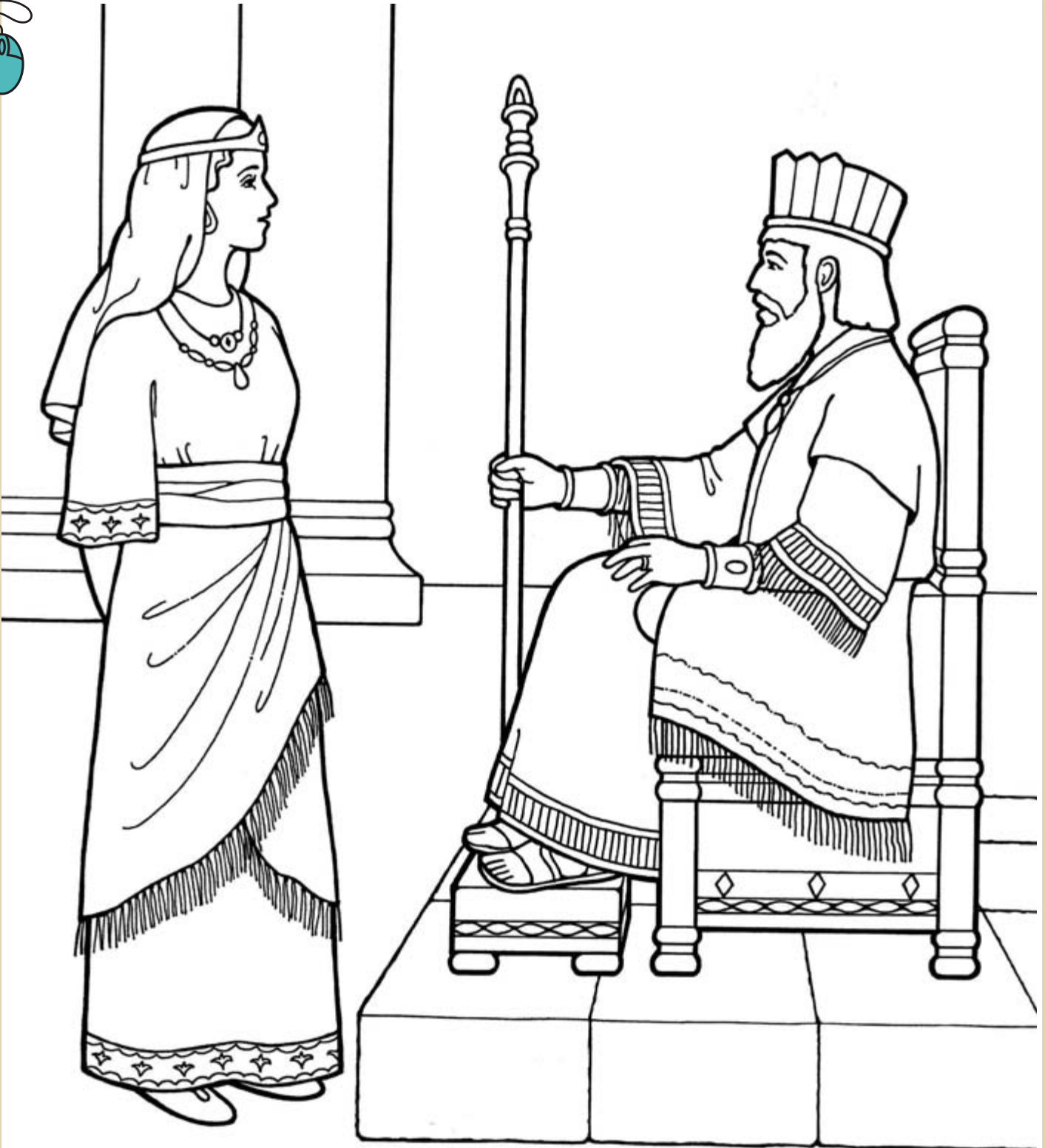
"It's really me she likes," Lynn said. "And she knows how much Oatmeal means to me, so she cared for him too." ♦



**"May we reach out to those about us in
friendship and respect."²**

President Gordon B. Hinckley (1910–2008)





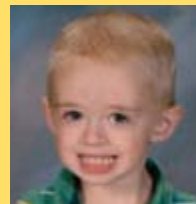
Esther Pleads with the King

And it was so, when the king saw Esther the queen standing in the court, that she obtained favour in his sight: and the king held out to Esther the golden sceptre that was in his hand (Esther 5:2).

Friends in the News



Duluth Stake Primary
 "Primary Temple Day" was an exciting experience for the Primary children of the Duluth Minnesota Stake. They participated in temple-themed activities, games, and songs, then toured the grounds of the St. Paul Temple and even visited with the temple president.



Isaac P., 3, Utah, sets up a tent in the family room to watch general conference like King Benjamin's people. He likes coloring, singing in Primary, reading the Book of Mormon with his family, and going to the library. He helps his family by making dinner with Mom, doing the dishes, and cleaning his room.



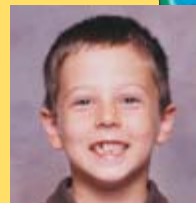
Sabrynna C., 5, Idaho, likes helping her mother, being a good foster sister, and taking ballet. She enjoys hearing stories of Jesus Christ and wants to be a missionary someday.



