#### Here are some fun FHE ideas from this month's magazine. What other ideas can you come up with?

# KINDNESS ABCS

Family Night

Read "School-Bus Hero" (page 4) or "Love Spoken" (page 8). What does it mean to be kind? Write something for each letter of the alphabet on a poster. How can you follow Jesus's example of being kind—at home, work, school, or play? Set

some family goals and hang up the poster where everyone can see it.

Is there a topic you'd like to learn about with your family? Go to lessonhelps.lds.org to find stories, activities, and media.



It's sweet to be kind! And often all it takes is something easy like a smile or nice words. Try out this sweet and easy treat. Be sure to get an adult's help.

cooking oil

- 1 banana, sliced
- 1 tablespoon honey
- 1 tablespoon warm water

cinnamon

- 1. Heat a frying pan on medium heat and lightly drizzle it with oil.
- 2. Set banana slices in the pan and cook for 1-2 minutes on each side.
- 3. Meanwhile, whisk together the honey and water.
- 4. Take the pan off the stove and pour the honey over the banana slices. Let the bananas cool, then sprinkle with cinnamon.

#### SPREADING KINDNESS

Think of someone who was kind to you. How did it make you feel?

Then think of someone who could use your kindness. What can you do?

Now go do that kind thing! How did it make you feel?

### **TASTY TREATS**

Try these for FHE this month!

- Dip pretzels in melted chocolate or white chocolate.
- Layer peach yogurt with fresh or frozen raspberries and fresh or canned pineapple chunks.
- Try crackers and cheese with jam!

## MORE FHE IDEAS

Here are some more FHE ideas. Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)

> PEA 1: Why do we follow the prophet? What do Apostles do? What's a revelator? Find these answers and more in "Following Prophets and Apostles" and "Answers from an Apostle"!

Heavenly Father." Use stickers or markers to decorate your own tithing jar! What does Heavenly Father promise us when we pay tithing? (Hint: read Malachi 3:10-12.)



Was anyone missing from your Primary on Sunday? You could write them a card to let them know you missed them! Use the card on "Happy Sabbath" or make your own.

**Idea 1:** pages 24, 12; **Idea 2:** F18; **Idea 3:** 16