

Family Night FUN

Here are some family home evening ideas from this month's magazine. What other ideas can you come up with?



UNDERSTANDING EASTER

At Easter we remember that Jesus Christ gave His life for us, and we celebrate His Resurrection. Here are some FHE ideas to help you understand why we celebrate.

1. Explain the Atonement with salt, pepper, and a plastic spoon!

- Pour some salt onto a plate. This represents us before we sin.
- Now sprinkle pepper on the salt. The pepper is like sin. It keeps us away from Heavenly Father.
- Rub the spoon on a towel. Then move it slowly above the salt and pepper. The pepper will stick to the spoon. Jesus's Atonement lets us repent and get rid of our sins!

2. Explain resurrection with a glove!

- Put the glove on. Pretend it's your body and your hand is your spirit. Together they can do lots of things.
- Now take it off. When we die, our spirit and body separate. Our body can't live without our spirit.
- Put the glove back on. Resurrection is when our spirits and bodies come back together. We'll have a perfect, glorious body, and we'll never die again. Because of the Savior's Atonement, we'll all be resurrected like He was!

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.

Peanut Butter Easter Eggs

People often use eggs for Easter because they remind us of new life—like the Savior's Resurrection. Make this treat with your family to celebrate the Resurrection!

1/2 cup honey

1/2 cup peanut butter (or other nut butter)

1/2 teaspoon vanilla

4 cups crispy rice cereal

1. Mix honey, peanut butter, and vanilla in a large saucepan over low heat until the peanut butter is melted.
2. Remove from heat. Stir in crispy rice cereal.
3. Mold mixture into egg shapes and let cool. You can stuff the mixture into plastic Easter eggs to shape it, or just use your hands.

Tip: Want colored eggs? Mix in a few drops of food coloring before you add the cereal. You can also add sprinkles at the end!





THE SAVIOR'S ATONEMENT

Here are some of the blessings from the Savior's Atonement:

- Jesus understands us perfectly because He has felt all the pain that we will feel in life.
- Those who die will live again.
- We can repent, and our sins can be forgiven.
- Jesus gives us strength to do hard things.

BONUS TREAT

Try this snack for FHE this month! Be sure to get an adult's help.

Cut 1 can of refrigerated pizza dough into about 10 equal pieces. Place some cheese and toppings like pepperoni, mushrooms, or broccoli in the center of each; then fold and press to close the seam. Brush each roll with butter and bake at 450°F (230°C) for 10-12 minutes. Dip in pizza sauce.



MORE FHE IDEAS

Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



IDEA 1: Read this month's Friend to Friend story. Have everyone draw a picture of the temple to remind them to prepare for the temple every day. How can your family prepare?



IDEA 2: Read "Brock and the Bad Word." Write a list of good ways to use language. What can you do when other people use bad language? See what Brooke B. on Show and Tell does! What can you think to do?



IDEA 3: Do you have a friend or family member who has died? Bring their picture to family night and read "Erika's Dream Park." Explain that you will see them again because of Jesus Christ. You can share your testimony of His Atonement and Resurrection.



Idea 1: 20; Idea 2: 8, 27; Idea 3: 22