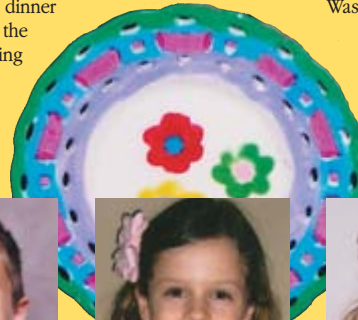
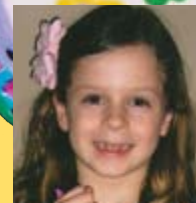
Ashley M., 5, Hawaii, is the youngest of four children. She likes playing with her dogs, Lani and Kui. She enjoys helping in the kitchen and with other chores around the house. One of her favorite Primary songs is "Once There Was a Snowman."



Emmitt, Levi, and Maliyah C., 6, 3, and 2, Victoria, Australia, enjoy attending Primary and learning more about Jesus Christ.



Scott, Caroline, and Mackenzie T., 10, 8, and 5, North Carolina, all like to help out at home. Scott enjoys helping his mom cook, helping his dad do yard work, and reading to his younger sisters. He likes sports and bird-watching. Caroline serves in the family by developing her talents. She likes to make crafts like the decorated paper plate above, draw, paint, sew, dance, and play the piano. Mackenzie is also a good helper and shares her smile with her family. She likes dancing and singing Primary songs.



Lewvan Ward Primary
 Primary children of the Lewvan Ward, Regina Saskatchewan Stake, celebrated President Thomas S. Monson's birthday by listening to a message from their stake president about the importance of following the prophet. Then they made birthday cards.



Jedidiah W., 6, Alaska, likes to read and imagine stories. He enjoys Primary and reading the Book of Mormon.

Would you like to be a friend in the news? Turn to page 48 to find out how.



Possible Ideas for Family Home Evening

1. Read "We're All Shoes" (pages 20–21). How do you treat people who might seem different? Sing "I'll Walk with You" (*Children's Songbook*, 140–41) and discuss how you can be kind to everyone.
2. Read "Who Wants to 'Play?'" (pages 24–25) and put on the play on pages 26–27. You could even invite another family over to watch your play.
3. Read "Missionary Mail" (page 28) and write letters to a missionary you know. He or she could be a family member, a friend, or a missionary from your ward or branch. You could send photos of your family or draw pictures. Discuss as a family how you can be missionaries now.
4. Read "A 10-Year-Old Teacher" (page 36). Draw the pictures from page 37 and present a lesson on the plan of salvation. You could place

pictures out of order and have a volunteer put them in the right order. Then explain Heavenly Father's plan.

5. Do the Funstuf activity on page 43 as a family. Look up the scriptures and discuss how each picture shows a part of the restoration of the gospel in the latter days.

Funstuf answers, page 16:



Topical Index to this Issue of the *Friend*

(FLF) = For Little Friends
(f) = Funstuf
(IFC) = inside front cover
(v) = verse

Book of Mormon 23
Choose the Right 30
Church History 6, 11, 43 (f)
Courage 4, 8, 14
Faith in God 23
Family IFC, 2, 10, 18, 42, 44
Family Home Evening 24, 26, 36
Friendship 20, 30, 32 (FLF), 34 (FLF), 44
Heavenly Father IFC, 2, 8, 10, 20, 35 (FLF), 36
Holy Ghost IFC, 11, 36
Jesus Christ 11, 12, 17 (f), 23, 26, 30, 35 (FLF), 36, 40, 49
Journals 12, 40
Love and Kindness 10, 30, 32 (FLF), 44
Missionary Work 11, 28 (f), 30, 36
My Gospel Standards 2, 4, 8, 10, 11, 12, 14, 17 (f), 18, 20, 30, 40
Obedience 26
Old Testament 14, 46
Plan of Salvation 36
Play 24, 26
Posters 29, 49
Prayer 2, 8, 10, 11, 29
Presiding Bishopric 10
Primary 22, 23, 32 (FLF), 40
Prophets IFC, 2, 12, 16 (v), 21, 23, 26, 34 (FLF), 45
Recipes 12, 23
Repentance 10
Scriptures 11, 12, 14, 23, 26, 29, 40, 42, 43 (f), 46, 49
Temple Square 6
Temples 22
Testimony 11, 12
Unity 2, 20

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Sidebar References

1. "A More Excellent Way," *Ensign*, May 1992, 61.
2. "Concluding Remarks," *Ensign*, May 2004, 103.

Funstuf Answers

Page 43: 1) A, 2) C, 3) F, 4) B, 5) E, 6) D.



“He saith unto them, Why make ye this ado, and weep? the damsel is not dead, but sleepeth. . . . And he took the damsel by the hand, and said . . . I say unto thee, arise. And straightway the damsel arose, and walked” (Mark 5:39, 41–42).



For Children



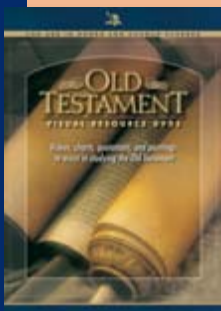
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WATCH VIDEO

Find out what Lissa did to make new friends at church by watching the August For Little Friends video on friend.lds.org.



For Parents



OLD TESTAMENT VIDEOS A new DVD set includes videos of many Old Testament stories, video recordings of the book *Old Testament Stories*, paintings, and quotes from latter-day prophets and apostles. You can order the *Old Testament Visual Resource DVDs* at ldscatalog.com.

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