



*"We trust you to counsel together and to seek revelation for implementing these adjustments. . . . [The new Sunday schedule] will result in profound blessings for those who enthusiastically embrace [it] and seek the guidance of the Holy Ghost. We will become closer to our Heavenly Father and our Lord and Savior, Jesus Christ."*

Elder Quentin L. Cook  
Of the Quorum of the Twelve  
Apostles

## New Schedule for 2019

Beginning in January 2019, elders quorum and Relief Society meetings will be held only on the second and fourth Sundays of each month. These meetings will focus on messages from the most recent general conference. Teaching suggestions for these meetings are found in the May and November general conference issues of the *Ensign* and *Liahona* and in the Gospel Library app.

Other changes beginning in 2019 include the following:

- First-Sunday council meetings will be discontinued. However, as needed, elders quorums and Relief Societies may use part of a second- or fourth-Sunday meeting to counsel about an important topic.
- Opening exercises, in which Aaronic and Melchizedek Priesthood quorums meet together or Relief Society sisters and young women meet together, will not be held.
- Elders quorum and Relief Society meetings will not begin with an opening hymn or prayer but will conclude with a closing prayer.

