

Bulletin Board

JOURNAL JUNCTION

Each month this year you can write a little bit of your own history in your journal. This month write about your baptism. How old were you? Were you baptized in a church building or another place, like a swimming pool or a lake? Who was at your baptism? If you haven't been baptized yet, you can write what you can do to prepare for baptism.

Book of Mormon Numbers

Last year, the 150 millionth copy of the Book of Mormon was printed. If you put that many copies of the Book of Mormon end to end, the line would stretch almost all the way around the world!



Sabbath-day Activities

I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ (My Gospel Standards).

When Sunday comes around, do you sometimes think too much about the things you *can't* do? Well, there are lots of things you *can* do to enjoy the Sabbath and still keep it holy. We asked Church magazine readers what they do on the Sabbath, and here are some of their answers.

- Make assignments for that week's family home evening. We also plan the week's activities, including giving service.
- Read old *Friend* magazines.
- Take a walk as a family.
- Play family games.
- Visit or call family, or write letters or e-mails.
- Work on Faith in God or Cub Scout achievements that are appropriate for the Sabbath.
- Visit people who are alone. Make a craft for them or sing them a song.
- Chose an ancestor and research and write down their life events. Spend the day getting to know your ancestors!
- Find someone to serve. Ask the nurses at a hospital which patients don't get visitors, then visit those people.
- Have a journal club. Get together with journals and pens and write and talk about the past week.
- Pick a prophet for the day and discover interesting facts about him.
- Have church music playing throughout your house.
- Read out loud from the life stories of your ancestors.

FHE Assignment

