

You can use this lesson and activity to learn more about this month's Primary theme.

Jesus Christ Is My Savior and Redeemer

By Ana Maria Coburn and Cristina Franco

We believe that through the Atonement of Christ, all mankind may be saved, by obedience to the laws and ordinances of the Gospel (Articles of Faith 1:3).

What would you be willing to give for someone you love very, very much? Our Savior, Jesus Christ, loves us so much that He gave His own life for us.

Heavenly Father knew that if we sinned and made mistakes, we would not be able to live with Him again. So His Son, Jesus Christ, offered to be our Savior. Heavenly Father chose Him to save us because He was the only one who could live a life without sin.

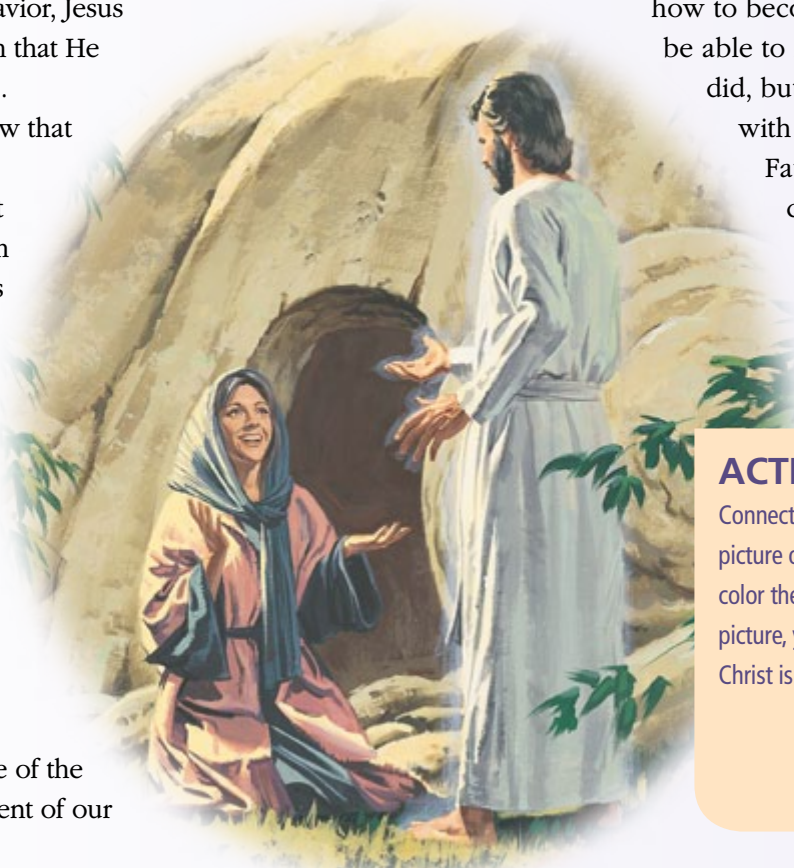
Jesus suffered and died to save us from death and our sins. This loving act is called the Atonement. Because of the Atonement, we can repent of our

sins, be forgiven, and become clean and pure, as Jesus is.

Jesus was crucified and died, but after three days He was resurrected. He lived again! Because He was resurrected, we will be resurrected too. This means that our

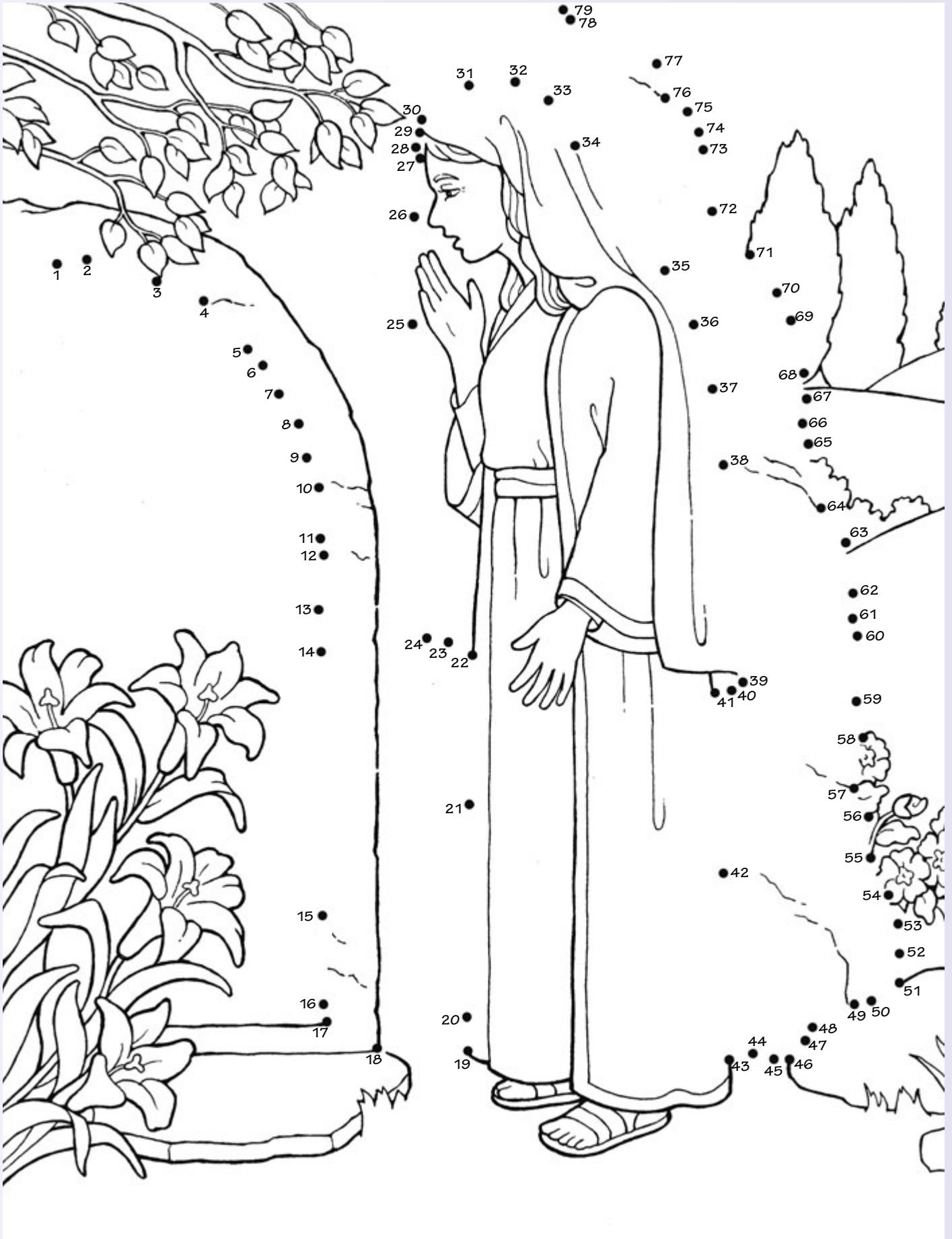
bodies and spirits will be reunited forever.

Truly, Jesus Christ is our Savior and Redeemer. He is the perfect example for all of us. He taught us how to treat one another with kindness. He taught us how to serve one another. He taught us how to become better. We won't be able to live a perfect life as He did, but we can return to live with Jesus and Heavenly Father by obeying the commandments and doing our best. We need to follow Jesus Christ every day. ♦



ACTIVITY

Connect the dots to complete the picture of Mary at the empty tomb. Then color the picture. When you look at the picture, you can remember that Jesus Christ is our Savior and Redeemer.



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