

How do I **know** that **Heavenly Father** loves me?



Elder M. Russell Ballard of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

How important it is for every human soul to see and appreciate the glory and grandeur of God in everything about us.

God expresses his love for us by providing the guidance we need to progress and reach our potential.

[Heavenly Father] has given us divine counsel and commandments in his instruction manuals—the holy scriptures. When we understand and follow these instructions, . . . we learn that our Maker loves us and desires our happiness.

All the marvels of nature are glimpses of his divine power and expressions of his love.

He sent his Only Begotten Son, Jesus Christ.

