Why Do We Have
Quorum and Relief Society Meetings?

In these latter days, God has restored the priesthood and organized priesthood quorums and the Relief Society to help accomplish His work of salvation. Because of this, each Sunday when we gather in elders quorum and Relief Society meetings, we discuss and plan what we will do to help accomplish God’s work. To be effective, these meetings need to be more than classes. They are opportunities to counsel about the work of salvation, learn together about that work from the teachings of Church leaders, and plan and organize ourselves to accomplish it.

First-Sunday Council Meetings

On the first Sunday of each month, elders quorum and Relief Society meetings do not include a lesson taught by a teacher. Instead, elders quorum and Relief Society presidencies lead council meetings. In these first-Sunday council meetings, each elders quorum and Relief Society counsels together about local responsibilities, opportunities, and challenges; learns from each other’s insights and experiences; and plans ways to act on impressions received from the Spirit. These discussions should draw upon relevant scriptures and the teachings of living prophets.

Not all council meetings will be the same. Here are some guidelines to help presidencies lead a successful council.